INSIDE: MESSAGE FROM THE CEO/RECREATION THERAPY MONTH/ & MORE

FEBRUARY 2024 | ISSUE NO. 29 Snider

Front Row: Chen Yue Guo, Trish Ignacio, and Maria Villamor Back Row: Lior Shahar, Wennie Wei, Melissa Bates, Jessica Shen, Kelly <u>Lopuch, and Iris Ramos</u>

The Recreation Crew

Dive into the vibrant world of Louis Brier's Recreation team in this special edition of the Snider Schmooze! Celebrate Recreation Therapy Month as we unravel the magic behind innovative, creative, and engaging programs crafted with care. Get to know the faces behind the fun!

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SPIRITUAL CARE CORNER by Hazzan Rob Menes, Chaplain



MESSAGE FROM THE CEO

Dr. David Keselman

Hello and welcome to this edition of the Snider Schmooze. As we embark on the second month of the year, it is a pleasure to connect with you through my monthly message. January brought snow and low temperatures, but I have heard before that February is the border between winter and spring. Therefore, we are one step closer to better weather. Until then, stay warm and keep the spirit of anticipation alive.

Louis Brier Life Day takes place on or around the 18th of every month. It is a great way to demonstrate our values and what it means to be part of the Louis Brier family. It is also the perfect day to wear a LBHH royal blue outfit to show pride in the exceptional care we provide to our residents. I would like to encourage all the employees, companions, volunteers, students, residents and families to recognize a person for a specific action that exemplifies the LBHH&WR mission, vision and values. Please join us every month for the CHAI Honours Recognition Tree Program on Louis Brier Life Day. The first few Step & Rebound Cardio classes have been very well received! They have been all about moving and having a good time. Whether you are a first-timer or have done it before, I encourage you to try it. Staying active offers numerous benefits for overall health and well-being. If you are thinking of joining, remember to wear comfortable workout gear and athletic shoes and do not forget your water bottle. I will be looking forward to shaking off the stress, getting our heart pumping and having a blast together.

We will be celebrating Lunar New Year on the Snider Campus this month. This is the Year of the Dragon. The Chinese zodiac sign of the Dragon represents power, success, honour and luck. Join us for the Lunar New Year Lion Dance and Lettuce and Blessings Routine at the Homeside Lounge on February 13th at 3:00pm. You will get a chance to watch Carol and I catch a lettuce from the lions, as it represents good luck for the organization.



MESSAGE FROM THE CEO

Continued

Family Day is on February 19th. While it is a relatively new holiday in Canada, it has quickly become an important tradition. It is a great opportunity to spend quality time with loved ones, strengthen bonds and make memories. Whether you are planning a relaxing day at home or an outing, make the most of the Family Day long weekend and enjoy each other's company.

If you have any thoughts, suggestions or simply want to connect, please do not hesitate to reach out: info@louisbrier.com. We value your input and cherish the connections we have built. Your support fuels our passion and drive to continue being a centre of excellence that provides exemplary resident and family-centred care.

Happy February!



DR. DAVID KESELMAN, MN, DHA, CHE, RN CHIEF EXECUTIVE OFFICER









THE BRIER LOUIS BRIER JEWISH AGED THEIR HOME

THE FOUNDATION 2023-2024 CAMPAIGN

GIVE TODAY Visit: thelouisbrierfoundation.com or e-mail us at foundation@louisbrier.com





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RECREATION

RECREATION THERAPY AWARENESS MONTH

February marks Recreation Therapy Awareness Month in Canada. In long-term care Recreation Therapy is a health care profession that utilizes evidence-based therapeutic processes, involving leisure, recreation and play as non-pharmacological interventions to maintain social, cognitive, emotional, physical, and spiritual functioning.

Recreation Therapists assess, plan, implement, and evaluate Resident goals and objectives, as well as the provided interventions, to ensure quality services are being offered to meet the individual goals and needs of the Residents. Recreation Therapy Assistants play an integral part of Recreation Therapy by facilitating these carefully designed programs in a way that is creative, fun, and engaging. RTA's work towards developing strong social connections with Residents that are built on care, nurturing, and trust.

