

NOV 2022 | ISSUE NO. 14

Snider

Schmooze

MESSAGE FROM
THE CEO/
RECREATION/
LOUIS BRIER
SPOTLIGHT/
IPAC
AND MORE



Nicole Nellaney,
Visitation Assistant

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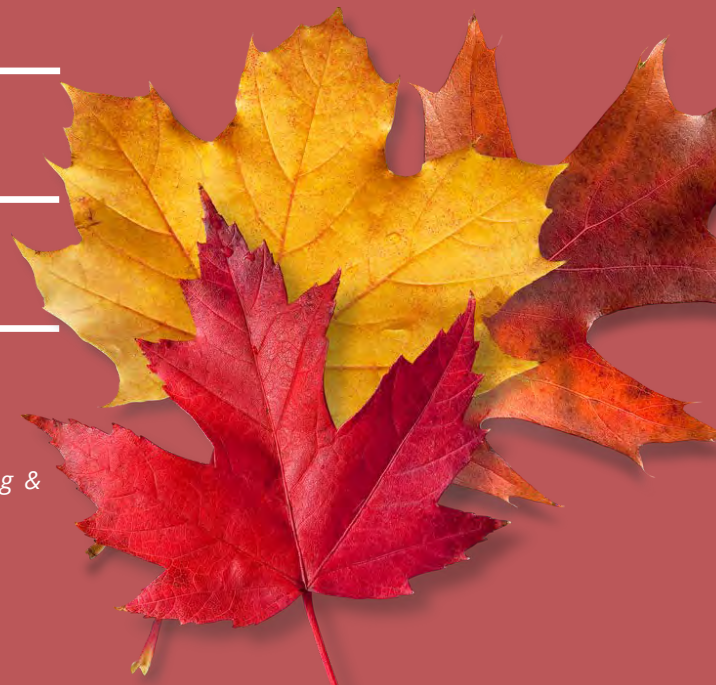
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by Katie Floe, Manager, Corporate Training & Development



MESSAGE FROM THE CEO

Dr. David Keselman

Hello and welcome to this edition of the Snider Schmooze. Hard to believe but summer seems and feels so far away, while the chill has been felt in the air, I do hope that the celebrations of the Jewish holidays, as well as Thanksgiving, have and are bringing some warmth with it, if not physically, at least spiritually.

The holidays, Jewish and otherwise, always seem to bring a heightened awareness to what is really important to us as human beings, including, but not limited to, our families, friends, self awareness, and keeping healthy and happy. It is hard to imagine that we have been “living” with COVID for almost 3 years now, and while there are discussions of a new normal, and at the same time trying to understand what ever happened to the old normal, what remains most importantly, regardless of the new or old normal, is taking care of oneself, physically and mentally. Now that many of the COVID restrictions have been lifted, take the time to reconnect and recover some of what used to bring you pleasure and peace of mind.

Our accreditation survey took place October 23-26. The months leading up to it were quite intense, so I am confident that completing the survey allows many to take a deep breath and relax just for a little bit. We are waiting for the final results from the Accreditation Canada decision committee, and once that decision is made, I will share with everyone. Overall, we did very well. This is an opportunity to thank all of you for the support and assistance you provided to all of us, we would not have been able to do this without all of you.

Although the actual survey is behind us, the road ahead is quite clear. We will continue to focus on delivering quality and safe care, and do our best to overcome any challenges ahead.

Many of you may know that our contract with Marquise Hospitality (Compass) has ended at the end of October, and we have been successful in finding another partner to help us improve our Food Services operations and deliver high quality food to our residents. WestCana came on onboard on October 28th as our new service provider. They are a locally owned and operated company based in BC, and have long term operations in numerous sites throughout the Lower Mainland and Vancouver Island. So far they have been able to deliver a great service. Let's hope this will be sustained into the future.

I want to thank our staff for their hard work, our families, Board of Directors, community partners, and the Louis Brier Jewish Aged Foundation for their generous support for Louis Brier. Despite COVID, we have been able to keep our focus on our journey towards becoming a centre of excellence.

A reminder that flu season is upon us, if you have yet to get vaccinated, please consider getting the flu vaccine. Otherwise, please follow the current infection control requirements and practices, and keep yourself safe and healthy.

And as always, if there is anything you would like to share with us, please do not hesitate to let us know by sending us a message through info@louisbrier.com



DR. DAVID KESELMAN, MN, DHA, CHE, RN
CHIEF EXECUTIVE OFFICER



SUKKOT

For Sukkot, both the maintenance and recreation teams set up a temporary outdoor sukkah as a gathering space for Residents to socialize, eat meals, and connect to nature during Sukkot. A sukkah symbolizes the outdoor dwellings the Jews lived in during their time wandering the desert.

It is decorated using the Seven Species of Israel (traditional foods eaten in the desert) which include wheat, barely, grapes, figs, pomegranates, dates and olives. The weather this year was beautiful for the duration of Sukkot, and the sukkah was well used and enjoyed by many!



