

JULY 2023 | ISSUE NO. 22

**Snider**

# Schmooze



*Let's get **PHYSICAL!***

GET TO KNOW LOUIS BRIER'S PHYSIOTHERAPIST, FABIEN MA!

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INSIDE: MESSAGE FROM THE CEO/RECREATION/FAMILY COUNCIL & MORE

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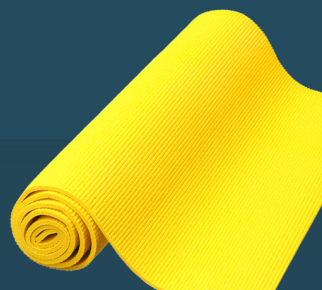
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## FAMILY COUNCIL

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**BRIER FIRE  
VESSI 500 Champions**



## MESSAGE FROM THE CEO

Dr. David Keselman

WELCOME to this edition of the Snider Schmooze. It seems that as much as the summer is often anticipated as a good time to “slow” down and enjoy the good weather, things are anything but slow. On a happier note, the LBHH dragon boat team competed successfully and won the gold medal in Division C at the Vessi 500 Championship. Thank you to those that came out to support and cheer them on, it worked! There are still a couple of competitions ahead, so please come out to support them.

While we are trying to minimize major activities in the summer, 2 major projects are going to be rolled out. We are embarking on replacing and renovating all the nursing stations across LBHH, including the reception desk at the front. We are aware of the inconvenience it may cause but are hoping that the outcome will be worth the pain. Many of the current stations are way pass their utility and function and more communication will be coming out in due time.



*Above: Artist's rendition of our updated Louis Brier nursing stations*

(Continued on next page)

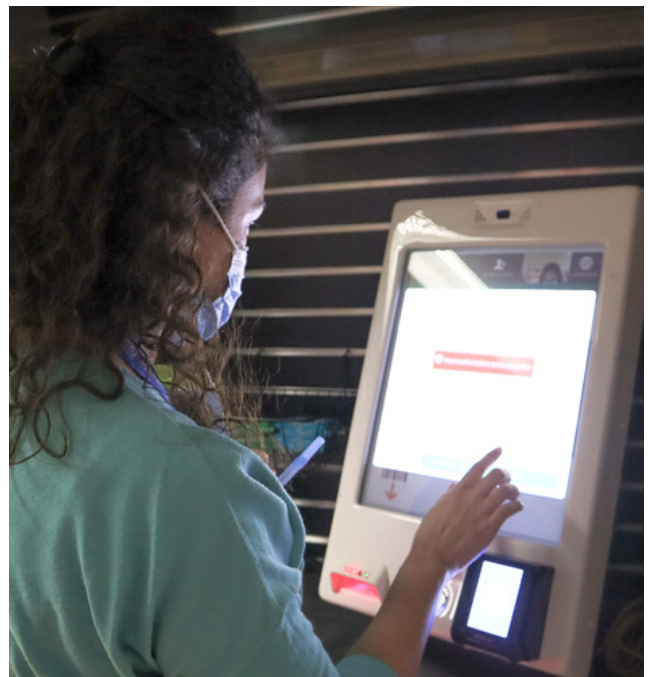
# MESSAGE FROM THE CEO

*Continued*

We are also planning a grand opening for the gift shop or the Kosher corner, stay tuned!

Summer is upon us and of course, the hot weather and heat spells are part of it. July 24th is recognized being an International Self-Care Day. The International Self-Care Day, 24 July, symbolizes that the benefits of self-care are experienced 24 hours a day, 7 days a week. In other words, the benefits of self-care are life-long and do not just relate to a single day. This is a good opportunity to remind everyone that the sun and the heat are certainly beneficial to our health, mood, and wellbeing, however, there are also risks associated with them, heat stroke and dehydration are a few to mention. This becomes especially important for individuals who are more vulnerable and sensitive like the elderly and children. Please be sure to take the time to hydrate yourself, stay out of direct sunlight, and wear appropriate clothing to protect yourself from unnecessary exposure to the heat and sun. As always, we are here for you, if you have any thoughts, concerns, and/or suggestions please share them with us through [info@louisbrier.com](mailto:info@louisbrier.com).

Wishing you all the very best, stay safe and healthy.



