

MARCH 2023 | ISSUE NO. 18

*Snider*

# Schmooze

**PARISA**  
*HR Coordinator*

MESSAGE FROM THE CEO/ RECREATION/  
LOUIS BRIER SPOTLIGHT/ HR AND MORE







# TABLE OF CONTENTS

**1**

## **MESSAGE FROM THE CEO**

*by Dr. David Keselman, CEO*

---

**3**

## **RECREATION**

*by the Recreation Department*

---

**6**

## **ON THE COVER**

*#LouisBrierSpotlight: Parisa - HR Coordinator*

---

**7**

## **VOLUNTEER HIGHLIGHTS**

*by Renan Passatore, Volunteer Activities and  
Quality & Risk Assessment Coordinator*

---

**9**

## **SPIRITUAL CORNER**

*by Hazzan Rob Menes, Chaplain*

---

**10**

## **A LETTER FROM A FAMILY MEMBER**

*Submitted by Laura Johnson*

---

**11**

## **HR DEPARTMENT**

*by Loren Tisdelle, Director, Human Resources*

---

**13**

## **FAMILY COUNCIL**

**16**

## **LOUIS BRIER JEWISH AGED FOUNDATION**

**17**

## **HUMMINGBIRD REGISTERED MASSAGE THERAPY**

**18**

## **STAFF BIRTHDAYS**



## MESSAGE FROM THE CEO

Dr. David Keselman

Welcome to this edition of the Snider Schmooze. March is bringing us that much closer to spring and we hope for warmer days. Along with the brighter and longer days, I hope you will have an opportunity to celebrate or at least acknowledge Purim, which will be celebrated on March 7th.

I know our team will make it a very special day for all of us. The festival of Purim commemorates the salvation of the Jewish people in ancient Persia from Haman's plot "to destroy, kill and annihilate all the Jews, young and old, infants, and women, in a single day."

The Persian Empire of the 4th century BCE extended over 127 lands, and all the Jews were its subjects. When King Ahasuerus had his wife, Queen Vashti, executed for failing to follow his orders, he arranged a beauty pageant to find a new queen. A Jewish girl, Esther, found favor in his eyes and became the new queen, though she refused to divulge her nationality.

It is because of her that Haman's plot failed and Jews throughout the Persian kingdom were saved. I know that I may be ahead of myself, however on the heels of Purim is Passover, with the first night being celebrated on April 5th. Barring unexpected surging cases of COVID-19 or other conditions, I am hoping that we will all be able to celebrate Passover differently and better than in the previous 3 years.

A very exciting occasion is taking place on April 17th, which is the grand opening of the Kasher Corner, Louis Brier Home & Hospital's own renewed gift shop. Please mark the day in your calendars and make sure to be here for the ribbon-cutting ceremony. This endeavor was made possible after careful and lengthy planning and consultation processes with residents, families, and staff.

*(Continued on next page)*



# MESSAGE FROM THE CEO

*Continued*

I am also glad to report that we continue to charge ahead, integrating technology to provide quality care, keep our staff and residents safer, and set the standard for the industry in general. We are in the midst of planning to pilot **Gerry**, a new App to drastically improve communication between families and residents and is bound to make a significant difference in the quality of life and satisfaction for both residents and families.

The Louis Brier mobile app is almost complete, another significant endeavor to help LBHH achieve its Vision and Mission of being a leader in elder care and a center of excellence. Stay tuned for the official launch.

We are working hard to keep you informed and connected. With that in mind, please be sure to visit our website for any new updates and if you have questions, comments, and/or feedback please feel free to contact us through our info line at [info@louisbrier.com](mailto:info@louisbrier.com).

I would like to wish you all a safe and healthy time ahead, thank you for your continued support and commitment to help us deliver the best care possible.



DR. DAVID KESELMAN, MN, DHA, CHE, RN  
CHIEF EXECUTIVE OFFICER



Kosher Corner (Cafe)



Kosher Corner (Market)



# RECREATION

## LOOKING BACK

### FEBRUARY – RECREATION THERAPY MONTH

To celebrate Recreation Therapy Month, the Recreation Department organized a Carnival-themed event for Residents, family, staff, students, and companions! The carnival was a huge success, with games, cake, and FUN had by all!

