

SEP 2022 | ISSUE NO. 12

Snider Schmooze

MESSAGE FROM
THE CEO/
RECREATION/
SPIRITUAL CARE
CORNER/
LOUIS BRIER
SPOTLIGHT
AND MORE



Katie Floe
Manager,
Corporate
Training &
Development

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MESSAGE FROM THE CEO

Dr. David Keselman

Hello and welcome to this edition of the Snider Schmooze newsletter. September 25th is the eve of Rosh Hashanah – the Jewish New Year. Rosh Hashanah begins at nightfall on September 25th and ends at nightfall on September 27th. Depending on the origin, celebrating Rosh Hashanah may take on a range of activities and festivities and of course, as with many Jewish traditions, a range of foods and dishes. Regardless of the Jewish origin, it is customary to eat an apple dipped in honey to symbolize the hope for the year to come to be filled with sweetness, health, and success.

The Louis Brier community would like to extend our wishes for a year full of personal and professional fulfillment, happiness, and above all peace and health. In synagogues and homes across the world, Jews will reflect on a year that has carried its share of loss and challenges, and look towards a year of hope and new beginnings.

Despite a range of challenges and difficulties, I still believe that we have been blessed with dedicated and compassionate staff volunteers, companions, and of course amazing and supportive family members and our great residents.

Despite COVID-19, we have implemented several new initiatives and will continue to assess, implement and evaluate new practices and approaches all focused on enhancing the quality of care and services we deliver to our residents while supporting their families, significant others, and our staff. At this time, we are quite focused on the upcoming Accreditation survey, planned for the end of October. This means that we are uncovering, renewing, and revising policies, and procedures and at the same time questioning old practices and implementing new ones.

“...We have been blessed with dedicated and compassionate staff volunteers, companions, and of course amazing and supportive family members and our great residents.”

MESSAGE FROM THE CEO

continued

Our AGM was held in July and was a significant success, please take a moment to review the full report ([To view the full report, visit bit.ly/lbhhannualreport2022](https://bit.ly/lbhhannualreport2022)). As always, if you have any questions please do not hesitate to let us know by sending your questions and or concerns through info@louisbrier.com we continue our journey towards being recognized and becoming a center of excellence for elder care; an important goal for many reasons. Mostly, because it will grant the organization the opportunity to highlight and share much of the great work that is currently done here, as well as learn from others, and bring new and innovative ways to enhance care delivery and engage in evidence-informed practice. To that end, we have rolled out and deployed a special software “Focus & Execute” to help us monitor and track our progress in achieving organizational strategic goals and priorities and ensure that we are on the right track to accomplish our Mission, Vision, and Values.

We continue to maintain and grow our network of strategic stakeholders and widen our collaborative relationship with a range of academic organizations. This year we welcomed Massage therapy students from Langara college, a very exciting endeavor indeed. We are hoping to have an in-house Registered Massage Therapist (RMT) to help offer even wider and more comprehensive and holistic care to our residents, staff, and families.

I anticipate and expect great things in the coming year at LBHH and WR. Wishing you all a great remainder of the summer and warm Fall.

Thank you.



DR. DAVID KESELMAN, MN, DHA, CHE, RN
CHIEF EXECUTIVE OFFICER



Photos from our Summer
Staff Appreciation Day 2022



To watch the video highlights,
visit: bit.ly/lbstaffday2022



DAVID'S SURPRISE BIRTHDAY PARTY

We celebrated our CEO David Keselman by throwing him a surprise Birthday Party that included cake and ponies! David and the Residents got to visit with ponies Elvis and Princess, who came all the way from Langley and were so sweet and adorable. We cannot wait to have them back!



LOUIS BRIER'S FIRST EVER SHOW & SHINE

We had Louis Briers' First Ever Show and Shine! Hosting an event like this for the Residents was so unique and fun. Residents were able to get outside in the sunshine and go back in time to the golden oldies. They got to look at vintage cars graciously provided by the Volunteers of the Vancouver Vintage Car Club of Canada, listen to 50's rock and roll music from the Dimes, and enjoy cotton candy and floats; it was a real sensory experience! Thank you to all who came out and participated in this exciting event. We were even featured on the City News!



For more photos and videos of our PRIDE events and other activities, follow us on our social media channels:



@LouisBrierBC



Louis Brier
Home and Hospital



@LouisBrierHome



@Louis_Brier

HAWAIIAN WEEK

If we can't bring the Residents to Hawaii, let's bring Hawaii to them!



