



**Family Council (FC)**  
**Thursday October 19 2023**  
[lb.familycouncil@gmail.com](mailto:lb.familycouncil@gmail.com)

*Family Council is a self-led, self-determining, group of families and friends of Louis Brier residents. We advocate for continuous improvement in the quality of life of the residents by way of collaboration with senior leadership. We provide a support forum to share concerns, explore possible causes, and create “next steps”; we facilitate communication in a constructive manner for problem resolution; we solicit examples of what is working well for positive feedback and we take part in various committees and initiatives at Louis Brier.*



## **Our Conversations:**

### **A. APPROVAL OF SEPTEMBER MINUTES AS DISTRIBUTED**

### **B. SPECIAL GUESTS:**

**1. Welcome to: Sheila Novek, Canadian Institute of Health Research CIHR Postdoctoral Fellow, School of Nursing. UBC | Vancouver Campus**

**Title: Resident and Family Engagement in Nursing homes**

We met Sheila last meeting. She is involved with a research study exploring resident and family councils and how they can support meaningful engagement and organizational change. The project involves interviews and observations of resident and family council meetings. She will also conduct a legal analysis looking at laws and policies that govern these.

We are invited to contact Sheila for interviews: **please contact Sheila at: [Sheila.novek@ubc.ca](mailto:Sheila.novek@ubc.ca)**

### **C. OCTOBER ELECTIONS**

1. Motion (made by Keren and Laura) to adopt the changes as distributed then edited to the Terms of Reference – passed unanimously

2. Motion (made by Evan and Laura) to adopt the changes to the Code of Conduct as distributed then edited – passed unanimously

3. Motion (made by Lisa and Laura) to adopt the slate of family members (see slate below) who have expressed interest in leading the family council as executive:

**Co-Chair:** Cassandra Siebel – Father has been in LBHH @ year, SCU

**Co-Chair:** Fran Harrison – Mother at LBHH @ 4 years

**Co-Chair:** Lisa Dawson – Father at LBHH @ 13 years, Chair of Vancouver Coastal Association of Family Councils (VCAFC)

**Vice-Co-Chair:** Evan Sahmet – Mother and Father at LBHH @ a year, UBC law school student, hobby videographer, has experience on strata

**Treasurer:** Rahim Meghji – Mother at LBHH @ 2.5 years, CPA

## **Motion passed unanimously. Welcome new LBHH Family Council Executive!**

**To all families: Please consider contributing to the LBHH Family Council** by taking part in family council at what ever level you are able.

### **Question was asked: How will define our roles if our titles are the same?**

LBHH Executive sees themselves working together and sharing responsibilities

For example:

Two people managing the emails

Shared Minute taking

Shared agenda building

Share attendance at SLT and other committee meetings

Work together on projects

## **D. COMPANION PROGRAM**

Financial Update by Keren Gerstman, Chair of the Companion Advisory Committee who has been the driving force behind our companion program sustainability – THANK YOU!

The notice has gone out regarding the necessary administrative increases to keep the program viable. The responses have been largely understanding and supportive.

We plan not to have to change this rate for a couple of years but will review annually.

We can now begin planning for training. Companions (like staff) deserve and need training to ensure education of current best practices; ensure consistency among companions; and as part of career development. The funds will go towards 3 hours of training and scheduling relief companions while others are in training.

**Thank you to all the Finance team, Keren, Lunadel and Myla for their patience, time and dedication!**

## **E. EXECUTIVE UPDATES – DISTRIBUTED WITH MINUTES**

### **F. FAMILY SHARING:** What's on our minds?

#### **Need to follow up on:**

##### **1. Outreach at admission:**

Even though we will be part of the admission package, how can we be part of the resident and family welcome?

-Build a mentor/buddy program:

Have each new family member connected with Family Council Executive

- Build a welcome package from FC

- Have a welcome tea

## **2. Potluck Family Council Meeting in January**

Hold a potluck on site instead of a zoom meeting to change thing up and bring people together as we once used to.

Give 2-3 months advance notice with reminder

## **3. Bring the discussion of memory cabinets back again**

**Meeting adjourned: 8:20PM**

**Next meeting: Thursday November 16 2023 at 7:00PM**