RESIDENT SHOWCASE

Our Recreation Therapist Assistant, Maria Villamor has been creating beautiful displays and capturing the life stories of many of the Residents here at LBHH. Recreation has been hosting monthly Resident Showcase presentations for all to enjoy to get to know our Residents!

If you are interested in participating in our Resident Showcase in the future, please reach out to the Recreation team or email us at: recreationleaders@louisbrier.com



For more photos and videos of our Resident activities, follow us on our social media channels:



@LouisBrierBC



Louis Brier Home and Hospital



@LouisBrierHome




@Louis_Brier

COMING UP IN NOVEMBER

Kristallnacht

Kristallnacht: The Night of Broken Glass The name Kristallnacht ("Crystal Night") comes from the shards of broken glass that littered the streets after the windows of Jewish-owned stores, buildings and synagogues were smashed. Rioters destroyed 267 synagogues throughout Germany, Austria and in parts of German-occupied Czechoslovakia. Over 7,000 Jewish businesses were damaged or destroyed and 30,000 Jewish men were arrested and incarcerated in concentration camps. This event marked the beginning of the unconscionable atrocities of the Nazis against Jewish people and the Holocaust. It is important for all of us to remember.

To observe Kristallnacht, Recreation will be hosting a Holocaust Survivor Speaker, Amalia Boe-Fishman in- person on November 8th at 2:00pm in the Homeside Lounge for all Residents and staff. On November 9th, a special in-house commemoration in collaboration with the Chaplain will take place at 2:00pm in the Homeside Lounge, followed by a live- video streaming of the Vancouver Holocaust Education Centre's Kristallnacht Commemoration Service at 7pm.



November 9, 1938

Kristallnacht Night of Broken Glass

The night in which German Nazis led a coordinated attack on Jewish people, vandalizing and burning synagogues, homes, and shops in Austria and Germany. This event led to the beginning of the Holocaust.

Holocaust Survivor Speaker

In-Person Presentation
Tuesday, November 8th 2022
2:00pm - Homeside Lounge


In-House Commemoration Kristallnacht Program

Wednesday, November 9th 2022
2:00pm - Homeside Lounge

Kristallnacht Virtual Service

Online Streaming Video
Wednesday, November 9th 2022
7:00pm - Homeside Lounge

All Residents and Staff are encouraged to attend.



COMING UP IN NOVEMBER

LEST WE FORGET

REMEMBRANCE DAY: LEST WE FORGET

On Remembrance Day, we acknowledge the courage and sacrifice of those who served their country and acknowledge our responsibility to work for the peace they fought hard to achieve. Recreation will be honouring veterans who volunteered, sacrificed, served, fought, and died, for our freedom during a Remembrance Day ceremony on Friday, November 11th at 10am in the Homeside Lounge.



JAZZ LOUNGE ON MONDAY NIGHTS

Starting on Monday, November 14, Jazz Lounge will be running from 7:00- 8:00pm in the Homeside Lounge. Enjoy two wonderful jazz vocalists with piano accompaniment:

- MONDAY, NOV 14: Ty Lowe
- MONDAY, NOV 21: Jesse Arens
- MONDAY, NOV 28: Ty Lowe

For questions and concerns, contact us: recreationleaders@louisbrier.com



Nicole Nellaney

Visitation Assistant

I started working right out of high school as a housekeeper. I worked at a resort in Kelowna called Casa Loma Lakeshore Resort, I was trained there on how to do housekeeping, and I worked there for 2 years before hearing about Louis Brier, and that they were hiring for housekeeping and laundry positions.

My first impression of Louis Brier was that it was very warm and welcoming. I started here when I was 19, and was so eager to work in healthcare. I knew in high school that I wanted to work in a healthcare setting, but wasn't sure what role would suit me best. I felt happy in my roles as housekeeper and laundry aide, and quickly learned how vital support services are to long term care.

I worked as a housekeeper and laundry aide for almost 5 years, I decided I'd go back to school for a skills upgrade course with Burnaby Continuing Education. And in June I passed my course and earned my certificate for completing the Administrative Assistant course. Since then, I started my new role as a Visitation Assistant.

What I enjoy most about working at Louis Brier is the people. Everyone here has taught me lessons, and has helped me grow. I never know what each day will bring, and it's made my work here exciting and challenging.

My current favorite dish, with all this cold weather, is my mother's mince and tatties. It's a Scottish dish, and I prefer how my mother makes it compared to the traditional way. She makes it in a stew with whole potatoes, ground beef, carrots, onions, mushrooms, and some warm garlic bread on the side.

My dream job would be anywhere I get to help people. I discovered that I have a passion for activism, which is why I got involved with HEU in my time working at Louis Brier. I've trained as a shop steward, and was recently elected as Chairman of the Louis Brier local. This is something little 19-year-old me couldn't have possibly seen myself doing, yet here I am.

I have a couple favorite songs at the moment, Rainbow by Kasey Musgraves, I Really Wanna Stay At Your House by Rosa Walkton and Hallie Coggins, and Need to Know by Doja Cat just to name a few!