*Above: Louis Brier Home & Hospital staff at the Kosher Corner Marketplace*



DR. DAVID KESELMAN, MN, DHA, CHE, RN  
**CHIEF EXECUTIVE OFFICER**







LOUIS BRIER JEWISH AGED  
FOUNDATION

# THE BRIER THEIR HOME

THE FOUNDATION 2023-2024 CAMPAIGN

GIVE TODAY

Visit: [thelouisbrierfoundation.com](http://thelouisbrierfoundation.com)  
or e-mail us at [foundation@louisbrier.com](mailto:foundation@louisbrier.com)







## LOOKING BACK

### A WORD FROM THE RECREATION DEPARTMENT

Dear Residents,

You are like an extension of our family. Working with you makes us appreciate things in a different light. You were raised in a different time, and the way you view things is, for our generation, a reminder to slow down and appreciate the flowers and the birds and the rain. You teach us so much, just by being who you are. You have all accomplished so much in your lives and we cherish your wisdom.

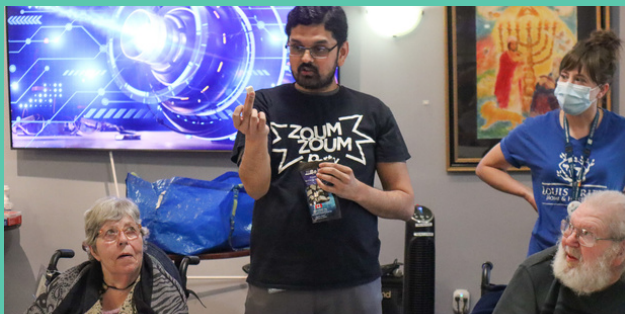
You are trustworthy, honest, and good listeners. It is an honour to get the privilege to work with so many interesting and inspiring Older Adults. Thank you for all your significant contributions to society past and present.

We love you, are grateful for you, and we are so lucky to be able to be part of your lives every day.

We hope you enjoyed BC Seniors' Week!

### SCIENCE EXPERIMENT PARTY WITH ZOOM ZOOM PARTY!

As part of our BC Seniors' Week celebrations the Recreation Department hosted a science experiment party, facilitated by Zoom Zoom Party! The residents adventured through a variety of hands-on experiments including special effects, freeze-dry process, polymers, and chemical reactions! It was so molecool, the residents were in their element, they definitely had atom of fun!



### TOOT YOU'RE HORN, BRING YOUR JOYS, IT'S BC SENIORS WEEK SO MAKE SOME NOISE! RESIDENT PARADE

To showcase and bring awareness to BC Seniors' Week, we held a Resident Parade! Residents, staff, companions, and families had the opportunity to cheer for and celebrate the Residents as they marched through the halls of Louis Brier. Thank you to all the staff, companions, and families who came and participated in the fun and made our residents feel appreciated!







## LOOKING BACK

### **JAVA JAZZ BAND – FILIPINO HERITAGE MONTH**

Did you know June is also Filipino Heritage Month? To commemorate BC Seniors Week and Filipino Heritage Month we hosted Filipino Performers Java Jazz Band to keep the celebrations going. The Recreation Department wanted to acknowledge the love, kindness, hard work, and dedication of our staff, companions, and volunteers, we hope you enjoyed this special performance!



### **RESIDENT ART SHOW HOSTED BY ART THERAPIST CALLA POWER**

To conclude our BC Seniors Week celebrations our Art Therapist Calla Power hosted a Resident Art Show, displaying the beautiful works and accomplishments of our Residents. We wanted to give a big shout out to our Residents for making LBHH a beautiful and colourful place to live, and to Calla for her dedication to our Residents and for hosting such wonderful event.







## LOOKING BACK

### HAPPY FATHER'S DAY

*You Gave us the World by Julian Byrdie*

*You gave us the world, with your love and care,  
Your strength and wisdom, always there,  
You showed us how to stand tall and be brave,  
And be kind and compassionate in every way.*

*Through thick and thin, you were always our guide,  
Your love and support, we cannot hide,  
Dad, we're grateful for all that you do,  
We love you so much, Happy Father's Day to you!*



To celebrate Father's Day we hosted North America's premier "Trad" or Dixieland Jazz band, The Ragtime Ramblers! Fun was had all around and the Residents were delighted with the band's high energy and trademark sound. This performance could not have been made possible without the support from the Music Performance Trust Fund, who continue to support meaningful performances that enrich lives through music!





