



Snider Schmooze

A MESSAGE FROM DR. DAVID KESELMAN, CEO

Welcome to this edition of the Snider Schmooze. It seems that as much as the summer is often anticipated as a good time to “slow” down and enjoy the good weather, things are anything but slow. We are in the 4th month of the COVID-19 pandemic and while everyone is working hard at understanding what the new normal would look like and how do we attain a level of “normalcy”, I am not sure that anyone has concrete answers. COVID-19 certainly presented some significant challenges and obstacles that forever changed our way of thinking, relating, communicating, and living. Despite the many challenges, we continue to focus on the future and on being creative and innovative in how we deliver care and look after our residents and staff.

As you may recall, our last Accreditation survey was in May 2018, it was an extremely successful survey and we were all proud to have accomplished an Exemplary standing. The next Accreditation survey is scheduled for May 2022 (4 year cycle). We are gearing up our planning and activities and will be providing additional information as plans become clearer, so stay tuned. In the last few months we have worked very closely with our Academic partners, mainly UBC School of Nursing and collaborated around research activities and a range of grants that we have applied for jointly. The Physician Neighborhood Model (PNM) has been a significant success, our most recent evaluation of the new physician care delivery model demonstrated high levels of satisfaction all around, families, residents, physicians and staff. The leadership team has been working very diligently on optimizing the use and roll out of our current Documentation and Electronic Health Record. We are anticipating an organizational launch sometime mid July. The work that has been done will result in enhanced and streamlined communication, documentation, quality of care, reduced risk and improved safety. Above all, it will enable LBHH and WR to become a paperless organization and will significantly reduce the need and use of paper transactions, record, and communication.

I am also VERY happy to announce that the wait is almost over. Over the last couple of years we have been working very hard on improving communication and information sharing, as a result we have invested in renewing and updating our website, as well as creating a LBHH and WR mobile App that can be downloaded on any smart mobile device and provide access to the LBHH and WR and the various aspects of our operations. We are finalizing details and hoping to launch both within the next month or so, stay tuned for this exciting work to unfold.



Last but not least, through the generosity of our donors and foundation we have been able to gift each of our staff a pair of LBHH and WR unique uniform pair/scrub suit. The color of the uniforms are Navy Blue, and each of them will be embroidered with the LBHH and WR logo, and include the employees name and department. Thank you everyone for your support and generosity.

Summer is upon us and of course, the hot weather and heat spells are part of it. July 24th is recognized as being an International self-care day. *Continued on next page...*

A MESSAGE FROM DR. DAVID KESELMAN, CEO... *Continued*

This is a good opportunity to remind everyone that the sun and the heat are certainly beneficial to our health, mood, and wellbeing. However, there are also risks associated with them, heat strokes and dehydration are a few to mention. This becomes especially important for individuals who are more vulnerable and sensitive like the elderly and children. Please be sure to take the time, hydrate yourself, and stay out of direct sun, and wear appropriate clothing to protect yourself from unnecessary exposure to heat and sun. The good weather also brings with it the desire to be outside, socialize, and have fun. Please be sure to continue and adhere to the directives and instructions from the Provincial Medical Officer of Health, Dr. Bonnie Henry, and keep yourself and your family safe and healthy.

As always, we are here for you, if you have any thoughts, concerns and/or suggestions please share it with us through info@louisbrier.com.

Dr. David Keselman, CEO

LOUIS BRIER APPRECIATES YOU

Donations

The tradition of community support and kindness continues strongly, and over the last month a number of community partners have come forward with the following donations:

- Ear Savers – BCC3D Group
- PPE – Kenny Chui, MP Richmond: 3400 pcs Procedure Masks, 30 pcs Non-medical Masks, 30 pcs N95 Masks, 3 pcs Eye Goggles, 10 pcs Isolation Gowns



LOUIS BRIER APPRECIATES YOU

Equipment

A callout message was recently sent to all families, and external and internal stakeholders, asking for help with purchasing and acquiring a range of resources. The response was overwhelming and is absolutely unbelievable! Here is a snapshot of the equipment that was bought with those generous donations and grants.

1. Disinfection System

2. Blood Pressure Machine

3. Touch-Free Alcohol Based Sanitizer

4. Portable Lift with Weighing Scale

5. Vital Signs Machine

6. Micro Fibre Mops



A BIG
THANK
YOU
TO ALL!

THANK YOU FOR THE KIND WORDS

Dear Super Star Team of Louis Brier,

Thank you so much for the wonderful update David, and to the whole team of incredible people who all help make this good news happen.

I love the video, cried tears of joy through the whole piece. It was so good to see long time and new friends in the pictures, the words of encouragement and confidence held up in the colourful signs is heart warming. You chose the perfect song, the rainbows, butterflies, and more are lovely too.

Congratulations, the video is a treasure, I look forward to the next one, to be continued... If you're looking for another participant, we'd love to see the smiling face of our mum. Thank you again, with love, gratitude and respect.