Music Therapists are also pertinent to the Recreation Therapy Department by providing specialized interventions that use music as a modality to maintain holistic functioning and improve quality of life. At Louis Brier we are fortunate enough to have a Jewish Values and Traditions Coordinator that provides Jewish specific programming, education, and opportunities for our Residents to come together and pursue Jewish customs and traditions, speak Yiddish or Hebrew, dance to Israeli folk songs, create and maintain connection to their congregation and their faith.

Together the Recreation Therapist, Recreation Therapy Assistants, Music Therapists, and Jewish Values and Traditions Coordinator work collaboratively together to provide innovative, creative, engaging and fun programming that meet the needs for all!









RESIDENT SHOWCASE

Developed and created by our Recreation Therapy Assistant Maria, the Resident Showcase allows Residents themselves to share their story and accomplishments with their LBHH family. Maria works with the Resident one-on-one and family members by gathering their history and pictures, and creates a beautiful presentation and storyboard.

ARMCHAIR TRAVEL: JEWS AROUND THE WORLD

traditions for a mini vacation around the world!





FAMILY AND FRIENDS FUN NIGHT

Facilitated by Recreation Therapy Assistants Iris and Melissa, Family and Friend Fun Night is a program for families to join our Residents for an evening of connection and fun! Evenings alternate between: painting, flower arranging, active games, and board games.



Visit louisbrier.com/recreationcalendar for this month's Recreation Activities schedule For questions and concerns, contact us: recreationleaders@louisbrier.com

For more photos and videos of our Resident activities, follow us on our social media channels:



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PROGRAM HIGHLIGHTS



RESIDENT COUNCIL

Recreation Therapy Assistant Chen, helps assist and support Resident council meetings for Residents to come together, collaborate, have their voices heard, and make change. This program is completely Resident led and has created much necessary and innovative change within the care home.

BEAT BOXING

Beat boxing is a fun and innovative program led by the Music Therapist and Supervisor Jessica. Using blown-up punching bags, Jessica guides the residents to box to the beat of the music. This program encourages movement in a creative and enjoyable way and the residents love it!

MUSICAL HALLWAY VISITS

Musical Hallway visits, facilitated by Music Therapist Trish, is a program that provides the opportunity for Residents to engage and experiment with a variety of musical instruments including the tongue drum and xylophone for selfexpression and connection, filling the environment with the sound of music.

MULTI-SENSORY ROOM

Recreation Supervisors Kelly and Jessica have been working hard to design and install Louis Brier's first ever multi-sensory room. Multisensory room interventions incorporate sounds, visualizations, smells, and tactile items to stimulate or relax the senses depending on the need of the Resident. The multi-sensory room includes both a land and sea experience and we are so excited to introduce this new and exciting intervention to the residents.



Q #LouisBrierSpotlight



Lior

Jewish Values & Traditions Coordinator How long have you been working at Louis Brier? Almost 1.5 years What is your favourite thing about working here? The residents! What do you like to do for fun? I like to hike, dance, sing, meet up with friends and spend time with my family

Melissa

Recreation Therapy Assistant How long have you been working at Louis Brier? 4 years What is your favourite thing about working here? My team that I work with What do you like to do for fun? Puzzles and being with friends and family

Wennie

Music Therapy Student How long have you been working at Louis Brier? 5 months What is your favourite thing about working here? Seeing the residents faces change into a smile during programs. What do you like to do for fun? Climbing, snowboarding or any outdoor activities with my friends.

Chen

Recreation Therapy Assistant How long have you been working at Louis Brier? 4 years

What is your favourite thing about working here? My favourite thing about working at LB is because it builds strong teams. Although there are different roles in care home like this, staff are adaptable and willing to help each other, especially if there are new challenges, emergencies, or understaffing.

What do you like to do for fun? I like to explore different off-roading trails around British Columbia since we have excellent forest service roads that will get me away from the crowds to some of the most stunning views in the world.

Q #LouisBrierSpotlight

Trish

Music Therapist How long have you been working at Louis Brier? 1.5 years What is your favourite thing about working here? The Residents! What do you like to do for fun? I like to sing and play guitar!

Jessica

Music Therapist, Supervisor How long have you been working at Louis Brier? 4.5 years

What is your favourite thing about working here? I enjoy working with such a robust team and the opportunities to learn and grow.