INFECTION PREVENTION AND CONTROL

N95 MASK FIT TESTING

Lunadel Daclan, Manager, Quality and Risk & Infection Prevention and Control



The N95 Mask Fit Testing was conducted by three certified fit testers, Cary Choo, Anika Adie, and Jonathan Wong, from the Vancouver Coastal Health at Louis Brier Home & Hospital last October 20 and 27, 2022 between 8:20-11:30 AM and 1:00-3:20 PM at the 1st floor Activity Room. They were able to test **104 employees**.

N95 mask is required for airborne precautions (i.e. a resident who is suspected or confirmed with Covid-19 and uses a CPAP or BiPAP).

An individual has to undergo fit testing to verify that a selected make or model of N95 respirator properly fits, seals, and protects the user when required to wear the N95 mask for a specific task.

The fit test is valid only for one year.



human resources.

#LouisBrierLife Day

The 18th of Every Month



The “Louis Brier LIFE Day” is intended for everyone to demonstrate their pride in Louis Brier Home and Hospital & Weinberg Residence and everything that we stand for – our Mission, Vision and Values – and to celebrate CHAI (LIFE)!

We will be celebrating “Louis Brier LIFE Day” on the 18th of every month!

We encourage everyone wear their new LBHH **Royal Blue Outfit** and/or blue clothing/accessories to demonstrate their pride in the exemplary care we provide to our Residents and patriciate in some fun activities to celebrate CHAI (LIFE)!

*Join Now!

Acknowledge individuals within our community that embody the LBHH&WR “CHAI” Values, visit:
bit.ly/LouisBrierChai



CLICK HERE!



LOREN TISDELLE, CPHR
DIRECTOR, HUMAN RESOURCES

You are responsible for your personal conduct and safety, and are expected to act in accordance with the Louis Brier Home & Hospital and the Weinberg Residence's Mission, Vision and Values.

Code of Conduct



Communicate openly, transparently, constructively, and respectfully.



Report hazards and concerns in a timely manner to a LBHH&WR representative.



Treat all information about residents and employees as confidential.



Treat everyone with dignity and respect.

The Louis Brier Home & Hospital and the Weinberg Residence are dedicated to providing a safe and welcoming environment free from:



Disrespect



Violence



Harrassment



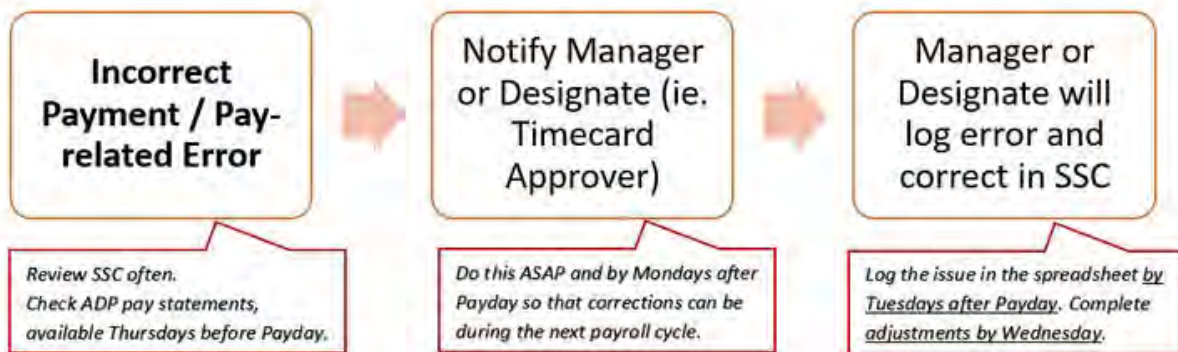
Abuse

Pay Related Error?

Contact your Manager/Staffing Team

Friendly reminder: If you experience a payroll-related error, please report it to your manager or timecard approver (ie. CAs/LPNs/RNs to contact Staffing Team).

Please report pay-related concerns ASAP and by the end of day on Mondays after paydays (ie. before the next payroll cut off). This should allow for enough time to correct the error for payment by the next payday:



You can help prevent payroll-related errors!

Scan in/out each and every shift and log onto SSC to check your schedule regularly. Alert your manager/respective timecard approver if you notice any concerns.

Issues with accessing ADP / WNF? Call them!



What's Happening at Weinberg



Weinberg had a very special visit in October. Rabbi Varnai from The Bayit in Richmond, along with his family, hosted a challah baking event with residents.

It was a “hands-on” morning for the residents, companions and staff as they walked through the fun process of challah making.

They made different shapes of this delicious bread of Jewish origin and enjoyed the reaps of their efforts on Shabbat.

Special thanks to Rabbi Varnai and his family for sharing their baking tips, kindness and time and mostly for brightening everyone’s day at Weinberg.