*Amazing videos.
Thank you very much
for doing that.*

Thank you so much for this. This video is fantastic and choked me up!! I'm so grateful for the care my dad is getting at LB SCU. Thank you again for keeping us updated and keeping our family happy and safe. Be safe. Be well.

This is truly an uplifting beautiful video. Brought tears to my eyes. Thank you, thank you thank you.

I have watched both videos 1 and 2 and they are both beautiful. So happy to see that my sister as well as the other residents are all happy and safe because of the excellent care provided by your health care team. Once again, thank you all!

THANK YOU FOR THE KIND WORDS

Lunadel,

Congratulations on being named 'Healthcare Hero of the Month'. 'Month' doesn't really cover it - I think all of your efforts over several months have resulted in the positive outcome Louis Brier is enjoying currently.

I have been so impressed with Louis Brier's success over the last months, fighting the COVID-19 pandemic in particular and all viruses in general. I know it is a group effort but you have led the way. Thank you. Watching all the horrifying reports about long term care facilities in North America, especially the U.S. makes LBHH's success even more stunning. Hopefully this has highlighted the inadequacies in the many extended care hospitals and residences that are understaffed and unregulated. It's hard to imagine a silver lining with this deadly virus, but if vulnerable elderly and infirmed people end up being given better care, then that would perhaps mitigate a small portion of the heartbreaking damage.

I'm glad you have been acknowledged for your hard work, Lunadel. This has been very stressful for the whole world but particularly in the healthcare industry where workers are fighting just to keep people alive and safe. And to keep themselves alive and safe. I brag about LBHH's accomplishment to everyone I talk to. And on a personal note, I am so lucky to be able to continue working. And to feel safe in my work place.

*Don't be shy, Lunadel - take a bow! COVID-19 free is HUGE!
Thank you for all you do.*

Thank you all for who you are and what you do. Thank you for all the sacrifices you make every day. Your actions make a difference in so many lives. Our deepest gratitude for you dedication, commitment and patience. Wishing you all many blessings!

THANK YOU FOR THE KIND WORDS

*Dear Myla,
First and foremost, thank
you very much for all
the work you are doing
to keep our loved ones,
residents, and staff safe,
happy and healthy.*

*You've got some
in-house real talent
there! Thanks for
everything you do.*

*Thank you for sending this
Video of people I pray for everyday
and care so much about. I miss
all of you and with G-D's help
we will return to what will
be the new normal.
All my ❤️ to everyone!*

*Dear Roemilyn,
Rebecca and LB nursing teams,*

*Thank you so much for taking such
good care of our father in his final year.
He loved to be social and found so
much to do at LB and for that we are
forever grateful.*

Hi Carol,

I want to comment on how well the Louis Brier staff are handling the COVID-19 situation. Medical information is being communicated in a timely fashion and appropriately. A couple of virtual care conferences went well.

Devon and Rebecca/Roemilyn are doing an excellent job of communicating the relevant issues at our weekly rounds.

My only fear is that after the COVID-19 virus, they'll decide that they don't need a doctor anymore and will fire me.

THANK YOU FOR THE KIND WORDS

It is indeed very heartening to read your communication David. You and the entire staff - everyone who comes in to work at LBHH - is doing an amazing job and truly makes the facility and all who work there give the impression of being one big family, each one of you have created a family within the facility!

The result is this leaves family members who feel utterly useless, feeling grateful and relieved to know our loved ones are getting the best care possible!

Thank you ALL. You are more than Essential Workers! You keep my worries at bay and all families who have loved ones in your care!

*Thank you! And G-d Bless all of you. I miss you all tremendously!
Much good wishes and love to sustain your generous actions.*

There is nothing more empowering than our youth taking on the task of Tikkun Olam, and watching them lead their community through difficult times. This is precisely what a group of teens from Vancouver's own Camp Hatikvah and local Canadian Young Judaea (CYJ) Youth Council have done. CYJ is one of Canada's largest Jewish youth movements with active centres across Canada, and 8 affiliate summer camps, including Camp Hatikvah. A dedicated group of campers have taken it upon themselves to create a Mitzvah project for the Louis Brier Home and Hospital. The goal of their project is to get their fellow Hatikvah campers and families to create letters and drawings of hope and kindness for the residence of the Louis Brier Home. They want to ensure that everyone in the community is taken care of during the COVID-19 crisis. They believe in the Mitzvah of respecting their elders, and taking care of the most vulnerable in whatever way possible. We are so proud of these young leaders for creating such an important initiative.