Polynesian Dancers

We also celebrated Hawaiian week by transporting the Residents to the Ports of Paradise with dancers Paul Latta and his Polynesian dance show. These talented entertainers performed traditional dances, many of which are thousands of years old, from all ports of paradise including Hawaii, Fiji, New Zealand, Samoa, Tonga and Tahiti! It really felt like we had be transported on a tropical excursion!



Elvis & Marilyn - "Blue Hawaii"

Back by popular demand Elvis and Marilyn made their grand return by performing a special Hawaiian themed show. The King of Rock and Roll did not disappoint with his high-energy dance moves - wiggling hips, high kicks, and multiple costume changes despite the hot hot heat. He had the whole crowd grooving and moving to old classic tunes, it was definitely one for the books!



For questions and concerns, contact us: recreationleaders@louisbrier.com



COMING UP IN SEPTEMBER



SEPTEMBER 7 GENTLE GIANT VISIT

Loni the percheron horse, his side kick beau and handler Gerry will be returning to Louis Brier Wednesdays, September 7 from 1:30-2:30pm for his last visit of the year. If you missed him the last visit be sure to get your cuddles in!

SEPTEMBER 11 GRANDPARENTS' DAY

Sunday, September 11 this year is Grandparents day. Many of our Residents here at Louis Brier are grandparents, great-grandparents, and even great-great grandparents. To celebrate we will be having special guest Lou Marocco perform and cupcakes.

Some People Are So Special

Some people are so special
That they stay in your heart
Some people are so special
They play an important part
You are so special you should know
That there are many reason to show
Grandpa you are the best in everything
Granny you make my heart sing
There are so many moments that I
Had with both of you
This made my life more memorable
And so loving too
Happy Grandparents' Day to both of you
-Author Unknown



ROSH HASHANAH

*A time to rejoice and for introspective thought -
Eve of September 25, 26, and ending Nightfall of
September 27*

The High Holidays begin with Rosh Hashanah meaning “head of the year” in Hebrew and is referred to as the Jewish New Year. Rosh Hashanah begins at on the eve of September 25 and is observed on September 26th and 27th ending at nightfall. According to the Hebrew calendar this Rosh Hashanah marks the beginning of year 5783, signifying the number of years since G-d's creation of the heavens and the earth.

An indication of Rosh Hashanah is the recurrent blowing of the shofar (ram's horn) to signify the approach of the New Year. It is a mitzvah (good deed) to hear the shofar blown. You may hear Chaplain Rob blowing daily in the month of September.

Rosh Hashanah is a holiday spent in quiet self-reflection allowing observers to examine the past year and contemplate improvements for the year ahead. It is customary for observers to spend time devoted to prayer and reflection in synagogue services during this holiday. For some, it is customary to engage in Tashlich, a ceremony where individuals toss bread crumbs into moving water, representing their sins being cast away.

Families gather during this time to celebrate by lighting candles, eating a customary Rosh Hashanah meal which includes apples and honey representing the sweetness of the year ahead and round challah signifying the eternity of life.

SPIRITUAL CARE CORNER

HAZZAN ROB MENES

Rosh Hashanah, the Jewish New Year, begins on the evening of September 25th, and continues through Tuesday the 27th. The month of September - which coincides this year with the month of Elul - is spent in preparation for the New Year. We hear the shofar sounding each morning, awakening and reminding us of the task at hand. It is easy to look at our list of things to do, and check off each task as it is accomplished. However, when we engage in work of the soul, the task is not simply an action that, once performed, can be forgotten. The work of the soul is a state of being: are we open, are we ready, are we willing?

The challenge of Elul runs contrary to the desire for efficiency and expediency. Getting things done, wasting no time, eliminating meetings - these are the hallmarks of modern business efficiency, but they are not the signs of personal understanding and community strength. The challenge of the month is the examination of one's soul and that requires time for reflection and communication with others.

Relationships are built with community discussion and group meeting. Fulfilling a task may require less time when one person does it alone, but a larger purpose is met when others are included.

Relationships are nurtured when others are included in our daily living. If we are willing to include others in our lives, we become open to learning about how to be better people. This, in turn, strengthens our soul, our community, and our world.

As we combine our preparations with our readiness for accreditation, we are inclined to maximize efficiency. With the approach of the New Year, let us embrace the larger goal, perhaps sacrificing efficiency for fellowship and expediency for soul-searching. Let us remember that, as the world was created on Rosh Hashanah, so we create our world through our rejuvenation of our soul.

