



APRIL 2021

# Snider Schmooze

## A MESSAGE FROM DR. DAVID KESELMAN, CEO

It seems that (at least hoping) winter is behind us, and the weather is only getting better and better and we are seeing longer and brighter days. I hope you had an opportunity to enjoy the various activities related to Purim here at Louis Brier and Weinberg.

This year, despite COVID-19, we have tried to optimize the activities around the holidays to help lift the spirits and celebrate the holidays as much as was possibly allowed. This year despite it all, Passover and Easter, were celebrated in ways never before. Technology, iPads, iPhones, and computers played a major role in connecting and celebrating people throughout the holidays, and while not optimal, we can be comforted knowing that we can see and keep each other's company, at least virtually. As we move along the Covid trajectory, many changes are taking place, I am hoping that you are able to keep track of all the changes, and encourage you to reach out and let us know if you have any questions and/or challenges.

I am also ecstatic to let everyone know about some amazing things that have happened in the last year, which given the circumstances have an additional element of remarkability. Despite Covid, we received a **Not for Profit Employer of Choice** (NEOC) award for 2020, what an amazing testament for the great work that has been and is taking place here at the Snider Campus. We have revised and improved our website, now live and ready to use. We have recently launched the Louis Brier Mobile App, available for download through the Apple App store and Goggle Play store; we continue to engage in lots of research activities with UBC, some of which is of a national interest.

Our efforts to connect with various academic organizations continues to be very fruitful and we are seeing more and more students doing their clinical placements here at LBHH, and reporting to having an amazing and a very positive experience.

We have recently launched a LBHH day, officially celebrated on the 18<sup>th</sup> of each month. 18 in the Jewish alphabet is recognized through the word **יח**, meaning life. We have created the **#LouisBrierLife** tag, and we celebrate the day in whichever way possible, hoping it becomes a long-standing tradition. Last but not least, we have launched a Snider Campus online store. Please take a moment and scroll through the various items offered, you will find many great and affordable items. You can access the store via this link: <https://urstore.ca/louis-brier-home-hospital>.

With this in mind, I want to wish you all the best of health, wishing for a great spring and an even better summer. As always, if there is anything you wish to share with us please do so through [info@louisbrier.com](mailto:info@louisbrier.com).

**Dr. David Keselman**  
CEO

## Yom HaShoah – Holocaust Remembrance Day (April 8)

Yom HaShoah commemorates the lives and heroism of Jewish people who died in the Holocaust between 1933 and 1945. Israel's Knesset (parliament) established Yom HaShoah, also known as Holocaust Remembrance Day as a memorial to the six million Jewish people who were systematically slaughtered by the Nazis during WWII.



At the Louis Brier, a memorial service was held on Thursday April 8<sup>th</sup> in the Homeside Lounge where we remembered and honoured these people and collectively said Never Forget. Never again.

## Yom HaZikaron – Israel's Memorial Day (April 13)

## Yom Ha'atzmaut – Israel's Independence Day (April 14)

In Israel, Yom HaZikaron is the national day of remembrance traditionally observed for fallen soldiers, it has been extended to civilian victims of terrorism. At the Louis Brier, we held a commemorative service to commemorate the lives that have been lost. The Remembrance Day service took place at 2:00p.m. in the Homeside Lounge on Thursday April 15<sup>th</sup>.



Immediately following the service, there was a celebration for Israel's 73rd Birthday; Israel's Independence Day, which commemorates the Israeli Declaration of Independence in 1948. The celebration included Israeli music and possibly THE best Israeli street food: Falafel, humus and pita, Israeli-style – all made in-house!

# Spiritual Care Corner



with Chaplain  
Hazzan Rob Menes

## Counting Our Days

In Judaism, we are in that period of time called the s'firah, or S'firat HaOmer, the counting of the Omer. Traditionally this is an extremely important time, a time when we wait for the wheat harvest to come, hoping that all of our prayers for rain, and then dew, will produce food for the coming year. Finally, we celebrate Chag HaBikurim, the Festival of the First Fruits, Shavuot, Revelation, the giving of the Torah. Our Harvest.

There are so many layers of symbolism for this time and this holiday! For us, at Louis Brier and Weinberg, we are counting and we are hoping for a harvest of sorts. We are hoping that we can reap a harvest of health. So what can we learn from our tradition? Yes, it is important to count - it is not good enough to go "1, 2, 3, a lot..." The actual numbers matter. We also learn that counting some of the days is not good enough: one must count all of the days, in order, without missing a day. Every single one counts. The details matter.

We learn that it is the obligation of everyone - every person - to count. This seems unnecessary. This is exactly the opposite of the abdication of the responsibility to a leader, or a bureaucrat, or a director. Every person counts. "Trust me, we've counted the days and they all add up" is not a Jewish concept. We count, in more ways than one.

Finally, we learn that there is a way to count, a process, a regular method, a matbeah. The Nike saying "Just Do it" is anathema to Judaism. No, don't "Just Do it" - do it the right way. The process is important.

We reach our harvest by each person, and collectively, taking note of every detail, of maintaining order, and following a process. The way we carry out our business, the way we waited for the Torah, was, and is as important as what we receive. This is about being conscious and taking responsibility. For, in the end, the days will pass whether we count them or not, but we may no longer be aware of what we were waiting for. The process we use, the way we do our work, reminds us every day of what we are waiting for and what we hope to harvest. May it be a harvest of peace, of health, and of purpose!

