



OCTOBER 2020

# Snider Schmooze

A MESSAGE FROM DR. DAVID KESELMAN, CEO

**Welcome to the October edition of the Snider Schmooze.** Last month, we celebrated the Jewish New Year – Rosh Hashanah. Depending on the origin, celebrating Rosh Hashanah may take on a range of activities and festivities, and of course, a range of foods and dishes such as the customary apple dipped in honey to symbolize the year to come to be filled with sweetness, health, happiness, and success.

While September marked some of the most important Jewish holidays, or as they are referred to as High Holidays, to include Yom Kippur (the Day of Atonement, is a day of fasting and repentance, affording man the opportunity to cleanse himself of his sins and renew his relationship with God). October brings about the holiday of Sukkot (The Festival of Booths – with Lulav and Etrog in hand, we camp out under the stars for seven days and remember that God is our ultimate protection).

The festival of Sukkot is agricultural in origin, which is evident from the biblical name “The Feast of Ingathering” or “Festival of Booths.” The Sukkah is a booth where most eating, drinking (and for some folks) sleeping is done during Sukkot. As with every year, and COVID restrictions permitting, we will be erecting a Sukkah. The beautiful Sukkah at the Louis Brier is located in the Shalom Garden, when ready, we welcome staff and residents to visit while the Sukkah is up (keeping COVID guidelines in mind).

Despite COVID and all the associated challenges it presented us with, we continue to focus on quality care and making sure we stay COVID free. As per VCH/MoH directives we have opened and expanded our visitation and continue to work with our staff, residents, and families to further improve and expand visitation opportunities. I did want to take this opportunity and remind everyone that the flu season is

upon us as well. Please take every opportunity you have to learn about any specific requirements, consider the flu vaccine and above all keep good hand hygiene and infection control practices. If you have any questions and or concerns, please let us know by emailing us through [info@lousibrier.com](mailto:info@lousibrier.com).



I wish you all healthy and happy October!

**Dr. David Keselman, CEO**



The Louis Brier Sukkah in the Shalom Garden

Louis Brier Sukkah 2019

*Happy Sukkot*



# Welcome to WorkPerks<sup>®</sup>

Discounts to help you save on life's essentials.

We're excited to introduce you to WorkPerks for Louis Brier Home & Hospital. WorkPerks can help you and your family save \$1,000s each year with special discounts on home electronics and entertainment, health and wellness, apparel, food and so much more.

## START SAVING TODAY!

- Go to [louisbrier.venngo.com](http://louisbrier.venngo.com)
- Create your WorkPerks account
- Start saving

**NEED HELP?** [support@venngo.com](mailto:support@venngo.com)



[louisbrier.venngo.com](http://louisbrier.venngo.com)

express  
workperks



## LOUIS BRIER APPRECIATES YOU

### Donations

The tradition of community support and kindness continues strongly, and over the last month, we have received the following donations:

- **1000 Masks and 144 No Rinse Hand Sanitizer** – B.C.Chinese-Canadian Charity Group Society



## FAMILY COUNCIL

### Facts about Hummingbirds

1. A flock of hummingbirds is called a "Charm".
2. Male Hummingbirds return first to breeding grounds as they establish a territory.
3. Females follow to prepare a nest or fix up their previously used nest.
4. Many times a female makes more than one nest as a decoy to keep her eggs and hatchlings safe from predators.
5. Hummingbirds cannot walk.
6. A hummingbird can hear higher-pitched sounds than we can, and can hear tiny differences that our ears just simply can't detect.
7. Hummingbird vision can see things into the ultraviolet range. They are especially attracted to the color red.
8. Hummingbirds migrate in response to a changing length of daylight so it's not necessary to stop feeding them to force them to go south.
9. When the hummingbirds first return, they look for trees with broken branches, that will drip sweet sap providing just what they need. Place a nectar feeder out early in the spring and the hummingbirds will find it very quickly!
10. Hummingbirds are very intelligent, and are able to remember places and individual people from one year to the next. Including where you put your feeders. A built in GPS!

