MAY 2024 | ISSUE NO. 32

# Snider



Changing Lives. Shaping Tomorrow.

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#### MESSAGE FROM THE CEO

Dr. David Keselman

Hello and welcome to this edition of the Snider Schmooze. It is May already! I have heard before that "the month of May is the gateway to summer." This month, we celebrate Mother's Day and I wanted to take a moment to honour all the incredible mothers among us. Whether you are a mother yourself or you have someone special in your life who fills that role, May 12 is a time to reflect on the love, sacrifice and strength that define motherhood. On the Snider Campus, we are privileged to have many amazing mothers as part of our team. Their hard work and compassion enrich our workplace and make it a better and more nurturing environment. To all the mothers, Happy Mother's Day! May your day be filled with cherished moments with your loved ones.

On Yom HaShoah (evening of May 5 – May 6), Holocaust Remembrance Day, we come together to reflect on the profound impact of one of the darkest chapters in human history. Yom HaShoah serves as a reminder of the importance of remembrance, education and vigilance against hatred and prejudice. As we light candles and share stories of resilience, let us look towards the future with hope.

Yom Hazikaron (evening of May 12 – May 13) is also a day of deep significance for all Israelis and Jewish individuals around the world. While it has traditionally been dedicated to fallen soldiers, commemoration has also been extended to civilian victims of terrorism. Yom Hazikaron reminds us of the profound courage displayed by those who have served in the Israel Defense Forces as well as the resilience in the face of adversity. Louis Brier Home & Hospital and Weinberg Residence stand in solidarity with our colleagues, friends and families, as we remember and honour the memory of the fallen.

As we come together to commemorate Yom Haatzmaut (evening of May 13 – May 14), Israel's Independence Day, I am filled with a sense of pride and gratitude. This day is not just about marking a historical event; it is about celebrating the vibrant spirit of Israel. Israel's journey to independence was marked by courage, determination and a belief in a brighter tomorrow. These values continue to guide us as we navigate challenges and embrace opportunities in our own journey as an organization.

Continued on next page

#### MESSAGE FROM THE CEO

Continued







On the Snider Campus, we embody the spirit of innovation, collaboration and diversity that defines Israel. We are a mosaic of talents, ideas and cultures. Happy Yom Haatzmaut!

Since the Victoria Day long weekend is around the corner, I wanted to take a moment to express my appreciation for all the hard work and dedication of the staff. You have consistently gone above and beyond and it has not gone unnoticed! As you enjoy this well-deserved break, I encourage you to take a moment to recharge and spend quality time with family and loved ones. Remember, taking breaks is crucial for maintaining productivity, creativity and overall well-being. Wishing you a happy and relaxing Victoria Day long weekend!

If you have any thoughts, suggestions or simply want to connect, please do not hesitate to reach out: info@louisbrier.com. We value your input and cherish the connections we have built. Your support fuels our passion and drive to continue being a centre of excellence that provides exemplary resident and family-centred care.

Happy May!



DR. DAVID KESELMAN, MN, DHA, CHE, RN
CHIEF EXECUTIVE OFFICER



















#### YOM HASHOAH V'HAGEVURAH



Eli, Eli, She Lo Yigamer Le'Olam...

#### **Acknowledging Heroes and Survivors.**

There is a time for mourning the victims of the Shoah, the ones who perished and those scarred by the Nazi genocide.

And there is a time for honouring those who survived and those who fought against death.

This is the time for raising up those who refused to succumb, by will or by fate:

Who, by their very being say 'no' to hatred and persecution.

The Brier Family acknowledges and honours these heroes everyday, 27 of whom we are a Home to.

Do not mourn too much, but do not sink into the forgetfulness of apathy. Do not allow days of darkness to return.

This could not be more true and relevant than ever.

Weep, but wipe the tears away.

Do not absolve and do not exonerate, do not attempt to understand.

Learn to live without an answer.

#### Live!

But let us **NEVER FORGET**, and **NEVER AGAIN** is **NOW**.