For information about the Weinberg Residence, contact:

Vanessa Trester, Manager, at 604.267.4722 or 604.267.4756

www.weinbergresidence.com



Check us out on Facebook:
weinbergresidence



WEINBERG
RESIDENCE





WEINBERG
RESIDENCE

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- Bright, spacious suites up to 835 sq.ft.
- Caring, professional staff
- Chef prepared healthy meals

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Call 604.261.9622 for information

5650 Osler Street, Vancouver, BC V6M 2W9 • weinbergresidence.com

THE DR. IRVING & PHYLLIS SNIDER CAMPUS FOR JEWISH SENIORS, SITE OF THE LOUIS BRIER HOME & HOSPITAL AND WEINBERG RESIDENCE

FOOD TRUCK

Schedule



November 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
30	31	1	2 Burgerholc Chicken, Fish and Veggie Patties	3 Food Daddy Persian	4 Meet2Eat Mexican/Greek	5
6	7 Mama's Fish and Chips	8	9	10 Food Daddy Persian	11	12
13	14	15 Meet2Eat Mexican/Greek	16	17	18 Planted Love Fully plant-based, Middle Eastern street food Kosher	19
20	21	22	23 Food Daddy Persian	24	25	26
27	28 Mama's Fish and Chips	29	30 Food Daddy Persian			



Dear Community,

It is with much honour that the **Louis Brier Jewish Aged Foundation** announces the addition of two new members to our board of directors. **Mr. Mervyn (Merv) Louis and Mrs. Michelle Karby**. Our foundation board is comprised with some of the highest caliber leaders in our community. An impressive group made up of the most loyal and dedicated volunteers, whom for the past decades, have donated both their time and funds to care for the elderly of our Vancouver Jewish community. It is a privilege to welcome Merv and Michelle into this very important mission of ours. They too understand, our seniors are our collective responsibility.



Merv Louis



Michelle Karby

Merv Louis a CPA/CA emigrated with his family from South Africa to Canada in December 1978 and joined a small accounting firm in Vancouver, B.C. In the summer of 1979 the accounting firm was acquired by the National Accounting firm of Grant Thornton LLP. In 2016 Merv retired as a partner of Grant Thornton LLP where he worked for 38 years of which 33 were as a partner specializing in audit, accounting and business advisory services. During his many years at Grant Thornton LLP Merv advised and worked with clients in many different industries including manufacturing and distribution, real estate investments and construction, the entertainment industry and professional practitioners. Post his retirement from Grant Thornton LLP Merv worked for 3.5 years as the CFO of Plotkin Health Inc and MacroHealth Solutions Limited Partnership until retiring in August 2020. During those years he successfully helped merge a US partnership and Canadian company to form the parent partnership of MacroHealth Solutions Limited Partnership, a leading medical cost management and solutions provider in North America.

Merv has been married to his wife Linda for 46 years and have two sons, Greg and Craig. Merv and Linda love to travel and see the world and are particularly fond of cruising. They have toured North America, Europe, Asia, Australia and Southern Africa. Merv is an avid sports fan and whilst his playing days are over he loves watching all sports particularly hockey, golf and rugby.

Michelle Karby is an experienced wills, estates, trusts and corporate lawyer heading up the Wills and Estates group at Owen Bird Law Corporation. Michelle helps clients plan, build, and protect their legacies. Prior to developing her expertise in this area, Michelle spent many years in and out of a courtroom honing her skills as a commercial litigator. While born and raised in Vancouver, Michelle's adventurous spirit and love of travel translated into 18 years studying, working and playing abroad in places that included Montreal, Toronto, Israel, Cape Town and Melbourne and Sydney Australia. Now settled in Vancouver with her husband and 2 teenage sons, Michelle enjoys the beautiful natural environment, being close to her family and giving back to the community that she grew up in.

Warmest Regards,



Ayelet Cohen Weil, BA, MPP
Executive Director
Louis Brier Jewish Aged Foundation
Dir: +1 (604) 261-5909 | Tel: +1 (604) 261-5550
aweil@louisbrier.com

SPIRITUAL CARE CORNER

HAZZAN ROB MENES

The joyous Jewish holiday of Chanukah starts in December, while November comprises most of the month of Cheshvan. There are a number of important days for recognizing and commemorating the people and events that have impacted our lives early in the month. November 9th marks 84 years since Kristallnacht, the Night of Broken Glass, which signaled the beginning of the Holocaust and overt ruthless anti-Semitism. Jews have suffered pogroms for hundreds of years, but this attack on Jews across Germany, Austria and Czechoslovakia initiated an open acceptance of persecution. It was as if the government gave permission to express baseless hatred, and, unfortunately, we see that happening again around the world. Remembering Kristallnacht is not simply about recording a terrible event. Rather, it is about learning the implications of the government rhetoric, the danger of the violent expression of hatred, and the need to vigorously advocate for peace and security.

Following Kristallnacht, we commemorate the date for the "remembrance for the men and women who have served, and continue to serve our country during times of war, conflict and peace"; particularly the First and Second World Wars, the Korean War, and all conflicts since then in which members of the Canadian Armed Forces have participated.'

While initially instituted for the remembrance for those who died in the First World War, we now use it as a broader occasion to honor all those defending the nation. This has particular significance for religious communities, since Canada represents a haven where all faiths can safely engage in spiritual fulfilment.