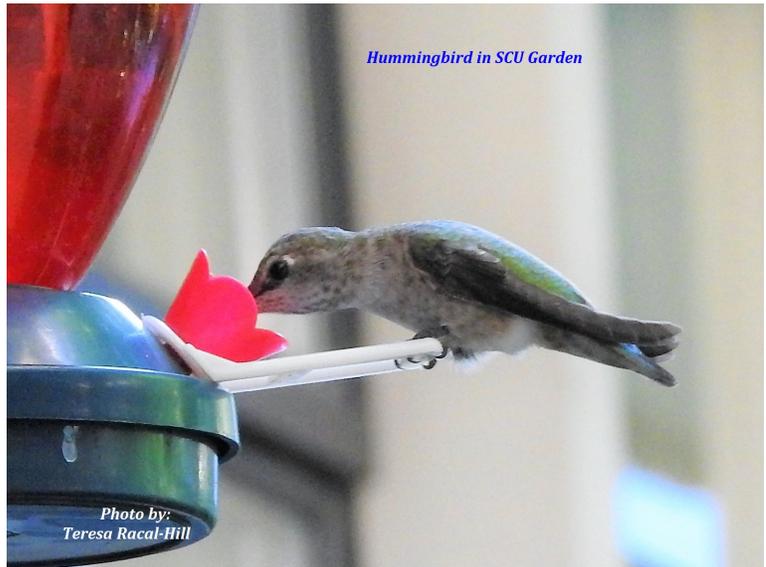


Photo by:  
Teresa Racal-Hill

Photo of hummingbird in SCU Garden which Lisa Ford has generously been tending to all summer.

## SUKKOT



### **SUKKOT: The “Festival of Tabernacles” and the “Feast of Booths”**

Begins Friday, Oct. 2 (Erev) at sundown and ends at sundown on Friday, Oct. 9, 2020

#### **A Little History**

The fall harvest festival of Sukkot is agricultural in origin and is evident from the biblical name “The Feast of Ingathering” or “Festival of Booths.” The Sukkah is a booth or temporary shelter and is meant to remind the Jewish people of the temporary dwellings the Israelites built when they were wandering through the desert. The walls of a sukkah can be made of almost anything, but the room must be made out of plants that grew from the ground and are no longer attached to the ground. One must also be able to see the stars through the room. The sukkah is where most eating, drinking (and for some folks) sleeping is done during Sukkot. The beautiful Sukkah at the Louis Brier is located in the Shalom Garden and will be ready and welcoming visitors on Friday, October 2.

#### **Traditions and Customs**

The First two days and last two days of the holiday are Yom Tovim, or Holy Days, with the same observance and guidelines as on Shabbat. The remaining days are known as Chol Hamoed or Intermediate Days (“festival weekdays”) and are regular days. The seventh day of Sukkot is called Hoshana Rabbah (“Great Hoshana.”) October 10, Shemini Atzeret and Simchat Torah, on October 11 are both Yom Tovim and are observed with the same guidelines and restrictions as on Shabbat. Throughout the week of Sukkot, many Jewish families eat their meals in the Sukkah and some Jewish families often sleep there (although

## SUKKOT



*Inside the LB Sukkah*



*Lulav and Etrog*

the requirement is waived in case of rain or cool weather.) Every day, a blessing is recited over the Lulav and the Etrog. The 'lulav' is made from a ripe, green closed frond from a date palm tree, boughs with leaves from the myrtle tree and branches with leaves from the willow tree and is held together by a woven 'basket'.

### **Building a Sukkah**

The Sukkah walls can be constructed of any material (wood, canvas, aluminum siding, sheets). The walls can be free-standing or include the sides of a building or porch. The roof must be of organic material, known as skhakh (a very tough word to pronounce!) such as leafy tree overgrowth or palm fronds. It is customary to decorate the interior of the Sukkah with hanging decorations of the Seven Species. The Seven Species are the typical foods that the Jewish people ate while in the desert. They are: Wheat, barley grapes, figs, pomegranates, dates and olives, and these will be hanging in our Sukkah.

### **Chol Hamoed**

The second through seventh days of Sukkot are called Chol Hamoed ("festival weekdays") or Intermediate Days. These days are considered by Jewish Law to be more than regular weekdays but less than festival days. All regular programs and activities take place at the Louis Brier and Weinberg during Chol Hamoed.

### **Hoshana Rabbah**

The seventh day of Sukkot (Friday October 9) is known as Hoshana Rabbah, meaning the "Great Supplication" "Great Hoshanah" or the "last of the days of judgement" which began on Rosh Hashanah.

### **Shemini Atzeret and Simchat Torah**

The holiday immediately following Sukkot is known as Shemini Atzeret (the "Eighth Day of Assembly") and is viewed as a separate holiday. For Jews living outside of Israel, a second additional holiday, Simchat Torah ("Joy of the Torah or Dancing with the Torah") is celebrated. During Sukkot (and before the rain comes) we hope that you can take a few minutes out of your day and come to the Shalom Garden and sit down and take in the sites and scents of the Sukkah. Gud Yontef!

### **Edy Govorchin**

Manager Recreation, Culture and Music Therapy

## LOUIS BRIER & WEINBERG HEALTHCARE HERO OF THE MONTH



### October 2020 **HAYLEY HERVIAS**

The LBHH&WR “Healthcare Hero of the Month” is a new Staff Recognition and Social Event Committee initiative intended to recognize Employees and Companions who have achieved a notable accomplishment and/or have demonstrated noble qualities such as integrity, ingenuity, courage, strength and compassion.

