

INSIDE: MESSAGE FROM THE CEO/YONTEV LETTER/RECREATION/FAMILY COUNCIL & MORE

OCTOBER 2023 | ISSUE NO. 25

Snider

Schmooze



Tender Loving Care

Known for her compassion and dedication towards residents, Mhon, a Louis Brier Companion, shares her life journey in this edition of
#LouisBrierSpotlight



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Dr. David Keselman with
Louis Brier Foundation
Executive Director, Ayelet
Cohen Weil inside the
Sukkah



MESSAGE FROM THE CEO

Dr. David Keselman

Welcome to the October edition of the Snider Schmooze. As the leaves begin to change colour and the days grow shorter, we find ourselves at the end of another exciting month. I hope you had a chance to dip an apple in honey and make a wish for the Jewish New Year. I am also optimistic everyone found the time to reflect on their actions and intentions, as well as mend relationships with yourselves and others on Yom Kippur. October is an excellent time to make the most of the opportunities that lie ahead. Let us make this a month of growth, achievement and progress.

As the Jewish calendar turns, we find ourselves in the midst of Sukkot, the Festival of Booths. It is a time of joy, gratitude and the celebration of our heritage. During this holiday, we build a sukkah, a temporary shelter to commemorate our ancestors' experience and to express our gratitude for the blessings we have today. Louis Brier staff, residents

and families are encouraged to visit our very own sukkah located at the Shalom Garden. May it be a time of peace for everyone!

Following the seven joyous days of Sukkot, we come to the happy holiday of Shemini Atzeret/Simchat Torah.

It is a time of celebration and reflection. Whether you are celebrating in a synagogue, with family and friends, or in the quiet of your own reflection, may it be a time of inspiration and renewal.

October 18th is Health Care Aide Day. The efforts and compassionate care of the Care Aides at Louis Brier have made a profound impact on countless lives. I want to take a moment to recognize and honour the incredible work they do. Despite the challenges, they continue to show up with a smile, offering comfort and reassurance to those who depend on them. The Louis Brier community

LOUIS BRIER 2023 STRATEGIC PLANNING FOCUS GROUPS

Dear Residents, Family Members and Staff,

At Louis Brier, we are committed to our resident and family-centred care philosophy and we value your involvement in decisions about our strategic direction. On November 2nd & 3rd, our Board of Directors, Senior Leadership Team and Management Team will be engaging in a strategic planning session to clarify our direction, priorities and the resources required to successfully execute our plan. We have engaged a consultant to help us with the strategic planning and, as part of this process, we will be conducting focus groups to elicit your input to ensure we are making decisions that are meaningful and relevant to our stakeholders.

Callie Bland is the consultant who will be facilitating the resident, families, operations team and staff focus groups on-site at Louis Brier on October 18th and 19th. Callie will be using a format of semi-structured interviews to collect information on the organizational strengths, areas of improvement, opportunities and risks. All information collected through the focus groups will be presented at the strategic planning session in aggregate form. Therefore, any information you share will be anonymous. Your input will help inform the strategic planning process.

This is an excellent opportunity for you to share your perspectives and, although voluntary, we encourage you to participate and be honest. Callie is an RN, Executive Coach and Facilitator. She has been partnering with organizations in the long-term care and continuing care sector in BC for over 12 years.

Focus groups will be held in our boardroom and we have created a schedule for different stakeholder groups, which includes residents, families, our operations team and staff. Callie will also circulate the care home and provide opportunities for staff to share their perspectives in addition to the scheduled focus group sessions.

If you have questions, please contact Callie Bland at callie@coachcallie.com.