**Hazzan Rob Menes, Chaplain**



## Is it Grief or Depression?

As we get older, we may go through a lot of changes and stressful life events such as the death of a loved one. Grief after the loss of a loved one is a normal reaction. However, grief that lasts a very long time or is unusually severe following a loss may require treatment for depression.

Depression is a medical condition that interferes with daily life and regular function. **It is not a normal part of aging.**

### WHAT ARE THE SYMPTOMS OF DEPRESSION?

Depression has many symptoms, both emotional and physical. If you have been experiencing several of the following symptoms for at least two weeks, you may be suffering from depression:

#### EMOTIONAL

Persistent sad, anxious, or “empty” mood

Loss of interest or pleasure in hobbies and activities

Feelings of hopelessness or pessimism

Feelings of guilt, or helplessness

Thoughts of death or suicide, or suicide attempts



#### PHYSICAL

Difficulty sleeping, early morning awakening, or oversleeping

Restlessness and irritability

Uncontrolled appetite and/or weight changes

Decreased energy, fatigue, or being “slowed down”

Aches/pains, headaches, cramps, or digestive problems with no clear physical cause and/or that do not ease with treatment

### HOW DO I GET HELP?

If you think that you or a loved one may have depression, it is important to seek professional help.

**The good news is, in most cases, depression is treatable, either with medication, therapy, or a combination of the two.** With the right treatment, you may begin to see improvements as early as two weeks from the start of your therapy. Some symptoms may start to improve within a week or two, but it may be several weeks before you feel the full effect.

For more information, talk to your doctor or healthcare provider.

#### References:

- 1) Older Adults and Depression – National Institute of Mental health <https://www.nimh.nih.gov/health/publications/older-adults-and-depression/index.shtml> (accessed Mar 24, 2021)
- 2) Depression – Medbroadcast <https://medbroadcast.com/condition/getcondition/depression> (accessed Mar 24, 2021)

## REHABILITATION

Support surfaces... what do you think of when you hear these two words? If you are an Occupational Therapist, a Physiotherapist, or a Rehab Assistant you automatically think of mattresses and cushions.

When Nursing comes to the Rehab team telling us of a new redness on someone's skin, we begin to investigate and assess what we can do to help manage the redness and prevent it from getting worse and developing into a pressure injury. One of the first things we consider is what someone is sleeping on and or what they are sitting on. For today we will look at mattresses – look to May's Schmooze for information on cushions.

A medical grade mattresses usually come in one or two sizes but are made of many different compositions in order to meet the various needs of residents. Most residents sleep well and comfortably on a foam mattress. This is a good quality mattress for those who have no skin integrity issues and who can position themselves relatively well in bed. For those with specialty needs, there are gel mattress overlays, mattresses that have a combination of engineered foam and air cells, mattresses that have air cells that cycle air through a pump and mattresses that have inserts that need air pumped into them. These mattresses vary in price from \$1,800 to \$9,000.

Once a potential skin breakdown is identified, Rehab assesses what can be changed in terms of a mattress to stop further problems from happening. Things that are considered are the amount of support and comfort offered, whether the mattress can provide pressure offloading characteristics or offer moisture wicking properties. The weight of the resident, continence, friction and shearing tendencies, potential for heat build up - all is taken into account when assessing the best mattress to provide.

At Snider campus, we work hard to develop a supply of mattresses of varying grades to be able to meet the needs of residents. We look for ways to fund the purchase of specialty mattresses and are proud to be able to offer what most other LTC facilities do not and cannot. We are able to provide therapeutic mattresses through generous donations from the Louis Brier Jewish Aged Foundation as well as from grants that we have applied for and been successful in winning. The comfort and health of residents is always being assessed. Good sleep hygiene is one component that the Rehab team considers important to the comfort and health of Louis Brier and Weinberg residents.

### **Laurie Moore**

Leaders, Rehabilitation and Physiotherapist

## PROPER PROTECTION FROM THE SUN



With the warmth of spring and the expectation of sunny, lovely weather, we want to ensure that your loved one has lots of opportunities for getting outside and that they are well protected from the sun. Hats can offer terrific protection that can protect the eyes and skin from the harsh (yes, even in spring!) rays of the sun.

During your next visit, please consider dropping off a hat for your loved one to use when they're outside.

### Things to consider:

- Please ensure their name is inside the hat (we want to make sure that their hat stays theirs!)
- Consider a wide brim and fabric of a tight weave is ideal so that the sun can't sneak through.



## WELCOME LETTER

### Welcome to Louis Brier,

On behalf of the Family Council, we would like to extend and offer support and help with making the transition to Louis Brier as positive and smooth as possible.

The family Council is a voluntary body comprised of family members whose primary focus is to advocate for the delivery of safe and quality care. The council meets regularly on a monthly basis and in collaboration with the Louis Brier's leadership, reviews and discusses relevant opportunities to enhance the residents' experience.

We welcome all families to join the council and hope that you will make the choice to get involved. If you are interested in joining the family council and/or have additional questions please email us at [lb.familycouncil@gmail.com](mailto:lb.familycouncil@gmail.com).