# LOOKING FORWARD

## Louis Brier Dedicates Pride celebrations for the month of July!

If you didn't pick up a Pride lanyard pin last year please stop by the reception being July 1st to get one and watch out for fun events and activities to celebrate, honour, and appreciate the LGBTQIA2S+ Community and their contributions.

### **Pride Parade and Social Mixer Wednesday, July 5 1:30-2:30pm @Front Lobby/Homeside Lounge**

Please wear rainbow colours and join us for Louis Briers second annual Pride Parade to show your support for the LGBTQIA2S+ community, followed by an inclusive social mingler with fun icebreaker questions for everyone to get to know each other better!



### **Tie Dye a Pride Shirt Wednesday, July 12 2-4pm @ Homeside Lounge (While supplies last)**

Please join us to tie dye your own Pride T-Shirt to wear for the month and show your Pride! All are welcome while supplies last!



### **"Wear Your Rainbow, Show Your Pride" Costume/Dance Contest – Wednesday, July 19 2-3pm @ Homeside Lounge**

Back by popular demand Louis Briers second annual "Wear Your Rainbow, Show Your Pride" – Costume/Dance Contest is back! We are looking for as many participants to par-take in this highly engaging and fun activity to celebrate Pride. There will be prizes to be won for most colourful costume/dance moves, more details to come!



Visit  
[louisbrier.com/recreationcalendar](https://louisbrier.com/recreationcalendar)  
for this month's Recreation Activities  
schedule

For questions and concerns, contact us:  
[recreationleaders@louisbrier.com](mailto:recreationleaders@louisbrier.com)

For more photos and videos of our Resident activities, follow us on our social media channels:



@LouisBrierBC



Louis Brier  
Home and Hospital



@LouisBrierHome



@Louis\_Brier



I started my LB journey in December 2019, right before the COVID-19 pandemic hit. It was a challenging and ever-evolving time, but I'm glad we've moved past it!

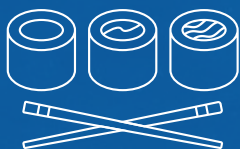
One of the things I enjoy the most about working here is working with the rehab team. We may have team members coming and going, but we've built a strong bond and consider ourselves a family. It's a supportive and encouraging environment that makes every day rewarding.

Speaking of achievements, this year I accomplished something I'm really proud of—I completed my first full marathon! It was an incredible experience, and I'd love for you to join me and the Louis Brier Running Club so we can participate in next year's marathon together.



# Fabien

Physiotherapist



**FAVOURITE DISH:**  
Sushi



**DREAM VACATION:**  
Japan



**FAVOURITE SPORTS:**  
Golf, Tennis, Hockey, Volleyball,  
you name it!



**FUN FACT:**  
Has a furbaby named Ozzie,  
who joins him at work on most  
Fridays



# human resources.

## #LouisBrierLife Day

The 18th of Every Month



The “Louis Brier LIFE Day” is intended for everyone to demonstrate their pride in Louis Brier Home and Hospital & Weinberg Residence and everything that we stand for – our Mission, Vision and Values – and to celebrate CHAI (LIFE)!

We will be celebrating “Louis Brier LIFE Day” on the 18th of every month!

We encourage everyone wear their new LBHH **Royal Blue Outfit** and/or blue clothing/accessories to demonstrate their pride in the exemplary care we provide to our Residents and patriciate in some fun activities to celebrate CHAI (LIFE)!

## Join Now!

Acknowledge individuals within our community that embody the LBHH&WR “CHAI” Values, visit:  
[bit.ly/recognitiontree](https://bit.ly/recognitiontree)



CLICK HERE!