LOUIS BRIER 2023 STRATEGIC PLANNING FOCUS GROUPS

Please see below the Focus Group Schedule and link to sign up for one of the scheduled times that best matches your relationship with Louis Brier:

Residents

Group #1: October 18th - 2:30pm-3:30pm

Group #2: October 18th - 3:30pm-4:30pm

Group #3: October 19th - 3:00pm-4:00pm

Group #4: October 19th - 4:00pm-5:00pm

Families

Group #1: October 18th - 12:00pm-1:00pm

Group #2: October 18th - 6:00pm-7:00pm

Group #3: October 19th - 11:00pm-12:00pm

Group #4: October 19th - 6:00pm-7:00pm

Staff

Group #1: October 18th - 11:00am-12:00pm

Group #2: October 18th - 5:00pm-6:00pm

Group #3: October 19th - 5:00pm-6:00pm

Operations Team

Group #1: October 19th - 1:00pm-2:00pm

Please click on the link below to sign up to participate in a focus group.

https://docs.google.com/forms/d/e/1FAIpQLScjD-8PQq1lgrRSGChf9D0fBjNR5FniPn8AOIO2Jl2qQB2vLQ/viewform?usp=sf_link



LOUIS BRIER JEWISH AGED
FOUNDATION

THE BRIER THEIR HOME

THE FOUNDATION 2023-2024 CAMPAIGN

GIVE TODAY

Visit: thelouisbrierfoundation.com
or e-mail us at foundation@louisbrier.com



Louis Brier is GREAT because

The nursing staff and care aides are doing an incredible job, above and beyond, with such limited resources. I get my medication always on time, with a smile. They are here 24/7 to care for us, in every sense of the word. They do holy work.

The recreation department have wonderful programs. I very much enjoy our daily activities, especially Cantor Steven Levin playing for our Oneg Shabbat, where we light candles, serve Challah, do Kiddush, and welcome the Shabbat for all of us residents of the Brier.

There is no reason for any resident ever to be bored. Everyday activities include: Trivia to help exercise our brains, flower arranging, Scrabble, Mahjong, art classes, music therapy, physical exercises, chair yoga, gardening, laughing yoga, Havdallah services at our little Shul with Hazzan Menes... amongst many other engagement opportunities for all of us.

The cleaning staff keep our rooms spotless. They work tirelessly to keep our Brier clean and safe. The maintenance staff are incredibly helpful in making our residences feel comfortable and beautiful, like a little Home.

The fire place in the Home Lounge is a perfect place for us residents to schmooze and connect with each other all day, every day. Again, not to be lonely.

That is why you should come to the Brier to visit, to volunteer and bring your grandkids along to add conversation and friendship *M'Dor L'Dor*. I personally please ask you to help continue this most important and beautiful legacy for our Jewish Community in Vancouver. If you have any leftover resources, please think of us, residents of the Louis Brier Home and Hospital who need so much, and count on you. We need YOUR friendship and support.

As I wish to my own family, my kids and grandchildren, may your life be filled with joy, happiness, company, and good health.

L'Shana HaBa'ah B'Yerushalayim, Amen!



Caron Bernstein





RECREATION

THANK YOU TO OUR SERVICE LEADERS

We wanted to take the time to give a heartfelt thank you to Cantor Asaf Erez, who came all the way from Alaska to lead our Rosh Hashanah and Yom Kippur Services. We would also like to thank our other Service Leaders who dedicated their time in the Synagogue for our Residents. It truly was a memorable experience for those in attendance.



THE JOYFUL CELEBRATIONS OF SUKKOT:

SUKKOT – FESTIVAL OF THE HARVEST AND
FEAST OF TABERNACLE
EVE OF SEPTEMBER 29, 30, OCTOBER 1, 2, 3,
4, 5, 6, 7

SHEMINI ATZERET: SEPTEMBER 8
SIMCHAT TORAH – ENDING AT NIGHTFALL

The joyful celebrations of Sukkot are currently happening at Louis Brier to rejoice in the abundance of the autumn harvest, and give thanks to G-d for protecting the Jews under desert conditions. We would like to send our appreciation to the Maintenance crew for once again building the Sukkah for all to enjoy during the holiday.

