



About Karen Tyrell



- CEO & Founder of Personalized Dementia Solutions Inc.
- 27 Years in Seniors' Care
- Alzheimer Society of Leeds-Grenville in Brockville Ontario
 - Board member 6 years &
 - Executive Director for 2.5 years
- On the design team for The Village Langley (Dementia Village)
- Co-Creator of the Adult Cognitive Wellness Centre



Questions From This Presentation

Please share them with either Natalie or Nicole

I'll be happy to respond or attend a future meeting



Reimagining LTC: Reducing the use of Inappropriate Antipsychotics Project

Karen Tyrell, CPCA, CCGP
Dementia Consultant
& Educator



Project Overview

- 1 year project to enhance the Dementia Care Skills at LB; reduce the use of antipsychotic medications & increase the quality of life for your residents. (Initiated in April)
- Monthly 3-hour workshop - Dementia Care Fundamentals from my book, "Cracking the Dementia Code – Creative Solutions to Cope with Changed Behaviours". (12 books have also been provided)
- On the spot problem solving/coaching sessions following the monthly in-person workshops on different floors
- Online group support session for 1.5 hours (*Drop-in for clinical care staff and allied care staff.*)



Enhancing Skills

- Staff are being encouraged to take advantage of the monthly workshop learning opportunity.
- Each staff person plays a vital role in enhancing the lives of the residents at Louis Brier.
- This education provides valuable knowledge and tools to help enhance the staff's ability to provide compassionate and effective care to the residents.



Cracking the Dementia Code™ Fundamentals



Karen Tyrell, CPCA, CDCP
Dementia Consultant & Educator



www.DementiaSolutions.ca

Workshop Agenda

- 🌀 Review - What is Dementia
- 🌀 Reminder about Delirium
- 🌀 Overview Alzheimer's Disease
- 🌀 The Dementia Code (2 Step process)
- 🌀 Creative Non-Drug Interventions
- 🌀 Final Reminders & Certificate Info

About The Workshops

- 🌀 The workshops are being held once a month from 8:00 AM to 11:00 AM in the Weinberg Classroom
- 🌀 We have dates booked each month to allow the staff to register
- 🌀 17 management staff on April 25th
- 🌀 15 staff from this past week on Monday July 17th

Feedback So Far

Evaluation for the Cracking the Dementia Code™ Workshop - Fundamentals

Date: July 17, 2023 Name or Initials (optional): Victoria

Pre Question: Rate your current dementia understanding: (please circle) 1 2 3 4 5 (5 = High)

Pre Question: Rate your current confidence level for dealing with dementia: 1 2 3 4 5 (5 = High)

1. Rate your overall impression of this workshop: (circle) Excellent Very Good Average Poor

Comments: This workshop has helped me to manage in a better way my residents and also a family member.

2. What did you like most about this workshop?
The different points to figure out the why.

3. Suggestions for improvements and/or future workshops ideas: (Please use back of sheet if needed)

Post Question: Rate your dementia understanding after the workshop: 1 2 3 4 5 (5 = High)

Post Question: Rate your confidence level now for dealing with dementia: 1 2 3 4 5 (5 = High)

☐ My comments below can be used for DementiaSolutions.ca website and/or other promotional materials.

Thank you for your feedback! ☺

Feedback So Far

Evaluation for the Cracking the Dementia Code™ Workshop - Fundamentals

Date: July 17, 2023 Name or Initials (Optional): Victoria

Pre Question: Rate your current dementia understanding: (please circle) 1 2 3 4 5 (5 = High)

Pre Question: Rate your current confidence level for dealing with dementia: 1 2 3 4 5 (5 = High)

1. Rate your overall impression of this workshop: (circle) Excellent Very Good Average Poor

Comments: Very good workshop - Go with activity plan

2. What did you like most about this workshop?
Manager discussion - Go with activity plan

3. Suggestions for improvements and/or future workshops ideas: (Please use back of sheet if needed)
More daily 7-8 min

Post Question: Rate your dementia understanding after the workshop: 1 2 3 4 5 (5 = High)

Post Question: Rate your confidence level now for dealing with dementia: 1 2 3 4 5 (5 = High)

☐ My comments below can be used for DementiaSolutions.ca website and/or other promotional materials.

Thank you for your feedback! ☺

Evaluations

1. Rate your current knowledge level on dementia
2. Rate your confidence level for dealing with people diagnosed with dementia

(1 = Low 5 = High)

Evaluations

- ❑ We will also be monitoring the recorded statistics on the number of residents being provided an antipsychotic medication.
- ❑ As well as monitoring the incidents of aggression each month.



Final Notes

- 🌸 I'm so pleased to support this project and I'm looking forward to sharing the outcomes when it's all over.
- 🌸 As mentioned, please feel free to reach out for questions you may have.



Thank You!



Thank you to all of you with the Family Council!

You also have an important role to play to collaborate in enhancing the quality of life for the residents who reside at Louis Brier.



Ways to Connect



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