Ayelet Cohen Weil
Executive Director
Louis Brier Jewish Aged Foundation



# RECREATION

#### **LOOK BACK**

#### **PASSOVER**

What a successful and meaningful Passover Seder we had with a great turn out of Resident and family members. Thank you to Chaplain Rob for leading the Seder and taking us through a symbolic journey during the meal, food services for their contribution, and Recreation for assembling the Seder plates and organizing the event. Another special thank you to Chaplain Rob for leading all our services throughout the holiday.







#### **IMPROV WITH DEVIN**

Recreation has been hosting Improv sessions for the Residents with improv/sketch comedy expert Devin Mackenzie, who has over 20 years of experience of performing improv/sketch comedy worldwide and has been teaching for over 10 years in the community. Residents get to try their hand at improv by diving into the art of making and accepting suggestions that help guide scenes as well as coming up with ideas on the spot. Improv allows our residents to let loose, try new things, laugh, be funny, and have fun! And as it turns out, we have some VERY funny Residents living at Louis Brier!



#### **UPCOMING**

#### **Jewish Heritage Month**

May is Canadian Jewish Heritage Month, an opportunity to discover and celebrate Jewish culture, faith and history, as well as the tremendous contributions of Jewish communities to our country's social, political and economic fabric.

In honour of Jewish Heritage Month we will be observing Holocaust Remembrance Day Yom Hashoah, hosting Jewish Teas, facilitating a special Jewish Heritage Armchair Travel, observing Yom Hazikron, celebrating Israel's 76th Birthday during Yom Ha'Atzmaut with falafels and music by the Tzimmes Duo, showcasing one of our special Jewish Residents during Resident Showcase, and observing Lag B'Omer through storytelling around the fireplace. Look out for many events taking place over the month!



#### **Mother's Day**

To celebrate Mother's day this year, Recreation will be hosting a special performance by cellist, Jennifer Moersch to play her beautiful music our Residents on Sunday, May 12 at 2pm in the Homeside lounge.

My Mother kept a garden, A garden of the heart. She planted all the good things That gave my life its start. She turned me to the sunshine And encouraged me to dream. Fostering and nurturing The seeds of self-esteem. She protected me enough. But not too much because she knew I'd need to stand up strong and tough. Her constant good example Markers for my pathway That will last a lifetime long. I am my Mother's garden. And I hope today she feels the love Reflected back from me.



Visit <u>louisbrier.com/recreationcalendar</u> for this month's Recreation Activities schedule For questions and concerns, contact us: <u>recreationleaders@louisbrier.com</u>

For more photos and videos of our Resident activities, follow us on our social media channels:



in





#### A Message To All Our Nurses

Nurses, you have won the hearts of the residents with your kindness and patience. Thank you for being the gentle souls that you are. This week, please take time to reflect on your career and the many lives you have touched during the years. Those moments did make a difference!

Being a nurse is a profession full of challenges and, on behalf of the Board of Directors, we want you to know how much we appreciate all that you do. We could not feel more humbled by the work we see and hear about every day and we are grateful to have an extraordinary team of nurses who work in diverse roles across the organization.

Thank you for making a difference each and every day. Happy Nursing Week!



Dina Schweber Chair of the Louis Brier Board of Directors

National Nursing Week is a significant time to honour and celebrate the tireless dedication and invaluable contributions of all the nurses on the Snider Campus. This year's theme, "Changing Lives, Shaping Tomorrow," underscores the pivotal role nurses play in addressing patient and resident needs while delivering exceptional care. Their unwavering commitment to providing exemplary care to our residents and their families, even amidst the most challenging circumstances, speaks volumes about their dedication and professionalism.

As frontline care providers, nurses work tirelessly to meet the needs of our residents, at all hours of the day and night. They provide highly skilled, expert care with dignity and kindness throughout our facility. Their compassion extends to families of the residents and to the communities that we serve. Please know that your hard work is deeply appreciated! We are fully committed to supporting you in every possible way, whether it be through providing cutting-edge tools and technology or facilitating opportunities for ongoing education and professional growth. Our aim is to empower you to thrive and excel in your roles.

Let us seize this moment to express gratitude to all nurses for their unwavering dedication to the health and wellbeing of residents, families, and one another. Your relentless efforts continue to make a positive impact on our communities and we are immensely grateful for your selfless service. Thank you for your extraordinary care, dedicated service, and contributions to quality healthcare!



