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MESSAGE FROM THE CEO

Dr. David Keselman

Hello everyone, I trust that you are all keeping safe and healthy and trying to enjoy the weather it certainly has been cooperating for the most part. I am happy to say that, at least as it relates to Covid, things have stabilized quite a bit, most notably with the removal of masks (with the exception of the clinical areas and when providing direct care) which has allowed us to rediscover each other and get reacquainted with how we look. It really has been great!

We had a very busy month of May, with lots of events, and lots of fun and celebrations.

May is also a National Jewish Heritage month, and the team had many activities and festivities to share with residents, families, and staff. On Sunday, May 14th, we celebrated Mother's Day and had flowers delivered to our residents and staff. I hope that the mothers amongst us were able to take a moment and enjoy that special time. As in previous years, this year National Nursing Week was celebrated May 8-14, 2023. The annual celebrations for nursing week coincide with the birthday of Florence Nightingale, which falls on May 12th. This year we celebrated her 113th birthday.

The theme this year was Our Nurses. Our Future. This theme showcases the many roles that nurses play in a patient's health care journey. The pandemic brought to light the courage and commitment that nurses work under every day and showed the important role that nurses play in the community.

Nurses continue to demonstrate the values of respect, courage, responsiveness, and innovation, along with a dedication to quality care that is second to none. Social, political, economic, community, and healthcare needs have all blended together to create multi-faceted situations that nurses must be able to properly manage.

(Continued on next page)

MESSAGE FROM THE CEO

Continued

Today's care plans can be very involved and include such things as wound care, intravenous therapy, life, death, and dying, and treatments for chronic and terminal illnesses. Regardless of the circumstances, nurses continue to position themselves as leaders in the provision of healthcare through innovative, holistic healthcare and continued growth.

The week was full of incredible events, showcasing nurses from across the entire campus, highlighting the different cultural backgrounds, and emphasizing the one common goal, caring for those in need. If you did not have an opportunity to attend in person, please take the time to visit our social media channels and see all the recorded events. Trust me you will not be disappointed.



Watch Here: bit.ly/briertalentshow2023

In recognition of their dedication and contributions to Canada's healthcare system, on behalf of the Senior Leadership Team, the Board of Directors, and the Louis Brier Foundation, I would like to extend our sincere thanks to the nurses and the entire healthcare teams, throughout the Snider Campus for their dedication and caring for our residents and their families, and to nurses everywhere for all that they do.









Above: Photos from the 2023 Nursing Week Celebrations

(Continued on next page)

MESSAGE FROM THE CEO

Continued

Given the amazing weather, we were able to have a soft opening of the Shalom garden over the Mother's Day weekend. It has been a long time coming, and with the help of the foundation, we have been able to completely redo the space. Please take the time to visit and enjoy the safe outdoors protected area.



Our Dragon Boat team, the BrierFire, has been training hard since January, and they have had great achievements and continue to train and compete. If you have the time, please head out and cheer them on.



For those of you that watch and follow the Eurovision song competition, with finals taking place on Saturday May 13th, I must admit the competition was quite exhilarating. There were 37 countries participating, an event worth watching.

Here are the top three songs/countries:

1st Sweden - https://youtu.be/PcCD9n0ZYew 2nd Finland - https://youtu.be/l6rS8Dv5g-8 3rd Israel - https://youtu.be/Z3mIcCllJXY

I wanted to thank ALL of you for the amazing and continued support you have demonstrated and continue to show to the staff of LBHH and WR. It is never taken for granted and while we may not always acknowledge and recognize all in a timely fashion, none of it is ignored. As always, if you have any feedback, comments, or suggestions please do not hesitate to share with us at info@louisbrier.com.

Wishing you all the very best, stay safe and healthy.

Sincerely,



DR. DAVID KESELMAN, MN, DHA, CHE, RN
CHIEF EXECUTIVE OFFICER





















HO E HO H

SPIRITUAL CARE CORNER

HAZZAN ROB MENES

"The spiritual life does not remove us from the world but leads us deeper into it."

~ Henri J.M. Nouwen

There is a part of our lives which goes beyond our physical reality: it is our soul and our spirit. Spiritual care seeks to nurture and stimulate those things which touch that part of us. For some, it is through our cognitive abilities and for others it is through our emotions. Our spiritual selves come alive through a call to service, a recognition of meaning, a connection to others, and a relationship with the transcendent. Many people view spirituality through religion, but that is only one path one 'technology' - to enliven the spirit. Ritual, regular prayer, and a code of ethics can guide one to a greater awareness of meaning in this world, but it is not the only way. Nature, music, art, the closeness of family - all can be pathways to spiritual fulfilment.