The winner of the \$50 Amazon gift card was companion, Emmy Evangelista! Congratulations and thank you for participating in this year's event!

To learn more about Recreation Therapy, visit the British Columbia Therapeutic Recreation Association website for more information!  
<https://bctra.org/>



### TU BISHVAT OR THE “NEW YEAR OF THE TREES”

The 15th of Shevat on the Jewish calendar—celebrated this year on Monday, February 6, 2023—was the day that marks the beginning of a “new year” for trees. To honour this day, Residents planted an assortment of plants for Tu BiShvat during their Mitzvah Club gathering!

### DOG THERAPY VISITS WITH SAM AND CHIEF

Residents have been enjoying regular visits by Sam Squire and her therapy dog, Chief!

We look forward to having continued pet therapy visits in the future





# RECREATION CONTINUED

## LOOKING BACK

### FEBRUARY 17TH MITZVAH DAY

Residents created Kindness cards to give to their fellow co- residents, staff, and family members to honour Random Acts of Kindness Day, or “Mitzvah Day” (which in Hebrew means ‘a good deed’), as we call it at Louis Brier!



For more photos and videos of our Resident activities, follow us on our social media channels:



@LouisBrierBC



Louis Brier  
Home and Hospital



@LouisBrierHome



@Louis\_Brier



# COMING UP

## PURIM

**Evening of Monday, March 6th to nightfall of Wednesday, March 8th**

The Jewish Festival of Purim is celebrated on the 14th of the Hebrew month of Adar.

Purim in ancient Persian means “lots”, which refers to the lottery Haman used to determine when he planned to carry out his diabolical scheme. During this festival, it is traditional to have a Megillah Reading, which is the book of Esther. The Megillah Reading recounts the story of Purim. We will be having our own Megillah reading with Rabbi Rosenfeld. Another custom is to dress-up in costume, which many believe, symbolizes Esther hiding her Jewish identity from the King.

To celebrate this tradition we will be holding a costume contest for all Residents and staff. Other traditions include: Synagogue services, drinking celebratory beverages, fasting the day before Purim, sending gifts of food and/or money and eating hamantaschen (a three sided cookie meant to symbolize Haman’s ear).

We will also be celebrating this festive day by decorating, baking hamantaschen, making groggers, hosting a costume parade followed by a costume / dance contest in the Homeside Lounge!



## MUSIC THERAPY MONTH

March is Music Therapy Month! All across the nation, music therapists and their community will be coming together to advocate and raise awareness for music therapy.

Music therapy is a discipline in which Certified Music Therapists (MTAs) use music purposefully within therapeutic relationships to support development, health, and well-being. Music therapists use music safely and ethically to address human needs within cognitive, communicative, emotional, musical, physical, social, and spiritual domains. Music therapists work collaboratively with the interdisciplinary team and the Resident to conduct assessments, develop treatment plans, implement therapy processes, and evaluate progress. Focusing on the Resident’s strengths and needs to lead them to success in increasing social connection and improving quality of life.

If you would like to know more please visit the Music Therapy Association of British Columbia website for more information! <https://www.mtabc.com/>



Visit [louisbrier.com/recreationcalendar](https://louisbrier.com/recreationcalendar) for this month's Recreation Activities schedule  
For questions and concerns, contact us: [recreationleaders@louisbrier.com](mailto:recreationleaders@louisbrier.com)





# Parisa

HR Coordinator

I started my career here as a Human Resources intern in January 2020. Signing up for the internship course in the last semester of my master's program was one of the best decisions I have made in my life! Louis Brier Home & Hospital was actually the first workplace where I started my professional career at! I learned a lot and am still learning.

My first impression of Louis Brier: It's a BIG TEAM full of ENERGY AND MOTIVATION!

What I like the most about working at Louis Brier is that you never stop learning, regardless of your role or position here!

I enjoy the teamwork, the support, learning about Jewish tradition and culture, and the respect and appreciation of everyone here.

It's not just a workplace where you go do your tasks and leave, you feel the #LouisBrierLIFE here.



### FAVOURITE DISH:

All kinds of Persian food except sweet and sour ones.



### DREAM VACATION:

Visiting all parts of the Middle East.



### FAVOURITE MOVIE/SONG:

Walt Disney's Cinderella (1950)  
"Maybe I Maybe You" - Scorpions



### FUN FACT:

Scared of cats!



