



OCTOBER 2019

Snider Schmooze

A MESSAGE FROM DR. DAVID KESELMAN, CEO

Welcome to the October edition of the Snider Schmooze. Last month, we celebrated the Jewish New Year – Rosh Hashanah. Depending on the origin, celebrating Rosh Hashanah took on a range of activities and festivities, and of course, a range of food and dishes such as the customary apple dipped in honey to symbolize the year to come to be filled with sweetness, health, Happiness, and success.

October marks some of the most important Jewish holidays, or as they are referred to as **High holidays**, to include **Yom Kippur** (the Day of Atonement, is a day of fasting and repentance, affording man the opportunity to cleanse himself of his sins and renew his relationship with God). We also celebrate **Sukkot** (The Festival of Booths – with Lulav and Etrog in hand, we camp out under the stars for seven days and remember that God is our ultimate protection). The festival of Sukkot is agricultural in origin, which is evident from the biblical name “The Feast of Ingathering” or “Festival of Booths.” The Sukkah is a booth where most eating, drinking (and for some folks) sleeping is done during Sukkot. As with every year, we will be erecting a Sukkah. The beautiful Sukkah at the Louis Brier is located in the Shalom Garden, it is ready and we welcome visitors during the first week of October.



The Louis Brier Sukkah in 2018

I am also hoping that all of you have had the chance to hear and/or read our good news story in relation to the HPRD (hours per resident day) lift, which resulted in much welcomed added resources in the form of an additional Social Work position, recreation and therapy staff, as well as added care resources. We are fortunate to have supportive care community, which includes our residents, staff, families and stakeholders. I wish you all healthy and happy October!



Thank you,
Dr. David Keselman, CEO



BUILDING PARTNERSHIPS



LOUIS BRIER
HOME & HOSPITAL



WEINBERG
RESIDENCE



Did you know?

Louis Brier Home & Hospital is a teaching facility for students in the UBC Faculty of Medicine and the UBC School of Nursing.

We are committed to supporting continuous learning, research and innovative practice as we strive towards becoming the Centre of Excellence in elder care.

Geriatrics • Long Term Care • Assisted Living • Multi-Level Care



THE UNIVERSITY OF BRITISH COLUMBIA
School of Nursing

ONE HUNDRED YEARS
1919-2019



18 September, 2019

To: All Residents, Families and Employees

Re: Hours per Resident Day (HPRD) increase for Louis Brier Home and Hospital

Dear Residents, Families and Employees,

We are pleased to announce that LBHH is one of the first organizations to receive a meaningful Hours per Resident Day (HPRD) increase from the Ministry of Health. This will likely result in additional resources in the form of added staffing to the allied health group, as well as additional resources for the care department. You may have heard that the Ministry of Health's goal is to achieve an overall HPRD of 3.36 hours per resident authority wide.

You may recall that in March of 2018 we received a significant lift in funding which resulted in the addition of 11.55 FTE's of Care Aids. This round, as indicated above, is aimed at mainly increasing the allied health resources. We are extremely grateful and delighted for the additional funding and while final decisions have not yet been made, the overall plan is to increase our staffing levels in Social Work, Rehab, Recreation, and Dietitian services. The intent is to increase the contact frequency and availability of staff with residents and families, and be able to implement new and enhanced programming to meet the needs of our residents and families.

This of course does not come without comprehensive reporting, monitoring and management, as well as increased accountability and responsibility on behalf of LBHH to ensure that the additional resources lead to a significant improvement in the quality of services and satisfaction.

If you have any questions with regards to the HPRD lift, please do not hesitate to raise your questions and share your thoughts.

Yours sincerely,

David Keselman
Chief Executive Officer

*The Dr. Irving and Phyllis Snider Campus for Jewish Seniors
Site of the Louis Brier Home & Hospital and the Weinberg Residence*

THE HIGH HOLIDAYS: ROSH HASHANAH, YOM KIPPUR & SUKKOT

The Jewish High Holidays, also called the High Holy Days, comprise the holidays of **Rosh Hashanah** and **Yom Kippur** and encompass the 10 days from the beginning of **Rosh Hashanah** through the end of **Yom Kippur**. Although technically a separate holiday, **Sukkot** is included in this information as the festival begins shortly after Yom Kippur.

ROSH HASHANAH: The Jewish New Year

September 29 (Erev or 'eve of'), September 30 & October 1

The **High Holidays** begin with **Rosh Hashanah** which translates from Hebrew as "the head of the year." **Rosh Hashanah** is referred to as the **Jewish New Year** and is observed for two days. The holiday begins at nightfall on September 29 and all day September 30 and October 1. Those days are yom tov, or holy days which are observed with the same guidelines and restrictions as Shabbat.