The Sukkah is used as a gathering space for individuals to socialize, eat meals, and connect to nature.



the Sukkah symbolizes the outdoor dwellings the Jews lived in during their time wandering the desert. It is decorated using the Seven Species of Israel (traditional foods eaten in the desert) which include wheat, barley, grapes, figs, pomegranates, dates and olives. Throughout the holiday, Residents and family are encouraged to spend time in the Sukkah located in the Shalom Garden.

UPCOMING

Bus Outing to Orpheum October 19th

The Recreation Team will be taking a select number of residents to enjoy Vancouver Symphony Orchestra musicians perform at an open rehearsal to experience Stravinsky's characterful ballet score and his use of this compositional tool - known as bitonality. Residents will hear some of the most challenging passages ever written in the world of orchestral music!



Visit
louisbrier.com/recreationcalendar
for this month's Recreation Activities
schedule

For questions and concerns,
contact us:
recreationleaders@louisbrier.com

For more photos
and videos of our
Resident activities,
follow us on our
social media
channels:



@LouisBrierBC



Louis Brier
Home and Hospital



@LouisBrierHome



@Louis_Brier



SUKKOT



EVE OF SEPTEMBER 29TH TO NIGHTFALL OF OCTOBER 6TH

Saturday, September 30:

1st day of Sukkot

Morning Service - 9:30am

Kiddush - 12:00pm

Sunday, October 1:

2nd day of Sukkot

Morning Service 9:30am

Kiddush 12:00pm

Friday, October 6:

7th day Sukkot

Morning Service - 9:30am

Kiddush - 12:00pm

Saturday, October 7:

Shemini Atzeret

Morning Service - 9:30am

Yizkor - 11:00pm

Kiddush - 12:00pm

Sunday, October 8:

Simchat Torah

Morning Service - 9:30am

Kiddush - 12:00pm





Mhon, originally from Manila, Philippines, has always been known for her strong work ethic and dedication to service. Her journey in the workforce began at an early age when she took on a role at a fast-food restaurant. At the age of 25, she decided to explore opportunities beyond her homeland, which led her to the bustling metropolis of Dubai, UAE. There, she ventured into the transportation industry, gaining valuable experience in a dynamic and fast-paced environment.

In 2011, she set her sights on a new adventure and immigrated to Canada. Her journey took her to Vancouver, where she found work at YVR Airport Operations. However, Mhon's heart also led her to a different path. She embraced the role of a private caregiver, providing compassionate and personalized care to those in need. This experience solidified her reputation as a caring and empathetic individual.

In 2018, she embarked on a new chapter in her career when she joined the Louis Brier Home and Hospital as a private companion. Over the years, her dedication and genuine compassion have made her an integral part of our Companion program.

Mhon's warm-hearted approach and unwavering commitment to enriching the lives of our residents have earned her the respect and admiration of both residents, families, and colleagues alike.

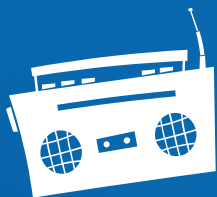


Mhon

Companion



FAVOURITE FOOD:
“Anything Spicy!”



FAVOURITE MUSIC:
“Rap Music”



FAVOURITE MOVIE:
“Thriller/Suspense Movies”



FAVOURITE HERO:
“My dad who was a former police officer.”

human resources.

#LouisBrierLife Day

The 18th of Every Month



The “Louis Brier LIFE Day” is intended for everyone to demonstrate their pride in Louis Brier Home and Hospital & Weinberg Residence and everything that we stand for – our Mission, Vision and Values – and to celebrate CHAI (LIFE)!

We will be celebrating “Louis Brier LIFE Day” on the 18th of every month!

We encourage everyone wear their new LBHH **Royal Blue Outfit** and/or blue clothing/accessories to demonstrate their pride in the exemplary care we provide to our Residents and patriciate in some fun activities to celebrate CHAI (LIFE)!