What do you like to do for fun? I like to go fishing and tandem biking in the summer time.

Kelly

Recreation Therapist, Supervisor How long have you been working at Louis Brier? 5 years come March 1st.

What is your favourite thing about working here? Having opportunities to be creative and innovative in programming, and building special connections with residents.

What do you like to do for fun? I love to dragon boat with my women's team the Dragon Ladies and I have just recently taken up outrigger canoeing. I love kayaking, back country camping, and being outdoors.

Maria

Recreation Therapy Assistant How long have you been working at Louis Brier? More than 4 years

What is your favourite thing about working here? Working in LB and collaborating with my great team continuously developing my skills and widening my understanding of therapeutic techniques. It gives me joy and self-fulfillment whenever I see residents positively engaging to any programs that I facilitate; families who loves to collaborate with me to honor their loved ones by sharing their amazing life stories. For me, the smiles on their face and words of gratitude are rewards that cannot be replaced by material things.

What do you like to do for fun? On my me moments, I sing and listen to music as it gives me joy and comforts. It's my mood enhancer and increases my creativity in everything I do.

Iris

Recreation Therapy Assistant

How long have you been working at Louis Brier? I have been working at Louis Brier since 2016. 8 years.

What is your favourite thing about working here? I really love spending time with the residents, I feel that I can make a difference in their life and also learn from them. I also enjoy working at Louis Brier because I have the opportunity to work with a great team, Louis Brier is my second family.

What do you like to do for fun? I really enjoy watching movies, specially suspense/thrillers.



WEINBERG RESIDENCE

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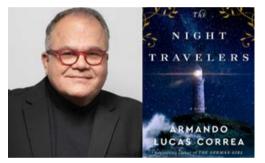
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WEINBERG RESIDENCE



FOR BOOK CLUBS AND BOOK LOVERS

Tuesday, Feb 13 at 7:30pm \$20 ARMANDO LUCAS CORREA Night Travelers In Conversation with Marsha Lederman



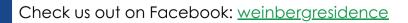
The Weinberg Residence is thrilled to announce that it will sponsor the 2024 Jewish Book Festival. The sponsored event on the evening of February 13th, called For Book Clubs and Book Lovers, will feature Marsha Lederman talking with bestselling author Armando Lucas Correa about his book, **The Night Travelers**.

The book talks about four generations of women experience love, loss, war, and hope from the rise of Nazism to the Cuban Revolution and the fall of the Berlin Wall in this sweeping novel from the bestselling author of The German Girl.

ARMANDO LUCAS CORREA is an award-winning journalist, editor, author, and the recipient of several awards from the National Association of Hispanic Publications and the Society of Professional Journalism. He is the author of the international bestseller The German Girl, as well as The Daughter's Tale and the memoir In Search of Emma.

To learn more about the Festival or to attend our sponsored day, check out the Jewish Book Festival Online: <u>https://www.jccgv.com/jewish-book-festival/</u>

For information about the Weinberg Residence, contact: Vanessa Trester, Manager at 604.267.4722 or Hubert Chung, Marketing & Administration Assistant at 604.267.4756 www.weinbergresidence.com





Human Resources



Loren Tisdelle, CPHR Director, Human Resources

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18th of Every Month! #LouisBrierLIFE Day

The "Louis Brier LIFE Day" is intended for everyone to demonstrate their pride in Louis Brier Home and Hospital & Weinberg Residence and everything that we stand for - our Mission, Vision and Values – and to celebrate CHAI (LIFE)!

We will be celebrating "Louis Brier LIFE Day" on the 18th of every month!

CHAI HONOURS Recognition Tree

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Acknowledge individuals within our community that embody the LBHH&WR "CHAI" Values, visit: bit.ly/recognitiontree

CLICK HERE







EMPLOYEE REFERRAL PROGRAM SERIO ITI

\$1000

"Hard to Fill Positions" Nurses, Allied Health Professionals

\$200

Care Aide, Food Services, Housekeeping, HCSW, etc.

SEND A QUALIFIED APPLICANT'S RESUME TO HR@LOUISBRIER.COM & YOU COULD RECEIVE A REFERRAL BONUS OF UP TO \$1,000!