On the Snider Campus we will be honoring those who have passed away in our community during the last 7 months in a Memorial Service. The service, which will be on November 29th, will be streamed over the Internet to enable families to participate, while residents will gather in the Wosk Synagogue. We are not simply reading a list of names of people with whom we have no connection. No, these were members of our family, people we lived with and cared for. People with whom we cried and laughed. For many of us living on, it is time for closure to our grief at their passing. It is a time to remember that their lives mattered, they made a difference.

HAZZAN ROB MENES
CHAPLAIN



FAMILY COUNCIL

The Family Council at Louis Brier Home and Hospital

Established in 2016, Family Council is an independent and voluntary body of family members, caregiver friends, and legal representatives of residents. Our primary focus is to advocate for the delivery of quality resident and family centered care.

Family Council is governed by an elected Executive Council guided by its Terms of Reference. It provides family members leadership opportunities in several capacities. It works in collaboration with the Louis Brier senior leadership team to review and discuss relevant opportunities to enhance the residents' experience. Family Council meets monthly to provide updates from senior leadership, Louis Brier Home and Hospital committees, educational workshops, and works together as a solution-focussed advocacy group.

Connect with us: lb.familycouncil@gmail.com

Check out our Family Portal: <http://louisbrier.com/family-portal>

We welcome all families and hope that you will take the opportunity to get involved.

Family Council



Family Council Notice of November 16th Meeting and Minutes of October 19th Meeting

To all Family, Friends, and Caregivers of Residents,

Thank you to all who attended our recent October meeting. Also, thank you to all who participated in the admission feedback survey. We are gathering and reviewing the information and hope to share results and next steps before year end.

We take this opportunity to invite you to our next Family Council meeting on Wednesday, November 16th:

Join Zoom Meeting

<https://us02web.zoom.us/j/88935142892?pwd=aS9nNlplV2xyRExYc1dHTTR3eDB1UT09>

Meeting ID: 889 3514 2892

Passcode: 728290

Dial by your location

Meeting ID: 889 3514 2892

Passcode: 728290

Find your local number: <https://us02web.zoom.us/u/kbPIECJkQi>

MINUTES DOCUMENTS ATTCHED:

[Minutes from October 19th Meeting](#)

[A conversation with Dina Schweber notes](#)

[Family Council Executive update](#)

AGENDA ATTACHED:

[Agenda for November 16th Meeting](#)

We encourage all of you to attend these Family Council meetings.

We ensure there is time for advocacy and personal sharing. Every concern, whether it reflects individual or systemic issues, is important and should be raised freely. If concerns are not resolved at the meeting we will always provide suggestions for a process on how to resolve them based on the experience of the Family Council members.

We ask families to lend a hand with the Executive team in any way you can!

Contact us if you can lend a hand: lb.familycouncil@gmail.com

Let us know what type of presentation and/or topics you would like to help you work through issues you've had to deal with. Many personal stories are shared, which often are commonly experienced. With our collective experiences, many well-thought-out ideas and solutions emerge. In turn, we are able to bring these suggestions to Senior Leadership for their consideration.

SAVE THE DATE:

Tuesday, December 6, 7-8pm via Zoom

Karen Tyrell, author of "Cracking the Dementia Code" will join us for a special Family Council Educational Session designed especially for long term caregivers of and visitors to residents with dementia. Make the best out of your time with those you love and care about! Details coming soon in our next Family Council notice.

Don't forget to recognize and thank those special healthcare workers who do so much to create the best possible experience for our loved ones and all residents. Click here to nominate (each month if you wish) your most recent outstanding staff member: <https://bit.ly/LouisBrierChai>

We look forward to seeing you there!

Family Council Executive

Lisa Dawson, Co-Chair

Barbara Kirby, Co-Chair

Fran Harrison, Vice, Co-Chair

Nadine Miller, Interim Executive Member



WELCOME

WESTCANA FOOD SERVICES!

FAMILY COUNCIL TOWN HALL MEETING

Topic: Welcome Westcana Food Services!
Time: Nov 23, 2022 07:00 PM Vancouver

Join Zoom Meeting

[https://us02web.zoom.us/j/83138834861?
pwd=NEFjME9oVUFLb2dyNlhuT1JQc3ZHZZ09](https://us02web.zoom.us/j/83138834861?pwd=NEFjME9oVUFLb2dyNlhuT1JQc3ZHZZ09)

Meeting ID: 831 3883 4861

Passcode: 537013

Dial by your location

Meeting ID: 831 3883 4861

Passcode: 537013

Find your local number:

<https://us02web.zoom.us/u/kplso2vaQ>

You are invited!



Louis Brier Home is taking part in a province-wide survey to tell us what we're doing right and what needs improvement from the point of view of residents and their family members.

Your feedback will be used to improve how we provide care to all seniors in care.

Resident interviews will be conducted by volunteers between:

November 15 – December 8, 2022

Family members will be emailed a separate survey.

For more information or if you prefer not to participate, please contact:

Care Home Champion: Natalie Jacobs
Email: njacobs@louisbrier.com
Phone: 604-261-9376 ext. 4669

Project Manager: Jessica Kleissen
Email: jkleissen1@providencehealth.bc.ca
Phone: 604-365-0379



OFFICE OF THE
SENIORS ADVOCATE
BRITISH COLUMBIA

The surveys will be conducted by
The British Columbia Office of the Seniors Advocate,
an independent office of the provincial government.