*Join Now!

Acknowledge individuals within our community that embody the LBHH&WR “CHAI” Values, visit:
bit.ly/recognitiontree



CLICK HERE!



LOREN TISDELLE, CPHR
DIRECTOR, HUMAN RESOURCES



EMPLOYEE REFERRAL PROGRAM

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REFERRAL BONUS OF
UP TO **\$1,000!****

\$1000

"Hard to Fill Positions"
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Professionals

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Care Aide, Food Services,
Housekeeping, HCSW, etc.

The Employee Referral Program (ERP) is
open to all Employees, Companions,
Volunteers, Residents, and Family.



Volunteer Program

Bring joy and make a meaningful impact! Join our volunteer program at our Long-term care facility and support our beloved residents. Your contribution is vital in creating a vibrant and caring community.

By becoming a volunteer, you'll create priceless moments of companionship and brighten the lives of those we cherish. It's a chance to give back to our community and make a lasting difference. Gain personal fulfillment and build connections that warm your heart.

Step forward, be the light that illuminates lives! Sign up now and become a valued member of our volunteer family. Together, let's create a world of love, laughter, and support!

Sign up now by visiting louisbrier.com/volunteer-program or by sending an email to our Volunteer Coordinator, Renan Passatore, at rpassatore@louisbrier.com



DEMENTIA BEHAVIOURS THAT CANNOT BE TREATED WITH ANTI-PSYCHOTICS

In an alarming report published by [CBC in September 2022](#), “about three in 10 New Brunswick nursing home residents were given antipsychotic medication without a diagnosis of psychosis during the early stages of the COVID-19 pandemic.” This was based on the data collected by CBC from the Canadian Institute for Health Information.

Antipsychotics refer to a category of drugs that are used to manage psychotic disorders such as schizophrenia. Psychosis commonly manifests as hallucinations, delusions, and paranoia.

It is important to emphasize that antipsychotics should only be given to those with a confirmed diagnosis of a psychotic disorder. Even then, it is important to understand that antipsychotics do not treat the underlying causes and prolonged use can have a negative impact on the individual's health. It is not uncommon for individuals experiencing delirium, as well as those with a confirmed diagnosis of dementia to show signs of confusion or hallucinations. Further, not all dementia-related behaviours can be managed by antipsychotics.

Dementia Behaviours that Do Not Respond to Antipsychotics

Though individuals living with symptoms of dementia may also have a diagnosed psychotic disorder, not all individuals with dementia require or can benefit from antipsychotics. There are certain dementia behaviours where the use of antipsychotics has no effect.

Dementia-related behaviours that do not respond and will not respond to antipsychotics include:

- Sundowning
- Wandering
- Hoarding
- Repetitive behaviour/repeatedly asking the same question over and over again
- Stealing/hiding behaviour
- Loss of inhibition/poor judgment - saying or doing things inappropriately
- Withdrawing from social contacts/self-isolation
- Distress during bathing or personal care

It is important to be very specifically clear on why the use of antipsychotics should ever be used on an individual living with dementia, especially those without a clinical diagnosis of a psychotic disorder. The use of antipsychotics should only be considered if it can help improve their well-being or reduce the risk of harm to themselves or others. **Antipsychotics should never be used to make work easier for their caregivers.**

Using Chemical Restraints to Manage Dementia-Related Behaviours

“The preferred choice is to use no restraints.

A physical, chemical or environmental restraint should not be used as a substitute for safe and well-designed environments or for the proper care and management of a person with dementia.

One of the most successful strategies for dealing with difficult behaviours without using restraints is to use a problem-solving approach.”

~ Alzheimer Society of Canada

It cannot be stressed enough that the use of any form of restraint, chemical or otherwise, should only be used as a last resort and only after all other alternatives have been considered and tried. Learn more about the Alzheimer Society of Canada's position on the use of restraints [here](#).