In Jewish tradition, Rosh Hashanah marks the anniversary of the creation of the world as described in the Torah. It is also the day on which G-d inscribes the fate of each person in the "Book of Life." Rosh Hashanah also marks the beginning of a 10-day period on the Jewish calendar that focuses on repentance or *teshuvah*. Jews mark the holiday with festive meals and prayer services and greetings of other *L'shanah tovah tikateiv v'techateim*, which means "May you be inscribed and sealed for a good year." The time between Rosh Hashanah and Yom Kippur focuses intently on repentance, atonement and change. The holiday ends October 1 at 7:38pm.

YOM KIPPUR: The Day of Atonement

October 8 (Erev 'eve of) & October 9

Yom Kippur, often referred to as the "Day of Atonement," is the holiest day in the Jewish year and concludes the period of the High Holidays and 10 "Days of Awe." The focus of the holiday is on repentance and final atonement before the books of life and death are sealed. As part of this Day of Atonement, many adult Jews who are physically able may choose to fast for the entire day and abstain from other forms of pleasure (such as wearing leather, washing, wearing of lotion or perfumes). Many Jews, even many secular Jews, will attend prayer services for much of the day on Yom Kippur.

Yom Kippur begins at nightfall on October 8 and all day October 9, ending at 7:22pm. Those days are yom tov, or holy days which are observed with the same guidelines and restrictions as Shabbat. There are several greetings on Yom Kippur. Because it is a fast day for some, it is appropriate to wish your Jewish friends an "Easy Fast." Likewise, the traditional greeting for Yom Kippur is "*G'mar Chatimah Tovah*" or "May You Be Sealed for a Good Year (in the Book of Life)."

At the end of Yom Kippur, Jews who have atoned consider themselves absolved of their sins from the previous year, thus beginning the New Year with a clean slate in G-d's eyes and a renewed sense of purpose in the year to come.



Blowing of the Shofar

THE HIGH HOLIDAYS: ROSH HASHANAH, YOM KIPPUR & SUKKOT



Inside the LB Sukkah



Lulav and Etrog

SUKKOT: The ‘Feast of the Tabernacles’ ‘Festival of Booths’ or the ‘Feast of the Ingathering’ October 13 (Erev) – October 20

While Sukkot is not part of the High Holidays, it is included in this information as the 7 day holiday begins shortly after Yom Kippur. The Hebrew word **‘Sukkot’** is the plural of *sukkah*, “booth” or “tabernacle.” A sukkah is the **name of the temporary dwelling** in which Jews lived during their exodus in the desert, and for farmers, who would live during harvesting, a fact connecting to the agricultural significance of the holiday. It is also intended as a reminiscence of the type of temporary dwelling in which the Israelites lived in during their 40 years of travel in the desert after the Exodus from slavery in Egypt. Throughout the holiday, meals are eaten inside the sukkah (and in many people’s homes, they sleep there as well!!)

The first two days of Sukkot are yom tov with the same observance and restrictions as on Shabbat. The intermediate days, beginning at nightfall on October 15 until sundown on October 20, are quasi holidays, known as Chol Hamoed. The final two days, beginning at sundown on October 20 until nightfall on October 22 are a separate holiday and are yom tov; **Shemini Atzeret** and **Simchat Torah**.

During Sukkot, residents and families are encouraged to **visit our beautiful Sukkah** (which will be built in the Shalom Garden on October 10 and ready to receive visitors October 11) and participate in programs or for quite relaxation while enjoying the ambience of the sukkah.

**At the Louis Brier, the High Holidays are observed with prayer services
in the synagogue and with recreation and social programming that
is reflective of the holiday traditions.**

We hope that you will be able to join us this year during the holidays and we wish you and your family **Shanah Tovah!**

Edy Govorchin

Manager Recreation, Culture, Music Therapy and Volunteers

HIGH HOLIDAYS

Louis Brier Services



SHANA TOVAH

שנה טובה!