Participating in an interview or completing a survey is completely voluntary and all your information will be treated confidentially, in compliance with the BC Freedom of Information and Protection of Privacy Act.

Notice for Care Home Staff

The BC Office of the Seniors Advocate's 2022/23 Long Term Care Survey



The Office of the Seniors Advocate has commissioned the BC Office of Patient Centred Measurement to implement a province-wide coordinated survey to hear the voices of the 29,000+ seniors living in 294 care homes across all regions of BC. All care homes that receive public funding, including contracted and health authority owned and operated, are included in the survey. In addition, each resident's family and frequent visitors will be invited to participate in their own survey. **The survey will ask residents about their quality of life, their experience of care, and their satisfaction with the quality of care and services they receive.** This is the second cycle of this survey, conducted for the first time in 2016/17.

What	<p>Trained volunteer surveyors will invite residents to participate in an interview. If a resident agrees, the surveyor will conduct a structured interview, using validated survey instruments. Interviews will take about 45-60 minutes, allowing time for residents to qualify their responses with comments and stories</p> <p>The survey will ask questions about privacy, food, daily decisions, staff-resident relationships, personal relationships, and overall impressions. Questions will also explore topics related to learnings from the pandemic, such as visitation.</p>
How	<p>Everyone will be approached to participate regardless of cognitive level or whether they pay privately or not. Surveyors, not care home staff, will be responsible for conducting an in-person interview with each resident.</p> <ul style="list-style-type: none">• Resident participation is completely voluntary.• Residents may choose to end the interview at any point.• If a resident is unable to continue with the interview (for example, the resident becomes agitated, or wishes to attend another activity), the Surveyor will pause the interview and resume at a later time, if appropriate.• Interviews will be conducted in the language the resident is the most comfortable speaking. <p>Surveyors will not approach residents identified with Contact Precautions until precautions are lifted. Residents who are designated at end-of-life or who could pose a risk to themselves or a Surveyor will not be included in the survey.</p>
Who	<p>All surveyors will be screened and trained volunteers who have had no prior involvement with the care home. Surveyors will wear an ID badge and a button, indicating they are OSA Surveyors for this project. In addition to training specific to the survey itself, all Surveyors will have received training in cultural safety and in gender expression.</p>
When	<p>Survey period: November 15 – December 8, 2022</p> <ul style="list-style-type: none">• Residents will be approached and invited to participate Mondays – Fridays.• Interviews with residents will be conducted 9:00 am – 12:00 pm & 1:00 pm to 4:30 pm
Why	<p>The findings from this survey will provide the Office of the Seniors Advocate, as well as staff and leaders in this care home with information from the perspective of BC's residents and their family and most frequent visitors to support improvement of the quality of care and services in long term care across the province.</p>

For more information or if you have questions/concerns, please contact:

Natalie Jacobs (njacobs@louisbrier.com)

Jessica Kleissen (jkleissen1@providencehealth.bc.ca)

***Start spreading the news ...
By: The LB Resident Council.***



Kudos to You! Vol. 6 - November 2022

- . Resident Council would like Lunadel and her team for organizing the accreditation process.**
- . To Jenna and Brenda the surveyors for an excellent accreditation mark that we earned!**
- . Resident Council would like to thank Senior Leadership Team for incorporating us as a valued stakeholder in finding a good solution to the food service issues.**
- . We want to thank BC Kosher and the recreation team for providing the Kiddush boxes. So sanitary it was nice to have them back.**

TOLL FREE Voice/text messaging system:

1 (236) 518-1998

Email: lb.residentcouncil@icloud.com



MEALS FROM THE PAST WEEKEND (C) WESTCANA SERVICES

Introducing WestCana Services Inc.

WestCana Services Inc. has long term operations in 37 homes with 5,300 beds throughout British Columbia and Alberta. We employ 1370 individuals offering services 24 hours a day, 365 days a year. We have over 27 years of direct and relevant experience providing support services that include customized approaches in Culinary, Dietary, Registered Dietician services, Housekeeping, Laundry, Maintenance and Reception. WestCana staff recognize the importance of exceeding expectations and strive to bring hospitality into healthcare.

WestCana embraces a person-centered approach to support where the focus is on the resident. We pride ourselves on continuous improvements to meet the diverse needs of our clients and residents. We hire staff based on the qualities of person-centered support. We respect and support diversity in spiritual beliefs and this is reflected in our hiring practices. Our Customer Service Philosophy is to provide high standards of quality support at all stages of the residents' needs.

We respect the value of each individual as a unique person. WestCana offers various levels of services, and our people are experienced in ensuring that each individual is provided with the dignity, respect, privacy, and independence that they deserve.

To ensure that we are providing all residents and families we serve, a voice and a choice, our philosophy of support is grounded in the principles of person-centered care. We support the care plans in place and work with our client to embrace the unique qualities and strengths of our residents. We engage families, friends and significant others in our care and recognize the importance of creating a "caring environment" for our residents.