L'shanah tovah umetuka - May you have a happy and sweet New Year!

HAZZAN ROB MENES
CHAPLAIN





#LouisBrierSpotlight



Katie Floe

Manager,
Corporate Training
& Development

I was a nurse at BC Cancer Centre on a very small inpatient unit, for 16 years, which allowed me amazing flexibility when my 2 boys were babies and growing up, so I could be with them every day, by working nights and weekends. I was offered the opportunity to do my Master's at the UBC school of nursing, and I changed my focus from oncology to best palliative practice, which led me to LTC.

My role as Corporate Development and Training Manager allows me to analyze where departments have specific training needs, and in doing so, begin to create a longer term template for education and development.

I love the flexibility of my role, and the variety of opportunities to elevate how we deliver care and combine our teams' strengths to create as well as deliver innovative service, challenging the status quo of what is expected of LTC.

My first impression of Louis Brier? It felt like a home, and people were singing. On my first day, it felt like a party, joyful. I look around, and see residents who know they are cared for. I love how it's small enough that everyone can easily collaborate, and quality improvement is evident in every department. It is dynamic environment that is energizing to be part of, and I think not the norm for LTC.

I live close by, with my husband and 2 boys, now 12 and 14. We have a little garden, and maybe my favorite food is anything out of the garden that we grew- in winter we make homemade pasta as a family.

My dream job? Is there a job where you can travel the best beaches of the world? If I can't do that one, I'm really happy to be in the one I have now. The team is truly fantastic here, and staff as well as residents have warmly welcomed me. If we haven't met, I would love to connect and hear from you. Bring me your ideas for improvement or change- cfloe@louisbrier.com



NURSING

NICOLE ENCARNACION

- Distractions and interruptions are a known
- and accepted part of a nurse's job. Inevitably
- information is needed and communicated continuously in the organization. The need for continuous transmission of information between nurses and other health care providers, residents and families is part of the job description; however, hampered communication also poses significant safety risks during certain nursing tasks.

Medication administration was the most interrupted nursing activity identified in the literature and accounted for 29% of all work interruptions. Interruptions and distractions are the most common contributing factors that have been identified by different studies noting a rate between 25.3%- 94% of all causes for medication errors.

Interruptions occur in 53% of all medication administrations. Interruptions innately are part of every nurse's daily routine.

However, nurses must have professional diligence during the medication administration process to ensure resident safety. When due diligence is missing, errors happen.

Nurses will now be wearing a Do Not Disturb. Nurses on Medication Round Tabard as a visual tool to limit distractions especially in high medication times (AM Shift: 0700-1000 & 1100-1200; PM Shift: 1600-1800 & 1900-2000)



NICOLE ENCARNACION
DIRECTOR OF CARE

human resources.

#LouisBrierLife Day

The 18th of Every Month



The “Louis Brier LIFE Day” is intended for everyone to demonstrate their pride in Louis Brier Home and Hospital & Weinberg Residence and everything that we stand for – our Mission, Vision and Values – and to celebrate CHAI (LIFE)!

We will be celebrating “Louis Brier LIFE Day” on the 18th of every month!

We encourage everyone wear their new LBHH **Royal Blue Outfit** and/or blue clothing/accessories to demonstrate their pride in the exemplary care we provide to our Residents and patriciate in some fun activities to celebrate CHAI (LIFE)!

*Join Now!

Acknowledge individuals within our community that embody the LBHH&WR “CHAI” Values, visit:
bit.ly/LouisBrierChai



CLICK HERE!



LOREN TISDELLE, CPHR
DIRECTOR, HUMAN RESOURCES

The Louis Brier Jewish Aged Foundation wishes you
a healthy, sweet & prosperous year!

Shana Tova uMetuka!