*Maintenance Staff,
we so appreciate you
for all you do for us!
Thank you for always
fixing everything for
us and making sure
we are safe!*

*I'd like to thank
the staff in some
way for hanging
in through all this
- I'm out banging
pots at 7 every
night but don't think
you can hear me
from Victoria.*

TISHA B'AV – THE 9TH OF AV



Tisha B'Av (the ninth day in the Jewish month of Av) is the national Jewish day of mourning and is regarded as the saddest day in the Jewish calendar. Tisha B'Av ("the Ninth of Av,") is an annual fast day in Judaism, commemorating 5 specific events occurring on the same day. Most notably was the destruction of both the First Temple and Second Temple in Jerusalem, which occurred about 655 years apart, but on the same Hebrew calendar date. Over time, Tisha B'Av has become a Jewish day of mourning for the significant tragedies which have occurred on or near to Tisha B'Av, including:

- The First Crusade officially commenced on August 15, 1096 (Av 24, 4856), killing 10,000 Jews in its first month and destroying Jewish communities in France and the Rhineland.
- The Jews were expelled from England on July 18, 1290 (Av 9, 5050)
- The Jews were expelled from France on July 22, 1306 (Av 10, 5066).
- The Jews were expelled from Spain on July 31, 1492 (Av 7, 5252)
- Germany entered World War I on August 1–2, 1914 (Av 9-10, 5674), which caused massive upheaval in European Jewry and whose aftermath led to the Holocaust.
- On August 2, 1941 (Av 9, 5701), SS commander Heinrich Himmler formally received approval from the Nazi Party for "The Final Solution." As a result, the Holocaust began during which almost one third of the world's Jewish population perished.
- The mass deportation of Jews from the Warsaw Ghetto, on route to Treblinka began on July 23, 1942 (Av 9, 5702).

Many, if not most religious communities use Tisha B'Av to mourn the 6,000,000 Jews who perished in the Holocaust and recite special kinnot (sad poems) during synagogue services on Tisha B'Av. This day of mourning is in addition to Yom HaShoah or International Holocaust Remembrance Day.

How 9th of Av is Observed:

- Tisha B'Av prohibitions are similar to those on Yom Kippur and include a 25 hour fast. Many choose to observe the prohibitions, which include some of the following: abstain from washing, bathing, shaving, wearing cosmetics or creams, wearing fine, festive clothing or leather shoes, sending gifts, engaging in pleasurable activities and while work is permitted, it is discouraged on this day.
*These restrictions are waived in case of health issues. While this is a day of mourning, there is an element of joy and comfort in reading verse and the custom among many of using flimsy paperback kinnot (the sad poems) booklets in the hope that they will not be needed next year.
- Tisha B'Av is a holiday, not a holy day (yontef) therefore there are no work restrictions or guidelines to observe (like on Shabbat). However, recreation programming will reflect the solemnity of the day and synagogue services will be held.

Recreation Team

RECREATION

The Recreation team has been creating a series of videos to communicate resident wellbeing and engagement to families during COVID-19. The videos, Episodes 1-6 are available on the Louis Brier website for your viewing pleasure!

Edy Govorchin

Manager Recreation, Culture and Music Therapy

Latest Video:

Resident Video 6 *O Canada*



Visit the following link to watch the Resident Videos:
<http://louisbrier.com/news/covid-19/>

*Scroll down to the **VIDEOS** section

- Episode 1 – We Are Well
- Episode 2 – We Are Happy
- Episode 3 – A Day in the Life at LBHH
- Episode 4 – Can't Stop the Feeling
- Episode 5 – Jewish Life at the LBHH

LOUIS BRIER & WEINBERG HEALTHCARE HERO OF THE MONTH



July 2020

FRANCIS AVILA

The LBHH&WR “Healthcare Hero of the Month” is a new Staff Recognition and Social Event Committee initiative intended to recognize Employees and Companions who have achieved a notable accomplishment and/or have demonstrated noble qualities such as integrity, ingenuity, courage, strength and compassion.

AN INTERVIEW WITH FRANCIS AVILA

1. Congratulations on being recognized as a LBHH&WR “Healthcare Hero of the Month”.

What does this accolade mean to you?

I am very honored to have been given this recognition. I am very grateful for being acknowledged for my humble achievements. I would not have been able to achieve this without the support of my team, especially my Manager, Adrian, who is always there giving me guidance and sharing his experience.

2. You are being recognized for exemplary service delivery with Resident Admissions and your outstanding contributions in Building Services through the COVID10 Pandemic. Can you please tell us a bit about how you achieved this?