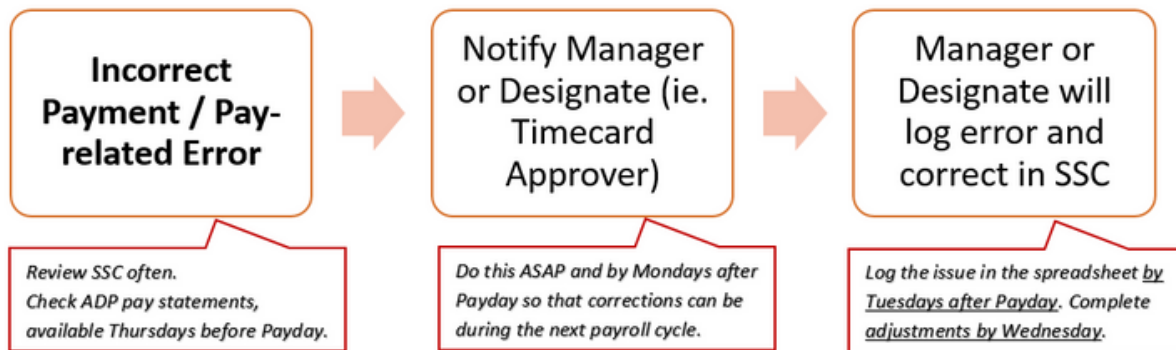
LOREN TISDELLE, CPHR  
DIRECTOR, HUMAN RESOURCES

# Pay Related Error?

## Contact your Manager/Staffing Team

Friendly reminder: If you experience a payroll-related error, please report it to your manager or timecard approver (ie. CAs/LPNs/RNs to contact Staffing Team).

Please report pay-related concerns ASAP and by the end of day on Mondays after paydays (ie. before the next payroll cut off). This should allow for enough time to correct the error for payment by the next payday:



You can help prevent payroll-related errors!

Scan in/out each and every shift and log onto SSC to check your schedule regularly. Alert your manager/respective timecard approver if you notice any concerns.

## Issues with accessing ADP? Call them!







# BC NURSES' UNION

*Standing up for health care*



## Standing UP for Healthcare!

The BCNU (@thebcnursesunion) Regional Executive team visited Louis Brier with the BCNU sprinter van this morning with treats and swag for our nurses!. The purpose of the visit was to celebrate BCNU Day (June 11) and to remind nurses about the BCNU Elections 2023.



## **EVIDENCE-BASED NON-PHARMACOLOGICAL APPROACHES TO MANAGING ANXIETY, DEPRESSION, AND DIFFICULT DEMENTIA-RELATED BEHAVIOURS**

The use of antipsychotics among older adults in long-term care (LTC) facilities has been the subject of much controversy. Healthcare professionals and family caregivers are divided on this issue. One side believes that antipsychotics work and are beneficial to patients. Still, there are others who believe that they can directly cause harm to a patient or create conditions that can put their health, safety, and well-being at risk.

### **What are antipsychotics?**

“Antipsychotics are a group of medications that can reduce or relieve symptoms of psychosis, such as delusions and hallucinations.” (Source: [Fraser Health Authority](#))

Antipsychotics are commonly used to treat people with diagnosed schizophrenia, bipolar disorder, major depressive disorder, and other psychotic disorders. They are used to manage symptoms of psychosis such as delusions and hallucinations.

Hallucinations and delusions can also be seen among patients diagnosed with dementia. As such, some physicians have turned to prescribing antipsychotics to patients living with symptoms of dementia.

However, it is important to emphasize that dementia is not a form of psychosis or psychotic disorder. Hallucinations, that is, seeing or hearing something (or someone) that is not there; and, delusions or false beliefs, are symptoms of dementia that may be caused by a variety of conditions.

Dementia has a different pathology and prognosis from psychotic disorders. An accurate and early diagnosis of dementia is key to getting the person the right treatment in a timely manner.

Delirium, commonly mistaken for dementia, is another mental condition wherein the patient may acutely exhibit signs of psychosis. Unlike certain forms of dementia, the causes of delirium are treatable, like urinary tract infections (UTIs). Treating the person's UTI with antibiotics (and not antipsychotics) would often eliminate symptoms of delirium that may mimic psychotic disorders.



Therefore, it is very important to come up with the correct diagnosis in order to prescribe the most appropriate treatment, particularly for people living with dementia and older adults living in LTC facilities exhibiting difficult behaviours.

"We have to take a really hard look at the culture and practice in long-term care, and what it is that we're doing or not doing that we're defaulting to this prescribing of antipsychotics."