Harry Lipetz
President

Lee Simpson
Immediate Past President

Mel Moss
Secretary

Rick Cohen
Chair, Investment Committee

Bernard Pinsky

David Zacks

Marie Doduck

Mervyn Louis

Michelle Karby

Chaim Kornfeld
Life Governor

Ayelet Cohen Weil
Executive Director



FOOD TRUCK Schedule



September 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
28	29	30	31	1	2	3
4	5	6	7 Mama's Fish and Chips	8 Food Daddy Persian	9	10
11	12 Planted Beautifully Plant Based	13 Jewish Holidays No food truck on-site	14	15	16	17
18	19 Burgerholic Chicken, Fish and Veggie Patties	20	21 Meet2Eat Mexican/Greek	22	23	24
25	26 Jewish Holidays No food truck on-site	27	28	29	30	1

Certificate of Diversion

LOUIS BRIER HOUSE

1055 W 41 Ave, Vancouver, BC, V6M 2W6

2021 Diversion Results

Weight 58,491 Kilograms

Carbon Saved 196.2 Metric tonnes

Congratulations, you helped save



**1,010
Trees**



**1,574,006L
Water**

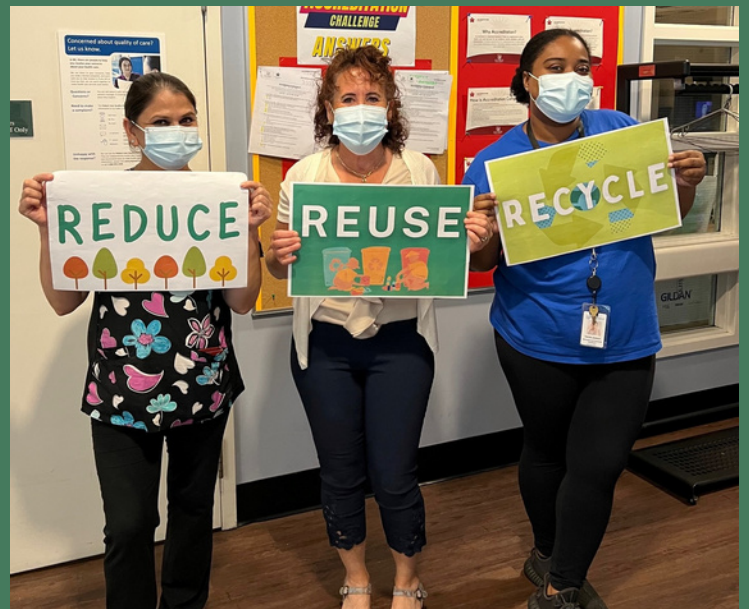


**243,545kWh
Electricity**

Be Proud!



Let's take care of
our **ENVIRONMENT**
TOGETHER!



*"The environment is where we all meet;
where we all have a mutual interest; it is
the one thing all of us share."*

-Lady Bird Johnson



LET'S TAKE CARE OF OUR ENVIRONMENT TOGETHER!



MIXED CONTAINERS



Mixed containers by definition are metal cans, plastic, and household containers.



NO Wood, Soft plastics, Paper products, Medical waste of any kind, Rubber gloves, Black garbage bags, Organic or Waxed cardboard / Waxed paper.

REFUNDABLES

✓ **YES**

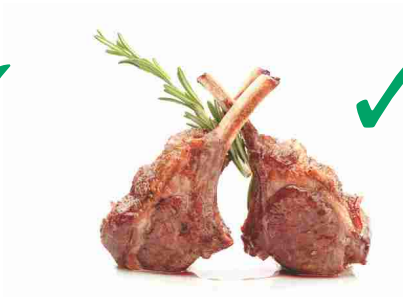


NO

Wood, Soft plastics, Paper products, Medical waste of any kind, Rubber gloves, Black garbage bags, Organic or Waxed cardboard / Waxed paper.

ORGANICS

✓ **YES**

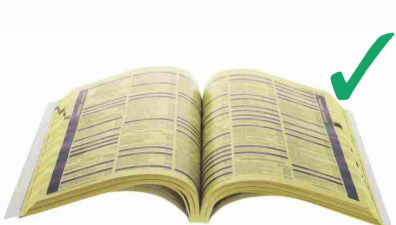


NO

Wood, Soft plastics, Paper products, Medical waste of any kind, Rubber gloves, Black garbage bags, Organic or Waxed cardboard / Waxed paper.

MIXED PAPER

✓ **YES**



NO

Wood, Soft plastics, Paper products, Medical waste of any kind, Rubber gloves, Black garbage bags, Organic or Waxed cardboard / Waxed paper.

GARBAGE/LANDFILL

✓ YES



FAMILY COUNCIL

The Family Council at Louis Brier Home and Hospital

Established in 2016, Family Council is an independent and voluntary body of family members, caregiver friends, and legal representatives of residents. Our primary focus is to advocate for the delivery of quality resident and family centered care.