# VOLUNTEER HIGHLIGHTS

JANUARY & FEBRUARY 2023



Sisterhood of Temple Shalom



King David High School Jazz Band



Volunteer Orientation (January 2023)

## JANUARY & FEBRUARY 2023

In January, we welcomed 17 new volunteers to our Volunteer Program, and together we supported the residents of Louis Brier Home & Hospital with 106.09 hours with recreation activities, one-to-one, music performances, and more.

In February, our volunteers supported our residents with 110 hours of volunteerism.



RENAN PASSATORE  
COORDINATOR, VOLUNTEER ACTIVITIES  
AND QUALITY & RISK ASSESSMENT



# CALL TO VOLUNTEERS



As the Income Tax Season is just around the corner, we are recruiting volunteers with CPA Certification and filling income tax experience to support our residents at Louis Brier Home & Hospital.

Please, find below some requirements:

## **What are we looking for in volunteers for our Tax Clinic:**

- Experience in filing taxes with a good understanding of Canadian tax laws and regulations (i.e., citizens living in a long-term care facility)
- Good computer and technology skills;
- Familiarity with basic tax documents and policies; able to explain concepts to residents, so they understand their tax situation.
- Excellent attention to detail.
- Excellent communication and interpersonal skills.
- A strong desire to help and serve our community.
- Comfortable working with a diverse group of volunteers and individuals.
- Ability to work in a fast-paced environment and maintain professional behaviour with clients.

## **Shift Times:**

Shifts dates and time are offered in the daytime.

## **What will you be doing?**

- Help residents submit tax returns using the proper software.
- Provide high-quality customer service and support to the residents.
- Ensure all formalities and concepts are fully explained to the residents during their appointment.

If you meet the requirements and want to give back to our community by supporting our residents during Tax Season, please, do not hesitate to contact me at [rpassatore@louisbrier.com](mailto:rpassatore@louisbrier.com) for more information.



# SPIRITUAL CARE CORNER

HAZZAN ROB MENES

Purim will be celebrated this month, and at Louis Brier we will observe the four mitzvot (commandments) of the holiday: 1) to hear the reading of the Megillah, 2) to have a feast, 3) to give gifts of food to our friends and neighbors, and 4) to take care of the poor.

The day is joyous, filled with singing, costumes, and hamentaschen. It is often viewed as a holiday for children, but this holiday is as important for adults as for children. It recounts events - real or imagined - in which our tradition is preserved. It recounts events in which we were targeted for being Jewish. It recounts events in which we stood our ground as Jews, refusing to bow to an external power.

We face that challenge even today and even here in North America: refusing to acquiesce to misconceptions and stereotypes that denigrate who we are. We refuse to be the scapegoats of white supremacists and we refuse to assume the stereotype of the victim. It is an 'adult' holiday.

During the reading of the Megillah (the Book of Esther), we are told to 'blot out' the name of Haman, and we usually do this with groggers. The symbolism and meaning behind this act is significant. Note that, even as we try not to hear the name, we can only blot it out once we have actually heard it! Making noise is an attempt to mask it, but you can't "un-hear" it. The name recalls the evil, but we choose to hear it anyway and by doing, remember to act accordingly. We could easily remove the name from the Megillah - but we don't.

We leave the history intact, to pass the full story on to future generations, including the good with the bad. There is an honesty in the Jewish tradition. Rather than erase the past that we disdain, we find a way to deal with it, and explain it. At Louis Brier, care includes our commitment to honesty, and transparency. Purim reminds us of the joy, the pain and the task necessary to stay true to our values.

Mishenichnas adar marbim b'simcha! When Adar comes, our joy is increased!

HAZZAN ROB MENES  
CHAPLAIN



First, I need to say my mom always wanted to live in your care home after her fall, and going home wasn't an option, but she went to another until COVID-19 restrictions allowed her to move.

Even though she struggled some days, she also made the most of her limitations and limitations in the home.

My mom, as you know, could advocate well for herself and knew how she and others should be treated.

My mom often told me staff and others often made kind gestures and went out of their way to do kind things for her.

She also was pretty good at letting people know when she felt frustrated and for that, I admire her advocacy, courage, and strength. She left an impression and taught everyone who she met or worked with her.

I know my mom wanted you all to have the sanctuary picture to hang up, for this was her home, and you were an extended part of her family.