**Family Council**

## FAMILY COUNCIL – LOUIS BRIER GARDEN UPDATE

*“Spring is the time of plans and projects.”*

— Leo Tolstoy, Anna Karenina.



The gardens at Louis Brier are gifts. Volunteering to help keep the gardens healthy and in good appearance is a pleasure that gives back over and over again. We appreciate the community of staff who maintain and enhance the gardens and the residents who advise us and share their delight.

The bulbs in SCU garden and Shalom Gardens are in bloom and a wonderful variety of birds have been visiting. The gardens are made colourful with primroses. There are new buds on the bushes and climbers that were planted last year, and we anticipate more colour to come.

Many of the early flowering plants in SCU garden were placed with views from the windows in mind, so that residents may enjoy the garden from inside. The raised beds have been cleaned in anticipation of this year’s vegetable choices.

The second floor balcony’s urban potted garden will bloom later but, stronger this year with all new plants and new soil.

We look forward to warmer weather when residents, companions and staff may enjoy outside strolls and sitting in the sunshine. We pray that we, family and friends, will soon be able to join them. Families who wish to volunteer to tend to the gardens, donate plants, flowering baskets or planters with flowers are asked to email Family Council at [lb.familycouncil@gmail.com](mailto:lb.familycouncil@gmail.com).



A very special thanks to Lisa Ford, Joy Salzberg and Charlotte Katzen for their dedication and hard work in revitalization of the gardens!



## HUMAN RESOURCES

### Canadian Non-profit Employer of Choice Award!!!

Louis Brier Home and Hospital and Weinberg Residence has officially been awarded the 2020 Canadian Non-profit Employer of Choice Award!!!

The news was announced during the March 18th, 2021 Louis Brier LIFE Day through a Special Announcement Presentation at LBHH and WR and streamed live via zoom.

“It really is each and every one of us - employees, companions, physicians, foundation, board members, residents and families that make Louis Brier Home and Hospital and Weinberg Residence the workplace it is today.” said Loren Tisdelle, Director, Human Resources at LBHH and WR. “This accomplishment is especially remarkable considering the unprecedented events of 2020. Despite adversity and challenges of Covid-19, especially in our healthcare sector, we remained focused and resilient and continued to work on creating an Employer of Choice workplace. There is something truly special about working at Louis Brier Home and Hospital and Weinberg Residence.”

“We’re very excited to announce the winners of the 2020 Non-profit Employer of Choice™ award.” said Jeff Doran, president of CCEOC Inc. “2020 was an extremely difficult year. But even with all the challenges caused by the pandemic, these organizations took the time to assess their operations and recognize their employees for all their hard work and sacrifice. My hat is off to all of these amazing non-profits!” Doran says, “All winning non-profits showed strong leadership qualities, particularly in the areas of reputation, management/employee relations and personal enjoyment. These organizations can now promote their employer of choice brand and put together workable action plans to help make their organizations™ even better places to work.”



### NEW #LouisBrierLIFE Lanyards & “Employer of Choice” Pins



To celebrate being officially recognized a Canadian Non-profit Employer of Choice, we are giving all employees a brand NEW #LouisBrierLIFE Lanyard for FREE as a small token of appreciation for your contribution to this significant achievement.

Please accept your gift at LB Reception from Tuesday, April 6<sup>th</sup> to Friday, April 16<sup>th</sup> and in addition you will receive an accompanying “Employer of Choice” pin!

By wearing this lanyard and pin you are proudly saying, “I contribute to an “Employer of Choice”

## HUMAN RESOURCES *continued*

Workplace and I am proud to be a part of the LIFE (CHAI) here at LBHH&WR” ...so “out with the old and in with the NEW” #LouisBrierLIFE lanyards!

### “Louis Brier LIFE Day” - The 18th of EVERY Month

“Louis Brier LIFE Day” is intended for everyone to demonstrate their pride in Louis Brier Home and Hospital & Weinberg Residence and everything that we stand for - our Mission, Vision and Values – and to celebrate CHAI (LIFE)!

We will be celebrating “Louis Brier LIFE Day” on the 18th of every month! We encourage everyone wear their new LBHH Royal Blue Outfit and/or blue clothing/accessories to demonstrate their pride in the exemplary care we provide to our Residents and participate in some fun activities to celebrate CHAI (LIFE)!

### What is this “LouisBrierLIFE”?

CHAI means LIFE at LBHH&WR and represents our Values – Caring, Health Safety and Wellness, Accountability and Integrity. “LouisBrierLIFE is a way of LIFE at LBHH&WR...and it is through your contributions that LBHH&WR is CHAI (LIFE)!

### Health Careers Access Program (HCAP)

The new 20 Health Care Support Workers (HCSW) through the brand new Health Careers Access Program (HCAP) will be starting onsite at LBHH&WR very soon!!!!

The HCSWs will be providing a wide range of support including, but not limited to:

- Participating as an integral member of a healthcare delivery team
- Establishing a caring relationship with clients, residents and families
- Providing support and assistance with mealtime activities
- Providing support and assistance in carrying out activities

Please give these new LBHH&WR Employees a warm welcome and show them your support as they get oriented to these brand new roles. These “HCSWs” will be working towards obtaining their Health Care Aide Registration and will be working with you as they learn and develop.