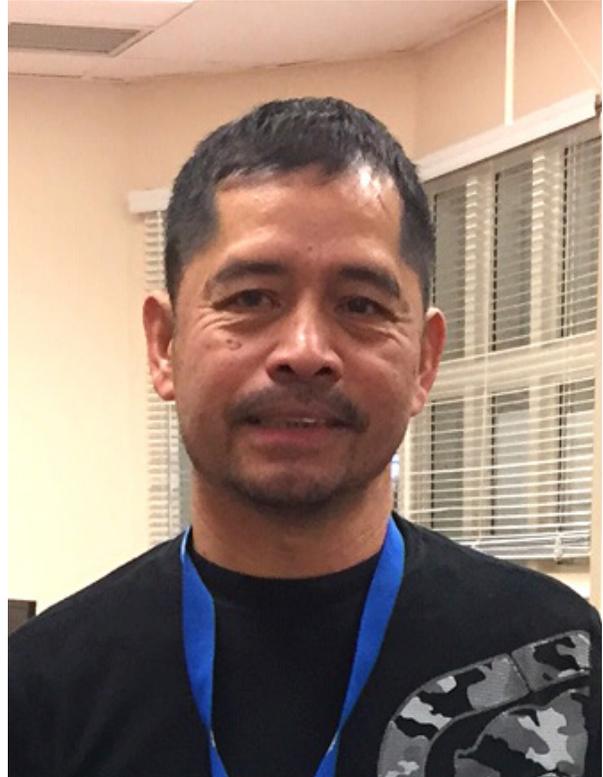
Our Teamwork is very tight, which helps to maintain our ability to provide exemplary service to residents, families and staff. Although at times I am concerned about the virus, our goal in Building Services is to demonstrate quality, strength, courage and ingenuity.

3. What motivates you?

I understand that isolation is a significant issue amongst the elderly, and in particular during this Pandemic. It’s a challenge for many of us to provide services to isolated residents. However, being able to relieve their feeling of grief and uncertainty is my greatest motivator.

4. Do you have any final remarks?

Working through this challenging time has been really extraordinary. People are anxious - Healthcare workers, families, friends, neighbours, seniors, and the public - yet everyone has come together and we’ve learned a lot. There is still a lot of uncertainty. The Pandemic is quite a challenge, but I am convinced that together we can overcome all difficulties.



The LBHH&WR “Healthcare Hero of the Month” is nomination-based recognition initiative. If you would like to nominate an Employee and/or Companion for this recognition accolade please send an email to the Staff Recognition and Social Event Committee Chair, Loren Tisdelle, Director, Human Resources at ltisdelle@louisbrier.com naming the Employee and/or Companion you would like to nominate and the reason(s) why. All nominations will be reviewed and voted on by the Staff Recognition and Social Event Committee. Thank you for participating!

FAMILY COUNCIL

Family Council takes this opportunity to thank the many donors who made these campaign projects possible. Without the generosity of families and friends, none of this would be possible.

We highlight 3 new, completed projects (in addition to the 2 smart TVs, projector, 5 tablets and 2 iPads donated previously):

- the arrival and scheduled use of the wheelchair washer;
- the donation of iPADS for video conferencing, and
- the revitalization of the Shalom Garden

These are projects which have been completed since the last newsletter. The 2nd floor balcony awnings and reconfiguration of space are in progress. We'd like to thank Louis Brier's senior leadership team for working with us, supporting the implementation of our campaign projects, despite the distraction of COVID-19.

Appreciatively,

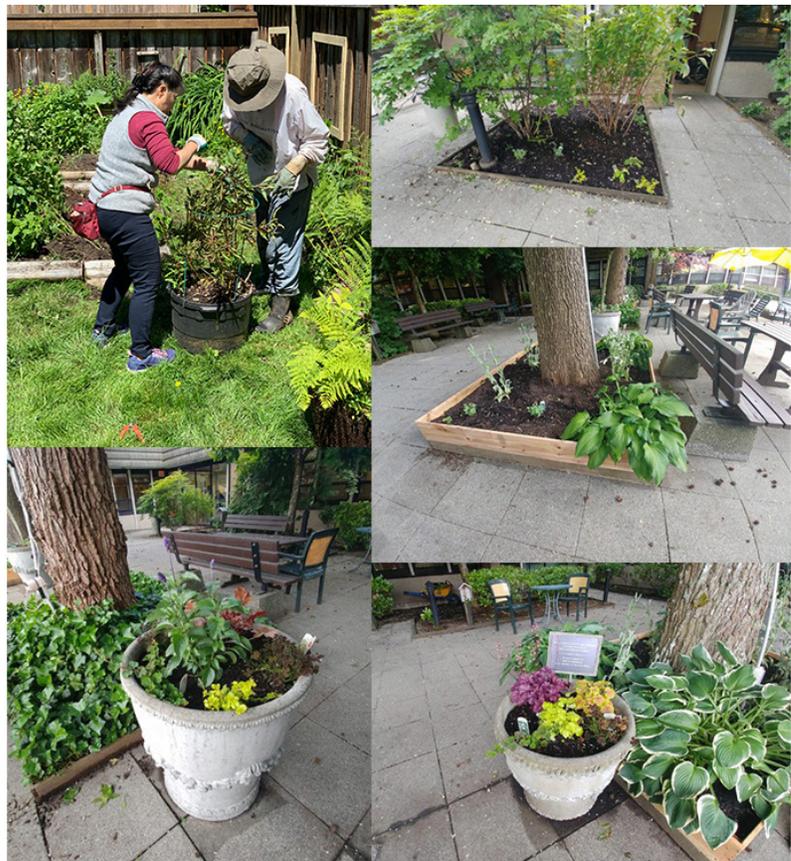
Family Council

Lisa Dawson and Joy Lin Salzberg, *Co-Chairs*

Joan Strauss, *Secretary*

Helen Labonte, *Interim Treasurer*

Charlotte Katzen, *Advisor to Family Council*



FAMILY COUNCIL

Welcome to Louis Brier,

On behalf of the Family Council, we would like to extend and offer support and help with making the transition to Louis Brier as positive and smooth as possible.