LBHH&WR’s “Healthcare Hero of the Month” for October is Hayley Hervias!!!

On behalf of the Staff Recognition and Social Event Committee, we are pleased to recognize Hayley for her work with Residents and Families within the Companion Program and more recently as a Louis Brier Receptionist.

Hayley has accepted every challenge presented to her, from supporting Residents as a Companion and while covering for other Companions, stepping into the role of Companion Coordinator while Myla is on vacation, and even accepting a Casual Receptionist Position as a Louis Brier Employee. Hayley always shows up with a pleasant and positive demeanour. She demonstrates flexibility, adaptability and a true willingness to step in when help is needed. It’s no wonder family members ask for Hayley to work with their loved ones! Hayley’s dedication to LBHH&WR, great attitude and friendliness to everyone make us proud to call her our “Healthcare Hero”!

### ► **Fun Facts** about Hayley

- A memorable award I received when I graduated Kindergarten is the “Most Friendly Student Award”.
- I like to listen more than talk.
- I love adventure, walks and hikes and photography.
- My other passion is food. To cook and to eat.

## AN INTERVIEW WITH HAYLEY HERVIAS

1. Congratulations on being recognized as a LBHH&WR “Healthcare Hero of the Month”. What does this accolade mean to you?

*This recognition gives a sense of pride for me and all of our team members who work hard and do their best everyday to cater to the needs of the residents.*

2. You are being recognized for your dedication, adaptability, and willingness to accept new challenges. Can you please tell us a bit about how you achieved this?

*By being positive and doing things with enthusiasm, care and courage. All of these would not be possible without the kindness and support of the residents and their families and my coworkers. I’m inspired by those who go above and beyond. Their passion and dedication are eminent in making Louis Brier Home and Hospital a better place. I also would like to include my friends and family for their love and encouragement that influenced me to do better.*



3. What motivates you?

*To be able to help others in my job everyday and make a difference.*

4. Do you have any final remarks?

*Thank you for your kind feedback. It means a lot to be recognized. As a Companion, it has made me feel a part of an organization that continues to innovate and excel in providing the best care to the residents.*

---

The LBHH&WR “Healthcare Hero of the Month” is nomination-based recognition initiative. If you would like to nominate an Employee and/or Companion for this recognition accolade please send an email to the Staff Recognition and Social Event Committee Chair, Loren Tisdelle, Director, Human Resources at [ltisdelle@louisbrier.com](mailto:ltisdelle@louisbrier.com) naming the Employee and/or Companion you would like to nominate and the reason(s) why. All nominations will be reviewed and voted on by the Staff Recognition and Social Event Committee. Thank you for participating!

# Pension education

## Getting to Know Your Pension

15-minute online course for **new or potential plan members**

## Making the Most of Your Pension

45-minute online course or  
75-minute instructor-led webinar for  
**members establishing their career or several years away from retirement**

## Approaching Retirement

45-minute online course or  
75-minute instructor-led webinar  
for **members planning for or within 5 years of retirement**



Take pension education to get the information you need to prepare for your future pension. Start learning!

Visit [mpp.pensionsbc.ca](https://mpp.pensionsbc.ca) > **Learning resources**



Municipal  
Pension Plan

[mpp.pensionsbc.ca](https://mpp.pensionsbc.ca) | [mppeducation@pensionsbc.ca](mailto:mppeducation@pensionsbc.ca) | 1-877-558-5573 (toll-free in Canada and BC)



The Employee Recognition and Social Event Committee is honoured to announce

## The Staff Appreciation Event

# Recognition Awards

Who will be the 2020 Award Recipients?



2019 Award Recipients



During the month of October, all staff, companions and family will be given an opportunity to nominate staff and companions for an award.

**STAY TUNED!**

# Secure Conversations



## Secure Conversations

**Secure Conversations** is a text messaging solution that enables healthcare professionals to create their own protected messaging network using their smartphones and the PointClickCare platform.

### Achieve High Performance

Support direct interaction from practically anywhere. Encourage collaboration, better response time and more accurate decision-making. Secure Conversations enables quicker interventions and improved resident outcomes. Clinicians and practitioners can easily exchange time-sensitive messages—including photos—regarding lab results, patient procedures, medical history, practitioner on-call notifications, resident-related questions and other important personal health information (PHI).

**PointClickCare®**

### Enhance Care Team Efficiency

Simplify efforts to capture conversations. Ensure a complete record of events and resident chart updates are easily recorded without the extra administrative burden. Conversations are stored in each resident's record as progress notes, so all care team members have access to the same information. Secure Conversations eliminates duplication of efforts, making your care staff more efficient.