*Do you have any questions, comments, suggestions or concerns regarding the HR content above? If so, please email [HR@louisbrier.com](mailto:HR@louisbrier.com) and tell us what you think.*

**Loren Tisdelle, CPHR**

Director, Human Resources

## “Hard Work Is the Key to Success”



My name is Priya Papneja and I worked at Louis Brier Home & Hospital as Health Care Assistant from last seven years. I had a really good experience working as HCA in this facility which encouraged me to learn and grow more in this field and I decided to upgrade myself. With my colleagues’ help and references, I joined CDI College for LPN program and recently graduated as a proud Licensed Practical Nurse.

I won’t lie, the journey and transition from HCA to LPN was hard. There was a time during the LPN program when I wanted to quit because it was not an easy program, but I kept on pushing myself and I am honoured to be where I am today. I learnt from my experience that nothing is impossible if you are hard working and dedicated towards your goal. And with my family’s support and hard work I have achieved my goals.

When I worked as HCA in this facility, I observed other nurses who were more educated and capable of helping others more than I did. The way the nurses helped residents to relieve their pain, healing their wounds, dealing with families and doctors, always making sure the residents, family and staff are comfortable and happy, inspired me a lot.

In the end, I would like to mention that it’s like a dream come true to be able to come back in Louis Brier Home & Hospital as Licensed Practical Nurse and I would like to thank all my colleagues and management for giving me all the love and support.

## LOUIS BRIER MOBILE APP

Louis Brier Home and Hospital is pleased to announce the launch of its new mobile app. The LBHH app will be a primary source for individuals to receive notifications, have information, and the ability to connect and leave feedback at the touch of a button. Having an app also helps LBHH progress in the technology space.

By downloading the LBHH app, our residents, family members and employees can instantly access updates and information on Covid-19, Accreditation, resident programs and services, events, newsletters and much more. Employees will also have the ability to access resources such as their schedules, timecards, and paystubs. The app is available for download on both the Apple Store and Google Play store.



## LOUIS BRIER JEWISH AGED FOUNDATION



LOUIS BRIER JEWISH AGED  
FOUNDATION

**THIS YEAR** LIKE NO OTHER  
**THIS YEAR** MORE THAN EVER

**THE FOUNDATION 2021-2022 CAMPAIGN**  
SUPPORTING THE LOUIS BRIER HOME & HOSPITAL

This spring sees the launch of the **THIS YEAR LIKE NO OTHER, THIS YEAR MORE THAN EVER 2021 – 2022 Louis Brier Jewish Aged Foundation CAMPAIGN** – a two-year fundraising campaign raising funds to **enhance, care and innovate** program and service offerings for residents of the Louis Brier Home and Hospital.

**This year more than ever, we are forever grateful for your help in**

**canvassing our donors.** Early in 2020, our Foundation stepped up to assist the Louis Brier leadership in its exemplary response to the COVID19 pandemic. By doubling our funding, we were able to support them in keeping our seniors safe and engaged during one of the most challenging years of their life.

**This year more than ever, we plead all generations of our community to collectively pull up their sleeves towards SAFEGUARDING OUR SENIORS.**

The Campaign will run from **Monday, April 19 – Friday, May 28, 2021** and with your help, we are **set to raise \$2.4 Million.**

Ultimately, our goal to raise \$2.4 million dollars is to keep up with the Home and Hospital's funding needs, which doubled with the onset of COVID 19. While the Foundation is well aware of the many challenges of the present time, we **believe this year like no other, and more than ever** we must collectively come together to care for, and give a well-deserved kavod, to the people who built our community for us in the first place. To contribute and create impact where it's most needed after the extraordinary challenges of the year 2020. Quantifiable impact. To be part of ensuring that the physical, mental and spiritual needs of our Jewish seniors are met so that they have a life of dignity, fulfillment and happiness they so much deserve, while they are still with us.