Family Council is governed by an elected Executive Council guided by its Terms of Reference. It provides family members leadership opportunities in several capacities. It works in collaboration with the Louis Brier senior leadership team to review and discuss relevant opportunities to enhance the residents' experience. Family Council meets monthly to provide updates from senior leadership, Louis Brier Home and Hospital committees, educational workshops, and works together as a solution-focussed advocacy group.

Connect with us: lb.familycouncil@gmail.com

Check out our Family Portal: <http://louisbrier.com/family-portal>

We welcome all families and hope that you will take the opportunity to get involved.

Family Council



Notice of August 18th Family Council Meeting and Executive Update from the July 21 Meeting

To all Family, Friends, and Caregivers of Residents,

Thank you to all who attended our recent August 18th meeting. We take this opportunity to invite you to our Family Council Thursday, September 15th “Virtual” Meeting:

Topic: Family Council

Time: Thursday, September 15th 2022 7:00 PM Vancouver

Join Zoom Meeting

<https://us02web.zoom.us/j/82487587807?pwd=YTF6a2hUaFVMR1F6bGpvdWZGTkNmQT09>

Meeting ID: 824 8758 7807

Passcode: 924831

Dial by your location

Meeting ID: 824 8758 7807

Passcode: 924831

Find your local number: <https://us02web.zoom.us/u/kd29gToqVH>

ATTACHMENT:

[Family Council Minutes August 18](#)

We try to provide resources for families which are useful and timely. We have been asked whether the Family Council could provide some form of dementia care training for families. We are looking into such a workshop. In the meantime, we leave you with the following links which we feel are useful:

[McGill Dementia Companion Guide](#) and the [Australian Dementia help sheets](#).

We encourage all of you to attend these Family Council meetings. We ensure there is time for advocacy and personal sharing. Every concern, whether it reflects individual or systemic issues, is important and should be raised freely. If concerns are not resolved at the meeting we will always provide suggestions for a process on how to resolve them based on the experience of the Family Council members.

We ask families to come forward and lend a hand with the Executive team in any way you can! Contact us if you can lend a hand: lb.familycouncil@gmail.com.

Remember to give recognition where recognition is due to the so many great staff we have who care for our loved ones! **Participate in the Chai Recognition program.**

Here's the link: <https://bit.ly/LouisBrierChai>

Let us know what type of presentation and/or topics you would like to help you work through issues you've had to deal with. Many personal stories are shared, which often are commonly experienced. With our collective experiences, many well-thought-out ideas and solutions emerge. In turn, we are able to bring these suggestions to Senior Leadership for their consideration.

We look forward to seeing you there!

Family Council Executive

Lisa Dawson, Co-Chair

Barbara Kirby, Co-Chair

Fran Harrison, Vice, Co-Chair

Falls Prevention in Residential Care

What We Do at the Snider Campus to Understand and Address the Risk

Falls are a huge concern in LTC- how avoidable are they? Like every other facility, we study who falls, when, why, under what circumstances, because of, due to... **we analyze as much as we can the variables that contribute and do everything we can to anticipate them**, all in the hopes of better understanding the conditions that lead to falls so we can address those factors.

What do we know about falls? **Falls or fear of falls or first fall can lead to admission to LTC**, and the resident's or family's acknowledgement that new frailty, weakness, walking impairment can lead to fear of falling or falling. The fear of falling can be crippling, robbing a person of the joys of independent living, affecting mobility and curtailing the freedom a person has, if they are fearful of unknown conditions outside their home that can increase likelihood of falls.

How do we anticipate and create a care plan and environment that allows for maximum independence with consideration of safety? We use the most up to-date-guidelines and research to understand and consolidate what the best practices in fall prevention are. On admission and as there are changes with residents, we use a falls assessment called the Morse Falls Scale. This uses numerical values to determine falls risk, looking at 6 factors.

The first is, any previous falls; the research is loud and clear with this- if there has been even one previous fall, the risk of future falls doubles. Does the resident use a walker, cane or other ambulatory aid?

The score goes up with those aids 30 points. Does the resident have a normal gait, or is immobile? The score is zero, but goes up by 10 if weak or 20 if gait is impaired. If the resident is oriented to own ability, zero, but if not, the score goes up 15. A secondary diagnosis adds 15 points, and if in acute care, an IV or heparin lock will add 20 points to the score.



A low falls risk adds up to maximum 25 points, a medium is 50, and a high falls risk is calculated to be 75 or higher.