### Minimize Data Security Risks

Avoid data breaches and HIPAA violations. Ensure confidentiality, integrity and availability of all protected electronic information exchanged by your care teams with Secure Conversations. Minimize your risk of transmitting data in an unsecured manner as well as confirm that a text message was sent to and opened by the right individual. Secure Conversations includes a company directory to search for authorized contacts and provides automatic delivery and read notifications.

---

The Vancouver Division of Family Practice Long Term Care Initiative is paying for Secure Conversations, a secure texting tool with image sharing capabilities, for one year and will be covering all initial implementation costs. This project is being undertaken to improve communication between physicians and care home nursing staff to ensure that the best care possible is being provided to our long term care community residents.

**PointClickCare®**



# Skin and Wound

**Improve skin and wound care outcomes through real-time access to automated clinical data and images**



**Devan Armour**  
Registered Nurse

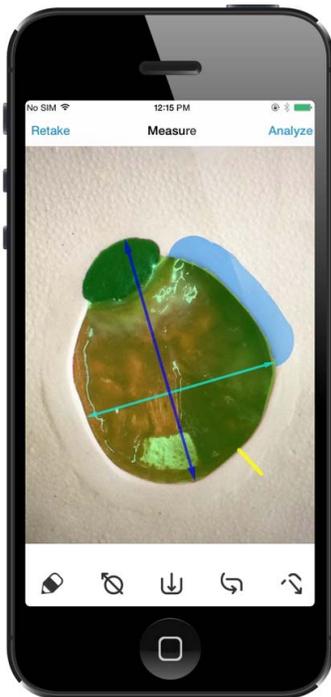
**PointClickCare's Skin and Wound management solution improves the efficiency of clinical decision-making by managing wound and image data from an app, charting all information into the PointClickCare Electronic Health Record.**

PointClickCare's Skin and Wound management solution improves the efficiency of clinical decision-making by automating wound assessments, capturing images, and eliminating handwritten or redundant documentation.

All measurements and assessments are automatically updated to the resident record, ensuring more accurate and complete documentation is available to the care team when making clinical decisions. Faster clinical decisions lead to improved resident outcomes.

## **PointClickCare's Skin and Wound feature enables:**

- Non-contact measurements via a handheld device.
- The recording of wound changes over time via digital images.
- Graphical trending.
- The reduction of compliance issues with documentation.
- The elimination of error-prone, paper-based processes.
- Ability to complete standardized assessments quickly at the bedside.
- Auto-population of MDS Section M questions.



### What is the Skin and Wound solution?

PointClickCare's Skin and Wound solution provides automation of best practices in documenting wounds to maximize clinical outcomes, improve productivity, and reduce risk and liability. The PointClickCare Skin and Wound application provides an efficient means for the assessment and management of wounds from a mobile device. Risk and healing are measured using the Braden Scale for Predicting Pressure Ulcer Risk, the Norton Plus assessment and the PUSH tool for measurement of pressure ulcer healing. The built-in system assessment uses best practices for assessing wounds.

### How does the Skin and Wound management solution work?

Using your hand-held device, touchless images are taken of the residents wound during the assessment. Photo-recognition technology identifies changes in wound size, shape, and color – even those not noticeable to the care giver, and automatically calculates length, width and surface area. With easy drop-down options you can select exudate amounts and tissue types, resulting in an automatically calculated PUSH score.

Graphical trending allows you to quickly view wound history over time to determine healing. The visual history accesses historical images of the wound and overlays them so you can see the changes over time, not just the measurements. Information from the handheld is pushed to the electronic health record for inclusion on the chart.

Wound photography allows better monitoring of wound healing progress, improved communication between health care professionals, and improved resident engagement related to treatment compliance.

## How do providers benefit?

**Improved Care Delivery** – Share diagnostic information sooner with the entire care team to improve decision-making, resulting in more timely intervention or treatment for residents.

**Mitigated Risk** – Pressure injuries are a leading cause of lawsuits. PointClickCare’s Skin and Wound solution provides users with the right tools for consistency and accuracy in wound documentation and images.

**Increased Operational Efficiency** – Drastically reduce time spent searching for and managing paper results and reporting. Instead, gain quick access to dashboards to review images and wound trends.

**Increased Collaboration** – Better collaboration between care team members is the result with anytime anywhere access to wound information and photos. Collaboration between care teams and family members may also improve as care teams can demonstrate wound healing to family members – with a simple slide of the finger a series of time sequenced photos will appear.

**Improved Resident Engagement** – Residents may be more engaged in their care and become more compliant when presented with easily understandable wound healing data and photos.