### **Ayelet Cohen Weil**

Executive Director  
Louis Brier Jewish Aged Foundation



WE NEED YOUR SUPPORT TO  
**SAFEGUARD OUR SENIORS**

**THIS YEAR** LIKE NO OTHER  
THIS YEAR **MORE THAN EVER**



LOUIS BRIER JEWISH AGED  
FOUNDATION

**THIS YEAR LIKE NO OTHER  
THIS YEAR MORE THAN EVER**

**Demonstrate your commitment to supporting seniors  
by donating to the 2021-2022 Campaign**

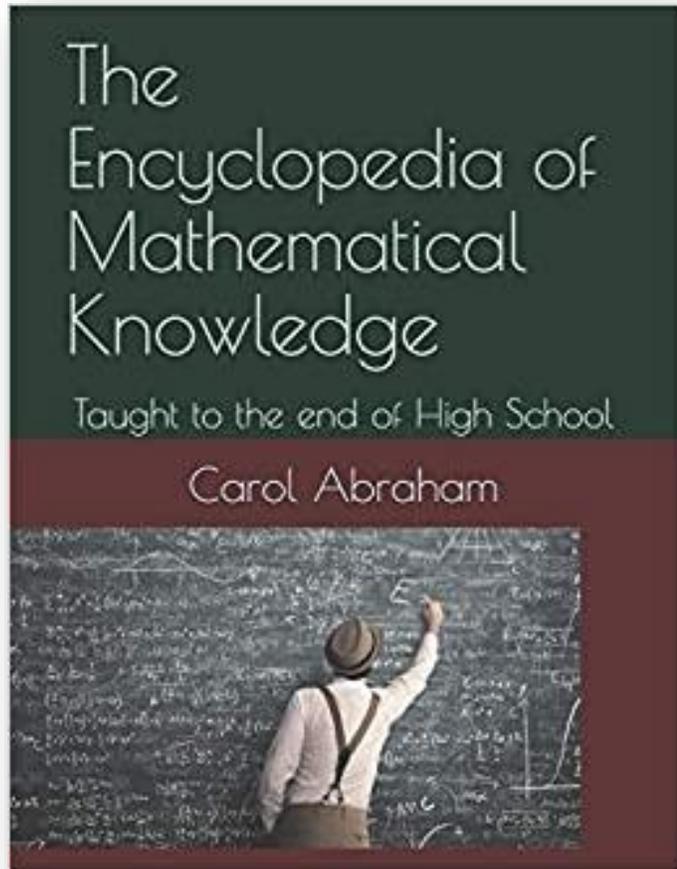
Please contact the Louis Brier Jewish Aged Foundation

T: 604-261-5550 E: [foundation@louisbrier.com](mailto:foundation@louisbrier.com) W: [thelouisbrierfoundation.com](http://thelouisbrierfoundation.com)

## Carol and Liliana Abraham's Story: The Spirit of Optimism Shining Through in Louis Brier

All things are possible when one has the heart and the will to achieve the dream. "His dream is to write a book," said Liliana in the most heartfelt way a wife could speak about her husband, Carol Abraham. He had a "certain equation in mind" that he was determined to write about in order to engage and inspire people of all ages to appreciate Math.

In May 2017, Carol moved to Louis Brier Home and Hospital because of his increased physical needs. His vision started to deteriorate, his muscle strength weakened and his once ability to talk started to manifest as a murmur due to Parkinson's disease. On top of it all making it more difficult to accomplish his dream of writing a book is the COVID 19 pandemic March with numerous restrictions in place. However, all these were never a hindrance to achieving his desire in putting his brilliant thoughts to writing. Carol dreamed of writing a book despite all the difficulties and challenges. Louis Brier made a way to make Carol's dream come true.



An essential visitor pass was granted to their dear friend, Felicia, an engineer, who came a couple of times per week to read and type for Carol. Finally, in November 15, 2020, in the midst of the COVID-19 pandemic, Carol achieved his dream, and "The Encyclopedia of Mathematical Knowledge: Taught to the End of High School" was then published. (Fun fact: That is him on the cover). Liliana and Carol are very grateful of what Louis Brier has contributed to this success. "Louis Brier was very caring, and they always try to facilitate and supported Carol in writing his book," Liliana stated.

Carol Abraham is a mathematician with a doctorate in Physics, and Liliana is a biologist. Carol and Liliana's love story began on one fine Sunday on February 5, 1961 in Israel that they met each other. Love must have bloomed exponentially because that next Friday, Carol proposed to Liliana. Recently, Liliana moved in to Louis Brier to be with her husband. Now on their 60th year of marriage, March 16, 2021, both are exuding with love and happiness. "I am very happy to be celebrating our anniversary beside him, in Louis Brier."

## THE DUKE OF EDINBURGH'S INTERNATIONAL AWARD

### An Interview with Tazim Esmail RN BSN

1. What is the Duke of Edinburgh's International Award?

*It is a self-development program available to young people from age 14 to 24. It was founded in 1963 by Prince Philip, the Duke of Edinburgh.*

2. What does the program consist of?

*The program consists of 5 categories: Service, Expedition and Exploration, Skills, Physical Fitness and Residential Project. It requires a great deal of time, effort, and commitment.*

3. Which category did you enjoy the most?

*I most enjoyed the Service category. I realized my interest of working with seniors. As a teenager, I volunteered at the Chilliwack General Hospital as a candy striper. It gave me great pleasure and satisfaction caring for the elderly residents.*



4. When did you receive The Duke of Edinburgh's Gold Award?

*It was a great honor and privilege to be presented the Duke of Edinburgh Gold Award on August 18, 1994 by His Royal Highness Prince Philip in Vancouver, British Columbia.*

5. How did it influence your life?

*Taking part in this award program helped me to discover my interests and make lifelong friends. I also found a great deal of satisfaction in helping others. The program helped me with my personal growth and development as I set goals and worked towards them.*



6. Do you have any final remarks?

*My time volunteering with seniors inspired me to pursue a career in nursing. I graduated from the University of Victoria Nursing Program with distinction in 1999. I am proud to say that I have worked at Louis Brier Home and Hospital for the last 21 years. I have a passion for seniors' care, and regularly advocate for residents, families, and staff. I endeavor to continually improve and profoundly impact workflow and quality of life for our residents.*

## VOLUNTEER PROGRAM

### Meet Our New Volunteer Coordinator

Hi! My name is Renan Passatore, but you can call me Renny. When I first sat down to write this biography, I realized how diverse my experience is. It is not surprising given my love for hospitality, travel and tourism, events, and the healthcare industry. I also have a bit of an entrepreneurial spirit, and over the years, I have owned/operated a travel agency connecting travellers worldwide.