ROSH HASHANAH

Sunday, September 29 – Erev Rosh Hashanah

*No Synagogue services will be held at LB this evening

6:38pm – Light Candles

Monday, September 30 – 1st Day of Rosh Hashanah

9:00am – Morning Services

11:15am (approximate time) – Sermon and Shofar Blowing

4:00pm – Mincha and Maariv

7:40pm (not before) – Light Candles

Tuesday, October 1 – 2nd Day of Rosh Hashanah

9:00am – Morning Services

11:15am – Sermon and Shofar Blowing

4:00pm – Mincha

7:38pm – Holiday ends

YOM KIPPUR

Tuesday, October 8 – Erev Yom Kippur – Kol Nidre

4:00pm – Mincha

6:19pm – Light Candles

6:45pm – Kol Nidre

Wednesday, October 9 – Yom Kippur

9:00am – Morning Services

11:30am (approximate time) – Yizkor

5:45pm – Mincha

6:50pm – Pre-Neilah Talk

7:00pm – Neilah

7:22pm – Yom Kippur ends

Rosh Hashanah and Yom Kippur Shacharis – Rabbi Tzvi Goldman

Musaf and Torah reading – Richard Wood

Shmini Atzeret Simchat Torah – Doctor Cantor Stan Shear

Torah – Chaplain, Hazzan Rob Menes

Spiritual Care Corner



with Chaplain
Hazzan Rob Menes

Planning for Joy

Are our emotions spontaneous? Are our spiritual connections random and out of our control? Most religions - and especially Judaism - recognize that we can control our emotions and engineer joy in our lives! If there is one message that we all need to learn, it is that we have control over our relationship with the Divine, and we can create moments of joy. We can take responsibility for our happiness.

On the High Holy Days, we chant the incredible piyyut (liturgical poem) Unetaneh Tokef. The poet asks, “who will live and who will die?” And. “how will this happen?” In a flurry of confusion and angst, we wonder what will await us this coming year. Then, we get the message: through teshuvah, tefillah and tzedakah, the future is moderated. This is a plan, a program for directing our lives. There are three parts. Teshuvah - return, to draw closer to the spiritual; Tefillah - prayer, to communicate from within ourselves; Tzedakah - righteousness, to deal with our community with acts of charity and lovingkindness. It is a plan with instructions for a relationship with the Divine, the individual, and the community. This is how we move forward, and this is how we plan for the year to come.

On Rosh Hashanah, we celebrate the creation of the world. Now, we have the power of creation. We have the opportunity to create joy in our lives. We need a plan - and there is one which includes ourselves, our community and the Divine. Joy doesn't just happen - **we make it happen**. Plan for it this year, and start on Rosh Hashanah!

Shanah Tovah umetuka!
Hazzan Rob Menes, Chaplain



The Chava and Abrasha Wosk Synagogue



FLU SEASON IS JUST AROUND THE CORNER

As we begin to say goodbye to summer and welcome the cooler breeze of fall, we should also be aware that the influenza season is just around the corner. To help us be ready for the flu season, here are some information regarding influenza:

KEY POINTS

- Influenza kills – More people die from influenza than any other vaccine-preventable illness
- Get immunized – It is the best way to protect yourself, your residents and your loved ones from getting the flu (as soon as the publicly funded influenza vaccine becomes available in BC, Louis Brier Home and Hospital conducts flu vaccine clinics for residents, staff, companions and volunteers. This usually happens by late September or early October.)
- Wash your hands – Follow proper hand washing technique using soap and water or using the alcohol-based hand rub

HOW IS THE VIRUS TRANSMITTED?

- Droplet – Person sneezes or coughs unto you
- Contact – Physical contact with hands and contact with infected surfaces

Infected individuals are highly contagious and can transmit influenza for 24 hours before they show symptoms

WHO ARE AT RISK?

Seniors are at greatest risk, Children, Pregnant women, Individuals with specific chronic medical conditions, Health-care workers

WHAT ARE THE SYMPTOMS?

Fever, Cough, Sore throat, Muscle ache, Extreme fatigue, Headache, Runny nose

WHAT ARE THE COMPLICATIONS?

Viral Pneumonia, Pneumococcal Pneumonia, Dehydration, Worsening of chronic medical conditions

WHAT IS AN INFLUENZA-LIKE ILLNESS (ILI) OUTBREAK?

- When there are two or more cases of ILI in residents and/or staff within a 7-day period, with at least one case identified as a resident
- The Medical Health Officer (MHO) from the Vancouver Coastal Health Authority declares the Outbreak
- Restrictions are implemented in the facility until the outbreak is declared over by the MHO
- Outbreak notification signs will be posted on door entrance of the facility and the unit

HOW CAN INFLUENZA BE PREVENTED?