The family Council is a voluntary body comprised of family members whose primary focus is to advocate for the delivery of safe and quality care. The council meets regularly on a monthly basis and in collaboration with the Louis Brier's leadership, reviews and discusses relevant opportunities to enhance the residents' experience.

We welcome all families to join the council and hope that you will make the choice to get involved. If you are interested in joining the family council and/or have additional questions please email us at lb.familycouncil@gmail.com.

Family Council

COMPANION PROGRAM

We are here for you! Did you know that Louis Brier Home & Hospital and Weinberg Residence offer an In-house Companion Program?

We understand the needs of your family and loved-ones and we are here to assist in enhancing their personal and social well-being. Our in-house companion program provides added quality support at a reasonable rate. For more Information, please contact:

Myla Carpio-Pelayo, QRM Coordinator
mpelayo@louisbrier.com x 4688

FROM THE BUSINESS OFFICE

Sick Time usage has been steadily increasing each month which is also increasing our Over Time costs. This is driving a significant Deficit for this fiscal year, which we all need to be concerned about. We continue to work with Human Resources and all employees to manage our sick time and OT.

Ben Crocker
Director, Finance

POINT CLICK CARE CLINICAL AND SYSTEMS TRANSFORMATION

Louis Brier Home and Hospital (LBHH) and Weinberg Residence (WR) is getting ready to launch an enhanced Point Click Care (PCC) communication and documentation system. In the months to come LBHH/WR will be showcasing a variety of significant new enhancements to the electronic health records platform, with the goal to improve information system reliability and sustainability. PCC harnessed iOS, the most robust development platform available to thoughtfully and confidently create a mobile experience that addresses complex needs while still keeping the simplicity and the user experience in mind.

PCC Companion

In August 2020 LBHH/WR in partnership with Apple, Adaptive IT and PCC will be launching PCC Companion. Its sophisticated user interface and streamlined workflow capabilities will drive mobile-led business transformation and help to redefine and enhance how we deliver and document services at the point of care. The new mobile app leverages the powerful design possibilities of iOS to significantly improve the way the organization tracks and manages the delivery and documentation of services. This platform allows the multidisciplinary team to have a more streamlined approach for documentation and communication. Care aides and rehab assistants will now join the team by documenting electronically at the point of care. By simplifying the critical task of resident documentation in an easy-to-use iOS app, PointClickCare Companion delivers unique benefits without interrupting the resident caregiver interaction, and provides several significant outcomes, which may include:

- **Enhanced resident experience:** With immediate access to information on their iPads, staff may reduce the time typically required for documenting a task. Tasks can be completed accurately and efficiently which may lead to increasing resident satisfaction.
- **Expanded talent retention:** Companion's user-friendly tools empowers staff to manage their day by simplifying documentation processes with intuitive workflows.

These outcomes may be further enhanced because POC Companion is integrated with other PointClickCare solutions, such electronic Medication Administration Records (eMAR) modules, Document Manager, Infection Control. Other performance boosting products that will be released in the next couple of months will include the Skin and Wound and Practitioner Engagement Modules to help support the evolving needs of residents, families and staff.

PointClickCare Companion's interface and features have been shaped by clinical and resident care needs. Together with the eMAR, combined with ADL, as well as the ability to easily document unscheduled tasks within one app, will streamline and revolutionize the way we interact with, and care for, residents.

Nicole Encarnacion
Nurse Manager

PointClickCare®



Companion



Simplified service in
the palm of your hand

PointClickCare Companion is a native mobile app designed to offer an elegant and intuitive user experience. Companion empowers caregivers with a fast and easy-to-use mobile tool that unifies the workflow.

Deliver and document services with efficiency and impact

The complexity and scope of tasks assigned to staff in long term care continues to increase. There's no quick way to get an overview of their schedule so that they know what to tackle next on a long list of tasks. Too often they're left without access to resident information that would help them make the best decisions for each resident's care, and documentation is cobbled together at the end of a shift.

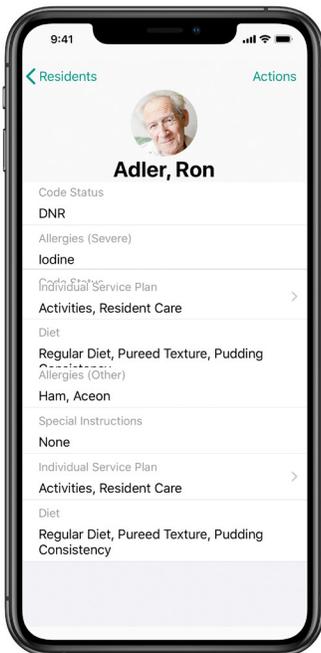
PointClickCare Companion empowers caregivers with an intuitive mobile app that helps them manage their day and have more time to care for residents. The app delivers an easy-to-follow workflow with one source to quickly document care services at the point of care

Improve operational efficiency

Care Staff can **log in once and go**. With the easy-to-learn Companion mobile app, multiple logins are eliminated and tasks are logically combined for easy, efficient completion.