I have an open-door policy for anyone in the organization. I flourish in stressful situations, and if a colleague was asked to describe me, they might say that I love to be challenged and, even more, I love to challenge others. If somebody forced me to talk about my best qualities, I would say that it is my positive attitude and teamwork mentality. In my role, I believe that teamwork is the most significant and most underrated mentality in Volunteer Engagement and Quality & Risk Management at Louis Brier Home & Hospital.

I am excited every day at LBHH because the program we are developing is really helping people....does it get any better than that?

## WE ARE LOOKING FOR VOLUNTEERS!

At Louis Brier Home & Hospital, we are dedicated to providing our residents with a life enriched in every way, and we couldn't do what we do without our valued volunteers.

Given the many challenges presented by the COVID-19 pandemic, a show of solidarity exhibited through volunteering is heartening. We are working hard to have a healthy and safe environment for all. As we prepare to restart our programs with our residents, we are looking for intentional volunteers to help in some areas that will have little or no contact with the residents – at first.

In the future, our group of volunteers will provide support in innovative programs and support vital daily services such as accompanying residents to concerts, synagogues and organized outings; teach classes such as computers, arts & crafts and flower arranging; and assist with exercise, help decorate for the holidays, and much more.

Volunteering at Louis Brier is a gratifying experience, but don't take our word for it – here are some of the things our volunteers have said about their experience:

*“Seniors can be great mentors to us; we can learn a lot from their experience. They are very knowledgeable and like to tell their stories to others.”*

## VOLUNTEER PROGRAM *continued*

*"I recently retired, and volunteering helps me stay involved in the community."*

*"I knew that I was interested in studying nursing after high school; my volunteer experience has really confirmed my choice of a future career."*

### NEW VOLUNTEER INITIATIVES

#### **Friendly Visitors**

*Friendly Visitors* is a program where the volunteers can engage with the residents on a daily basis. Our Friendly Visitors group are trained volunteers willing to commit 2-4 hours per week to come into LBHH. The program aims to enhance isolated or lonely seniors' social and emotional well-being by matching them with a weekly volunteer visitor.

This program is designed to be delivered through multiple digital platforms such as Zoom or Skype and in person. The minimum age to be part of the program is 18 years of age or older.

#### **Letter from a Friend**

As time goes by and technology evolves, it has become rare to receive a handwritten letter from our friends and family. With that in mind, we at Louis Brier Home & Hospital want to encourage volunteers to take part in this loving action. We would love it if you would write a handwritten letter to a resident.

#### **Tell Me a Story**

*Tell me a Story* is a program where the volunteers will have the opportunity to engage with the Louis Brier Home & Hospital residents and awake the sense of imagination in the elderly. If you like to sharing stories, sharing cultural aspects of society and Jewish, this is the project for you to be involved with. Our residents love to hear a very good story been told by a very kind and lovely person.

*Tell me a Story* will bring much more than the audience participation. It will develop an essential sense of being part of a community promoting focus and creativity. This program is designed to be delivered through multiple digital platforms such as Zoom or Skype and in person. The minimum age to be part of the program is 16 years old.

To learn more about these new initiatives and how to participate, please contact our Volunteer Coordinator at +1 (604) 261-4736 or send an email to [rpasatore@louisbrier.com](mailto:rpasatore@louisbrier.com).

We are looking forward to volunteering with you!

#### **Renan Passatore**

Coordinator, Volunteer Activities, and Quality & Risk Management



**THE WEINBERG RESIDENCE**  
ASSISTED LIVING AND MULTI-LEVEL CARE FOR SENIORS

## A warm sense of community and excellent affordable care in the heart of Oakridge

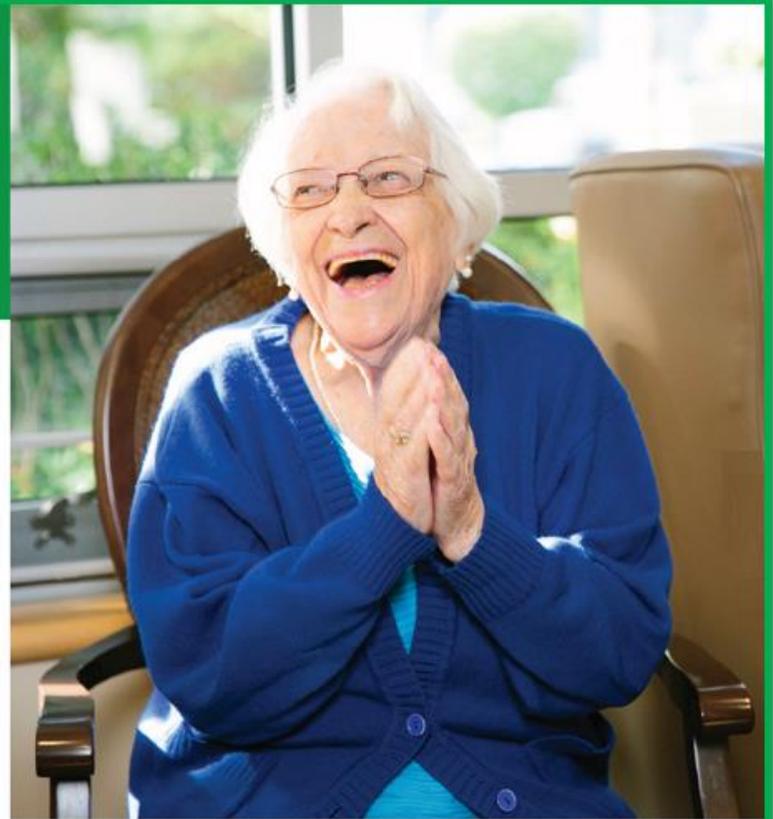
- Assisted Living & Multi-Level Care
- 24/7 nursing coverage
- Caring, professional staff
- Diverse, engaging programming & culture
- Bright, spacious suites up to 835 sq.ft.
- Chef prepared healthy meals