- Get an influenza vaccine
- Wash hands with soap and water whenever you can
- Use an alcohol based hand sanitizer
- Cover mouth and nose with a tissue to cough or sneeze. Cough into the upper sleeve if a tissue is not available
- Stay home when sick. People are most infectious in the first few days of illness
- Keep common surfaces and items clean
- Eat healthy foods and staying physically active to keep your immune system strong

Being proactive is still the best way for us to prevent the development and spread of infection. Keep yourself healthy so you can enjoy the remaining days of summer and the coming of fall.

Lunadel Daclan

Infection Control Practitioner

WEINBERG RESIDENCE



Did you know that the Weinberg Residence offers a private 24-hour nursing care unit, called Multi-Level Care (MLC)?

The Weinberg Residence MLC Unit offers 24-hour nursing care and supervision delivered by a superior professional team within a warm, welcoming and culturally rich community. We strive to provide all the comforts of home while also offering a wide variety of social, therapeutic, recreational and spiritual programming to maintain optimal health and well-being.

Within Multi-Level Care, a diverse selection of residency options are available.

Residency options include:

- Long Term Stay
- Convalescent Care
- Out of Town Stay
- Respite Care
- Palliative Support

With each, personalized attention is provided by Nurses, Care Aides, Recreation therapists, Physiotherapist, Occupational Therapist, Rehabilitation assistants, Dietitian, Social Worker and a Gerontologist.

Regardless of which option, residency in Weinberg's Multi-Level Care Unit includes a private furnished room and a tailored Care Package. Come and check us out and learn about our Multi-Level Care Unit.

For information about the Weinberg Residence, contact **Vanessa Trester**, Manager, at 604.267.4722 or **Regina Lvovski**, Sales & Marketing Coordinator at 604-267-4756.

www.weinbergresidence.com



Check us out on Facebook: [weinbergresidence](https://www.facebook.com/weinbergresidence)



RESIDENT ART EXHIBIT

On Wednesday, September 18th, Louis Brier hosted a Resident Art Exhibit in the Homestead Lounge. The exhibit is an annual event and was hosted by our Expressive Arts Therapist, Calla Power.

The Residents' who showcased their work are participants in the amazing arts program. Music was provided by harpist, Mehlinda Heartt. It was an amazing turnout, thank you to everyone involved!

Resident ART EXHIBIT

Artists:

Dorothy Bennett

Lorraine Benisz

Brenda Curtis

Sharen Edwards

Monique Galazka

Zoe Hunter

Wes Kidd

Elizabeth Klement

Mei Chen Lin

Heshy Lipsman

Hazel Miller

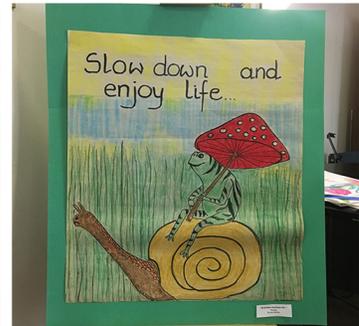
Haim Peri

John Shumas

Marcy Smordin

Jennifer Young

Krystena Tomaszewicz





LOUIS BRIER JEWISH AGED
FOUNDATION

LOUIS BRIER JEWISH AGED FOUNDATION UPDATE

Around the Brier

I have so very much enjoyed the opportunity to spend time at the Brier, to speak with our residents, their families and to meet their incredible caregivers.

While I am learning so much about the people of the Brier, I am also learning about the processes of the Brier. There is so much to learn about the differences in government funding to long term care facilities and acute care facilities. One example – a nurse in an acute care hospital may have 5 patients but a nurse in a long term care facility may have 25. That’s why Louis Brier’s innovative approach to care provides one of the most comprehensive teams for our residents. From our dietitian and social worker, to our physical and occupational therapists, our care aides and our companions, Louis Brier works hard to provide the infrastructure to support the complex care needs of our residents.

That’s where the Foundation comes in. By providing enhancements to resident care and supporting Jewish life, we are able to create more opportunities for interaction with the care team and our seniors.

When you support the Foundation, you are supporting the most important treasure – our community’s most vulnerable seniors.

My thanks to you.

Sheila Kern

Executive Director,
Louis Brier Foundation

Auxiliary History

Do you have a story to share about your involvement or your family’s involvement with the Women’s Auxiliary to Louis Brier? If so, we would love to hear! Please contact Sheila directly at 604-261-5909 or email sheila@louisbrier.com.

FAMILY COUNCIL

Welcome to Louis Brier,

On behalf of the Family Council, we would like to extend and offer support and help with making the transition to Louis Brier as positive and smooth as possible.