Chemical restraints are drugs that are used with the intention of restricting movement or modifying a behaviour (e.g., sedatives, tranquillizers).

Antipsychotics are not synonymous with chemical restraints. However, antipsychotics can be used as a form of chemical restraint. When used in this manner, antipsychotics are being used for its “side effect” also known as “off-label use” (i.e., modify behaviour or restrict movement), and not its intended desired effect, which is the management of a psychotic disorder.

Individuals living with dementia, and even those experiencing delirium, may show signs of hallucinations and delusions, but may not necessarily have a psychotic disorder. More often than not, confusion, hallucinations and other responsive behaviours seen among individuals living with dementia are triggered by an underlying infection, pain or an unmet need.

It is therefore highly critical to investigate what is causing the behaviour and treat the underlying conditions before resorting to any extreme chemical intervention.

Effective and Proven Non-Pharmacologic Approaches to Managing Dementia-Related Behaviours

Regardless of a person's cognitive abilities, it is important to understand that behaviour is a form of communication. This is especially true for people living with symptoms of dementia especially those individuals who have lost their ability for language or communication.

Person-centred care is an approach that tailors care to the individual's preferences, needs, and history. It recognizes that behaviours exhibited by individuals with dementia often have personal meanings. Taking the time to understand a person's life history, preferences, and triggers can guide caregivers in finding non-pharmacological strategies to manage challenging behaviours effectively.

Examples of these non-pharmacological interventions include:

Reminiscence Therapy: Encouraging individuals to talk about their past and share memories can help them feel valued and understood. This therapeutic approach often leads to reduced agitation and improved overall well-being.

Music and Art Therapy: Engaging in creative activities can stimulate the brain and evoke positive emotions. Music and art therapies have been shown to alleviate anxiety, depression, and even aggression in individuals with dementia.

Physical Activity: Regular physical exercise can improve mood, reduce anxiety, and enhance cognitive function. Structured physical activities or exercises tailored to an individual's abilities can contribute to better behaviour management.

Aromatherapy: Certain scents, such as lavender, have a calming effect and can help reduce agitation and anxiety. Aromatherapy, when used appropriately, can offer a non-invasive way to manage behaviours.

When a person with dementia exhibits responsive behaviour, more often than not, it is because of an unmet need.

Quality of life and living with dignity is being able to support those under our care to remain independent and socially engaged, whenever possible, and however long it is possible.

Modifying their behaviour or restricting their movement merely for the intention of making their care easier should never be a consideration. When an individual starts to exhibit responsive behaviours, our first question should always be, “Why?” Behaviour is a form of communication. It is our job, as their caregiver, to investigate what they are trying to communicate to us.

A CREATIVE WAY FOR LONG-DISTANCE CAREGIVERS TO SUPPORT AND MANAGE DEMENTIA-RELATED BEHAVIOURS

“Julie” is the primary caregiver for her Mom, “Caroline,” who was diagnosed with Alzheimer’s disease a few years ago. As Mom now requires more support, Julie decided that it was best to move in and live at her Mom’s house.

Julie and her Mom have always had a good relationship. The only “complaint” Julie has about Caroline is that her Mom has always been a very impatient person (even before she was diagnosed with Alzheimer’s disease). Her Mom hates waiting and does not have any patience for it. This impatience is worse now that her Mom has symptoms of dementia because Caroline does not have any concept of time.

Whenever they had plans to go out, Julie would help her Mom get ready first. She helps her Mom with her meals, assists in her personal hygiene, and in getting her outfit ready. Julie would then hurry to get herself ready and dressed. This usually takes around fifteen to twenty minutes. Still, her Mom would repeatedly ask, “Where are you?”, “We’ve got to go!”

Understandably, Mom’s impatient behaviour can be very stressful and upsetting for Julie. This behaviour is putting a strain on their relationship and is slowly causing Julie to experience caregiver burnout. She contacted me recently to ask for my help.

