

Family Council (FC) Thursday July 20 2023 lb.familycouncil@gmail.com

Family Council is a self-led, self-determining, group of families and friends of Louis Brier residents. We advocate for continuous improvement in the quality of life of the residents by way of collaboration with senior leadership. We provide a support forum to share concerns, explore possible causes, and create "next steps"; we facilitate communication in a constructive manner for problem resolution; we solicit examples of what is working well for positive feedback and we take part in various committees and initiatives at Louis Brier.



Our Conversations:

A. Antipsychotic Reduction and Behavioural Training

Nicole Encarnacion, Director of Care and Venee Fuentes, Clinical Nurse Lead informed Families about the Grant received to help LBHH work on ways to reduce reliance on antipsychotics and work more with the behaviours of residents to support their own level of independence. Karen Tyrell (Personalized Dementia Solutions) is the facilitator for their training. A recorded presentation was provided. Family Council has asked for a copy to share with all families.

B. Introduction of **Sheila Novek**, CIHR Postdoctoral Fellow, School of Nursing The University of British Columbia | Vancouver Campus Sheila.novek@ubc.ca

Research study exploring resident and family councils and how they can support meaningful engagement and organizational change. The project involves interviews and observations of resident and family council meetings.

Sheila will observe and take notes in our meetings over the next few months. Of course, we are invited to contact Sheila for interviews and also to inform her of privacy issues if we'd like something left out of her notes.

We will also conduct a legal analysis looking at laws and policies that govern these.

C. Family Council Executive Update – see attached

No August Meeting>

Next meeting: Thursday September 21 at 7:00PM

October is elections so PLEASE join our meetings, volunteer on Executive Council or simply send us an email to let us know about your experiences: lb.familycouncil@gmail.com