Dr. David Keselman, MN, DHA, CHE, RN Chief Executive Officer

#### A Message To All Our Nurses

Thank you Louis Brier and Weinberg Residence Nurses!

Join me in celebrating nurses during international nurses week "Changing Lives. Shaping the Future" it is incredibly important that we acknowledges the hard work, dedication, and compassion they bring to the nursing profession every day. From providing comfort to residents and families to advocating for better healthcare outcomes, nurses truly make a difference in the lives of so many.

As we celebrate nurses, let's also remember to support them in their ongoing efforts to improve resident care, advance their skills, and promote health and wellness in our communities. Whether it's through a simple thank you, participating in appreciation events, or advocating for policies that prioritize nursing excellence, there are many ways we can show our gratitude for the invaluable contributions of nurses.

To all the nurses out there, thank you for your unwavering commitment to caring for others. You are truly appreciated and celebrated for the incredible work you do each and every day!



Carol Bucknor MHA(c),BScN,RN Executive Director, Resident Services & Inter-Professional Practice

As a recent addition to the team, I have had the privilege of witnessing firsthand the incredible dedication and compassion that define each of you as nurses. This Nursing Week, I am filled with gratitude as I reflect on the profound impact you have on the lives of those under your care. From Louis Brier Home & Hospital to the Weinberg Residence, your compassion shines through in every interaction with residents and their families. Your dedication to providing exceptional care, evident in your tireless efforts, is truly commendable. YOU make a difference in countless lives each and every day.

From all of us on the team and the community we serve, I want to express our heartfelt appreciation and extend warm wishes for a Happy Nursing Week. Your dedication and hard work deserve all the recognition and acknowledgment. Thank you for being the heart and soul of our healthcare family.



Pam Kooner Director of Care

# Human Resources



Loren Tisdelle, CPHR Director, Human Resources



18th of Every Month!

## **#LouisBrierLIFE Day**

The "Louis Brier LIFE Day" is intended for everyone to demonstrate their pride in Louis Brier Home and Hospital & Weinberg Residence and everything that we stand for - our Mission, Vision and Values - and to celebrate CHAI (LIFE)!

We will be celebrating "Louis Brier LIFE Day" on the 18th of every month!

# CHAI HONOURS Recognition Tree

Acknowledge individuals within our community that embody the LBHH&WR "CHAI" Values, visit: bit.ly/recognitiontree



CLICK HERE!





# EMPLOYEE REFERRAL PROGRAM SELLID SELLID SELLID SELLID SELLID SELECTION SELECTION

\$1000

"Hard to Fill Positions" Nurses, Allied Health Professionals

\$200

Care Aide, Food Services, Housekeeping, HCSW, etc.

SEND A QUALIFIED APPLICANT'S RESUME TO HR@LOUISBRIER.COM & YOU COULD RECEIVE A REFERRAL BONUS OF UP TO \$1,000!

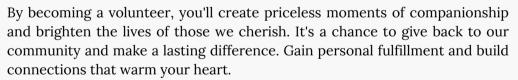
The Employee Referral Program (ERP) is open to all Employees, Companions, Volunteers, Residents, and Family.



## Volunteer Program



Bring joy and make a meaningful impact! Join our volunteer program at our Long-term care facility and support our beloved residents. Your contribution is vital in creating a vibrant and caring community.







Step forward, be the light that illuminates lives! Sign up now and become a valued member of our volunteer family. Together, let's create a world of love, laughter, and support!

Sign up now by visiting louisbrier.com/volunteer-program or by sending an email to our Volunteer Coordinator, Renan Passatore, at rpassatore@louisbrier.com





#### **FAMILY COUNCIL**

#### The Family Council at Louis Brier Home and Hospital

Established in 2016, Family Council is an independent and voluntary body of family members, caregiver friends, and legal representatives of residents. Our primary focus is to advocate for the delivery of quality resident and family centered care.

Family Council is governed by an elected Executive Council guided by its Terms of Reference. It provides family members leadership opportunities in several capacities. It works in collaboration with the Louis Brier senior leadership team to review and discuss relevant opportunities to enhance the residents' experience. Family Council meets monthly to provide updates from senior leadership, Louis Brier Home and Hospital committees, educational workshops, and works together as a solution-focussed advocacy group.