There are several FRATs (falls risk assessment tests) but we find the MORSE to be simple and easy enough for everyone to easily use and remember. With care staff, we do annual falls prevention trainings and this year, we had our first falls prevention training specifically for care aides. You may wonder how is this different than for other care staff? Studies have found that despite care aides doing 75-90% of the hands on care, they receive the least specialized training. The education for them is tailored specifically to the care aide workflow design. We also rolled out a facility wide FALLS prevention campaign which is pictured here, that is meant as a general strategy for all staff and visitors who come into the building, as a yearly review of the factors that everyone can help address.

Everyone who lives or works at, as well as visits the Snider Campus has a role to play to falls prevention; it is up to us ALL to prevent a FALL. If you would like more information or have feedback on our falls prevention plan, I would love to hear from you. Contact cfloe@louisbrier.com.



CATHERINE (KATIE) FLOE
MANAGER, CORPORATE TRAINING & DEVELOPMENT

***Start spreading the news ...
By: The LB Resident Council.***



Kudos to You! Vol. 4 - August 2022

- **Joy Salzberg with assistance of our maintenance crew for the 3 beautiful gardens (Patio, Shalom Garden, and SCU)**
- **Jessica Shen (Music Therapist) for her international recognition for the revival of our music program**
- **Human Resources for allowing residents and staff to participate in the CHAI Recognition Tree program without needing to donate**
- **Iris Ramos for working above and beyond and for helping the resident council**
- **Resident council for the very successful Mitzvah welcoming committee to make new residents feel at home**

TOLL FREE Voice/text messaging system:

1 (236) 518-1998

Email: lb.residentcouncil@icloud.com

HAPPY BIRTHDAY

September

HAPPY BIRTHDAY

Agustin, Benjamin	LPN
Arcero, Arnielyn	CA
Argueza, Joan	CA
Barrett, Marjean	HCAP
Caillier, Danielle	HCAP
Cao, Tammy	LPN
Chan, Leanne	BUSOFF
Cruzado, Mark	HSK
Del Rosario, Anna Shiela	HSK
Del Rosario, Rowena	CA
Esmail, Tazim	RN
Fontanilla, Lorlyn	CA
Gill, Harkanwalpreet	RN
Hernandez, Zarah	LPN
Hosseinniayenzai, Parisa	HR
Ibediro, Ugochi	RN
Isaig, Katrin	CA
Kamimura, Asuka	CA
Kaur, Navneet	RN
Lawler, Jill	CA
Lopez, Arlita	CA
Lovendino, Michaelita	HSK
Manger, Ravneet	LPN
Narayan, Sarita D	CA
Papneja, Priya	LPN
Pasion, Nelson Calip	CA
Pichay, Florida	FS
Quinos, Jacklyn	CA
Ruiz, Aiza	CA
Sanchez, April Gayle	CA
Santiago, Bianca	LPN
Saonoy, Cyd Charisse	CA
Sidhu, Parminder	CA
Singh, Devi	HSK
Soleimani, Zahra	LPN
Villoso, Graciela	CA
Viva, Sarah	LPN
Yip, Annie	REC



COMPANION PROGRAM

We are here for you!

Did you know that Louis Brier Home & Hospital and Weinberg Residence offer an in-house Companion Program? We understand the needs of your family and loved-ones and we are here to assist in enhancing their personal and social well-being. Our in-house companion program provides added quality support at a reasonable rate. For more information, please contact:

Myla Carpio-Pelayo

Companion Coordinator

Ph: 604-267-4688

E: mpelayo@louisbrier.com

FREE
3 MONTHS OF COMMITMENT REQUIRED

Israeli
FOLK DANCE CLASS

Join us in an upbeat and fun dance class where we will all learn together fundamental Israeli folk dances that are rooted in the joys of dance and music.

Together we will laugh, dance, and learn the joy of Israeli folk dance.



INSTRUCTOR
Hadas Klinger

 **TIME**
4:00 PM - 5:00 PM

 **DATE**
Every Wednesday,
Starting September 7

 **LOCATION**
Louis Brier Shalom Garden
(Weather permitting)
/ WR Classroom

EMAIL KBALL@LOUISBRIER.COM TO REGISTER

Want to contribute to the newsletter?
Email communications@louisbrier.com for details.

FOLLOW US ON SOCIAL MEDIA



@LouisBrierBC



Louis Brier
Home and Hospital



@LouisBrierHome



@Louis_Brier