Along with our strong ethics, we bring an integrated approach to professionalism and hospitality that will elevate the level of services offered to the residents. Aging is a process of constant change, and we understand that flexibility and the ability to quickly adapt to these changes are an important aspect.

All of the homes we provide services to receive tailored menus and plans, that are posted in each home, to fit the unique wants and needs of the residents. We make every effort to accommodate resident requests and will prepare specialized service plans to meet specific dietary and care requirements.

Introducing Stephanie Ovsenek

Stephanie brings over 25 years of experience in Food Service Management; she has worked with Regional Health Authorities, Not for Profit Organizations, and the Private Sector. Presently Stephanie's position is Director of Compliance and Quality Assurance for the WestCana team. Stephanie has a Diploma in Nutrition Food Service Management from Langara College as well as a Certificate for Baking and Pastry Arts from Vancouver Community College. She attended BCIT and completed courses in HACCP and HACCP Auditing. She has been a Certified Foodsafe Instructor for the Vancouver Coastal Health Authority for the past 20 years. Stephanie is a Certified Member of the Canadian Society of Nutrition Management and held the position of President of the CSNM 2021-2022, as well as CSNM British Columbia Representative from 2017 to 2019, and 2019-2020. She is also Past President of the Pacific Society of Nutrition Management 2015-2018 and in the past, she held the position of President of the Ray-Cam Cooperative Community Centre in Vancouver.

Stephanie was honoured to be chosen as one of the 49 Langara College alumni to celebrate Langara's 49 years serving the community. She was chosen due to her commitment to the community, presence as a mentor for the Langara Food Service Program, and counsel as an industry expert. Stephanie is constantly furthering her education in the Food Service industry through learning about different culture and religious practices and how they affect food storage, preparation, and serving. She strives to provide quality and consistent work for all of her clients and endeavors to meet their changing needs. Stephanie looks forward to her new position at the Snider Family Campus of Care for Seniors as their Director of Culinary Services.



A Message from Dominic Fernandes

I am very excited to join the Louis Brier Home and Hospital team as the culinary lead. I have been in the culinary field working with the Fairmont hotel chain for the last 19 years working in Dubai and all over Canada both in the resorts and hotels. I enjoy spending my free time with my wife and daughter creating culinary delights at home. I am looking forward to being able to support the kitchen team!

A Message from Leanne Folkerson

Hello, nice to meet you! My name is Leanne and I've been working with Westcana since 2019. In my previous position I was at Rosewood Manor managing the dietary, housekeeping and laundry departments. Outside of work, I like to work in the garden, spend time with my cats and draw/paint. I'm looking forward to getting to know everyone better so don't be shy to stop by my office and say hi!



Implementing Palliative Care at the right time

‘The Surprise Question’ as a Prognostic Tool-

“Would I be surprised if this resident was to die within 12 months?”

As difficult as it is for clinicians to accurately offer a prognosis, there is growing body of evidence that suggests that patients with incurable disease, as well as their families, want more information about their prognosis as they decline. Utilizing ‘the Surprise Question’ helps steer decision making about rehospitalizations and interventions, by shifting focus towards more appropriate advanced care planning, goals of care discussions, targeted symptom management, hospice and MAiD inquiries. In LTC, we do not necessarily think so much about our residents having incurable illness, although age-related decline in combination with multiple health conditions ultimately have the same outcome. We can slow things down, but cannot avoid the inevitable.

The greatest gift may be having as much information possible about prognosis, in order to prepare. It is one of the most important and difficult questions a clinician may be faced with; “how long do I have?” Working in cancer care, although my patients knew I could not tell them with certainty, they were desperate for any information so they could make plans. Take final trips, say good bye, mend relationships, make time for loved ones, make memories with grandchildren. For those who want this information, it offers some sense of control at least over how ones last months or weeks are spent. Not only for the patient or resident, asking ‘the Surprise Question’ (SQ) allows family and loved ones to prepare and embrace a palliative strategy, reevaluating goals of care, maybe dialling back restorative treatments to create a greater focus on the experiences that the resident truly values most.



Implementing Palliative Care at the right time

'The Surprise Question' as a Prognostic Tool-

"Would I be surprised if this resident was to die within 12 months?"

The beauty of 'the surprise question' is really to allow all involved to honestly and properly embrace palliative care, which is distinct from terminal or end-of-life care. Terminal and end-of-life care is the care provided to someone as they are dying, with a focus on pain and acute symptom control. Palliative care is generally misunderstood, but ideally can be understood as the manifestation of an advance planning discussion that enables high quality symptom management, before it is an emergency or starting after it is needed.

If you know that your loved one is most likely to die this year, might the choices be different than if you thought they had even 3-5 years left? Take pain control- currently a resident may only require regular tylenol for a lesion, but the clinician anticipates that in the short term, they will need more comprehensive analgesia, and shares this with the family and resident. No one is blindsided when opioids are required, and started; a further reevaluation of realistic goals of care will occur organically. My perspective of the value of palliative care was formed in my work in cancer care, with ineffective chemotherapy as an example. What happens when the patient is offered yet another cycle of new treatment.