~ Isobel Mackenzie, BC's Senior Advocate

### **Should older adults living in long-term care facilities experiencing acute hallucinations and delusions be given antipsychotics?**

Antipsychotic medications are meant to treat individuals with a diagnosed psychotic disorder. Sadly, there seems to be an overly high number of older adults in LTC facilities who are being prescribed antipsychotic medications.

According to the "Monitoring Senior Services 2021 Report" published by the Office of the Seniors Advocate in BC, during the pandemic of 2020, "Antipsychotic medications were administered to 33% of residents." According to the same report, even more, concerning is that "antipsychotic medications were administered to 27% of residents who did not have a diagnosis of psychosis."

As a Dementia Consultant and Educator for the past 25 years, I have found that in many of my clients, most dementia-associated behaviours including those that mimic psychotic disorders can be managed using proven and evidence-based approaches. Before even considering prescribing antipsychotics to patients affected with dementia, care professionals should first ask the reason for the behaviour. This step is critical to prevent or reduce the risks brought on by the side effects of antipsychotics that could negatively impact the patient's well-being.

"It's important to recognize that when it comes to dementia, the best way to deal with behaviours like agitation, wandering and aggression is skilled, relationship-based care, not drugs."

~ Dr. Rita McCracken, Family Physician and Professor at the University of British Columbia (UBC)

## **How the misuse and overuse of antipsychotics negatively impact an older adult's well-being**

Before taking antipsychotics or any prescribed medications, it's important that patients and their family caregivers take the time to talk to their pharmacists. The patient has a right to know the effects of the medication(s) they are putting in their bodies. Part of the dispensing fee is medical advice from the pharmacist.

Some key questions the patient needs to ask their pharmacist include:

1. What are the possible side effects of the new medication?
2. How does the new medication affect or interact with the other medications being taken?
3. How long before the desired effect of the new medication will take effect?

Older adults tend to take multiple medications. Therefore, it is even more important to find out how these different medications interact with each other. For instance, citalopram, a drug commonly prescribed to treat depression, can cause headaches, sleepiness, dry mouth, dizziness, and nausea, to name a few. These side effects can increase the patient's fall risk or reduce their appetite.

Anecdotally, as a Dementia Consultant, I have had several conversations with many of my clients on how the use of antipsychotics has negatively impacted their loved one's well-being.

A story shared to me by one care professional is of a physically-able and active older woman who moved to a care home, and, in a matter of two weeks, had to use a wheelchair. The patient has dementia and behavioural issues. She managed her depression well with the use of anti-depressants. She had a difficult time adjusting to her new home, so the care home decided to increase her dosage. The patient became more "docile," and stopped becoming physically active as she slept most of the time. Her friends were furious with the care home to discover how fast their friend's physical and mental condition quickly deteriorated.

Sadly, family caregivers are neither informed nor sufficiently informed about the medications being given to their loved ones when they are in LTC facilities. In some cases, LTC facilities would vaguely ask if they can "administer certain medications PRN or as needed." Often, family caregivers are not fully aware of what they are consenting to on behalf of their loved ones.



"If you truly believe there is always a reason for the behaviour, then your next question will automatically be: 'Why?'. By asking this one word, you will notice how quickly your brain will enter into detective mode. Once you discover the reason why, your brain will next begin to problem solve your situation." ~ Karen Tyrell, CPCA, Dementia Consultant & Educator

### **It doesn't take a lot of time to practice relation-based care**

As Dr. McCracken stated, "The best way to deal with behaviours like agitation, wandering, and aggression is skilled, relationship-based care, not drugs."

The misconception is that it takes a lot of time to investigate the reason for a person's behaviour. In my experience as a Dementia Consultant, this is not the case. Asking the patient and validating their fear, frustration or emotion doesn't take a lot of time. Sometimes, approaching a patient in a calm and caring tone is enough to help them feel seen, heard, and validated.

Have you ever been in a situation when you got increasingly agitated to the point that you feel like you want to yell or slam the door or throw your phone out of frustration? Can you recall what caused you to behave the way you did? Was it because you felt the person you are speaking with was not understanding you? Did it feel like they were not even trying to listen to you? Would medications solve this issue?

Imagine then, what it might be like for someone with dementia. Not only can they be frustrated with themselves for not being able to effectively communicate what they need, but they may also be feeling scared or alone.