We have just come through an intense period of celebration for many faith traditions. In Judaism we have completed the annual cycle of 'chagim' and we now look forward to Rosh Hashanah, the new year. What do we contemplate for the coming year?

We may immerse ourselves in the moment, enjoying our world and appreciating the opportunity to experience beauty, or we may try to resolve conflict and pave the way to contentment. Each person gets to choose, and as chaplain, I am present to guide you on your way. Discussion, humor, song, ritual - these are all tools I use. And there is one more.

Most people at Louis Brier don't realize how much of the chaplain's work is behind scenes. Presenting, documenting, the advocating, and developing policy that might move the organization towards an integration of spiritual and physical care. Often, this work is done in committees, in care team meetings, or in staff orientations. In the coming year, there will be an even greater emphasis on providing opportunities to families, residents and staff to learn more about spiritual care and Judaism, and perhaps learn a bit more about themselves in the process. In the meantime, rejuvenate your spirit through the enjoyment of Summer!

HAZZAN ROB MENES





LOOKING BACK

LINDA FRIMER PAINTING WORKSHOP

On Monday, May 1st, Residents got to enjoy an afternoon painting workshop led by Linda Frimer, an internationally recognized artist with Jewish roots. Linda's latest book "Luminous: An Artist's Story as a Guide to Radical Creativity", highlights the power of creativity as a response to catastrophic events. Louis Brier is mentioned in her book as she used to facilitate a group called "Gesher" for Holocaust survivors and children of survivors. Linda has donated multiple paintings to Louis Brier, some of which are on display today.







ISRAEL @75 PROJECT-TZIMMES PERFORMANCE!

In partnership with the Jewish Federation of Greater Vancouver, on Sunday, May 7th, Residents enjoyed the Klezmer Concert with Tzimmes! The performance was to celebrate and honour 75 years of Israel with the community.



TRIP TO VANDUSEN GARDENS

"The Earth laughs in flowers!" Our Recreation Team and Residents went for a lovely outing at the VanDusen Gardens on Tuesday, May 2nd, and enjoyed the lovely sunshine and blooming spring flowers!





LOOKING BACK

LAG B' OMER

On the 18th day of Iyar, Louis Brier's Chaplain, Rob Menes, Jewish Values and Traditions Coordinator, Lior, and our Recreation Therapy Assistants gathered with our residents to celebrate Lag B' Omer.







PIANO DONATION

We've recently received a beautiful Baldwin piano that was graciously donated by the Belzberg & Kerzner Family. We look forward to making music and memories with the residents, staff and family members. Todah Rabah!





LOOKING FORWARD

BC SENIORS WEEK

In 2002, the provincial government designated June 5th to 11th as B.C. Senior's Week. This week is a time to honor our seniors and their contributions to our community. We will be hosting special events throughout the week to acknowledge the importance of our seniors. Some of the events planned for the week include a science party, a resident parade and performance by the Java Jazz Band, as well as a Resident Art Show, showcasing the collection of artwork the Residents have been creating with Art Therapist, Calla Power.



Visit louisbrier.com/recreationcalendar for this month's Recreation Activities schedule

For questions and concerns, contact us: recreationleaders@louisbrier.com

Happy Father's Day-Sunday, June 18th

To celebrate all of the fathers here at Louis Brier.



STARTING IN JUNE Family & Friends Fun Night (Mondays)



For more photos and videos of our Resident activities, follow us on our social media channels:

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Q #LouisBrierSpotlight



The Louis Brier Business Office Team

From Left to Right:

Ben Crocker, Director of Finance and Operations, Tracy Brown, Controller, Niloofar Haratian, Accounts Receivable, Sherry Chen, Accounts Payable, and Ehlgine Santiago, Accountant

Ben Crocker:

I joined Louis Brier in November 2018, and what I like the most about working here is that the people and the fact that every day is different. There is so much going on from large capital projects (HVAC, Gift Shop, Shalom Garden) to that amazing Nursing week that really make this a great place to work! I have an excellent team that are so dedicated to supporting our staff and residents. They do so much work that goes unnoticed!