Perhaps they know they want to stop, and focus on their remaining time, without nausea, without medical appointments, with a quieter focus on the things that matter... time in the comfort of home, listening to music, reminiscing, dreaming and making peace with one's life and life's work, comfortable, and knowing their wishes are known.



Although I am no longer in cancer care, the same principles apply in LTC- at what personal cost to the resident are we keeping them alive, and has the resident and family been informed of what their options are. The SQ is a valuable and incisive means to begin an honest and actionable palliative plan.

For more information about preparing for end of life, and the supports available for you and your loved one, please pick up a copy of The Passage of Life in our lobby, or find on our website. If you have feedback or recommendations about how we can better support you or your loved one during this process whether it be more education or different resources, for yourselves or for our team, please email cfloe@louisbrier.com



CATHERINE (KATIE) FLOE
MANAGER, CORPORATE TRAINING & DEVELOPMENT

HAPPY BIRTHDAY

November

HAPPY BIRTHDAY

Ancheta, Noemi	Nursing
Anoliefoh, Uchy	Nursing
Arechita, Cristian	Nursing
Bambrah, Rupinder Kaur	FS
Bhullar, Dilpreet	HCAP
Cabagnot, Dondon	Nursing
Cabuay, Moses Jordan	Administration
Chhatrala, Swapnil	Nursing
Cinti, Sonia	HR
Fuentes, Venee	CARADM
Galsim, Zenny	Nursing
Geronilla, Melanie P	Nursing
Hamilton, Deirdre	Nursing
Ingeniero, Noemi	LDRY
Jassal, Gurinder	HSKP
Kaur, Amandeep	HR
Lasquite, Eleonor	Nursing
Ly-Tong, Charles B	REHAB
Manzano, Lyle	Nursing
Marollano, Elena	Nursing
Mcintosh, Kathleen	Nursing
Mejilla, Sherrie	RECEP
Menes, Robert	REC
Oclida, Aime	FS
Pasaje, Thea	Nursing
Randhey, Jasdip	HSKP
Rea, Edward	Nursing
Sabila, Charil	Nursing
Samonte, Mary Michelle	Nursing
Virk Kaur, Manreet	Nursing
Yauk, Linda	REC
Yoro, Aileen	Nursing
Zhou, Yanfen	Nursing



FIVE FLU FACTS TO REMEMBER



You cannot get the “flu” from the influenza vaccine (i.e. The “flu shot”).



It takes about two weeks after the influenza vaccination injection before it provides full protection.














Immunity usually lasts less than a year. Get your flu shot every year to stay protected against the influenza virus.



Influenza vaccine may be administered at the same time as the COVID-19 vaccine.



COVID-19 and Influenza can have similar symptoms and it can be hard to determine which condition you have based on your symptoms alone.

Symptoms	Common Cold	COVID-19	Influenza
 Sudden Onset	More Gradual	Sometimes	Always
 High Fever (38-40 °C)	Rare	Common	Common Can last 3-4 days
 Headaches	Rare	Common	Common Can be severe
 Muscle Aches/Pains/Chills	Sometimes Mild	Common	Common Can be severe
 General Fatigue and Weakness	Sometimes Mild	Common	Common Can be severe and last 2-3 weeks
 Cough	Common	Common	Common
 Shortness of breath	No	Sometimes	Sometimes
 Sore/Irritated Throat	Common	Sometimes	Common
 Sneezing	Common	Rare	Sometimes
 Runny, Stuffy Nose	Common	Rare	Common
 Diarrhea	Rare	Common	Sometimes (especially in children)



COMPANION PROGRAM

We are here for you!

Did you know that Louis Brier Home & Hospital and Weinberg Residence offer an in-house Companion Program? We understand the needs of your family and loved-ones and we are here to assist in enhancing their personal and social well-being. Our in-house companion program provides added quality support at a reasonable rate. For more information, please contact:

Myla Carpio-Pelayo

Companion Coordinator

Ph: 604-267-4688

E: mpelayo@louisbrier.com

FREE
3 MONTHS OF COMMITMENT REQUIRED

Israeli FOLK DANCE CLASS

Join us in an upbeat and fun dance class where we will all learn together fundamental Israeli folk dances that are rooted in the joys of dance and music.

Together we will laugh, dance, and learn the joy of Israeli folk dance.



INSTRUCTOR
Hadas Klinger

TIME
4:00 PM - 5:00 PM

DATE
Every Wednesday,
Starting September 7

LOCATION
Louis Brier Shalom Garden
(Weather permitting)
/ WR Classroom

EMAIL KBALL@LOUISBRIER.COM TO REGISTER

In-Room Relaxation Massage Service

with Tempo Sabatier

Rates

\$50/half hour or \$80/hour
(inclusive of GST).

Payment by cash, e-transfer, debit,
or credit card is accepted.

*Please note that this service is not eligible
for extended health benefits and is not
covered by insurance.*

Want to contribute to the newsletter?
Email communications@louisbrier.com for details.

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