A few minutes of conversation can literally make a lifetime of difference in the quality of life of someone living with dementia.

## **PERSONALITY CHANGES ARE INEVITABLE**

Alzheimer's disease is a condition that affects various aspects of an individual's mental abilities since it is a degenerative brain disease. Along with thinking, reasoning, and memory, the disease can also impact a person's personality.

### **Personality Changes**

Personality changes in Alzheimer's patients can be wide-ranging, as the disease can potentially affect any or all personality traits that an individual had before its onset. The changes can also be minor or drastic. For example, an individual who was usually calm and collected might become nervous and agitated, while someone who was prone to anger and irritability could become gentler and more placid.

### **Tom's Story**

In the case of Tom, he was more of an outgoing guy who loved to be with his buddies. Having been diagnosed with Alzheimer's disease approximately 3 years ago, it's now obvious his personality has changed. For example, over the past few months, when his guy friends called to invite him out for a game of pool or out for lunch, he stated he didn't want to go. His wife wasn't sure why he was acting this way and reached out to us for some support and guidance. She couldn't understand why Tom didn't want to be with his good friends anymore. She was aware he was losing his ability to recall things due to his Alzheimer's disease but found it hard to comprehend why he wasn't interested in doing the things he used to do.

### **The Reason for the Changes**

The reason for these changes is that Alzheimer's disease causes the degeneration of brain function. Personality is a combination of instinctual behaviour and learned actions that are based on an individual's way of thinking, learning, understanding, and emotions. As the disease progresses, individuals with Alzheimer's disease may forget what they have learned, including their learned and instinctual behaviours.



Observing a loved one's personality transform over time is a challenging experience. It can trigger feelings of grief in family members as they mourn the loss of the person they once knew.

It can be incredibly heart-wrenching to witness significant changes in the behaviour of someone you care about, whether they have been diagnosed with dementia or not. As you watch your loved one struggle with these changes, it can be difficult to come to terms with the loss of the person you once knew and cherished.

### **Seek Advice**

However, it is essential to seek the advice of a specialist to identify the root cause of these changes. This can help in determining the best course of action and ensure that your loved one receives the appropriate care and support.

In addition to seeking medical guidance, it can also be helpful to seek emotional support for yourself and your family. Connecting with others who are going through similar experiences, either through individual or group support, can offer comfort and solace during these challenging times. Remember, you are not alone, and there is help and support available to you.

# FAMILY COUNCIL

## The Family Council at Louis Brier Home and Hospital

Established in 2016, Family Council is an independent and voluntary body of family members, caregiver friends, and legal representatives of residents. Our primary focus is to advocate for the delivery of quality resident and family centered care.

Family Council is governed by an elected Executive Council guided by its Terms of Reference. It provides family members leadership opportunities in several capacities. It works in collaboration with the Louis Brier senior leadership team to review and discuss relevant opportunities to enhance the residents' experience. Family Council meets monthly to provide updates from senior leadership, Louis Brier Home and Hospital committees, educational workshops, and works together as a solution-focussed advocacy group.

Connect with us: [lb.familycouncil@gmail.com](mailto:lb.familycouncil@gmail.com)

Check out our Family Portal: <http://louisbrier.com/family-portal>

We welcome all families and hope that you will take the opportunity to get involved.

**Family Council**





# Family Council Notice of July 20 meeting and Minutes of our June meeting

**Thank you to everyone who attended our recent Family Council Meeting!**

**SAVE THE DATE FOR OUR NEXT GET TOGETHER: July 20th 7:00-8:00PM**

**Topic: LBHH Family Council Meeting**

**Time: Thursday, July 20, 2023 07:00 PM Vancouver**

**Join Zoom Meeting**

<https://us02web.zoom.us/j/88613525889?pwd=dE5aMHd5NDU5ZUk1dnIweDlvZzRhZz09>

Meeting ID: 886 1352 5889

Passcode: 925831

—

Dial by your location

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- +1 438 809 7799 Canada
- +1 587 328 1099 Canada
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Meeting ID: 886 1352 5889

Passcode: 925831

Find your local number: <https://us02web.zoom.us/j/kd04YPBtYt>

The Family Council will take a break in August and resume in September. In October, we have elections for Family Council executives. We have all positions open and encourage anyone interested in helping out to send us an expression of interest: [lb.familycouncil@gmail.com](mailto:lb.familycouncil@gmail.com). The current executive will be reviewing our Terms of Reference (TOR) and Code of Conduct (COC) (accessible as links below). We do this annually to make sure our governance reflects the way all of you desire to see our Family Council operate.

