



**Family Council (FC)**  
**Thursday, March 21 2024**  
**Next Meeting:**  
**Meet n Greet - April 14 at 4-6PM**  
[lb.familycouncil@gmail.com](mailto:lb.familycouncil@gmail.com)

*Family Council is a self-led, self-determining, group of families and friends of Louis Brier residents. We advocate for continuous improvement in the quality of life of the residents by way of collaboration with senior leadership. We provide a support forum to share concerns, explore possible causes, and create “next steps”; we facilitate communication in a constructive manner for problem resolution; we solicit examples of what is working well for positive feedback, and we take part in various committees and initiatives at Louis Brier.*



## **Our Conversations:**

### **A. APPROVAL OF JANUARY AND FEBRUARY MINUTES AS DISTRIBUTED**

### **B. PROJECTS**

#### **i. VPL Book Share Program**

Vancouver Public Library Book Share Program currently serves approx. 15 residents at Louis Brier. Family Council is supporting resident request for this program to be more widely offered. Renan, our volunteer coordinator, will work toward notifying all families of this opportunity. Residents determine what genre of books they prefer, language and even font size.

VPL provides a free delivery service of books for residents. This service offers a variety of library materials such as books, DVDs, and magazines selected by library staff on a four-week delivery schedule.

#### **ii Book Drive**

**What:**

Tidy Up, Replenish and Revitalize the books in Home Centre and Second Floor Libraries

**Why:**

To improve the quality, diversity, condition and quantity of books available for residents and families and companions to share with residents

**When:**

Sunday June 2 10:00AM – 2:00PM

Monday June 3 9:00AM – 5:00PM

**Where:**

Drop off of Books TBD but likely at reception

**How:**

**We need family volunteers for these two June dates**

**We need families to donate books (criteria for books will be described by notice/notice being crafted)**

**Please contact: [lb.familycouncil@gmail.com](mailto:lb.familycouncil@gmail.com)**

### **C. Discussion around staffing changes**

Family Council thanks Francisco for keeping us updated with contact list changes.

### **D. Gardening**

Concern who will lead gardening this Spring

David on top of things

Joy S. has provided guidance and advice

There will be opportunity for residents and family to take part – stay tuned

### **E. COMPANION PROGRAM**

#### **IMPORTANT ADVANCES IN THE COMPANION PROGRAM**

Thanks to the leadership of Lunadel Daclan and Myla Carpio-Pelayo, the family-funded companion program is reaching new heights!

- Recent implementation of automated time capture, financial planning, tracking and reporting process has been completed.
- A new Companion training program started on March 18<sup>th</sup> and will be continued throughout the year.

This could not have taken place without:

Myla Carpio-Pelayo, Companion Coordinator

Lunadel Daclan, Infection Control/Quality and Risk

Ben Crocker, Finance Director

Keren Gertsman, Co-Chair (along with Myla) of the Companion Advisory Committee

Lisa Dawson, Co-Chair of the Family Council

...and all the dedicated companions who have come forward to provide extra care for our residents and become so important to so many families.

**THANK YOU!**



Karen Tyrell started the first 2 workshops of dementia care training for companions on March 18. Approx 38 companions took part!

Myla:

*"The companions are coming up to me, appreciating it and telling me how good the education was, it's very informative and this kind of education equips and gives them tools that they can apply when they are with their residents."*

"Here are some of the pictures of the education session on dementia care "

**Bob Dawson** (resident) provided the treats for this first session and **Family Council** will provide the treats for the April training session.

What an incredible collaboration of leadership and families of LBHH!

## **F. FOOD ADVISORY COMMITTEE**

**March 10**

**HUGE KUDOS** to Stephanie Ovsenek, Foodservice Director, for really re-tooling our Kitchen process to ensure staff know their role and there is accountability in the process which results in more accurate resident meal plan delivery as well as the most important, quality of the food and ingredient nutritional value.

## **G. Next Meeting Proposed Date in person as a Meet n Greet**

**Sunday April 14 – In person late afternoon 4-6**

Meet and Greet Families will finally get a change to meet in person

Discussion regarding details

POSTER on every bulletin board

Food and Beverage

Boardroom decoration (flowers)

Gift card raffle

## **H. Vancouver Coastal Association of Family Councils (VCAFC) offers another Educational Session – Lunch and Learn**

### **Care Approaches for People with Dementia and other Complex Neurocognitive Disorder**

**Please SAVE THE DATE and plan to attend.**

**Tuesday, April 9, 2024, 1:00PM**

**VCAFC is honoured to host this exceptional educational session!**

VCH is sharing an advancement in VCH care to identify and create action around training specifically designed to improve the care our residents with dementia and other complex neurological disorders receive.

The rise of individuals coming into long-term care with cognitive disorders has been increasing as the number of people requiring long-term care also rises.

[https://drive.google.com/file/d/1uAw9l\\_KLiHkdKFvzJXuRI5zNH7hhjDsD/view?usp=sharing](https://drive.google.com/file/d/1uAw9l_KLiHkdKFvzJXuRI5zNH7hhjDsD/view?usp=sharing)

#### **THE GOAL:**

The goal of this VCH LTC Guideline/Decision Support Tool (DST) is to provide guidance around care planning for people with dementia and other complex neurocognitive disorders.

[https://drive.google.com/file/d/1uAw9l\\_KLiHkdKFvzJXuRI5zNH7hhjDsD/view?usp=sharing](https://drive.google.com/file/d/1uAw9l_KLiHkdKFvzJXuRI5zNH7hhjDsD/view?usp=sharing)

#### **OUR HOST:**

Joseph Sun, RN

Clinical Nurse Specialist, VCH LTC and AL Professional Practice Team MSN, UBC PBD in Gerontology, SFU BScN, BCIT

Providing care and support for LTC residents since 2010.

**Topic: VCAFC Lunch & Learn**

**Time: Tues. April 9, 2024 1:00-2:00 PM Vancouver**

**Join Zoom Meeting**

<https://us06web.zoom.us/j/83206068283?pwd=4D7EXW9YqITvqiMAeXQsAjTBAmFVta.1>

Meeting ID: 832 0606 8283

Passcode: 887627

#### **Dial by your location**

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Meeting ID: 832 0606 8283

Passcode: 887627

Find your local number: <https://us06web.zoom.us/u/kSTRztZrm>

**Vancouver Coastal Association of Family Councils (VCAFC)**

Your "go to" for support with your family council needs.  
[vcafc.regional@gmail.com](mailto:vcafc.regional@gmail.com)