Tracy Brown:

On June 29 this year, I will have been working at Louis Brier more than half of my career in the business office. There have been many changes in the 18 years with technology and reporting requirements and other innovation that has made my job both challenging and rewarding.

The business team works very hard to provide good customer service for residents, families and staff at all times. I feel very proud of what we accomplish year to year and also have a sigh of relief when the External audit is completed each year in the spring.

My favorite pastime when not working is travelling to warm destinations, and spending time with my three grandchildren.

Niloofar Haratian:

As a recent addition to the team, I am thrilled to have the opportunity to work alongside a group of highly skilled professionals. The support and guidance I have received from my team members have been invaluable, and I am truly grateful for their assistance in every aspect of my work. I deeply appreciate their unwavering support.

Outside of work, I find joy in immersing myself in the captivating world of horror movies, which provide a thrilling escape. During my days off, I indulge in my passion for creativity by handcrafting soy wax candles. This creative outlet allows me to both relax and connect with a wider audience, creating a fulfilling balance between my professional endeavors and personal interests.

Sherry Chen:

I have been working part-time for Louis Brier for more than 10 years! This has allowed me to maintain a good balance between work and family. I enjoy working in a team environment. I like my team. When we collaborate, we learn to support each other, we share different ideas, and we respect individual opinions.

Ehlgine Santiago:

I have been working at Louis Brier for 20 months. Initially, I thought Louis Brier would be a quiet and solemn workplace, but to my surprise, it is a lively environment with lots of celebrations and events for both residents and the staff! I enjoy working here because of the people here. Everyone here is respectful and helpful.

human resources.

#LouisBrierLife Day

The 18th of Every Month





The "Louis Brier LIFE Day" is intended for everyone to demonstrate their pride in Louis Brier Home and Hospital & Weinberg Residence and everything that we stand for – our Mission, Vision and Values – and to celebrate CHAI (LIFE)!

We will be celebrating "Louis Brier LIFE Day" on the 18th of every month!

We encourage everyone wear their new LBHH

Royal Blue Outfit and/or blue
clothing/accessories to demonstrate their
pride in the exemplary care we provide to our
Residents and patriciate in some fun activities

to celebrate CHAI (LIFE)!

Join Now!

Acknowledge individuals within our community that embody the LBHH&WR "CHAI" Values, visit: bit.ly/recognitiontree





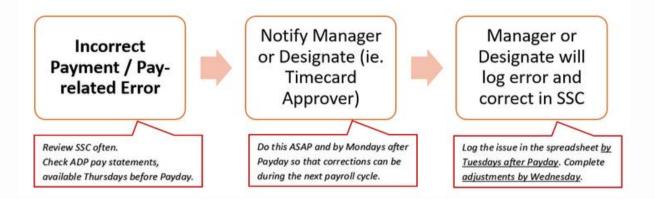
LOREN TISDELLE, CPHR
DIRECTOR, HUMAN RESOURCES

Pay Related Error? Contact your Manager/Staffing Team



Friendly reminder: If you experience a payroll-related error, please report it to your manager or timecard approver (ie. CAs/LPNs/RNs to contact Staffing Team).

Please report pay-related concerns ASAP and by the end of day on Mondays after paydays (ie. before the next payroll cut off). This should allow for enough time to correct the error for payment by the next payday:



You can help prevent payroll-related errors!

Scan in/out each and every shift and log onto SSC to check your schedule regularly. Alert your manager/respective timecard approver if you notice any concerns.

Issues with accessing ADP? Call them!









2nd Floor Balcony

A huge thank you to family member, Joy Lin Salzberg for the flower planters in our gardens, along with hummingbird feeders.

It's such a pleasure to see the residents, families and staff enjoying the gardens.

Definitely, a happy summer coming up!



Shalom Garden Renovations

The Shalom Garden has completed its renovations and is now open to the residents, staff, and families who wish to visit. With a fresh new look, the garden is a beautiful sight to behold! The garden is such a wonderful addition to the Home, and it is sure to bring joy and happiness to all those who visit it.

The renovation project was made possible through the Louis Brier Jewish Aged Foundation that supported this project and their generous donors. We extend our heartfelt thanks to the Foundation and donors who have helped make this project possible!