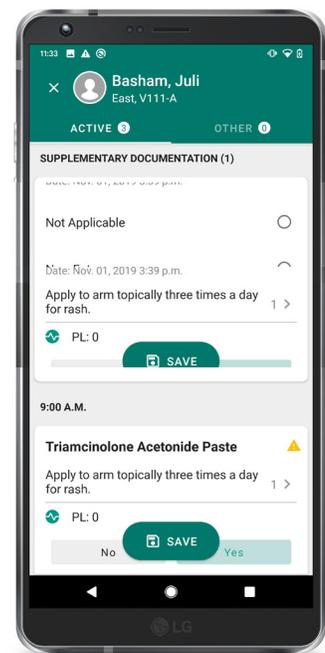
Enhance the resident experience

The Interdisciplinary team can **spend more quality time with residents and less time documenting** with Companion, giving team members the information they need to provide a resident-centered experience.



Companion can help you:

- ✓ Save hours of staff time documenting tasks
- ✓ Eliminate copycat charting and post-round care documentation
- ✓ Empower staff with immediate access to tasks, schedules and resident information





Log in once and go

Empower staff with easy-to-use tools that help them manage their day. Document services in a fraction of the time previously required.

With the Companion mobile app, there is one unified toolset with tasks grouped by resident and type with clear status indication (overdue, due now due later). Care Staff have access to everything they need in one place, and an easy guide of what to do next.



Spend more quality time with residents

Running on Apple iPad device, Companion guides care givers to complete a full range of tasks accurately, efficiently, and on schedule, increasing resident satisfaction with the service they are receiving.

Documentation of ADLs can be completed in 30-seconds or less for services rendered at the point of care. Now staff can spend more time interacting with residents and less time documenting scheduled and unscheduled tasks.

Launching **August 2020**... STAY TUNED!

To learn more about **Companion**, visit PCC SmartZone at <https://pointclickcare.training.reliaslearning.com>



HUMAN RESOURCES

Health, Wellness, and Attendance Promotion Program

I am pleased to announce that as part of the LBHH&WR Health, Wellness, and Attendance Promotion Program, ***All Employees with Good Attendance for the 2019 Calendar Year Were Recognized with a “Good Attendance Letter”*** from the HR Department, on behalf of their Manager and LBHH&WR!!! Also, those employees whose attendance recently improved were provided with an “Improved Attendance Letter”. We hope our employees feel appreciated for their loyalty and dependability!

We recognize that our delivery of high quality healthcare is due to the dedicated efforts of LBHH&WR Employees. The health of our staff is critical for the continuity of care and service. To maintain our capacity to care for our Residents, and to reduce the number of occasions where our staff have to work short due to sick calls, we continue to offer the LBHH&WR Health, Wellness and Attendance Promotion Program.

The Program is intended to:

- Recognize employees with good attendance.
- Promote the exchange of information between employees and Managers/Supervisors regarding attendance and absenteeism.
- Encourage employees to achieve and maintain regular attendance.
- Create a climate that promotes enthusiasm about being at work and being productive.
- Provide employees with access to services/programs (e.g.: Employee Assistance Program, Graduated Return to Work Program, Enhanced Disability Management Program and Duty to Accommodate) to facilitate regular attendance.
- Provide Managers with the skills and support to manage attendance.
- Reduce absenteeism in the interest of improving resident care, employee morale, employee health and creating cost efficiency.

LBHH&WR “CHAI Honours” Recognition Program - *Tree of Life Recognition*

Have you seen the “Tree of Life” Mural that was recently painted by the Recreation Team member – Charlotte Vogt? We are hoping to use this Mural for a new recognition initiative!!!

The “CHAI Honours” is a LBHH&WR Recognition Program for Everyone!!! The Recognition Program is intended for anyone who wants to recognize any individual that embodies the LBHH&WR Values. “CHAI Honours” recognizes individuals who contribute to the Spirit of LBHH&WR’s CHAI, Hebrew word for LIFE, and this would be represented through the placement of a leaf on our Tree of Life Mural. Do you have any ideas about this new recognition initiative? If so, please email HR@louisbrier.com and tell us what you think.

LBHH&WR CV19-Response Wellness Program - “Fanning BRIER’s FIRE!”

We’ve heard from a number of individuals that our employees could benefit from some Leadership-driven Wellness Programing. We started with the 7PM cheering in recognition of Essential Workers and wanted to offer some other daily Wellness content that we can share with our employees on the floor, in our office, and/or at the Units. HR continues with the weekly Wellness initiative - Fanning BRIER’s FIRE! – which includes daily wellness content that can be used and shared. We encourage everyone to follow along each day (except for Saturdays), review the content as a team and then let HR know how it was received.