> The Employee Referral Program (ERP) is open to all Employees, Companions, Volunteers, Residents, and Family.



Volunteer Program



Bring joy and make a meaningful impact! Join our volunteer program at our Long-term care facility and support our beloved residents. Your contribution is vital in creating a vibrant and caring community.

By becoming a volunteer, you'll create priceless moments of companionship and brighten the lives of those we cherish. It's a chance to give back to our community and make a lasting difference. Gain personal fulfillment and build connections that warm your heart.





Step forward, be the light that illuminates lives! Sign up now and become a valued member of our volunteer family. Together, let's create a world of love, laughter, and support!

Sign up now by visiting louisbrier.com/volunteer-program or by sending an email to our Volunteer Coordinator, Renan Passatore, at rpassatore@louisbrier.com



FAMILY COUNCIL

The Family Council at Louis Brier Home and Hospital

Established in 2016, Family Council is an independent and voluntary body of family members, caregiver friends, and legal representatives of residents. Our primary focus is to advocate for the delivery of quality resident and family centered care.

Family Council is governed by an elected Executive Council guided by its Terms of Reference. It provides family members leadership opportunities in several capacities. It works in collaboration with the Louis Brier senior leadership team to review and discuss relevant opportunities to enhance the residents' experience. Family Council meets monthly to provide updates from senior leadership, Louis Brier Home and Hospital committees, educational workshops, and works together as a solution-focussed advocacy group.

Connect with us: https://www.uscamingcouncil@gmail.com

Check out our Family Portal: http://louisbrier.com/family-portal

We welcome all families and hope that you will take the opportunity to get involved.

Family Council

(Ame Family Council

Notice of February 2024 Family Council Meeting and Draft Minutes of the January 2024 Family Council Meeting

Thank you to everyone who attended our January 2024 Family Council Meeting! Minutes attached.

Date: Tuesday February 13 2024 Time: 7:00 PM Pacific Time Place: Virtual Special Guest: Limor Shamy, Social Worker

Topic: Family Council Meeting Time: Feb 13, 2024 07:00 PM Pacific Time (US and Canada) Join Zoom Meeting <u>https://us06web.zoom.us/j/81921805556?pwd=agapkBWejZUtKF2q0iNOIbjpqGESvj.1</u> Meeting ID: 819 2180 5556 Passcode: 771430

Dial by your location

- +1 647 558 0588 Canada
- +1 778 907 2071 Canada
- +1 780 666 0144 Canada
- +1 204 272 7920 Canada
- +1 438 809 7799 Canada
- +1 587 328 1099 Canada
- +1 647 374 4685 Canada

Meeting ID: 819 2180 5556 Passcode: 771430 Find your local number: <u>https://us06web.zoom.us/u/kehobTlPe</u>

Document Attached:

<u>DRAFT Minutes of the January 20243 Meeting</u> <u>LBHH Contact List for Families: "Who Do I Ask?"</u>

UBC RESEARCH NEEDS YOU !

JOIN IN A MOCK FAMILY COUNCIL MEETING !! PLEASE DONATE 1HR OF YOUR TIME TO THIS IMPORTANT EFFORT !!!

WHEN: THURSDAY FEBRUARY 8TH AT 11:00am

WHERE: IN THE BOARDROOM, FIRST FLOOR
WHY: TO DEMONSTRATE OUR MEETING TOGETHER FOR THE SAKE OF RESEARCH, KOSHER SNACKS PROVIDED,
HOW: Send us a quick email saying: "I'll be there" if possible or just show up!
<u>lb.familycouncil@gmail.com</u>

Let us know what type of presentation and/or topics you would like us to include in our meetings.

We leave time for personal sharing. Many personal stories are shared, which often are commonly experienced.

Notice of February 2024 Family Council Meeting and Draft Minutes of the January 2024 Family Council Meeting

With our collective experiences, many well-thought-out ideas and solutions emerge. In turn, we are able to bring these suggestions to Senior Leadership for their consideration.

"Peer Support Corner"

Please share a resource that has helped you: https://www.lb.familycouncil@gmail.com

Continue your advocacy and support for improved long-term care in BC: Get to know your regional association of family councils: Vancouver Family Councils (VCAFC) <u>https://www.facebook.com/VCAFC</u>

Get to know your provincial association of family councils: Independent Long-Term Care Councils Association BC (<u>ILTCCABC</u>)

We look forward to seeing you virtually on Tuesday, February 13, 2024!