Connect with us: <a href="mailto:lb.familycouncil@gmail.com">lb.familycouncil@gmail.com</a>

Check out our Family Portal: http://louisbrier.com/family-portal

We welcome all families and hope that you will take the opportunity to get involved.

**Family Council** 



# Notice of May 16 2024 Family Council Meeting and Notes from our April Meet n Greet

Thank you to everyone who attended our April 14 in Person Meet n Greet.

We enjoyed seeing each other in 3 dimensions for the first time since before COVID!

We enjoyed sharing home baked treats (thank you Keren), fruit, balloons, drinks and time together.

There were no minutes but we did have a lively discussion on growing the family council and seeking out the many resident friends and family relations who do not receive this invitation but who visit regularly.

#### Meet & Greet Notes - see attached summary

We want to connect with everyone close to our residents.

We encourage you to forward these notices to the regular visitors in your circle so they know what is going on.

Help us help you! Connect with us: <a href="mailto:lb.familycouncil@gmail.com">lb.familycouncil@gmail.com</a>

Our next meeting is May 16, 2024 at 7PM Join Zoom Meeting

https://us06web.zoom.us/j/89379815432?pwd=3AZUeaEyszaERWGaI2fpRLc7ILlQSH.1

Meeting ID: 893 7981 5432

Passcode: 776955

Dial by your location

- +1 587 328 1099 Canada
- +1 647 374 4685 Canada
- +1 647 558 0588 Canada
- +1 778 907 2071 Canada
- +1 780 666 0144 Canada
- +1 204 272 7920 Canada
- +1 438 809 7799 Canada

Meeting ID: 893 7981 5432

Passcode: 776955

Find your local number: <a href="https://us06web.zoom.us/u/kbVo3gMFjw">https://us06web.zoom.us/u/kbVo3gMFjw</a>

We are pleased to announce we have Pam Kooner, Director of Care joining us. We look forward to learning more about the care issues and strategies that are underway at Louis Brier.

Let us know what type of presentation and/or topics you would like us to include in our meetings.

We leave time for personal sharing. Many personal stories are shared, which often are commonly experienced.

With our collective experiences, many well-thought-out ideas and solutions emerge. In turn, we are able to bring these suggestions to Senior Leadership for their consideration.

# Notice of May 16 2024 Family Council Meeting and Notes from our April Meet n Greet

LBHH Telephone Directory for Families: See Contact List

"Peer Support Corner"
Please share a resource that has helped you: lb.familycouncil@gmail.com

Dementia Solutions:\* Latest News and Updates: <a href="https://dementiasolutions.ca/blog/">https://dementiasolutions.ca/blog/</a>
\* Karen Tyrell works with Louis Brier to conduct Staff and Companion Training to help equip our care team with tips on managing dementia related behavioural challenges.

Continue your education and support for improved long-term care in BC:

**Get to know your provincial association of family councils:** Independent Long-Term Care Councils Association BC (ILTCCABC)

Access Vancouver Coastal Association of Family Councils (VCAFC): vcafc.regional@gmail.com

Vancouver Coastal Association of Family Councils held an informational session/Lunch and Learn entitled: Care Approaches for People with Dementia and other Complex Neurocognitive Disorders – see attached summary

BUDGET 2024 Long-Term Care BC - see attached summary

We look forward to seeing you virtually on Thursday, May 16 2024!

#### **Family Council Executive**

Lisa Dawson, Co-Chair Fran Harrison, Co-Chair Cassandra Siebel, Co-Chair Evan Sahmet, Vice Co-Chair Rahim Meghji, Treasurer







#### LOUIS BRIER LIBRARY REVITALIZATION

# BOOK BRIVE



# Donating gently used books of interest to our residents!

- Books with colourful photos
- Books that can be wiped clean
- Books of a general and non-sensitive interest such as: religious, war and promiscuous content
- Books that make you smile



### **Drop Off:**

Sunday June 2 10:00am-2:00PM Monday June 3 9:00am-5:00PM













# Ready to go paper-free with your pension?

You can now choose to receive digital notifications when your latest pension information is available online—like the *Member's Benefit Statement* and *Report to Members*. Going paper-free is fast, secure and allows you to keep track of all your important pension information in one place.