I always felt welcomed and everyone knew my name and my mom's which also made it a home.

I thank you all for your work and time, and genuine respect and kindness.

I am glad to know my mom passed in her room with the pictures on the walls and familiar faces.

I will deeply miss my mom but I know even though it was hard for her to live with her disabilities and health, it also was a safe place to be and I know she was resilient and persevered with your support.

I hope to visit again, you all will be missed.

Again, I'm sending hugs.

Love, Laura Johnson  
(Marge Johnson's Daughter)





# human resources.

## #LouisBrierLife Day

The 18th of Every Month



The “Louis Brier LIFE Day” is intended for everyone to demonstrate their pride in Louis Brier Home and Hospital & Weinberg Residence and everything that we stand for – our Mission, Vision and Values – and to celebrate CHAI (LIFE)!

We will be celebrating “Louis Brier LIFE Day” on the 18th of every month!

We encourage everyone wear their new LBHH **Royal Blue Outfit** and/or blue clothing/accessories to demonstrate their pride in the exemplary care we provide to our Residents and patriciate in some fun activities to celebrate CHAI (LIFE)!

## Join Now!

Acknowledge individuals within our community that embody the LBHH&WR “CHAI” Values, visit:  
[bit.ly/LouisBrierChai](https://bit.ly/LouisBrierChai)



CLICK HERE!



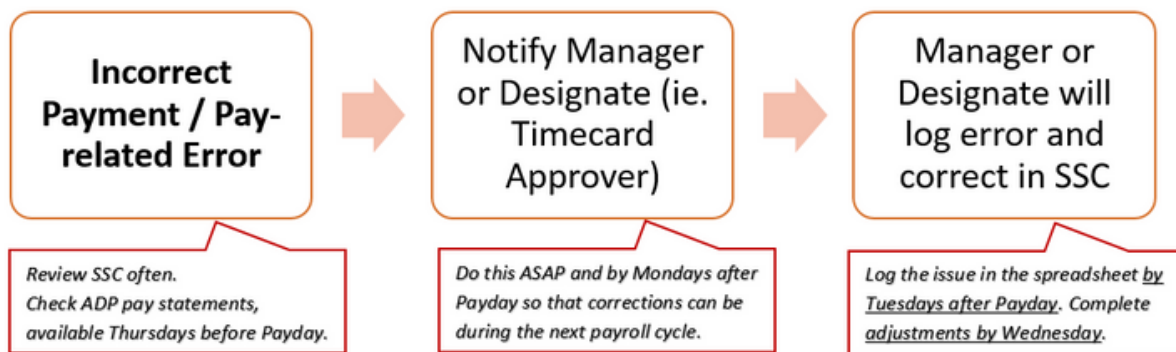
LOREN TISDELLE, CPHR  
DIRECTOR, HUMAN RESOURCES

# Pay Related Error?

## Contact your Manager/Staffing Team

Friendly reminder: If you experience a payroll-related error, please report it to your manager or timecard approver (ie. CAs/LPNs/RNs to contact Staffing Team).

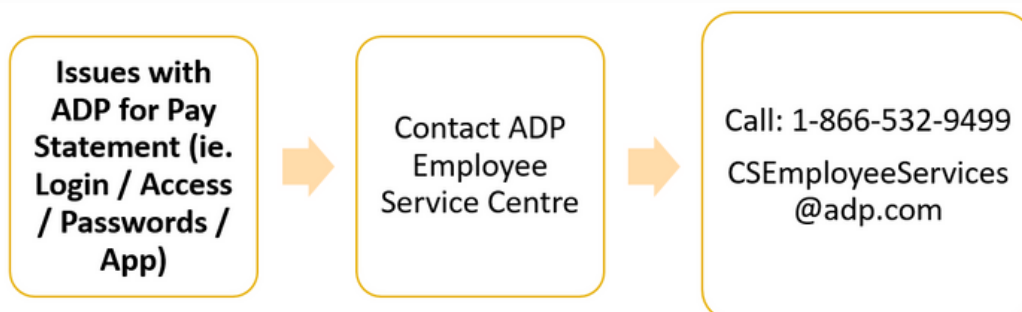
Please report pay-related concerns ASAP and by the end of day on Mondays after paydays (ie. before the next payroll cut off). This should allow for enough time to correct the error for payment by the next payday:



You can help prevent payroll-related errors!

