



**Family Council (FC)
Resident Advocacy Sub Committee (RASC)**

Thursday December 9

lb.familycouncil@gmail.com

residentadvocacygroup@gmail.com

Family Council (FC) and Resident Advocacy Sub Committee (RASC) have joined their monthly meetings!

Family Council is as a self-led, self-determining, group of families and friends of Louis Brier residents. Together with RASC, we advocate for continuous improvement in the quality of life of the residents; we provide a support forum to share concerns, explore possible causes, and create "next steps"; we facilitate communication in a constructive manner for problem resolution; we solicit examples of what is working well in order to advocate for more of the same; and we present systemic issues to senior leadership to explore improvement.

Together, we meet, build agendas and distribute updates. We care most about your conversations in the meeting and the ideas for resident quality of life which come out of it.



Our Guest:

Dina Schweber: Chair, Board of Directors, Louis Brier

Dina is family focussed; an advocate for resident quality of life; a dedicated Jewish community member and the Long Term Care community within. Dina enlightened us on what the Board does to support the strategic growth and direction of Louis Brier.

We thank her for her time to share, educate and chat with us!!

More details here: [A conversation with Dina](#)



Our Conversations:

A. Family Council Executive Updates from Senior Leadership Meeting

This meeting was moved to December 21 so an update will be on the January 20th 2022 meeting agenda.

B. Louis Brier Committees

A revised list of Louis Brier working Committees and call for volunteers will be out shortly. Please consider participating where the topic is of interest to you. Updates to Family Council, from these meetings, are an excellent way to contribute to sharing with other families. See the current list here: <https://louisbrier.com/wp-content/uploads/2021/11/2021-Committee-List.pdf>

C. Companion Program Update

Keren Gertsman updated us on the CAC (Companion Advisory Committee) Companion Program improvements. The CAC is moving steadily towards a final letter to families which will speak to:

- The acquisition of a new time/billing application improving accuracy and efficiency,
- An increase in hourly companion rate, bringing them more in line with market value,
- An increase in the Companion Coordinator salary,
- The addition of a middle administration tier, and
- Training and Development for companions

D. Food Advisory Committee Meeting

Quarterly meetings

A reoccurring meeting invitation will be created which FC will share out to families inviting them to attend any Food Advisory Committee meeting.



Consistency in satisfying menu items

1. First level is determining what residents enjoy and/or dislike
 - Each day the food service team tries to collect feedback from 30 residents at various meals on various parts of the LB Campus.
2. Next is to determine which of the well accepted items need tweaking in consistency in order to preserve that item on the menu successfully.
 - A standardized recipe manual is being created and a training program for new cook coming into LB
 - 2 x each month there is a "Cooks Procedures Meeting" where all cooks, day off or not, come in to share tips, observations, suggestions
3. Reduce waste

Contribute your ideas and observations. Make meaningful contributions.

"Complaining is finding faults. Wisdom is finding solutions"

- Take part in food advisory committee meetings
- Send your observations and ideas to: foodservices@louisbrier.com

Idea for a January Food Services Forum

Invite families and residents to meet Manpreet Arora, Food Services Manager
Assess interest first by way of invitation and request for questions in advance.

E. Welcome Tea

Secure confirmation from Senior Leadership Team for a proposed February 6th Resident and Family Welcome Tea.

**Next Family Council/RASC Meeting:
Date: January 20th at 7:00PM**

The format will be:
15 minutes FC update
45 minutes Resident Advocacy