Signing up for paper-free communications is simple. If you're already registered for My Account, just sign in, confirm your contact information and select "yes" to go paper-free. If you're not registered for My Account, you can choose to opt in when you set up your account.

Visit myaccount.pensionsbc.ca to go paper-free today.





016-071 MPP PAPER FREE INFORMATION SHEET 2021 02 04



Issue 2 April 2024

# RESIDENT HEALTH AND WELLBEING NEWSLETTER

Healthcare Knowledge for Residents and their Families



Respiratory Syncytial Virus (RSV) is a lower respiratory tract infection which primarily affects infants, young children and older adults. Similar to other respiratory viruses, outbreaks of RSV tend to be most common in the fall and winter months.



#### Symptoms of RSV

Symptoms usually show up within 4 – 6 days after an individual gets infected with RSV. Symptoms may include\*:

- Fever (usually low grade)
- Nasal congestion
- Runny nose & sneezing
- Cough
- Wheezing
- Reduced appetite
   \*RSV can lead to serious conditions such as pneumonia or cardiovascular complications especially in older adults.



#### **Transmission of RSV**

RSV is spread by inhalation of or contact with infected people's respiratory secretions. For instance:

- When an individual with RSV coughs or sneezes, virus droplets can be transmitted into another individual's eyes/nose/mouth
- Direct contact of the virus droplets (e.g. kissing a child who has RSV)
- Surface transmission (e.g. touching an infected doorknob or tabletop)



#### Prevention

- Hand washing
- Do not use your hands to cover your mouth when you cough/sneeze
- Avoid touching your face especially with unwashed hands
- Smoking cessation
- Regular Exercise
- Vaccination: Vaccination for prevention of RSV is available for individual 60 years of age and older
  - Getting the vaccine enables your body to be able to produce specific antibodies against the RSV infection.
  - Evidence is evolving to determine how long protection lasts and how often an individual should be re-vaccinated.



#### SPRING COVID-19 VACCINE BOOSTERS MARKS END OF RESPIRATORY ILLNESS SEASON

Hello Everyone,

The Provincial Health Officer, Dr. Henry and Minister Dix have <u>announced</u> the start of the spring COVID-19 vaccine boosters and the end of respiratory illness season.

#### **End of Respiratory Season**

With disease surveillance data across the province showing decreased rates of viral respiratory infections in the community, the Ministry of Health announced the end of respiratory season.

With this announcement, additional infection prevention and control measures implemented in health-care settings for respiratory season have now been lifted. Staff and visitors are no longer required to wear masks at all times in resident care areas in long-term care and assisted living homes.

People are still encouraged to wear masks as appropriate, to continue to cover coughs and stay away from others when feeling sick. Health-care workers will continue to wear appropriate personal protective equipment, such as masks and respirators, in accordance with their point-of-care risk assessments. Staff and medical staff are reminded to follow VCH Infection Prevention and Control guidelines appropriate for their work location which includes a Point-of-Risk Assessment as part of routine practices.

#### **COVID-19 Vaccine for Residents**

While the peak of the respiratory illness season has passed, the SARS CoV-2 virus continues to circulate at lower levels in the community. The protection from infection that COVID-19 vaccines provide decreases over time, particularly in older people, so a spring COVID-19 vaccine booster will ensure people stay protected.

The spring COVID-19 vaccination campaign has also begun on April 8th, focused on providing a COVID-19 XBB.1.5 vaccination to those most at risk of severe COVID-19 illness or complications, and people who have not yet received an XBB.1.5 vaccine dose.

Aligned with advice from the National Advisory Committee on Immunization, B.C. health officials recommend the following people consider receiving an additional dose of the XBB.1.5 COVID-19 vaccine:

- adults 65 and older;
- Indigenous adults 55 and older;
- adult residents of long-term care homes and assisted-living facilities (including those awaiting placement); and
- individuals six months and older who have been diagnosed as clinically extremely vulnerable (a CEV 1 or CEV 2 condition).

For Louis Brier Home and Hospital and Weinberg Residence, the Clinical Nurse Leaders or unit nurse will be reaching out to residents or family members to obtain consent for the XBB.1.5 COVID-19 vaccine and will be asking for the preferred product, as both Pfizer or Moderna are available for this campaign. We are tentatively scheduled to start administering the vaccine to the residents on the afternoon of May 1st.