For more information or to book a tour, call us at

**604.261.9622**

or visit [weinbergresidence.com](http://weinbergresidence.com)

5650 Osler Street, Vancouver, BC V6M 2W9



Wishing Israel a  
*Happy 73rd Birthday!*

THE DR. IRVING & PHYLISS SNIDER CAMPUS FOR JEWISH SENIORS, SITE OF THE LOUIS BRIER HOME & HOSPITAL AND WEINBERG RESIDENCE

### STARS OF VANCOUVER AWARDS

We are thrilled and humbled to share with you that Louis Brier Home and Hospital has been awarded one of the top three prizes for "Best Seniors Residence" in Vancouver for 2021. The annual Stars of Vancouver Reader's Choice Awards is all about recognizing and honoring the best in business, service, entertainment and city offerings as voted by its readers.

It is a great surprise, and an amazing accomplishment to receive this award, especially just having been awarded the Canadian Non-profit Employer of Choice Award (NEOC). We would like to thank everyone who voted for us and congratulate all of this year's winners.



## LOUIS BRIER COMMUNITY FOOD TRUCK INITIATIVE

The food truck initiative has been a great success at Louis Brier and as a result of the feedback we have received, we have created the **LBHH Community Food Truck Schedule** for the month of April. And will continue to do so throughout the summer.

As you may be aware, LBHH was recently awarded the **Non-profit Employer of Choice Award**, and this is just one of the many initiatives in place here on the campus for our employees. Our goal is to bring more food trucks onboard offering a variety of meal options to those on the Snider Campus and to the rest of our community.

We recognize that there are limited dining options in the area and we would like to continue offering more value-added services to our employees, companions, volunteers, residents, families, clinical instructors, students, volunteers and our community in general.

### April 2021

### LBHH Community Food Truck Schedule



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
28	29	30	31	1	2	3
4	5	6 Rice + Soup Cambodian	7	8 Meet2Eat Mexican/Greek	9	10
11	12 Indish Indian	13	14	15 Israel Independence Day Meet2Eat Mexican/Greek	16 Louis Brier LIFE Day Namaste Food Lovers South Asian	17
18	19	20 Rice + Soup Cambodian	21	22 Penang Bistro Malaysian	23 Meet2Eat Mexican/Greek	24
25	26 Dos Amigos Tex - Mex	27	28 Indish Indian	29 Meet2Eat Mexican/Greek	30 Namaste Food Lovers South Asian	1
 		Address: 1055 West 41st Avenue   Vancouver BC   V6M 1W9 <a href="http://www.louisbrier.com">www.louisbrier.com</a>	Please note that the schedule is subject to change due to the availability of the Food Trucks. The Food Trucks will be at Louis Brier Home & Hospital from 10:30 am to 2:30 pm. For more information contact us at <a href="mailto:hr@louisbrier.com">hr@louisbrier.com</a> or 604.267.4728			

# BUILDING PARTNERSHIPS



LOUIS BRIER  
HOME & HOSPITAL



WEINBERG  
RESIDENCE



## Did you know?

Louis Brier Home & Hospital is a teaching facility for students in the UBC Faculty of Medicine and the UBC School of Nursing.

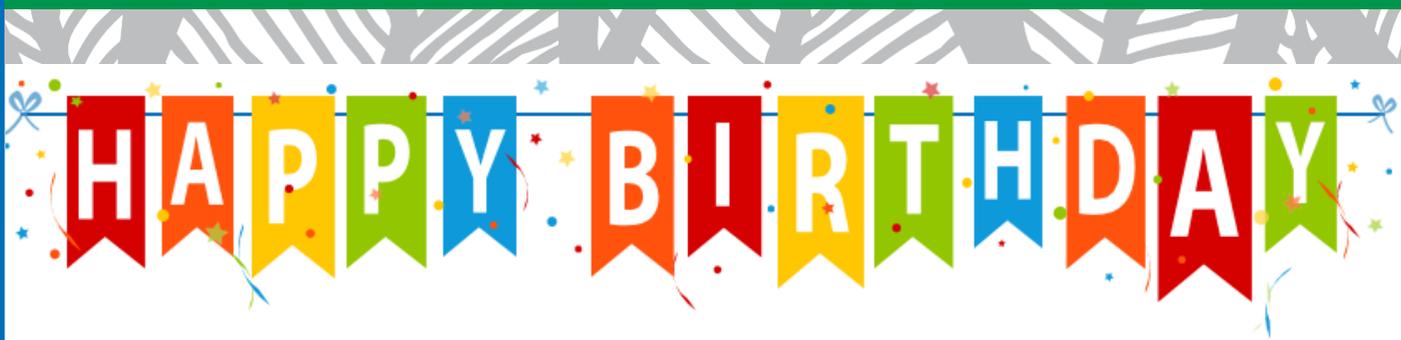
We are committed to supporting continuous learning, research and innovative practice as we strive towards becoming the Centre of Excellence in elder care.