# Secure Conversations

GO LIVE OCTOBER 1<sup>ST</sup>

---

# Skin and Wound

GO LIVE OCTOBER 7<sup>TH</sup>

## HUMAN RESOURCES

### **Staff Appreciation Event and Recognition Awards**

The Employee Recognition and Social Event Committee will be hosting the 3rd annual Recognition Awards Ceremony to recognize staff and companions who have made outstanding contributions within our organization. This Awards Ceremony will take place as part of a Staff Appreciation Event in December. During the month of October, all staff, companions and family will be given an opportunity to nominate staff and companions for an award. Award Categories include:

- **Unsung Hero** – Effective, valued and appreciated.
- **Spirit of Optimism** – Passionate & positive.
- **Exemplary Service** – Provides outstanding service with attention to detail.
- **Mission, Vision, And Values Advocate** – Embodies the Louis Brier Home & Hospital and Weinberg Residence Spirit.
- **Sensational Care** – Personifies the Resident and Family Centred Care philosophy.
- **Companion(s) of the Year** – Dependable, dedicated, hardworking and resident and family centred.
- **Family's Choice** – Nominated by Family and Family Council.

Please refer to the Nomination Guidelines and Awards Terms & Conditions for more details.

#### ***Who will you nominate?***

### **“Staff Schedule Care” (SSC) Employee Self-Serve (ESS) Videos**

The Staffing Team created a number of “How-To” videos to support Employees with many of the features in SSC Rev5, then created a YouTube Playlist in order to share them all with you! Topics include:

- SSC ESS Login
- Checking you schedule
- Time Cards
- Availability
- Time Off Requests
- Shift Exchange
- Attendance
- And More!

A link to the Playlist has been sent to you by email and can be requested from the Staffing Team. Please watch the videos and follow the instructions in them before asking the Staffing Team for help.

### **2021 Annual Vacation Requests Guidelines**

All regular full/part time employees 2021 vacation requests should be submitted **starting in October 2020 through SSC**. Guidelines on how to complete this process were distributed by Human Resources via email.

Please note:

- No paper or verbal requests will be accepted.
- All approvals will be confirmed via email.
- There is no need to visit/call the Staffing Office for vacation requests. Please follow the guidelines.
- **Failure to follow the guidelines may result in your vacation not being approved.**

## HUMAN RESOURCES

### **COVID-19 Travel Advisories & Enhanced Staff Screening Questionnaire**

As you plan your vacation, *please consider all local and International Travel Advisories before you travel/request time off*. The Government of Canada currently advises that before considering travelling, all travellers arriving in Canada must plan for their mandatory 14-day quarantine period, which starts on the date they arrive.

*If you plan to travel internationally, you must consider the mandatory 14-day quarantine period within your time off request.*

ALL Employees who are absent from LBHH&WR for 14 days or more (ie. as a result of not working, vacation, LOA, etc.) MUST continue to complete the CV19 “Enhanced Staff Screening Questionnaire” 72 hours prior to their first planned shift and provide it to HR at least 48 hours prior to their first planned shift.

### **Safe Reporting**

LBHH&WR fosters the highest standard of honesty, integrity and accountability and takes seriously all reports of wrongdoing. A wrongdoing is a wrongful act or misconduct by a LBHH&WR employee that contravenes (but is not limited to) the Respectful Workplace policy and Standard of Conduct policy.

Wrongdoing may include:

- Mistreatment of residents staff, family or members of the public;
- Actions that pose a danger to residents, public health, or the environment;
- Actions that are unlawful or not in compliance with any laws or regulations;
- Theft, fraud, bribery or corruption;
- Unethical or unprofessional conduct;

ANYONE can report real or suspected wrongdoing by a LBHH&WR employee, companion or volunteer via:

- **Safe Reporting Email - [safereporting@louisbrier.com](mailto:safereporting@louisbrier.com)**
- **Safe Reporting Phone Number - (604) 267-4747 (ie. 604-261-9376, Extension 4747)**

Please refer to the “Safe Reporting” policy for more detail. This policy establishes a process for individuals to bring forward information about wrongdoing by LBHH/WR employees, in good faith and without fear of reprisal. It also provides for a consistent and administratively fair investigations process into reports of wrongdoing.

### **Food Trucks!!!**

As we strive to be an Employer of Choice, we are exploring the idea of occasionally bringing a food truck onsite to offer meal options to those on the Snider Campus. We recognize that there are limited dining options in the area and we would like to offer more value-added services to our Employees and Companions.

The last food truck events have gone well and as a result of the feedback we received (and some great food truck contacts!) we’re going to try to bring more food truck options to you. We are panning for every other Friday, so each “pay day”. Here’s what we have planned so far:

- **Penang Bistro Express (Malaysian) - Friday, October 9, 2020**
- **Rice + Soup (Cambodian and more) - Friday, October 23, 2020**

## HUMAN RESOURCES

Please be mindful of and adhere to the Kosher rules within LBHH&WR.