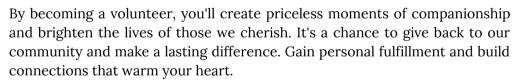




Volunteer Program



Bring joy and make a meaningful impact! Join our volunteer program at our Long-term care facility and support our beloved residents. Your contribution is vital in creating a vibrant and caring community.







Step forward, be the light that illuminates lives! Sign up now and become a valued member of our volunteer family. Together, let's create a world of love, laughter, and support!

Sign up now by visiting louisbrier.com/volunteer-program or by sending an email to our Volunteer Coordinator, Renan Passatore, at rpassatore@louisbrier.com





FAMILY COUNCIL

The Family Council at Louis Brier Home and Hospital

Established in 2016, Family Council is an independent and voluntary body of family members, caregiver friends, and legal representatives of residents. Our primary focus is to advocate for the delivery of quality resident and family centered care.

Family Council is governed by an elected Executive Council guided by its Terms of Reference. It provides family members leadership opportunities in several capacities. It works in collaboration with the Louis Brier senior leadership team to review and discuss relevant opportunities to enhance the residents' experience. Family Council meets monthly to provide updates from senior leadership, Louis Brier Home and Hospital committees, educational workshops, and works together as a solution-focussed advocacy group.

Connect with us: lb.familycouncil@gmail.com

Check out our Family Portal: http://louisbrier.com/family-portal

We welcome all families and hope that you will take the opportunity to get involved.

Family Council



Family Council Notice of June 15 meeting and Minutes of our May meeting

Thank you to everyone who attended our recent Family Council Meeting!

Family members shared a special conversation with each David Keselman, CEO; Dina Schweber, Chair of the Board of Directors; and Ayelet Cohen Weil, Executive Director of The Foundation. Please read our minutes in the link provided below.

SAVE THE DATE FOR OUR NEXT GET TOGETHER: June 15th 7:00-8:00PM

Topic: LBHH Family Council Meeting

Time: Thursday, June 15, 2023 07:00 PM Vancouver

Join Zoom Meeting

https://us02web.zoom.us/j/84357674598?pwd=WVF6WEZ3T1I3Qm0zRnFrZkdXWVhFdz09

Meeting ID: 843 5767 4598

Passcode: 948451 **Dial by your location**Meeting ID: 843 5767 4598

Passcode: 948451

Find your local number: https://us02web.zoom.us/u/kdD1kUjDR

Documents Attached:

<u>Minutes of the May 17th Meeting</u> <u>LBHH Contact List for Families: "Who Do I Ask?"</u>

JSA: Accessing Health Services Not Covered By MSP

Let us know what type of presentation and/or topics you would like us to include in our meetings. We leave time for personal sharing. Many personal stories are shared, which often are commonly experienced. With our collective experiences, many well-thought-out ideas and solutions emerge. In turn, we are able to bring these suggestions to Senior Leadership for their consideration.

"Peer Support Corner"

Please share a resource that has helped you.

Send to lb.familycouncil@gmail.com

Example: <u>Jewish Seniors Alliance (JSA)</u> recognizes that in BC, our Medical Services Plan (MSP) specifically excludes coverage of dental, vision, hearing, and other services such as physio, massage, podiatry and assistive devices. As a result, many do not receive necessary care and are subject to high out-of-pocket costs.

JSA is pleased to present <u>Accessing Health Services Not Covered By MSP.</u> This resource guide provides information about financial benefits seniors are entitled to and tips on how to access some extended health needs

Don't forget to recognize and thank those special people at LBHH who do so much to create the best possible experience for our loved ones and all residents. Click here to nominate (as often as you can) your most recent outstanding staff, department or management: https://bit.ly/recognitiontree

Family Council Executive

Lisa Dawson, Co-Chair Fran Harrison, Vice, Co-Chair Nadine Miller, Interim Executive Member Judy Slutsky, Interim Executive Member Elizabeth Robbins, Interim Executive Member



Tempo Sabatier, RMT & Ilana Abrams, RMT

We are a team of two Registered Massage Therapists – our services are eligible for your extended health insurance. We can direct bill to Pacific Blue Cross and many other insurers on your behalf. Please see our website for more information.

Visit our website: www.hummingbirdrmt.com

See our rates and availability and book an appointment: www.hummingbirdrmt.janeapp.com

Get in touch: hummingbirdrmt@gmail.com

MORE INFO:

Who can book an appointment?