Geriatrics • Long Term Care • Assisted Living • Multi-Level Care



THE UNIVERSITY OF BRITISH COLUMBIA  
School of Nursing

ONE HUNDRED YEARS  
1919-2019



## APRIL BABIES

Carolie Abad  
Aileen Asuncion  
Cheryl Barbaza  
Devinder Bhatthal  
Carol Bucknor  
Beresford Burrell  
Navjot Chhina  
Ludmila Cikatricis  
Arceli Cruz  
Allyn Esguerra

Estela Garcia  
Manpreet Gill  
Megan Goudreau  
Dahlia Heter  
Kemba Jackson  
Nina Kahori  
Jenna Mcalpine  
Almaz Mekuria  
Florence Mercado  
Jackylou Patenio

Helen Race  
Princess Respes  
Erich Salazar  
Narinder Sandhar  
Emma Simon  
Editha Soriano  
Shirley Victo  
Joyce Yiu



**Francisco Villalobos**  
Program Coordinator

**Amy Wynja**  
Recreation Therapy Assistant

**Japher Gomez**  
Care Aide

**Dianne Villanueva**  
LPN

**Gurmeet Sandhu**  
Housekeeping & Laundry Aide

WE NEED YOUR SUPPORT TO  
**SAFEGUARD OUR SENIORS**

**THIS YEAR** LIKE NO OTHER  
THIS YEAR **MORE THAN EVER**



LOUIS BRIER JEWISH AGED  
FOUNDATION

**THIS YEAR LIKE NO OTHER  
THIS YEAR MORE THAN EVER**

**Demonstrate your commitment to supporting seniors  
by donating to the 2021-2022 Campaign**

Please contact the Louis Brier Jewish Aged Foundation

T: 604-261-5550 E: [foundation@louisbrier.com](mailto:foundation@louisbrier.com) W: [thelouisbrierfoundation.com](http://thelouisbrierfoundation.com)

## COMPANION PROGRAM

**We are here for you!** Did you know that Louis Brier Home & Hospital and Weinberg Residence offer an In-house Companion Program? We understand the needs of your family and loved-ones and we are here to assist in enhancing their personal and social well-being. Our in-house companion program provides added quality support at a reasonable rate. For more Information, please contact:

**Myla Carpio-Pelayo**  
Companion Coordinator  
Ph: 604-267-4688 E: [mpelayo@louisbrier.com](mailto:mpelayo@louisbrier.com)



## LOST & FOUND

### Lost an item?

Over the last six months, Reception has received a variety of items that range from watches, gloves, eye glasses to wallets and keys. If you or your family member has lost an item, please provide a description of the item to Human Resources to claim.

*Items not claimed by the 15th of the month will be donated to Jewish Family Services.*

**Sonia Cinti**  
Manager, Human Resources



## GET THE APP



Apple Store



Google Play Store

## FOLLOW US ON SOCIAL MEDIA



@LouisBrierBC



Louis Brier  
Home and Hospital



@louis\_brier



Use  
respectful  
language  
& tone

TAKE A STAND **LEND A HAND**



# ALL STAFF MUST BE SCREENED AT THE BEGINNING OF EACH SHIFT

(COMPANIONS, CONTRACTORS AND VISITORS INCLUDED)

**1** Take temperature of each staff prior to entering the Long Term Care Facility

If **37.9°C** or LESS, proceed to Question #2

If **38.0°C** or ABOVE, send staff wearing a mask to a Covid-19 testing site immediately, or as soon as site opens.

- Provide list of site locations and hours.
- Ensure staff wear a mask when attending a staff testing site.
- Staff to **self-isolate** at home pending results.



**2** Ask if staff is experiencing any of the following symptoms:

- Fever
- Cough
- Diarrhea

If **NO** proceed to Question #3

If **YES** to any of these symptoms, send staff with a mask to attend a staff testing site immediately, or as soon as site opens.

- Provide list of site locations and hours.
- Ensure staff wear a mask when attending a staff testing site.
- Staff to **self-isolate** at home pending results.



**3** Ask if staff is experiencing any of the following milder symptoms:

- Runny Nose
- Sore throat
- Headache
- Muscle Ache
- Fatigue
- Other Cold Symptoms (e.g. congestion)

If **NO**: Staff is able to **commence shift**

GO

If **YES**:

- Staff **can work their shift** while wearing a mask. Remind staff to maintain appropriate hand hygiene throughout their shift.
- Staff to attend a testing site after their shift (provide list of site locations and hours).
- Staff may **continue to work wearing a mask** pending test results.

GO

- If screening at the start of subsequent shifts identifies fever, cough or diarrhea, exclude from work and ask staff to **self-isolate** at home pending test results.

STOP