Scan in/out each and every shift and log onto SSC to check your schedule regularly. Alert your manager/respective timecard approver if you notice any concerns.

## Issues with accessing ADP? Call them!





# FAMILY COUNCIL

## The Family Council at Louis Brier Home and Hospital

Established in 2016, Family Council is an independent and voluntary body of family members, caregiver friends, and legal representatives of residents. Our primary focus is to advocate for the delivery of quality resident and family centered care.

Family Council is governed by an elected Executive Council guided by its Terms of Reference. It provides family members leadership opportunities in several capacities. It works in collaboration with the Louis Brier senior leadership team to review and discuss relevant opportunities to enhance the residents' experience. Family Council meets monthly to provide updates from senior leadership, Louis Brier Home and Hospital committees, educational workshops, and works together as a solution-focussed advocacy group.

Connect with us: [lb.familycouncil@gmail.com](mailto:lb.familycouncil@gmail.com)

Check out our Family Portal: <http://louisbrier.com/family-portal>

We welcome all families and hope that you will take the opportunity to get involved.

**Family Council**



# Notice of Family Council March 15 Meeting and Minutes from the February Meeting

Thank you to everyone who attended our recent Family Council Meeting!

We welcome you to attend Family Council meetings. We ensure there is time for advocacy and personal sharing. Every concern, whether it reflects individual or systemic issues, is important and should be raised freely. If concerns are not resolved at the meeting we will always provide suggestions for a process on how to resolve them based on the experience of the Family Council members.

## **DOCUMENTS ATTACHED:**

Minutes

Admission Task Force Survey Report

NEW! Contact Directory

**Let us know what type of presentation and/or topics you would like** to help you work through issues you've had to deal with. Many personal stories are shared, which often are commonly experienced. With our collective experiences, many well-thought-out ideas and solutions emerge. In turn, we are able to bring these suggestions to Senior Leadership for their consideration.

## **“Peer Support Corner”**

Family Council will now feature a resource or learning experience which helped you and your loved one that you would like to share.  
Please send your experience to [lb.familycouncil@gmail.com](mailto:lb.familycouncil@gmail.com)

Sent in by Nadine Miller...

My Father, and those interacting with him, greatly benefitted by a recent chat with a Speech Therapist (contact information below).

Shaina spoke on Aphasia

Shaina highly recommends the Aphasia Institute online learning module , The Stroke Recovery Association of British Columbia and the March of Dimes Aphasia pages

This is a great 2 min video on 'Aphasia Etiquette': <https://www.youtube.com/watch?v=hTh86NoQh7Q> “

Her contact information is here:

Shaina Ardell, MSc., Registered Speech-Language Pathologist

Vancouver Home Health

Office: (604) 709-6481 | Fax: (604) 872-5206

Email: [shaina.ardell@vch.ca](mailto:shaina.ardell@vch.ca)

Days of Work: Thurs/Fri



# Notice of Family Council March 15 Meeting and Minutes from the February Meeting

## Continued

### **Next Family Council Meeting:**

**Time:** Wed., Mar 15, 2023 7:00 -8:00 PM Vancouver

#### **Join Zoom Meeting**

<https://us02web.zoom.us/j/86739661751?pwd=Rkd6bWMrUk5FR3B4RmZaOXV5T1NKdz09>

**Meeting ID:** 867 3966 1751

**Passcode:** 938695

#### **Dial by your location**

**Meeting ID:** 867 3966 1751

**Passcode:** 938695

Find your local number: <https://us02web.zoom.us/j/86739661751?pwd=Rkd6bWMrUk5FR3B4RmZaOXV5T1NKdz09>

Don't forget to recognize and thank those special healthcare workers who do so much to create the best possible experience for our loved ones and all residents. Click here to nominate (each month if you wish) your most recent outstanding staff member: <https://bit.ly/recognitiontree>

A BIG Thank you to all the staff and senior leadership team who support us in moving forward with so many of our ideas for how we can contribute positively, to our LBHH community!

We look forward to seeing you around!