Staff, residents, and family members of staff and/or residents. We also welcome members of the general public who are willing to comply with the COVID policies, but the Louis Brier family is our priority.

For staff: how do I book an appointment?

Visit www.hummingbirdrmt.janeapp.com

We know healthcare workers have physically demanding jobs, and we look forward to supporting your wellness and the amazing work you do here at Louis Brier.

For residents: how can I book an appointment?

Please email us at hummingbirdrmt@gmail.com – we have an intake process including a 15 min 'meet and greet' prior to booking any resident's first appointment.

If the resident would like to book for themselves but does not use a computer, please send us their contact info and we will connect with them.

Where is the clinic space?

On the 2nd floor, just inside the entrance to hospital west – where the old dental office used to be! We are currently finishing up making this space cozy and comfortable for you in preparation for February 18th.

Can I get a massage on my break?

Our booking system allows you to book any openings up to 30 mins before the appointment time – though we still recommend booking further in advance.

For now, we are only offering 60 and 90 minute appointments. In the future we will offer 30 and 45 minutes for subsequent bookings. Book an initial appointment and we can discuss if this would fit your needs!

Who are the RMTs? What can you help with?

Our names are Ilana Abrams and Tempo Sabatier. We are graduates of Langara's RMT program – we loved our clinical outreach during school so much that we found a way to keep working with Louis Brier!

We can help with all kinds of bodily aches and pains - muscle strains, sprains, healing after injuries, repetitive strain injuries like tendinitis, headaches, jaw pain, stress management, and tons more. However, you don't need a specific injury or concern to get a massage - you can book an appointment to learn more about how we can support your overall wellness.

Thank you!

HUMMINGBIRD REGISTERED MASSAGE THERAPY

NOW OPEN INSIDE LOUIS BRIER

Who can book an appointment?

- STAFF & COMPANIONS
- **TRESIDENTS**
- **FAMILY**
- **FRIENDS**
- **WOUR NEIGHBOURS IN THE COMMUNITY**



HUMMINGBIRDRMT.JANEAPP.COM

EMAIL US AT:

HUMMINGBIRDRMT@GMAIL.COM

VISIT OUR WEBSITE:

HUMMINGBIRDRMT.COM

OR LEAVE US A VOICEMAIL:

778-984-3086





CareRx MEDICATION BULLETIN

Medication Information and Updates for Health Care Professionals

May 2023 Issue 3



Increasing age, chronic medical conditions and residing in community settings such as long-term care homes often increase risk for preventable diseases.

A. Pneumococcal Disease

- ETIOLOGY: Pneumococcal disease, caused by the bacterium Streptococcus pneumoniae can lead to communicable manifestations including pneumonia and meningitis. In adults 50 years and older, invasive pneumococcal disease incidence is directly proportional to age.
- RISK FACTORS: Individuals with risk factors are more likely to have invasive pneumococcal disease. These risk factors include:
 - Reduced immunity/immunocompromised.
 - · Age: adults 65 years or older are at highest risk

VACCINES:

- PNEU-C-20 (Prevnar-20*) *: prevention of pneumonia and invasive pneumococcal disease caused by 20 serotypes of S.pneumoniae (1,3,4,5,6A,6B,7F,8,9V,10A,11A,12F,14,15B,18C,19A,19F,22 F,23F, and 33F)
- NACI recommendation is:
- All adults 65 years of age and older should receive a single dose of Prevnar-20®
- · Adults who are between 50 to 64 years of age and are at higher risk of getting invasive pneumococcal disease (i.e. due to risk factors) should receive a single dose of Prevnar-20®
- *If Prevnar-20* is not available, NACI recommends vaccinating with PNEU-C-15 (Vaxneuvance®) followed by PNEU-P-23 (Pneumovax-23*)
- For adults 65 years of age and older who have been previously vaccinated with a pneumococcal vaccine:
- Pneumovax-23® alone or PNEU-C-13 (Prevnar-13®) + Pneumovax-23® in series: offer Prevnar-20® after 5 years
- Prevnar-13® alone: offer Prevnar-20® after 1 year

B. Herpes Zoster (Shingles)

Q ETIOLOGY: Primary infection occurs as chickenpox (varicella). The varicella zoster virus remains latent, and reactivation of infection causes shingles (herpes zoster).