If you have any questions, please email info@louisbrier.com.

Best regards,

#### Lunadel Daclan, P.Chem, CIC

Manager, Quality and Risk & Infection Prevention and Control Accreditation Lead



## WEINBERG

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- •Bright, spacious suites up to 835 sq.ft.
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# Your peace of mind is worth it!

Call 604.261.9622 for more information

5650 Osler Street, Vancouver BC V6M 2W9 • weinbergresidence.com

THE DR. IRVING & PHYLISS SNIDER CAMPUS FOR JEWISH SENIORS, SITE OF THE LOUIS BRIER HOME & HOSPITAL AND WEINBERG RESIDENCE

Looking Back:

# MUSIC THERAPY MONTH









To conclude Music Therapy Month, Louis Brier held their first **Resident Spring Concert!** Residents played in a tone-chime group and sang spring-themed songs as a choir. We look forward to seeing you at the next one!

**Trish Ignacio**Music Therapist









Aguanta, Jihan Carmel **RECEP** Aguirre, Denia **RECEP** Balisi, Ma Elena CA Baltazar, Monette LPN Bates, Melissa **REC** Baul, Cherry-May CA Carretero, Mercedes CA **David, Francis** MTCE Fung, Tsun Wai **REHAB** Gahob, Mae Marie **CARADM** Garcia, Elisa CA Gatbonton, Analyn FS Jassal, Manjot CA Jaswal, Gurpreet **HSKP** Jeong, Jeong Rye LPN Juada, Michelle CA FS Kaur, Amrat Pal Kokan, Faye CA Kumar, Ravi **HCAP** Linag, Ruby Lynn **HSKP** Llanita, Manilyn CA Ma, Fabien **REHAB** Malinay, Bernadette FS FS Malli, Manjit Kaur CA Manns, Andrea Minhas, Pardeep Kaur CA CA Monsalud, Marvene **RECEP** Mundagbaatar, Ema Navaja, Mabelle CA FS Pabla, Rajwinder Kaur Panergo, Pristine Katrina CA Prasad, Sharon LPN Sadiwa, Jasmin CA

Vargas, Vilma

FS



#### **COMPANION PROGRAM**

#### We are here for you!

Did you know that Louis Brier Home & Hospital and Weinberg Residence offer an in-house Companion Program? We understand the needs of your family and loved-ones and we are here to assist in enhancing their personal and social wellbeing. Our in-house companion program provides added quality support at a reasonable rate. For more information, please contact:

#### Myla Carpio-Pelayo

Companion Coordinator Ph: 604-267-4688

E: mpelayo@louisbrier.com

#### VIRTUAL VISIT

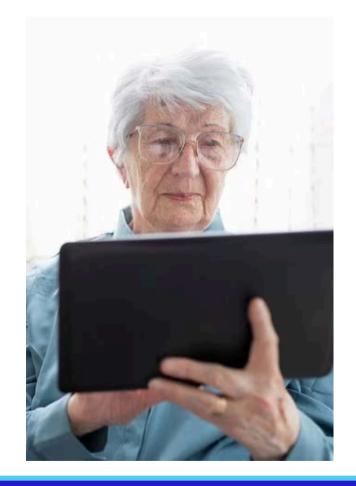
#### **Book your Virtual Visit**

Please, use the link https://louisbrier.com/virtual-visit/ and follow the instructions on our website. We encourage families and friends to visit their loved ones in person at LBHH, and the Virtual Visit Program is focused on supporting those living in faraway cities, provinces and countries.

Each Virtual Visit is 15 minutes long with 5 minutes in between so staff can relocate between rooms and nursing units.

The program runs every Monday, Wednesday, and Friday, from 09:30 am to 11:15 am. It does not run during Holidays, weekends and long weekends.

Please, do not hesitate to contact us at info@louisbrier.com or call +1 604-261-9376 if you have any questions or concerns.



#### FOLLOW US ON SOCIAL MEDIA

Want to contribute to the newsletter? Email communications@louisbrier.com for details.









Louis Brier @LouisBrierHome Home and Hospital