Please read the TOR and COC and feel free to send us your comments.

## **Documents Attached:**

[Minutes of the June Meeting](#)

[LBHH Contact List for Families: "Who Do I Ask?"](#)

[Terms of Reference](#)

[Code of Conduct](#)

**Let us know what type of presentation and/or topics you would like us to include in our meetings.**

We leave time for personal sharing. Many personal stories are shared, which often are commonly experienced. With our collective experiences, many well-thought-out ideas and solutions emerge. In turn, we are able to bring these suggestions to Senior Leadership for their consideration.

*(Continued on next page)*

# Family Council Notice of July 20 meeting and Minutes of our June meeting

## “Peer Support Corner”

Please share a resource that has helped you.

Send to [lb.familycouncil@gmail.com](mailto:lb.familycouncil@gmail.com)

Example: **Family Caregivers of BC** (FCBC) is a provincial, not-for-profit organization that proudly and compassionately supports over one million people in British Columbia who provide physical and/or emotional care to a family member, friend, or neighbour. There are many excellent resources on their website: <https://www.familycaregiversbc.ca/>

Subscribe to their newsletter: <https://www.familycaregiversbc.ca/contact-us/newsletter-subscription>

Don't forget to recognize and thank those special people at LBHH who do so much to create the best possible experience for our loved ones and all residents. Click here to nominate (as often as you can) your most recent outstanding staff, department or management: <https://bit.ly/recognitiontree>

## Family Council Executive

Lisa Dawson, Co-Chair

Fran Harrison, Vice, Co-Chair

Nadine Miller, Interim Executive Member

Judy Slutsky, Interim Executive Member

Elizabeth Robbins, Interim Executive Member





## Shingles



Shingles is caused by the Varicella Zoster Virus (the same virus that causes chickenpox). After getting chickenpox, the virus can stay in the body in a dormant (inactive) state and can reactivate as shingles.

### Risk Factors for Shingles

- Age: The incidence and severity of shingles increases sharply after 50 years of age.
- Weakening of the immune system
- Stressful events

### What are the Symptoms of Shingles?

- Rash
  - Usually occurs on one side of the body
  - Can burn, be itchy, and/or feel painful
  - Initial small red spots, which then develop into clusters of blisters. These blisters dry and crust over and usually heal in 2-4 weeks
    - These lesions are infectious until they dry and crust over.
- Feeling tired
- Fever and chills
- Headache

### Shingles Prevention: Vaccines

- **Shingrix® (Recombinant Zoster Vaccine):**  
**2 dose series**
  - This vaccine is preferred for individuals 50 years of age and older
- **Zostavax® (Live attenuated Zoster Vaccine):**  
**1 dose series**
  - This vaccine can be given to individuals 50 years of age and older if Shingrix® is contraindicated or unavailable
- **If you have already had shingles, it is still of benefit to get vaccinated since it can reoccur.**
  - You should wait until at least one year has passed following your last episode of shingles to get vaccinated.

### Shingles Treatment

- **Nonpharmacological Measures:**
  - Applying a cool compress to the rash lesions
  - Topical calamine lotion to minimize and soothe the itching/burning sensation
  - Wearing loose, soft clothing
- **Antiviral Medication:**
  - Antiviral medication started within 72 hours of onset of rash can help you heal faster and reduce your risk of complications
  - These medications include: Acyclovir, Valacyclovir and Famciclovir.
  - Side effects include: nausea, vomiting, diarrhea, headache

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Phone: 1.866.878.4053  
Email: [revicare.orders@carerx.ca](mailto:revicare.orders@carerx.ca)

[carerx.ca/revicare](https://carerx.ca/revicare)