#### **Family Council Executive**

Lisa Dawson, Co-Chair

Fran Harrison, Co-Chair

Nadine Miller, Interim Executive Member

Judy Slutsky, Interim Executive Member

Elizabeth Robbins, Interim Executive Member



To make your contribution to the Louis Brier Jewish Aged Foundation,

Visit our website: [thelouisbrierfoundation.com](http://thelouisbrierfoundation.com)

Or call or email us at: (604) 261-5550 | [foundation@louisbrier.com](mailto:foundation@louisbrier.com)



# HUMMINGBIRD

## Registered Massage Therapy



Tempo Sabatier, RMT &  
Ilana Abrams, RMT

**We are a team of two Registered Massage Therapists – our services are eligible for your extended health insurance. We can direct bill to Pacific Blue Cross and many other insurers on your behalf. Please see our website for more information.**

**Visit our website:** [www.hummingbirdrmt.com](http://www.hummingbirdrmt.com)

**See our rates and availability and book an appointment:** [www.hummingbirdrmt.janeapp.com](http://www.hummingbirdrmt.janeapp.com)

**Get in touch:** [hummingbirdrmt@gmail.com](mailto:hummingbirdrmt@gmail.com)

### **MORE INFO:**

#### **Who can book an appointment?**

Staff, residents, and family members of staff and/or residents. We also welcome members of the general public who are willing to comply with the COVID policies, but the Louis Brier family is our priority.

#### **For staff: how do I book an appointment?**

Visit [www.hummingbirdrmt.janeapp.com](http://www.hummingbirdrmt.janeapp.com)

We know healthcare workers have physically demanding jobs, and we look forward to supporting your wellness and the amazing work you do here at Louis Brier.

#### **For residents: how can I book an appointment?**

Please email us at [hummingbirdrmt@gmail.com](mailto:hummingbirdrmt@gmail.com) – we have an intake process including a 15 min 'meet and greet' prior to booking any resident's first appointment.

If the resident would like to book for themselves but does not use a computer, please send us their contact info and we will connect with them.

#### **Where is the clinic space?**

On the 2nd floor, just inside the entrance to hospital west – where the old dental office used to be! We are currently finishing up making this space cozy and comfortable for you in preparation for February 18th.

#### **Can I get a massage on my break?**

Our booking system allows you to book any openings up to 30 mins before the appointment time – though we still recommend booking further in advance.

For now, we are only offering 60 and 90 minute appointments. In the future we will offer 30 and 45 minutes for subsequent bookings. Book an initial appointment and we can discuss if this would fit your needs!

#### **Who are the RMTs? What can you help with?**

Our names are Ilana Abrams and Tempo Sabatier. We are graduates of Langara's RMT program – we loved our clinical outreach during school so much that we found a way to keep working with Louis Brier!

We can help with all kinds of bodily aches and pains - muscle strains, sprains, healing after injuries, repetitive strain injuries like tendinitis, headaches, jaw pain, stress management, and tons more. However, you don't need a specific injury or concern to get a massage - you can book an appointment to learn more about how we can support your overall wellness.

Thank you!

# HAPPY BIRTHDAY

## March

Abril, Fedilyn	Nursing
Africa, Lucia	Nursing
Aguila, Paolo	Nursing
Armour, Devan	Nursing
Balubar, Freddie	HSK
Banares, Helen	Nursing
Boguslavsky, Larisa	REC
Brar, Sukhdeep	FS
Caluza, Rizza	Nursing
Capati, Katrina	Nursing
Castillo, Eunice V	Nursing
Dagdag, Dolores	FS
Del Valle, Crisanta	Nursing
Fernandez, Rebecca	Nursing
Ferrer, Adelina Fajardo	FS
Gaona, Flor Victoria	Nursing
Gar, Adoub	Nursing
Go, Denise Justin	Nursing
Gower, Angela	Nursing
Hernandez, Rona	Nursing
Hughes, Isla	Nursing
Jassal, Jasbir	Nursing
Kharoth, Harvinder	HSK
Kukulka, Ewa	Nursing
Li, Bingru	Nursing
Llagas, Joyce	Nursing
Lopuch, Kelly	REC
Mejico, Nida	Nursing
Parrenas, Vanessa	Nursing
Pinlac, Stephanie	CARADM
Pumbhak, Asha	HSK
Robertson, Marie	Nursing
San Mateo, Kurk	Nursing
Sandhu, Ravinderjit	Nursing
Sidhu, Rajwinder Rosie	HSK
Toentian, Rakchanok	Nursing
Trester, Vanessa	WR
Valentine, Michael	Nursing
Villamor, Maria Victoria	REC
Villanueva, Dianne	Nursing
Vinson, Gemma	Nursing
Winniandy, Roberta	Nursing



