

Family Council (FC) Thursday November 16 2023 Ib.familycouncil@gmail.com

Family Council is a self-led, self-determining, group of families and friends of Louis Brier residents. We advocate for continuous improvement in the quality of life of the residents by way of collaboration with senior leadership. We provide a support forum to share concerns, explore possible causes, and create "next steps"; we facilitate communication in a constructive manner for problem resolution; we solicit examples of what is working well for positive feedback and we take part in various committees and initiatives at Louis Brier.



#### **Our Conversations:**

## A. APPROVEAL OF OCTOBER MINUTES AS DISTRIBUTED

#### **B. ROUNDTABLE**

Each person introduced themselves and shared what is on their mind: questions ideas, concerns, and kudos

**Sheila Novek and Isabel Huang continue to audit our meeting for research purposes, e**xploring resident and family councils and how they can support meaningful engagement and organizational change. They will be forming a full report to share closer to March. Family Council suggestions are welcome regarding how to roll out that information.

### C. CONVERSATION TOPICS FOR FOLLOW UP

#### 1. January "Meet 'n Greet" or "Lunch and Learn"

- No meeting in December

- January plans: in person meeting, share a meal, get to know – need to confirm with senior leadership at the Nov.21 meeting

- Family Council seeks to "rebuild" our community, meet in person from time to time like we used to.

- Focus on our idea of becoming ambassadors, mentors, greeters and welcome new comers

### 2. Training for staff and companions

- How can Family Council be involved?

- Families observe that accommodation of physical disabilities is good, but dementia care and handling could be improved. Family Council has already offered educational sessions: Dementia Solutions and Alzheimer's Society

- To what extent is P.I.E.C.E.S. offered on an ongoing basis to staff? What about offering to families?

- Business continuity was well managed during the power outage although lighting could have been better in resident rooms by way of emergency nightlight

# 3. Library and Fresh news content

- Idea for offering the newspaper, subscription magazines

- Consider a Family Council book drive to restock the library

- Big screen tv with loop of fresh content including inspirational message/quotations/ happy photos

- newsletter should be made available in hard copy for residents to enjoy

# 4. Pest Control

- Do away with open rodent traps as they are frightening and disgusting

- Consider ultrasonic rodent control
- Consider foam to plug holes in baseboards
- Cut shrubs back from all walls and windows at least 2 feet

# **5.** Transitions

Transition between floors and/or SCU could be improved. Improve communication with family so they can take part and help their loved one.
Why are the details of what took place in one area not transferred in a timely manner or complete to the other? Example: Hair, nails, dental needs, and ADL set up

# 6. Masquerade Ball

Family Council is donating 4 x \$50 gift certificates as prizes to staff in our appreciation for all they do for our loved ones. Staff recognition is important to help encourage our staff and thank them.

To all families: Please consider contributing to the LBHH Family Council by taking part in family council at what ever level you are able.

### Meeting adjourned: 8:07PM

Next meeting: To be determined but proposed in person Thursday January 18 2024 \*After speaking with senior leadership, this date has been confirmed as January 11 2024 5-7PM There will be a hybrid component of the meeting so families who cannot meet in person can join us from 6:30-7:00 by zoom.