HAPPY BIRTHDAY

July

Abilar, Leonisa Lat	Nursing
Ansay, Patrick	Nursing
Ball, Kimberly	ADMIN
Buyucan, Julia Jacqueline	Nursing
Carpio-Pelayo, Myla	QRM
Cervantes, Apolinaria	FS
Claridad, Felisa	Nursing
De Lunas, Angelica	Nursing
Dhidwal, Jasbir	HSKP
Dhillon, Kuldeep	FS
Domingo, Juana	Nursing
Domingo, Juliet	Nursing
Estacio, Celia	Nursing
Galicia, Glinda	Nursing
Garcia, Armi	HSKP
Gaspar, Bernadette	Nursing
Gill, Gurwinder Kaur	FS
Julian, Lydia	Nursing
Kaur, Prabhsimranpreet	FS
Mall, Alisha	Nursing
Marcelo, Yolanda	Nursing
Marcos, Rona	Nursing
Mesa, Rita Marie	Nursing
Michaux, Leah	Nursing
Minhas, Simriti	Nursing
Myles, Debbie	FS
Oglive, Apolinaria	Nursing
Palma, Linden	Nursing
Quimlat, Cindy	Nursing
Robinson, Alaysha	HSKP
Sahota, Gurpal	Nursing
Sandhu, Gurmeet	HSKP
Saunders, Ellinore	CARADM
Siman, Rebecca	HSKP
Villalobos, Francisco	ADMIN
Yu, Jing	Nursing





## COMPANION PROGRAM

### **We are here for you!**

Did you know that Louis Brier Home & Hospital and Weinberg Residence offer an in-house Companion Program? We understand the needs of your family and loved-ones and we are here to assist in enhancing their personal and social well-being. Our in-house companion program provides added quality support at a reasonable rate. For more information, please contact:

**Myla Carpio-Pelayo**

Companion Coordinator

Ph: 604-267-4688

E: [mpelayo@louisbrier.com](mailto:mpelayo@louisbrier.com)

## VIRTUAL VISIT

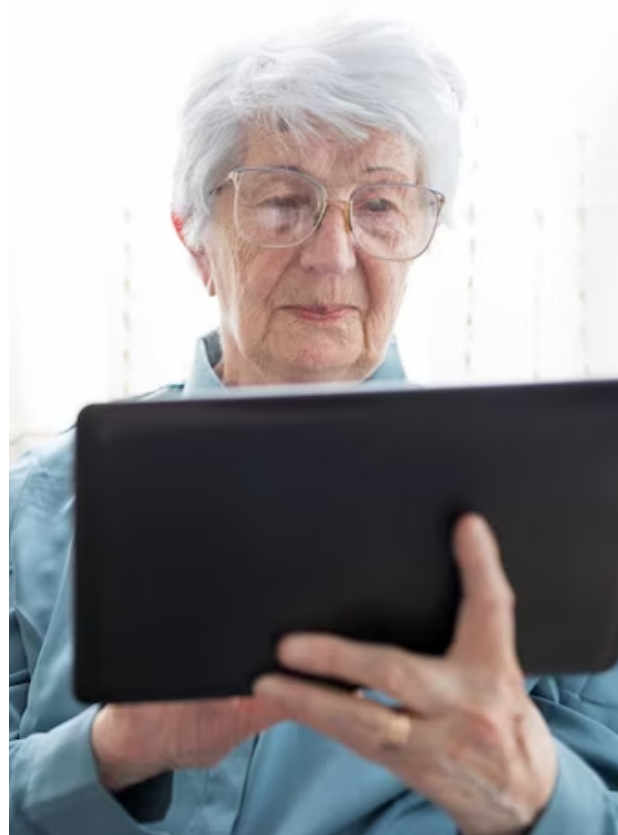
### **Book your Virtual Visit**

Please, use the link <https://louisbrier.com/virtual-visit/> and follow the instructions on our website. We encourage families and friends to visit their loved ones in person at LBHH, and the Virtual Visit Program is focused on supporting those living in faraway cities, provinces and countries.

Each Virtual Visit is 15 minutes long with 5 minutes in between so staff can relocate between rooms and nursing units.

The program runs every Monday, Wednesday, and Friday, from 09:30 am to 11:15 am. It does not run during Holidays, weekends and long weekends.

Please, do not hesitate to contact us at [info@louisbrier.com](mailto:info@louisbrier.com) or call +1 604-261-9376 if you have any questions or concerns.



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