Please let me know if you have any questions. We hope that you take advantage of this opportunity and enjoy the food!

### **WorkPerks for LBHH&WR!**

There are close to 100 Employees and Companions using WorkPerks for LBHH&WR in the last month, since this new service launched!!!!

WorkPerks gives you instant access to special discounts on essentials, comforts and joys. Discounts are available from leading brand name companies and trusted local businesses at thousands of locations across North America. From small purchases – like movie tickets and dinner to bigger ones like home insurance, a gym membership, or a vacation – these perks help you save money, save time and feel good. These perks are now availability to you as a LBHH&WR Employee and Companion...all you need is your unique Employee or Companion ID to sign up!!!!

Visit [louisbrier.venngo.com](http://louisbrier.venngo.com) to see all of the discounts available to you!  
Please let us know your favorite discounts and we'll share them with others!!!

Do you have any questions, comments, suggestions or concerns regarding the HR content above?  
If so, please email [HR@louisbrier.com](mailto:HR@louisbrier.com) and tell us what you think.

### **Loren Tisdelle**

Director, Human Resources

## FROM THE BUSINESS OFFICE

**Sick Time usage has been steadily increasing each month** which is also increasing our Over Time costs. This is driving a significant Deficit for this fiscal year, which we all need to be concerned about. We continue to work with Human Resources and all employees to manage our sick time and OT.

### **Ben Crocker**

Director, Finance

## COMPANION PROGRAM

**We are here for you!** Did you know that Louis Brier Home & Hospital and Weinberg Residence offer an In-house Companion Program? We understand the needs of your family and loved-ones and we are here to assist in enhancing their personal and social well-being. Our in-house companion program provides added quality support at a reasonable rate. For more Information, please contact:

**Myla Carpio-Pelayo**, QRM Coordinator  
[mpelayo@louisbrier.com](mailto:mpelayo@louisbrier.com) x 4688



Dear Family Member, Friend, or Caregiver of a Resident at LBHH,

How are you today?

Members of Family Council ask that question of the residents at Louis Brier whenever we can! We are a support group that connects families, advocates for, and often serves as the voice of our elders, who deserve the best care possible.

Family Council works with residents' family members, their friends and the LBHH Administration to identify and resolve issues that affect residents' quality of life. Family Council collaborates with the senior leadership team and committees to:

- discuss meaningful recreation and programming,
- provide feedback and submit ideas for the food and dining room experience;
- elevate the volunteer and companion programs to families, and
- constantly seek ways to weave Jewish values into general care and day to day interaction.

It's easy to stay up to date with family concerns and initiatives by sending an email to [lb.familycouncil@gmail.com](mailto:lb.familycouncil@gmail.com). We will gladly add you to our mailing list.

We have monthly meetings and offer elder care related educational sessions. Newcomers are always welcome! We leave time at every meeting for sharing of concerns.

PLEASE consider your role in the life of your relative or friend at LBHH. You will receive and learn about Family Council's latest agenda items from the minutes of our meetings. Through a variety of volunteer opportunities, you can also make a difference in the lives of your loved one at LBHH.

CONTACT FAMILY COUNCIL: [lb.familycouncil@gmail.com](mailto:lb.familycouncil@gmail.com) and request to be on the email list.

Warm Regards,  
Family Council

604.341.1447



[Lb.familycouncil@gmail.com](mailto:Lb.familycouncil@gmail.com)



<http://louisbrier.com/>



1055 W 41st Ave, Vancouver, BC V6M 1W9



## WEINBERG RESIDENCE



### Did you know that the Weinberg Residence offers a private 24-hour nursing care unit, called Multi-Level Care (MLC)?

The Weinberg Residence MLC Unit offers 24-hour nursing care and supervision delivered by a superior professional team within a warm, welcoming and culturally rich community. We strive to provide all the comforts of home while also offering a wide variety of social, therapeutic, recreational and spiritual programming to maintain optimal health and well-being.

Within Multi-Level Care, a diverse selection of residency options are available.

Residency options include:

- Long Term Stay
- Convalescent Care
- Out of Town Stay
- Respite Care
- Palliative Support

With each, personalized attention is provided by Nurses, Care Aides, Recreation therapists, Physiotherapist, Occupational Therapist, Rehabilitation assistants, Dietitian, Social Worker and a Gerontologist.

Regardless of which option, residency in Weinberg's Multi-Level Care Unit includes a private furnished room and a tailored Care Package. Come and check us out and learn about our Multi-Level Care Unit.