The family Council is a voluntary body comprised of family members whose primary focus is to advocate for the delivery of safe and quality care. The council meets regularly on a monthly basis and in collaboration with the Louis Brier's leadership, reviews and discusses relevant opportunities to enhance the residents' experience.

We welcome all families to join the council and hope that you will make the choice to get involved. If you are interested in joining the family council and/or have additional questions please email us at lb.familycouncil@gmail.com.

Family Council

COMPANION PROGRAM

We are here for you! Did you know that Louis Brier Home & Hospital and Weinberg Residence offer an In-house Companion Program?

We understand the needs of your family and loved-ones and we are here to assist in enhancing their personal and social well-being. Our in-house companion program provides added quality support at a reasonable rate. For more Information, please contact:

Myla Carpio-Pelayo, QRM Coordinator
mpelayo@louisbrier.com x 4688



Fun and enjoyable time playing cards with my resident Peggy – Lourdes Duaso

FROM THE BUSINESS OFFICE

Sick Time usage has been steadily increasing each month which is also increasing our Over Time costs. This is driving a significant Deficit for this fiscal year, which we all need to be concerned about. We continue to work with Human Resources and all employees to manage our sick time and OT.

Ben Crocker
Director, Finance



THE WEINBERG RESIDENCE
ASSISTED LIVING AND MULTI-LEVEL CARE FOR SENIORS



Shanah Tovah!

*Best wishes
for a happy,
healthy and sweet
New Year!*

Call **604.267.4756**
or visit
weinbergresidence.com
to book a tour.

THE DR. IRVING & PHYLISS SNIDER CAMPUS FOR JEWISH SENIORS, SITE OF THE LOUIS BRIER HOME & HOSPITAL AND WEINBERG RESIDENCE

VOLUNTEERING

We are seeking warm, friendly and professional volunteers for our front reception desks to cover 8-10am and 1-3pm shifts, 7 days per week. Volunteers may choose multiple shifts per week or just one. Greet greet people coming in to the facility and help direct them if necessary. This position requires a minimum 6 month commitment, however a year or more would be wonderful! It would be a great opportunity for retirees who would like to stay connected to the community.

DELIVERABLES/DUTIES: first point of contact for those coming into the facilities; greeting and directing residents and family members.

QUALIFICATIONS: You have the ability to communicate with sensitivity and deal with people in a calm and empathetic manner; Ability to work independently (training provided); Good interpersonal skills; Punctual and reliable.

Julie Cameron, Volunteer Coordinator

Call 604-267-4736 or email: jcameron@louisbrier.com

JEAN ELGOOD – A SPECIAL BIRTHDAY TREAT



I happened to be speaking to Bob Elgood a few weeks back and he told me that his mum (and our resident), Jean Elgood, got a special birthday treat. Our Louis Brier resident Jean Elgood turned 100 years young on July 2nd! One way she celebrated was to be invited by the Vancouver Canadians baseball team to throw out the first ball at the Canadians baseball game on July 4th, 2019. She and her son, Bob Elgood were treated royally by the Canadians on that day. Jean worked as an usher for about ten years, and became a favourite with fans, management and players alike. She has remained a fan to this day.

As the Canadians tweeted out:

“We would like to wish the one and ONLY Jean Elgood a very happy 100th birthday! Jean has and always will be a familiar face #AtTheNat and it was amazing to see her throw out the First Pitch at Wednesday’s game.”

Who knew that she could throw a fastball! I guess Jean may be one of their hidden pitchers ready to be called up for a game when needed ;-)

Olivia Edwards, Casual Receptionist

INTERNATIONAL DAY OF OLDER PEOPLE

October 1 is the United Nations’ (UN) International Day of Older People. Each year the UN focuses on a different theme impacting older adults worldwide. This year’s focus for International Day of Older People is “The Journey to Age Equality”. In particular, this year’s events are looking to:

- Draw attention to the existence of old age inequality
- Address and prevent future old age inequality
- Look at societal and structural changes that impact policies across the life span
- Reflect on best practices for ending inequality

For more information, see the United Nations, Department of Economic and Social Affairs, Ageing resources at: <https://www.un.org/development/desa/ageing/international-day-of-older-persons-homepage.html>

THREE VACCINES FOR BETTER PROTECTION

Vaccines aren't just for kids! Adults also need vaccines to stay healthy because the risk for certain diseases (such as flu, shingles and pneumococcal disease) increases as we age.



FACT: Influenza and pneumonia are ranked among the top 10 leading causes of death in Canada.