In these uncertain times, it is important to try our best to keep our energy and our spirits up so that we can continue to work together to fight against COVID 19! We hope that this daily-dose of wellness content helps fan your FIRE!

HUMAN RESOURCES... *Continued*

HR Engagement Initiatives on Hold

As many of the Human Resources engagement initiatives are social in nature and because we are restricted from being in close contact, we have decided to indefinitely postpone many of events.

These include but are not limited to:

- Working with HR
- Coffee with HR
- Monthly Birthday Celebrations
- Long Service Awards Event
- Staff Appreciation BBQ

We are looking into implementing other engagement, wellness, and recognition initiatives remotely and/or virtually. If you have any suggestions, please let us know.

Do you have any questions, comments, suggestions or concerns regarding the HR content above? If so, please email HR@louisbrier.com and tell us what you think.

Loren Tisdelle

Director, Human Resources

EMERGENCY CODE BOOK: RAPID RESPONSE GUIDE

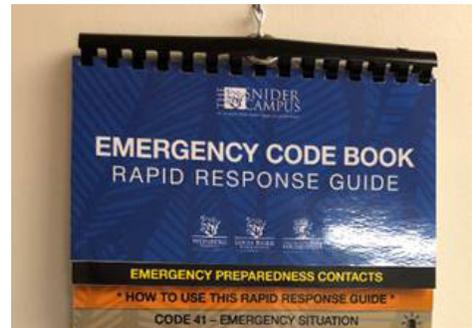
We are excited to announce the completion of the Emergency Code Book: Rapid Response Guide

Emergencies such as fire, missing resident, power outage, intruders are just a few examples that can occur without warning. At any given time Louis Brier Home and Hospital/Weinberg Residence (LBHH/WR) must be prepared to respond to all emergencies that may arise. In order to ensure safety, a coordinated and standardized emergency response is vital to the wellbeing of our residents, families, staff and the overall Louis Brier and Weinberg Community.

Emergency Code Book: Rapid Response Guide is a standardized tool, easy to use Emergency Codes with a set of steps to follow in times of emergencies. It will convey essential information quickly with a minimal misunderstanding to staff, while preventing stress. The goal of this tool is to be accessible to and support the multidisciplinary team as well as families, companions, volunteers and external providers and stakeholders. This is available NOW in all central areas such 1st LBHH floor elevators, LBHH 2nd floor elevators, ALL nursing stations and designated emergency response areas. Please take the time to locate the Emergency Code Book: Rapid Response Guide in your areas. We would like to thank the Emergency Preparedness Team for the hard work and collaboration during this exciting endeavor.

Alex Portnik

Nurse Manager





LOUIS BRIER JEWISH AGED
FOUNDATION



Demonstrate your commitment to supporting seniors by donating.

Please contact the Louis Brier Jewish Aged Foundation

Phone: 604-261-5550 Email: foundation@louisbrier.com Web: thelouisbrierfoundation.com



Spiritual Care Corner with Chaplain Hazzan Rob Menes

Spiritual Care through the Pandemic

Louis Brier Home and Hospital and the Weinberg Residence is committed to the complete care of every resident, and that means caring for the spirit as well as the body. As the chaplain, I lead the spiritual care effort for all, but what does that mean? Through this pandemic, it means more than ever to work with each person, find out if they are in distress, and identify the best way to reduce that distress. If it is spiritual - if it means they have lost their meaning in life and have lost faith in something bigger than themselves - I work within their faith system to regain that faith. It may be that they need to voice their concerns to be at peace with their life, and I am here for those conversations as well. Or, they may simply need someone to brighten their day with a song. I spend most of my time talking to each person, one on one, to make their day a little better. Sometimes it's an in-depth conversation, but sometimes it's just playful banter. Sometimes it's saying prayers, and sometimes it's singing songs - religious or otherwise.

However, some residents need the community of group discussion or prayer, and I lead both discussions and religious services. For the Jewish residents, Friday night services and for those of a variety of other faiths, weekly Interfaith services. There is no single answer for those searching for meaning, connection and community. So many of our residents find meaning in their family, and this pandemic has shaken their world. The inability to connect directly with their loved ones means that they question the value of their lives. It is even more important for the chaplain - and the whole care team - to provide the attention they need to get through this. Family members may be unaware of the distress of their loved ones, or may not know about the positive attention they are, in fact, getting. We need to know directly from family members what they believe their loved ones need. In some cases, family members themselves are in distress, and they require the same compassion given to their loved ones.

Tell me what you need. Ask for spiritual care for your loved one, and for yourselves. You can do this in a number of ways:

1. Call me directly - 604-351-7896 (my personal cell phone)
2. Join the Resident Family Support Group zoom meeting each Monday, 3pm
3. Use the following form to SIGN UP for CARE!