Family Council Executive

Lisa Dawson, Co-Chair Fran Harrison, Co-Chair Cassandra Siebel, Co-Chair Evan Sahmet, Vice Co-Chair Rahim Meghji, Treasurer



BRIER FIRE IS NOW OPEN FOR REGISTRATION FOR THE 2024 DRAGON BOAT SEASON!



BRIER FIRE DRAGON BOAT TEAM - SILVER MEDALIST MIXED B CONCORD PACIFIC DRAGON BOAT FESTIVAL (2023)

REGISTER NOW

NOW OPEN FOR REGISTRATION!

ALL ARE WELCOME TO PADDLE AND NO PREVIOUS DRAGON BOAT EXPERIENCE REQUIRED.

ATHLETIC SKILL IS AN ASSET.

COMMITMENT, DETERMINATION, AND TEAMWORK ARE **HIGHLY VALUED**.

COACH: CARL MENDOZA COMPETITIONS: VESSI, BURNWATER & CONCORD PACIFIC

TO REGISTER,

SEND AN EMAIL WITH YOUR NAME & PHONE NUMBER -

RPASSATORE@LOUISBRIER.COM

REGISTRATION STARTS

DECEMBER

2023

PRACTICES

JANUARY - AUGUST 2024

MONDAYS & THURSDAYS

6:00-7:30PM

@ DRAGON ZONE

PADDLING CLUB

A WEEK

SPIRITUAL CARE CORNER

HAZZAN ROB MENES

As the chaplain on the Snider campus, I make it my business to be aware of upcoming holidays for a range of faith traditions as well as the current Torah reading for the Jewish services. There is inevitably a link between the events in our lives and the themes of which we read in the Bible. This month we note the Muslim holy day of Isra and Mi'raj and the Jewish holidays of Rosh Chodesh Adar, Purim Katan, and the weekly holiday of Shabbat. We also note the activities of Family Day and Valentine's Day. Whether one chooses to celebrate these days is a matter of personal choice, although as a facility we support the celebration of Jewish and secular holidays as one might do in a Jewish home. Regardless of what you, as an individual, choose to celebrate, it is important to be respectful of the faith traditions and rituals of those around us.

Celebrations are shared experiences that bind us together. In Judaism, the weekly celebration of Shabbat is not simply an observance of the commandment (which we read in Parashat Yitro), it is a ritual which binds us together as a community. Each event we attend together enables us to acknowledge that the other person knows what we are talking about. Every concert, football game, or catastrophe is an opportunity for unity and, ultimately, understanding and empathy. Judaism recognizes a number of shared experiences which form the basis for understanding each other, and this week we read about the shared of experience of the revelation at Mt. Sinai. Just as 'we were slaves in Egypt', we were also present when the Torah - first five books of the Bible - were given. From that, we learn what it means to live together.

Living and working together at Louis Brier and Weinberg Residence is also shared а experience. Whether it's the food, the visiting horse, the evening Broadway showtunes, or the broken water pipes, we share in being part of this community. And when someone in the community dies, we all feel the loss. Through the joy and the pain, we must treasure those shared experiences that bind us together, because it is how we remember that we are not alone and we have role in being part of the community.



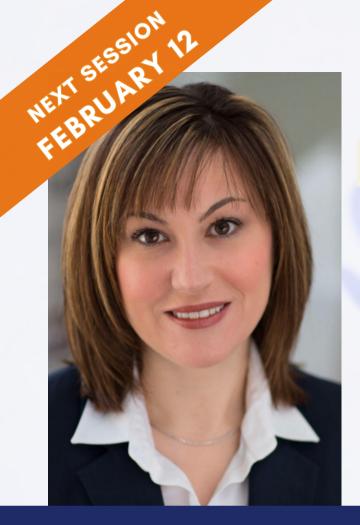
HAZZAN ROB MENES



FEBRUARY 11 AT 4PM SUPER BOWL SUNDRY AT LOUIS BRIER HOME & HOSPITAL

HOMESIDE LOUNGE

15 V5 **F**



Karen Tyrell

Dementia Consultant, Educator, and Author from Dementia Solutions

Karen Tyrell from Dementia Solutions will be facilitating "Cracking the Dementia Code" 30 minute education sessions at Louis Brier Home & Hospital. The education will focus on a helpful 2-step process that all staff can use on a regular basis to achieve better outcomes when it comes to managing dementia-related behaviours.