Here are three key vaccines recommended for your protection:

	INFLUENZA	HERPES ZOSTER	PNEUMOCOCCAL
OTHER COMMON NAMES	Flu Vaccine	Shingles Vaccine	Pneumonia Vaccines
WHAT DOES THE VACCINE DO?	Protects against Influenza and its complications (chest infections, hospitalization, and death)	Protects against shingles disease and its complications (nerve-related pain)	Protects against lung infections and their complications
WHO IS IT RECOMMENDED FOR?*	All adults especially if > 65 years of age and/or living in retirement or long term care homes	Adults ≥ 50 years of age	Adults ≥ 65 years of age
HOW IS IT GIVEN?	One dose once a year, usually in the fall, given by intramuscular injection	Two vaccines are available: <ul style="list-style-type: none"> • Shingrix: Two doses given by intramuscular injection, two to six months apart • Zostavax® II: One dose by subcutaneous injection 	Two vaccines are available and both are recommended for better protection: <ul style="list-style-type: none"> • Prevnar® 13, one dose (by intramuscular injection) followed by one dose of Pneumovax® 23 (by intramuscular injection) at least eight weeks later For those who have already received Pneumovax® 23, wait one year before giving Prevnar®13

**Some vaccines may be contraindicated in certain populations and/or medical conditions. Always consult your physician and/or pharmacist for the right vaccines that are required for your protection.*

- References:
1. <https://immunizebc.ca/why-do-adults-need-vaccines>
 2. <https://www.cdc.gov/vaccines/adults/rec-vac/index.html>
 3. <https://www.canada.ca/en/public-health/services/diseases/flu-influenza/health-professionals.html>
 4. <https://www.canada.ca/en/public-health/services/infectious-diseases/fact-sheet-shingles-herpes-zoster.html>

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The Employee Recognition and Social Event Committee is honoured to announce

The Staff Appreciation Event

Recognition Awards

Who will be the 2019 Award Recipients? Find out this December



2018 Award Recipients



During the month of October, all staff, companions and family will be given an opportunity to nominate staff and companions for an award.

STAY TUNED!

HUMAN RESOURCES

Staff Appreciation Event and Recognition Awards

The Employee Recognition and Social Event Committee will be hosting a Staff Appreciation Event in December. As part of this event we will be holding our 2nd annual Recognition Awards Ceremony to recognize staff and companions who have made outstanding contributions within our organization. During the month of October, all staff, companions and family will be given an opportunity to nominate staff and companions for an award. Award Categories include:

- **Unsung Hero** – Effective, valued and appreciated.
- **Spirit of Optimism** – Passionate & positive.
- **Exemplary Service** – Provides outstanding service with attention to detail.
- **Mission, Vision, And Values Advocate** – Embodies the Louis Brier Home & Hospital and Weinberg Residence Spirit.
- **Sensational Care** – Personifies the Resident and Family Centred Care philosophy.

[We are pleased to announce that we will be adding TWO NEW Award Categories!](#)

- **Companion(s) of the Year** – Dependable, dedicated, hardworking and resident and family centred.
- **Family's Choice** – Nominated by Family and Family Council.

Please refer to the Nomination Guidelines and Awards Terms & Conditions for more details. *Who will you nominate?*

2020 Annual Vacation Requests Guidelines

All regular full/part time employees 2020 vacation requests should be submitted **starting in October 2019 through SSC**. Guidelines on how to complete this process were distributed by Human Resources via email. Please note:

- No paper or verbal requests will be accepted.
- All approvals will be confirmed via email.
- There is no need to visit/call the Staffing Office for vacation requests. Please follow the guidelines.
- **Failure to follow the guidelines may result in your vacation not being approved.**

October Events

A number of events will take place in October including Fire Prevention Week on October 6 to 12, 2019, Healthcare Food Service Workers Week on October 13 to 19, 2019, Thank Your Cleaner Day on October 16, 2019 and Health Care Assistant Day on October 18, 2019. Please stay tuned for more details leading up these events.

Monthly Birthday Celebrations

I am pleased to announce that we started organization-wide Monthly Birthday Celebrations in the Upstairs Staff Lounge on the last Friday of every month. We are encouraging a Potluck style gathering and LBHH&WR will provide the cake! This is a great opportunity to get together and recognize each other's birthday on a monthly basis. Join us to celebrate everyone's birthday that falls in October on October 25th in the Upstairs Staff Lounge!