RISK FACTORS (list not exhaustive):

- · Increasing age (60% of cases occur in adults over 50 years old)
- Reduced immunity/ immunocompromised

VACCINES:

- NACI recommendation is:
- · All adults 50 years of age and older should receive a 2 dose series of Recombinant Zoster Vaccine RZV (Shingrix®)*
- · Post infection, for adults 50 years of age and older, immunization through 2 dose series of Shingrix® is recommended one year later
- *If Shingrix* is unavailable, Live attenuated Zoster Vaccine LZV (Zostavax®) I dose series is recommended
- · For adults 50 years of age and older who have been previously vaccinated with Zostavax®: offer Shingrix® after one year





Clinical Knowledge for Health Care Professionals

May 2023 Issue 3





음을 Storage:

Cold chain protocol ensures handling/storing/ transporting vaccines in optimal methods according to the manufacturer's requirements.

- Prior to administration, vaccines should be examined to ensure appearance has not been altered which could signal a break in the cold chain protocol
- Vaccine fridge temperatures should be monitored regularly to ensure within range of +2°C to +8°C
- Vaccines should be stored in the middle of the refrigerator, not in refrigerator doors



Expiration:

For products whose expiration only indicates month and year (e.g., 10/26), the product can be used up to and including the last day of the month (e.g. last day of October in example above).



References

Government of Canada, Canada Immunization Guide: canada.ca/en/public-health/services/immunization/national-advisorycommittee-on-immunization-naci/public-health-level-recommendations-use-pneumococcal-vaccines-adults-including-use-15-valent-20-valent-conjugate-vaccines.html

HAPPY BIRTHDAY





Andrade, Eleanor Nursing Avila, Francis MTCE Badwal, Parminder QRM Bae, Sun Mee Nursing Barba, Mary Ann RECEP Belen, Jennifer CARADM Cole, Jessica Nursing Crocker, Ben SLT Cuahao, John Carlo Nursing De La Cruz, Antonio MTCE Dela Cruz, Florence Nursing Denusta, Dennis FS Dhaliwal, Amrit FS Elvena, Ann Nursing Ferreira, Erlinda Nursing Gomez, Mia **HSKP** Mostafavi, Sepideh Nursing Nellaney, Nicole LDRY Ramos, Iris Del Carmen REC Redillas, Gina Nursing Santos, Victor BUSOFF Shamy, Limor SW Shen, Jessica REC Sison, Amadeo Jr. Nursing Tablang, Hazel FS Tekeste, Helen Fikre Nursing Villanueva, Dinah **HSKP** Wong, Pik Chu REHAB

Yabut, Mila

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COMPANION PROGRAM

We are here for you!

Did you know that Louis Brier Home & Hospital and Weinberg Residence offer an in-house Companion Program? We understand the needs of your family and loved-ones and we are here to assist in enhancing their personal and social wellbeing. Our in-house companion program provides added quality support at a reasonable rate. For more information, please contact:

Myla Carpio-Pelayo

Companion Coordinator Ph: 604-267-4688

E: mpelayo@louisbrier.com

VIRTUAL VISIT

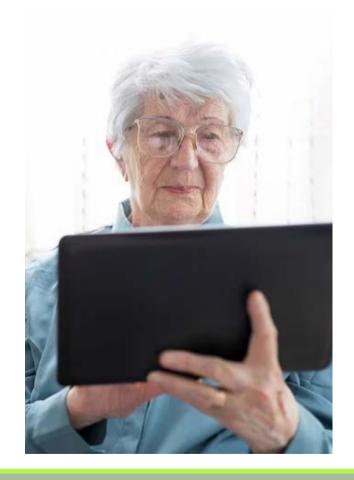
Book your Virtual Visit

Please, use the link https://louisbrier.com/virtual-visit/ and follow the instructions on our website. We encourage families and friends to visit their loved ones in person at LBHH, and the Virtual Visit Program is focused on supporting those living in faraway cities, provinces and countries.

Each Virtual Visit is 15 minutes long with 5 minutes in between so staff can relocate between rooms and nursing units.

The program runs every Monday, Wednesday, and Friday, from 09:30 am to 11:15 am. It does not run during Holidays, weekends and long weekends.

Please, do not hesitate to contact us at info@louisbrier.com or call +1 604-261-9376 if you have any questions or concerns.



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Want to contribute to the newsletter? Email communications@louisbrier.com for details.









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@Louis_Brier