A Simple Solution that Worked in Managing Caroline’s Impatient Behaviour

Since Caroline no longer has any concept of time, correcting her about the time, or trying to get her to understand how long of a wait fifteen minutes is, would not work. It would only cause more tension in the relationship between mother and daughter.

Julie’s brother, “Kyle” lives in another city. Although he could not be around physically to help Julie, he has always wanted to help out in their Mom’s care. I suggested a collaboration between Julie and Kyle as a way to distract Mom while she waits for Julie to get ready.

Our strategy was for Julie to send a text message to Kyle a few minutes before she started to get Caroline ready to leave the house. This would give Kyle a heads-up to give their Mom a call and keep her on the phone while Julie prepares herself for the day.

Julie contacted me recently and reported that this strategy is working well with Mom!

How a Dementia-Related Behaviour Brought a Family Closer Together

Though each family is different and not everyone has a family member they can ask for help from, it's important to not be shy or hesitate to ask for help when it is available.

Sometimes family members and friends want to help. They just don't know how.

Caroline's dementia-related behaviour has opened an opportunity for her son to step in and help in caring for her. This allowed Kyle to experience that he is serving a purpose as a long-distance family caregiver. By the simple act of calling and talking to his Mom, he is able to support both his Mom and sister, Julie.

Those few minutes that Kyle is on the phone talking with their Mom each morning give Julie time for self-care. Instead of rushing, Julie is now able to get ready in peace without the added stress of acknowledging her Mom's repetitive questions. These few minutes on the phone provide Julie with some respite she desperately needs to maintain good well-being as their Mom's primary caregiver.

Last but not least, this simple adjustment in their family's routine has allowed more harmony in their family and household.

Dementia affects not just the person with dementia, but it directly impacts their families and the people who care about them. Dementia changes the routines of everyone around them. Asking for help, from family, friends, or experts in the field can make the family caregiving journey not only lighter but also meaningful. I would like to thank "Julie" for allowing us to share their story to help other family caregivers find the courage to ask for help.

FAMILY COUNCIL

The Family Council at Louis Brier Home and Hospital

Established in 2016, Family Council is an independent and voluntary body of family members, caregiver friends, and legal representatives of residents. Our primary focus is to advocate for the delivery of quality resident and family centered care.

Family Council is governed by an elected Executive Council guided by its Terms of Reference. It provides family members leadership opportunities in several capacities. It works in collaboration with the Louis Brier senior leadership team to review and discuss relevant opportunities to enhance the residents' experience. Family Council meets monthly to provide updates from senior leadership, Louis Brier Home and Hospital committees, educational workshops, and works together as a solution-focussed advocacy group.

Connect with us: lb.familycouncil@gmail.com

Check out our Family Portal: <http://louisbrier.com/family-portal>

We welcome all families and hope that you will take the opportunity to get involved.

Family Council



Family Council Notice of next meeting October 19 & Minutes of September 21 Meeting

Thank you to everyone who attended our September 21 Family Council Meeting!
Our conversations are only as good as those who show up – so please join us for our monthly meetings.

SAVE THE DATE FOR OUR NEXT GET TOGETHER: October 19th

Topic: LBHH Family Council Zoom Meeting

Time: Thursday, Oct 19, 2023 7:00-8:00 PM Vancouver

Join Zoom Meeting

<https://us02web.zoom.us/j/85319050093?pwd=cmUyTTNlRnJrOU93TmNhVkpXZk0ydz09>

Meeting ID: 853 1905 0093

Passcode: 181171

Dial by your location

- +1 647 374 4685 Canada
- +1 647 558 0588 Canada
- +1 778 907 2071 Canada
- +1 780 666 0144 Canada
- +1 204 272 7920 Canada
- +1 438 809 7799 Canada
- +1 587 328 1099 Canada