Coffee with HR

In support of our goal to become an Employer of Choice, the Human Resources Department would like to invite you to join members of their team for Coffee in the upstairs staff lounge on the last Tuesday of every month from 11-12AM. The last few of events have been a success!!! [The next gathering will take place on October 29 from 11-12](#). These casual events are intended to share information, answer questions, get feedback, and to make HR personnel more accessible. I hope you can join us. I'm looking forward to getting to know you more.

Loren Tisdelle

Director, Human Resources

DRAGON
BOAT
RACING



Registration is now OPEN for our *Brier Fire* 2020 Dragon Boat Team!

Send us an email if you are interested in joining

Alex: aportnik@louisbrier.com

Nicole: nencarnacion@louisbrier.com

BRIER FIRE = One Team, One Voice

Hard work • Team work • Endurance

LEARNING AND TRANSFORMING TOGETHER



THANK YOUR CLEANER DAY

The physically demanding job of our cleaners exposes them to biohazards and hazardous chemicals but we depend on them to make a difference in the life of our beloved residents. They are responsible in cleaning & disinfecting the offices, private rooms, other public spaces and hallways to help prevent the spread of germs throughout the facility and for keeping our environment clean for us to enjoy.

On Oct. 16th let's recognize the hard work that often goes unnoticed, show that they are valued & appreciated, and take the time to say **Thank You** to Our Awesome Cleaners!!

Melissa Tadeson
Manager, Housekeeping & Laundry



FEDERAL ELECTION – VANCOUVER / GRANVILLE



The 2019 Canadian Federal Election is scheduled to take place on October 21, 2019, to elect members of the House of Commons to the 43rd Canadian Parliament. Here is a list of your **Vancouver Granville** Riding Candidates as of September 26th:



SEGAL, Zach
Conservative Party
Parti conservateur



NOORMOHAMED, Taleeb
Liberal Party of Canada
Parti libéral du Canada



CHOCYK, Naomi
People's Party of Canada
Parti populaire du Canada



WILSON-RAYBOULD, Jody
Independent
Indépendant(e)



HANSON, Yvonne
New Democratic Party
Nouveau Parti démocratique



BOUTIN, Louise
Green Party of Canada
Le Parti Vert du Canada

Alzheimer's Society of BC Presentation
Life in Residential Care

Some of the topics to be covered include caregiving after the transition, working with the care team, person-centred care practices, residents' rights, and advocacy tips.

Thursday, October 3, 2019
6pm-8pm
Weinberg Classroom

All welcome. Please RSVP to lb.familycouncil@gmail.com

FAMILY COUNCIL

Dear Louis Brier Families,

We want to thank you for your continued interest and commitment to Quality of Care at the Louis Brier Home and Hospital (LBHH). Some of you have indicated an interest in participating in the Family Council.

We have the following council leadership positions available: An election will be held at our October 17th meeting:

Co-Chair – Works with the other Co-Chair in scheduling, organizing and attending monthly Family Council meetings; Create and coordinate activities and programs; Maintain communication with staff/administration and Senior Leadership Team; Support families with questions or concerns; Strive to bring our philosophy to life at LBHH (To improve the quality of life and quality of care for all residents of LBHH by promoting an atmosphere of respect, collaboration, sensitivity, caring and support among staff, residents and their family members, volunteers, and friends).

Vice-Chair – Works with Co-Chairs to help implement meetings, activities and programs; taking on various duties to help liaise between committees, LBHH, Family Council and families.

Secretary – Shall record the minutes of each meeting and maintain the minutes as a permanent record.

We need and welcome your help and contribution in these areas. So please consider getting involved!

Family Council

Charlotte Katzen and Lisa Dawson, Co-Chairs

QUALITY AND RISK

Why is Quality and Risk so important at Louis Brier?

Here are Louis Brier our visions, mission and values statement say it all. We aim to provide safe quality care for our residents. We remember that since this is their home, which we are privileged to work in, our goal should always be to provide care in a caring manner. The Quality and Risk department has several goals.

1. Safety – For our residents, families and staff.
2. Effectiveness – In our delivery of services.
3. Resident and family centered care.
4. Continuous quality improvement. Always looking at how we can improve our current situation and how we can contribute to the experience of residents, families and staff.
5. Efficiency – To avoid waste and look at how to reduce non-value added items at LBHH.



In the end our goal to continue to improve our home. We are happy to work in an environment where an interdisciplinary approach is taken and there is so much care given to our residents.