FEBRUARY 12 in the Louis Brier Boardroom

<u>Care Staff welcome to drop in the following times:</u>

SCU 1:00-1:30pm Hosp West 1:30- 2:00pm Hosp East 2:00-2:30pm Home Center & Home East 2:30-3:00pm Home West 3:30- 4:00pm **MLC** 4:00-4:30pm Virtual Session will be available on 🗖 ZOOM

OPEN TO ALL STAFF AND COMPANIONS NO SIGN UP NECESSARY, DROP IN FOR ANY SESSION

www.DementiaSolutions.ca 🛠



HAPPY LUNAR NEW YEAR! LION DANCING

FEBRUARY 13 AT 10:30 AM HOMESIDE LOUNGE NOW ON WEDNESDAY NIGHTS BEGINNING IN FEBRUARY!

Family & Friends Fun Night

WEDNESDAY EVENINGS 7 TO 8PM Louis Brier Home Side Lounge

HAPPY BIRCHDA

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Alganes, Maria **Bacos**, Danica **Bacquian**, Lestine **Balunos**, Amelia Banasen, Delilah Bhatti, Kamalpreet Kaur Canave, Evelyn Castro, Femarie Desta, Kindehafti Divinagracia, Dalyn Glory, Joshua Daniel Gorbunova, Lena Jhalli, Manju Magana, Benjamin Mapfoche, Flister McKay, Bianca Debra Ann HCAP Norombaba, Val Henry Park, Chelsea Passatore, Renan Rai, Balbir Kaur **Rodriguez**, Denise Rodriguez, Emerlina Sadler, Michael-Jon Strul, Roni Tamrakar, Bipashna Tolentino, Elijah **Turbic**, Richell

Nursing Nursing Nursing Nursing Nursing Nursing **HSKP** Nursing Nursing Nursing Nursing REHAB Nursing FS **HSKP** HSKP Nursing ORM Nursing Nursing LDRY Nursing Nursing **HSKP** ORM **LDRY**



COMPANION PROGRAM

We are here for you!

Did you know that Louis Brier Home & Hospital and Weinberg Residence offer an in-house Companion Program? We understand the needs of your family and loved-ones and we are here to assist in enhancing their personal and social wellbeing. Our in-house companion program provides added quality support at a reasonable rate. For more information, please contact:

Myla Carpio-Pelayo Companion Coordinator Ph: 604-267-4688 E: mpelayo@louisbrier.com

VIRTUAL VISIT

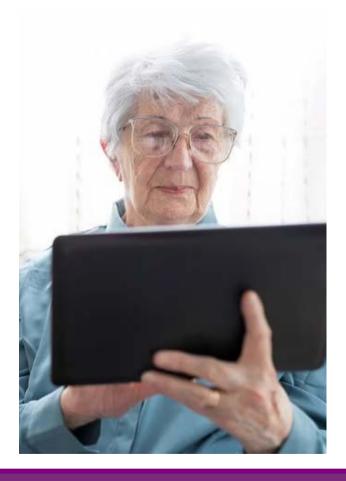
Book your Virtual Visit

Please, use the link https://louisbrier.com/virtualvisit/ and follow the instructions on our website. We encourage families and friends to visit their loved ones in person at LBHH, and the Virtual Visit Program is focused on supporting those living in faraway cities, provinces and countries.

Each Virtual Visit is 15 minutes long with 5 minutes in between so staff can relocate between rooms and nursing units.

The program runs every Monday, Wednesday, and Friday, from 09:30 am to 11:15 am. It does not run during Holidays, weekends and long weekends.

Please, do not hesitate to contact us at info@louisbrier.com or call +1 604-261-9376 if vou have any questions or concerns.



Want to contribute to the newsletter? Email communications@louisbrier.com for details.

FOLLOW US ON SOCIAL MEDIA











Louis Brier Home and Hospital

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