# STOP VIOLENCE



Staff safety for best care



**VIOLENCE**  
IS NOT ACCEPTABLE HERE.  
THIS INCLUDES PHYSICAL  
ASSULTS, VERBAL  
THREATS, AND AGGRESSIVE  
BEHAVIOR.

- Kelly and Danilo

# REPORT VIOLENCE

Protect yourself, colleagues & residents



## REPORT YOUR INCIDENT

- Call 911 if there is a real or perceived threat that lives are in danger
- All incidents of violence must be reported to a supervisor (ie. Unit Nurse or Manager).
- Worker must submit a Worker's Report of Injury (Form 6A) to HR

## GET EFAP SUPPORT

**1-800-667-0993 (24/7)**

Free confidential  
counselling/debriefing support



Staff safety for best care











## COMPANION PROGRAM

### **We are here for you!**

Did you know that Louis Brier Home & Hospital and Weinberg Residence offer an in-house Companion Program? We understand the needs of your family and loved-ones and we are here to assist in enhancing their personal and social well-being. Our in-house companion program provides added quality support at a reasonable rate. For more information, please contact:

**Myla Carpio-Pelayo**

Companion Coordinator

Ph: 604-267-4688

E: [mpelayo@louisbrier.com](mailto:mpelayo@louisbrier.com)

## VIRTUAL VISIT

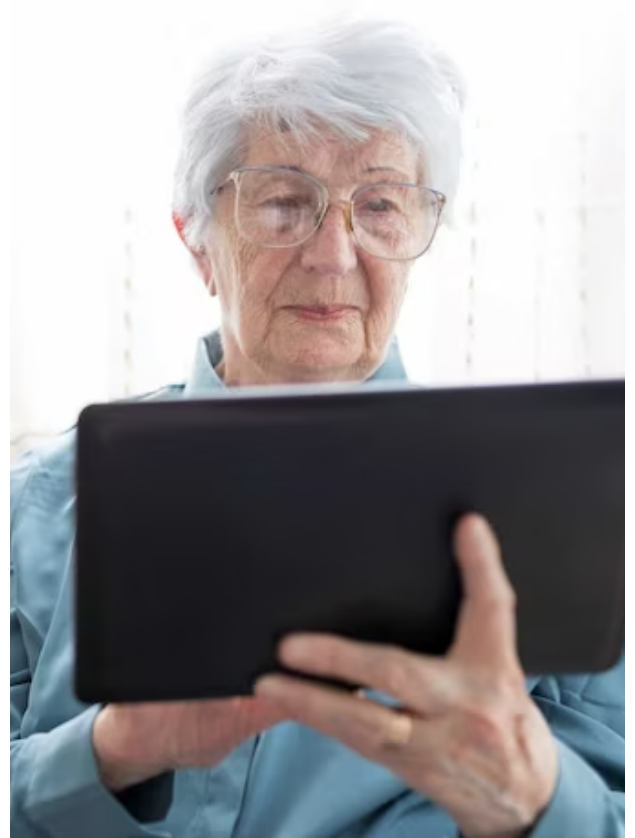
### **Book your Virtual Visit**

Please, use the link <https://louisbrier.com/virtual-visit/> and follow the instructions on our website. We encourage families and friends to visit their loved ones in person at LBHH, and the Virtual Visit Program is focused on supporting those living in faraway cities, provinces and countries.

Each Virtual Visit is 15 minutes long with 5 minutes in between so staff can relocate between rooms and nursing units.

The program runs every Monday, Wednesday, and Friday, from 09:30 am to 11:15 am. It does not run during Holidays, weekends and long weekends.

Please, do not hesitate to contact us at [info@louisbrier.com](mailto:info@louisbrier.com) or call +1 604-261-9376 if you have any questions or concerns.



## *FOLLOW US ON SOCIAL MEDIA*

*Want to contribute to the newsletter?*

Email [communications@louisbrier.com](mailto:communications@louisbrier.com) for details.



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Home and Hospital



@LouisBrierHome



@Louis\_Brier