Meeting ID: 853 1905 0093

Passcode: 181171

Find your local number: <https://us02web.zoom.us/j/kdVtSHQfOv>

Documents Attached:

[DRAFT Minutes of the September 21st Meeting](#)

[LBHH Contact List for Families: "Who Do I Ask?"](#)

[Name Badge and Title Key](#)

[DRAFT REVISED Family Council Terms of Reference](#)

[DRAFT REVISED Family Council Code of Conduct](#)

[Louis Brier Admission Checklist](#)

The October 19 agenda will include our elections for our Family Council Executive Team (once every 2 years)

PLEASE send us an expression of interest if you'd like to join us in some way:

lb.familcouncil@gmail.com

We have 5 positions available: 2 co-chairs, 1 vice-co-chair, 1 secretary, 1 treasurer.

Please read our proposed updated Terms of Reference and Code of Conduct for a better understanding of our governance. These updated versions will be voted upon at the meeting.

(Continued on next page)

Family Council Notice of next meeting October 19 & Minutes of September 21 Meeting

Let us know what type of presentation and/or topics you would like us to include in our meetings. We leave time for personal sharing. Many personal stories are shared, which often are commonly experienced.

With our collective experiences, many well-thought-out ideas and solutions emerge. In turn, we are able to bring these suggestions to Senior Leadership for their consideration.

“Peer Support Corner”

Please share a resource that has helped you: lb.familycouncil@gmail.com

This month we feature Deborah Bakti's Blog: <https://deborahbakti.com/blog/> and her book: “NOW WHAT?” <https://deborahbakti.com/now-what-book/> In her blog she provides insights to the long-term caregiver/family relationships..from her own experience and now, a career of observations. Send your suggestions to: lb.familycouncil@gmail.com

Continue your advocacy and support for improved long-term care in BC:

The Office of the Seniors Advocate is an independent office of the B.C. provincial government acting in the interest of seniors and their caregivers. They have a public input form. The advocate would like input from seniors and their families and those who work with seniors, to hear about things that affect seniors in general. This will lead to recommendations to improve services. They would love to hear from you: <https://www.seniorsadvocatebc.ca/public-input-form/>

Thank you.

Family Council Executive

Lisa Dawson, Co-Chair

Fran Harrison, Vice, Co-Chair

Nadine Miller, Interim Executive Member

Judy Slutsky, Interim Executive Member

Elizabeth Robbins, Interim Executive Member



SPIRITUAL CARE CORNER

HAZZAN ROB MENES

The High Holy Days have passed and we start fresh again. We begin the new year with joy, with Sukkot, and we welcome the new season. Judaism embraces the intermingling of our physical world and our spiritual world. Recognizing the harvest, the change of season, the beginning of the rain forces us to acknowledge that a higher power is in our lives. You cannot separate the physical from the spiritual. However, for many of us, our physical reality includes some suffering, and our spiritual reality reflects that. When we suffer, from physical or emotional pain, it is hard to find meaning in our lives. It is hard to find joy.

And that is why Louis Brier Home and Hospital and the Weinberg Residence are here. We are here to provide a level of care which enables each person to find meaning and joy. In some cases that care is physical and in other cases it is spiritual and emotional. Whatever your faith tradition there is a recognition that care is not simply enabling one to stay alive. Physical care without spiritual care is care without humanity, and as a Jewish facility, we stand for more than that.

My role as chaplain is to remind all of us - residents, staff, and families - that the change of season is about more than the falling leaves. It is about embracing a new year and finding wonder in the possibilities that lie in front of us.