Megan Goudreau, Integrated Quality and Risk Management Coordinator

SPECIAL CARE UNIT CRITERIA

As part of the campus of care at Louis Brier Home & Hospital, our facility includes a Special Care Unit (SCU). SCU is for people experiencing behaviours resulting from advanced dementia. The following behavioural traits are Vancouver Coastal Health's (VCH) criteria for placement in SCU:

Two of the following are required:

1. Risk of harm to self or others – Endangering his/her life such as; seemingly oblivious to needs or safety
2. Responsive behaviour – Exhibits physically abusive behavioural symptoms towards others, or self-abusive acts; Exhibits verbally abusive behaviours
3. Elopement risk – Persist elopement attempts that are not easily altered
4. Inappropriate behaviour – Repetitive anti- social behaviours such as: disrobing in public, inappropriate sexual expressiveness; spitting, smearing stool; Repetitive, intrusive locomotion or disruptive vocalising behaviour

All of the following are required:

- Needs considerable directional assistance or behavioural modification
- Has moderately to severely impaired cognitive skills for daily decision making
- Has an impaired ability to make self understood/understand others

Our clinical interdisciplinary team regularly reviews residents' needs for access to SCU in partnership with our VCH facility liaison.

STAFF & COMPANION MONTHLY BIRTHDAY

“BOODLE FIGHT” POTLUCK
Friday, Oct 25 – Staff Lunch Room
Cake Cutting @2:30pm



In a traditional Boodle Fight, food is placed on top of a long table lined with banana leaf and consumed without the use of plates and utensils. Here at Louis Brier, we'll be using plates and utensils for a more sanitary potluck celebration in honour of all **October babies!**

HAPPY BIRTHDAY

OCTOBER BABIES



Emma Brennan
Catherine Dennis
Olivia Edwards
Luminita Serban
Cecilia Cleto
Manny Comullob
Jose Alexis Cortez
Dolly Ellano
Janaya Llagas

Jo Ann Manzano
Christy Mendoza
Joy Lani Nahuman
Marta Tehlemichael
Regina Lvovski
Pricilla Yepes
Darlene Pawar
Hadas Ghide

Jenny Lyn Llanes
Gabriel Dela Cruz Jr.
Jona Javier
Marie Policarpio
Isabelle Rabino
Rose Marie Pabello
Hayley Hervias
Journaleen Catalasan



SURVEY INTRODUCTION

In 2018, Jewish Federation and six partner agencies hosted the first forum, **Changing Landscapes**, to begin the community discussion about the needs of older community members. The forum focused on three areas: aging in places, caregiver support and social connections. One of the recommendations arising from the forum was to consult with community members of all ages about what they believe should be the priorities. As a first step we are launching an on-line survey. There are two parts to the survey: the first part asks a series of questions about existing gaps and anticipated needs. The second part asks questions about the proposed redevelopment of the Louis Brier Home and Hospital. We want to hear from you whether you are an adult child of aging parents, a caregiver of a spouse, partner or family, are currently attending programs for people over 55 years old or are thinking about the future when you age and need more support. You may receive requests to complete the survey from multiple sources. Please only complete the survey once.

You can access the survey by visiting this link: <https://www.surveymonkey.com/r/W3SJTD>

The survey should take about ten minutes to complete. Your responses are important to us and will make a significant contribution to our consultation and planning process. The deadline to complete the survey is November 7th. We hope to present the preliminary results at our second annual Changing Landscapes forum on November 26th.

Rozanne Kipnes, Redevelopment



**LOUIS
BRIER
WATER
BOTTLES**
\$9.50 each

GIFT SHOP HOURS

SUNDAYS	12-4pm
MONDAYS	12-5pm
TUESDAYS	12-4pm
WEDNESDAYS	12-5pm
THURSDAYS	12-4pm
FRIDAYS	12-4pm
SATURDAYS	Gift Shop is closed (Shabbat/Sabbath)



Bianca Santiago LPN
Jessica Brown Program Coordinator
Kim Silver Rec Therapy Assistant
Eranda Hasani HR Practicum Student
Janelle Cole Food Service Worker

Compliments and Feedback

If you have any compliments or feedback, share them with us by visiting our website:

<http://louisbrier.com/compliments-feedback/>

Want to contribute to the newsletter?

Email our Communications Coordinator for details. Michael at mgalope@louisbrier.com



LOUIS BRIER JEWISH AGED
FOUNDATION



Demonstrate your commitment to supporting seniors by donating.

Please contact the Louis Brier Jewish Aged Foundation

Phone: 604-261-5550 Email: foundation@louisbrier.com Web: thelouisbrierfoundation.com