



Family Council (FC)
Resident Advocacy Sub Committee (RASC)
Thursday January 20, 2022
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residentadvocacygroup@gmail.com

Family Council (FC) and Resident Advocacy Sub Committee (RASC) have joined their monthly meetings!

Family Council is as a self-led, self-determining, group of families and friends of Louis Brier residents. Together with RASC, we advocate for continuous improvement in the quality of life of the residents; we provide a support forum to share concerns, explore possible causes, and create “next steps”; we facilitate communication in a constructive manner for problem resolution; we solicit examples of what is working well in order to advocate for more of the same; and we present systemic issues to senior leadership to explore improvement.

Together, we meet, build agendas and distribute updates. We care most about your conversations in the meeting and the ideas for resident quality of life which come out of it.

Our Conversations:



A. Family Council Executive Updates from Senior Leadership (SLT) Meeting Dec. 21 2021

- An Introduction of Fran and Wendy to SLT
- An introduction to June Balogh (Interim EA)

Covid Updates

- Visitation was discussed prior to the new “social visitor” status. LB coming out with their updated visitation policy January 25th.
- What constitutes an outbreak?

The count is no longer the only basis. There are other factors that they consider. **Attached is the Q&A from VCH** regarding the management of outbreaks in LTC. Why and how the definition changed is included in the document.

- Virtual Visits:

The LBHH website offers a link book virtual visit. <https://louisbrier.com/virtual->

[visit/](#) . Virtual visit is now facilitated by the recreation department, Virtual visit is open Monday to Friday from 2-4pm.

Committee Matrix

-Who are the chairs /when will we meet?

Chairs are to send out meeting invites and schedule in January

- [See committee matrix](#)

The old gift store and the recreation space,

- New concept for the gift store being discussed. Details such as finding a kosher vendor, how to pay and what kind of supervision is required needs to be sorted out

The computer room is coming back...sometime

End of Life Protocol

- Loren reviewing to take a look and to make sure it is consistent with everything. It will become an electronic copy and posted in a variety of places. (At the time of sending these minutes out, the document has been approved).

B. Companion Program Update

Keren Gertsman updated us on the Companion Program. A letter to families will be sent out this month. (at the time of sending these minutes the letter was sent - [see attached](#)) A new financial structure has been carefully created. It will enable the program to sustain itself, provide training to companions, improve compensation to companions and program coordinator and become more accessible to families as it grows. Thank you to Karen, Lunadel, Ben and Myla for their tireless 5 year effort to put in place improvements.

C. Food Advisory Committee Meeting

Pureed Menu

This is the primary topic of concern and focus for improvement right now.

Kosher Dining Experience

While the kosher food items have improved, the Kosher Dining Experience has declined. The Mashgiach should be invited to the Food Committee Meeting.

FC feels the dining experience needs improved supervision

Supervision and assistance are a priority, especially in the evening.

IDEA: HCAP students to assist in the dining room during mealtimes.

*HCAP: Health Career Access program.

*The HCAP introduces a new entry-level, non-clinical support role, called the Health Care Support Worker (HCSW), to increase the number of health care assistants at Long-Term Care for approx. 1 year. The students are employed while they go to school. They come back, do a practicum and can potentially be

employed. Education is completely free for them. They are paid to go to school, the program is completely subsidized by the government.

LBHH does have a fluctuation of the HCAP students, so they can not necessarily assign them and depend on that.

LBHH is looking at a different strategy to address some of the dining room supervision and support.

Contribute your ideas and observations. Make meaningful contributions.

- Take part in food advisory committee meetings
- Send your observations and ideas to: foodservices@louisbrier.com

D. New Business

Jan 20 COVID Pandemic in LB: A Knowledge Exchange with Staff, Residents, and Families

Based on research done by UBC School of Nursing, in late 2020, in partnership with Louis Brier Home and Hospital, delivered by Naz (Farinaz) Havaei, PhD, RN, MERM, Assistant Professor – School of Nursing, University of British Columbia.

Findings and Recommendations in each of:

- Staffing and Workload
- Sick Time Policy
- Staff Mental Health
- Visitation Policy
- Communication with Family

The link to the audio/PPT will sent out by Louis Brier

- A link to the **LTC Pandemic Response Policy Recommendations** drawn up by Naz Havaei, for the purpose of sharing out to Seniors Advocates and our Health Authorities and Ministry of Health. **Also attached**

<https://wm-no.glb.shawcable.net/service/home/~/?auth=co&loc=en&id=131743&part=2>

- **PLEASE JOIN** the February 25th Zoom meeting on Pandemic Management in BC LTC. Purpose: Co-Develop Recommendations for Best Pandemic Management Strategies in BC LTC.

The culminations of input from stakeholders (LTCHs, residents, family, family councils, resident councils etc) in each of the 5 health authorities under primary investigator, Naz Havaei Register here for free:

<https://bccare.ca/2021/12/pandemic-management-in-bc-ltc-final-virtual-debrief/>

**Next Family Council/RASC Meeting:
Date: February 17th at 7:00PM**