HAZZAN ROB MENES
CHAPLAIN



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HAPPY BIRTHDAY

October

Aguilar, Maricris	HSK
Andruchow, Della	FS
Bacalaoloyo, Melani	CA
Barot, Bhargavi	FS
Basilan, Emelita	CA
Belyea-Nisbet, Lauren	HSK
Burke, Michelle	REHAB
Comullob, Manny	CA
Cortez, Jose Alexis	CA
Deauna, Rommela	CA
Dela Cruz Jr., Gabriel	LPN
Dimo, Hazael	CA
Edwards, Olivia	RECEP
Ellano, Dolly	CA
Gatchalian, Garvin	MTCE
Guerrero, Merlinda	CA
Hervias, Hayley	STAFFING - HR
Jhaji, Gurinder	FS
Kataria, Sunita	FS
Kaur, Armanjeet	RN
Kaur, Yaspreet	FS
Kolisz, Piotr	CA
Kolisz, Przemyslaw	CA
Kuzyk, Natasha	REC
Lao, Othelia	FS
Lustria, Psyche Hazen	HCAP - NURSING
Manzanilla, Chona	HSK
Manzano, Jo Ann A	CA
Mendoza, Christy I	CA
Montejo, Danilo	CA
Nahuman, Joy Lani	CA
Policarpio, Marie	LPN
Sekhon, Sukhdeep Kaur	RN
Serban, Luminita	RECEP
Yago, Marlon J	HSK



COMPANION PROGRAM

We are here for you!

Did you know that Louis Brier Home & Hospital and Weinberg Residence offer an in-house Companion Program? We understand the needs of your family and loved-ones and we are here to assist in enhancing their personal and social well-being. Our in-house companion program provides added quality support at a reasonable rate. For more information, please contact:

Myla Carpio-Pelayo

Companion Coordinator

Ph: 604-267-4688

E: mpelayo@louisbrier.com

VIRTUAL VISIT

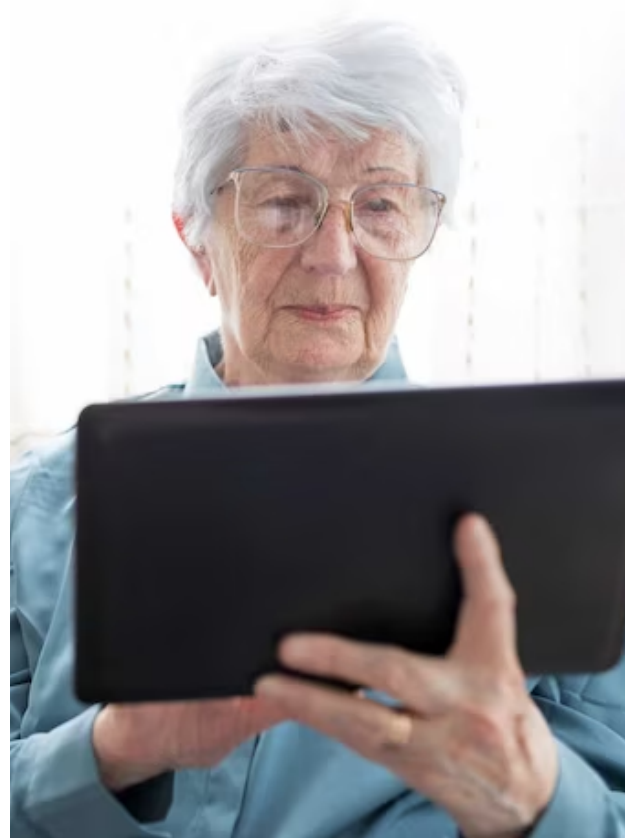
Book your Virtual Visit

Please, use the link <https://louisbrier.com/virtual-visit/> and follow the instructions on our website. We encourage families and friends to visit their loved ones in person at LBHH, and the Virtual Visit Program is focused on supporting those living in faraway cities, provinces and countries.

Each Virtual Visit is 15 minutes long with 5 minutes in between so staff can relocate between rooms and nursing units.

The program runs every Monday, Wednesday, and Friday, from 09:30 am to 11:15 am. It does not run during Holidays, weekends and long weekends.

Please, do not hesitate to contact us at info@louisbrier.com or call +1 604-261-9376 if you have any questions or concerns.



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