For information about the Weinberg Residence, contact:

**Vanessa Trester**, Manager, at 604.267.4722

[www.weinbergresidence.com](http://www.weinbergresidence.com)



Check us out on Facebook: [weinbergresidence](https://www.facebook.com/weinbergresidence)





## Spiritual Care Corner with Chaplain Hazzan Rob Menes

**Sukkot is called heChag - THE Holiday** - since Jews are commanded to rejoice during the seven day period. It is a time of harvest, of in-gathering, and of recognizing the transitory nature of life. We build temporary structures to remind us of the wandering in the desert and we gather together with family, friends, and strangers. Gathering is part of rejoicing. But, how can we gather when we are separated due to this pandemic? How can we rejoice when we cannot be with our families? Is this not more like an exile than a holiday? Life is fleeting and what we must do today will change tomorrow. Was living in temporary shelters a joy for the Israelites? Was moving from place to place in the desert for 40 years a vacation? Almost all of the Israelites that left Egypt never made it to Israel and perished in the desert. Why are we celebrating their wandering?

We remember. We remember that we wandered and we as a people survived and reached our destination. We remember that the temporary structures sustained us, and that the temporary things we create in our lives, sustain us. Yes, things change, what we had yesterday is gone today, but we are thankful that we have come so far.

At the Snider campus, few of us need to be reminded of the fleeting nature of life. However, the other side of impermanence is the appreciation for what we have now, at this moment. We rejoice at the profound appreciation for what we have rather than what we've lost. We are thankful that there will come a time when we can once again gather together.

**Hazzan Rob Menes, Chaplain**

### FAMILY COUNCIL

#### Welcome to Louis Brier,

On behalf of the Family Council, we would like to extend and offer support and help with making the transition to Louis Brier as positive and smooth as possible.

The family Council is a voluntary body comprised of family members whose primary focus is to advocate for the delivery of safe and quality care. The council meets regularly on a monthly basis and in collaboration with the Louis Brier's leadership, reviews and discusses relevant opportunities to enhance the residents' experience.

We welcome all families to join the council and hope that you will make the choice to get involved. If you are interested in joining the family council and/or have additional questions please email us at [lb.familycouncil@gmail.com](mailto:lb.familycouncil@gmail.com).

**Family Council**



LOUIS BRIER JEWISH AGED  
FOUNDATION



Demonstrate your commitment to supporting seniors by donating.

Please contact the Louis Brier Jewish Aged Foundation

Phone: 604-261-5550 Email: [foundation@louisbrier.com](mailto:foundation@louisbrier.com) Web: [thelouisbrierfoundation.com](http://thelouisbrierfoundation.com)

## HEALTH AND SAFETY – SELF EMOTIONAL APPRAISAL

**Positive Mental Health** is the capacity to feel, think, and act in ways that enhance the ability to enjoy life and health and deal with challenges. There is no health without mental health. Both are important to an individual's overall health.

This is a highly effective way to raise our vibrations by focusing on good and positive things in our lives to attract more positivity. It is easy to get caught up in all of the stress and challenges that life brings – thankfully, gratitude works like a super power. It helps us stay present and in tune with the good things in our lives. There is always something to be grateful for. If we find ourselves focusing on negative feelings, refocus our mind on a good event and the positive feelings that came with it. This takes effort but will get easier with practice, making a difference in how we feel.

How can we achieve the ability to take care of our emotional needs?

- It is important to create a physical record by writing it down. It is not enough to simply keep in our head.
- Write down exactly what happened with as much detail including what you did or said and if others are involved, what they did or said. Include how this event made us feel at the time and how this event made us feel later (including now, as we remember it).

**Leonora Calingasan**

Nursing Department

Hospital East

## THE RESIDENT AND FAMILY SUPPORT GROUP IS CONTINUING – ONLINE

**The Support Group will meet (virtually) via ZOOM.** During this difficult time, when we have been unable to meet face to face, families have had difficulty connecting with each other, let alone with their loved ones at Louis Brier. As a way to check in with each other and share concerns, I will be hosting a Zoom meeting at **3pm EVERY Monday** for about 45 min (longer if desired). Anyone can join in and there is no limit to the number of people. You can access the meeting via computer or mobile:



**Hazzan Rob Menes**

Chaplain

**Topic:** Chaplain Rob Menes' Zoom Meeting

**Time:** Mondays, 3pm-4pm This is a recurring meeting

**Join Zoom Meeting:**

<https://us04web.zoom.us/j/5440925766?pwd=dHZDdjJvSUxGcjdEWWhLcG1RN2QyQT09>

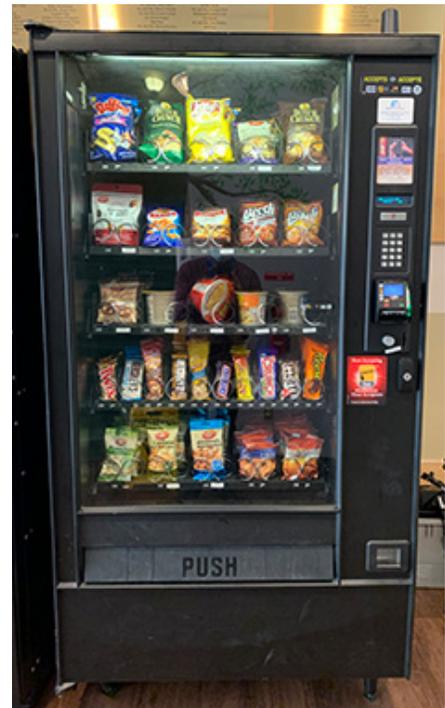
**Meeting ID:** 544 092 5766

**Password:** shalom

## VENDING MACHINE

Great news! Our vending machine in the front lobby, located at the bottom of the stairs, is now 100% certified Kosher!

We have partnered with a special distributor specializing in kosher snacks and have incorporated many unique Israeli snacks and soups that were highly recommended by Rabbi David. The notable Israeli snacks are: **Bamba**, **Bissli** and **Traditional**. Try them out today!



## OCTOBER BABIES

Catherine Dennis  
Manny Comullob  
Janka Held  
Luminita Serban  
Gabriel Dela Cruz Jr.  
Emelita Basilan  
Pricilla Yepes  
Rose Marie Pabello

Cecilia Cleto  
Olivia Edwards  
Marie Policarpo  
Christy Mendoza  
Jenny Lyn Llanes  
Emma Brennan  
Dolly Ellano  
Asirul Nisha

Joy Iani Nahuman  
Isabelle Rabino  
Maricris Aguilar  
Jona Javier  
Jo ann Manzano  
Darlene Pawar  
Janaya Llagas  
Jose Alexis Cortez

Michelle Burke  
Rebecca Webb  
Sheryll Daleon  
Mama Sumo  
Mandeep Bhatia  
Armanjeet Kaur  
Hayley Hervias



## LOUIS BRIER SCRUBS

To date, we have been fortunate to stay COVID free!

This of course is because of your diligent effort, dedication, hard work, and excellent infection control measures and practices.

As previously mentioned, in an effort to acknowledge and recognize your hard work, and as a small token of appreciation, the members of the three Board of Directors for the Snider Campus (LBHH, WR and the Foundation), have generously offered to make a contribution towards the purchase\* of scrub uniforms for all permanent full and part time employees.

This is so exciting and the leadership team thanks them for their on-going support of our staff and residents. Stay tuned for the scrubs arrival!



**Janice Diaz** LPN

**Richell Turbic** Housekeeping Aide

**Zenny Galsim** Care Aide

**Jill Lawler** Care Aide

**Mary Ann Barba** Visitation Assistant

**Edward Emerson Arubio** Housekeeping Aide

**Rachel Ma** Care Aide

**Sharon Hernandez** RN

### FOLLOW US ON SOCIAL MEDIA



@LouisBrierBC



Louis Brier  
Home and Hospital



@louis\_brier

Want to contribute to the newsletter?

Email [mgalope@louisbrier.com](mailto:mgalope@louisbrier.com) for details.

# ALL STAFF MUST BE SCREENED AT THE BEGINNING OF EACH SHIFT

(COMPANIONS, CONTRACTORS AND VISITORS INCLUDED)

**1** Take temperature of each staff prior to entering the Long Term Care Facility

• If **37.9°C** or LESS, proceed to Question #2

▶ If **38.0°C** or ABOVE, send staff wearing a mask to a Covid-19 testing site immediately, or as soon as site opens.

- Provide list of site locations and hours.
- Ensure staff wear a mask when attending a staff testing site.
- Staff to **self-isolate** at home pending results.



**2** Ask if staff is experiencing any of the following symptoms: 

- Fever
- Cough
- Diarrhea

• If **NO** proceed to Question #3

▶ If **YES** to any of these symptoms, send staff with a mask to attend a staff testing site immediately, or as soon as site opens.

- Provide list of site locations and hours.
- Ensure staff wear a mask when attending a staff testing site.
- Staff to **self-isolate** at home pending results.



**3** Ask if staff is experiencing any of the following milder symptoms:

- Runny Nose
- Sore throat
- Headache
- Muscle Ache
- Fatigue
- Other Cold Symptoms (e.g. congestion)

▶ If **NO**: Staff is able to **commence shift**

GO

▶ If **YES**:

- Staff **can work their shift** while wearing a mask. Remind staff to maintain appropriate hand hygiene throughout their shift.
- Staff to attend a testing site after their shift (provide list of site locations and hours).
- Staff may **continue to work wearing a mask** pending test results.

GO

- If screening at the start of subsequent shifts identifies fever, cough or diarrhea, exclude from work and ask staff to **self-isolate** at home pending test results.