<https://chaplain.wufoo.com/forms/spiritual-care-sign-up/>

Visiting this link will bring you to a very brief signup form which sends a message to the chaplain. You can choose short visits from the chaplain to your loved one, bringing your loved one to services, or a phone call to you.

We are all partners in improving the quality of life of everyone at Louis Brier!

Chaplain Rob Menes

FOOD SERVICES

Since Covid-19 has impacted us since the middle of March, the Food Service team has been working hard to keep our residents safe. We increased our inventory with extra ingredients so we may continue to provide nourishing meals and snacks in the event that there were disruptions to supply chains. We also made prefabricated meals in the event that we lost our staff due to the virus. Thankfully, we didn't see too many disruptions to supplies. The few disruptions we did experience were minimized due to our proactive measures. The measures also ensured we were able to maintain our Kosher status.

We recently implemented new initiatives to continue on the path to a center of excellence. We have now eliminated Styrofoam on the campus. We have also reduced our use many single use items including juice portions, condiment packaging and we are in the process of replacing our one time use plastic cups with reusable ones. We have also changed our nourishment delivery system to increase the volume of nourishments available to our residents and to reduce waste.

With summer just around the corner, we have added many fresh produce items to the menu; Fresh melon, salads, and other produce. We have also included more summer recipes like Summer Pea soup, Cheese strata and crowd favorites hot dogs and hamburgers. Soon we will serve fresh blue berries and strawberries when they are locally available.

The Food Service Team is proud to make and serve all of our Kosher meals made fresh daily right here on campus.

Thank you,
Food Service Team

THE RESIDENT AND FAMILY SUPPORT GROUP IS CONTINUING – ONLINE

The Support Group will meet (virtually) via ZOOM. During this difficult time, when we have been unable to meet face to face, families have had difficulty connecting with each other, let alone with their loved ones at Louis Brier. As a way to check in with each other and share concerns, I will be hosting a Zoom meeting at **3pm EVERY Monday** for about 45 min (longer if desired). Anyone can join in and there is no limit to the number of people. You can access the meeting via computer or mobile:



Topic: Chaplain Rob Menes' Zoom Meeting

Time: Mondays, 3pm-4pm This is a recurring meeting

Join Zoom Meeting: <https://us04web.zoom.us/j/5440925766?pwd=dHZDdjVjVSUXGjdEWhLcG1RN2QyQT09>

Meeting ID: 544 092 5766

Password: shalom

Hazzan Rob Menes, Chaplain

VOLUNTEERING IN RETIREMENT FOR A BETTER LIFESTYLE

According to statistics, adults aged 60 and older who volunteer reported lower levels of disability and higher levels of overall well-being compared to those who did not volunteer. In addition to increasing one's independence and total sense of wellness, volunteering during retirement has plenty of other benefits as well:

- **Promotes Physical Activity** – By having somewhere to go and something to do, you can be active by default when regularly volunteering. Sometimes, it's great just to get out of the house! However, many organizations that you can volunteer for also require some degree of physical activity. Whether you're working in the community kitchen or leading a class at a local church's vacation Bible school, these opportunities encourage you to get up and stay active. If you really want to stay active, volunteering for a community sports league is sure to keep you moving!
- **Prevents Isolation & Depression** – Retirees can run the risk of social isolation if they don't have commitments to get out of the house regularly. Volunteering is a great way to socialize with other people and avoid the pitfalls of loneliness and the depression that could accompany it. Most volunteer opportunities require you to work with others, either other volunteers or the people you're serving. Plus, if meeting new people isn't your favorite thing, you can always bring a friend to volunteer with you.
- **Bridges the Generation Gap** – Retired adults have so much to offer their community – especially members of younger generations. By working together for an organization or on a community project, retirees and younger adults can share their knowledge and know-how to not only succeed in their work but also form important connections between generations. While you can share your experience and wisdom with younger folks, they may be able to teach you something new and share a unique perspective.
- **Renews Spiritual Purpose** – We all want to feel like our life serves a purpose – something greater than just our solitary existence. After career and family goals have been accomplished, it can be hard to decide what your purpose is now as a retiree. Reaching out and finding volunteer opportunities could help you figure this out. Whether your volunteer work is helping someone directly or making your community stronger, it's sure to have a positive impact. Doing good, constructive work for others is always healthy for the spirit.
- **Boosts Self-Esteem** – When we do something productive, it helps us feel capable and increases our sense of self-worth. Actively volunteering can help you stay emotionally healthy by continually providing feelings of accomplishment and altruism. Plus, if volunteering is also a social opportunity, being around others can boost your self-esteem as well as help you build relationships.
- **Improves Cognitive Resilience** – Doing active work, staying social and working towards goals can help improve cognitive health and lower your risk of memory loss as you age. The National Institute on Aging reported that keeping the brain active with meaningful, productive activities can lower your risk of cognitive decline and other health problems. The tasks you do as you volunteer can help keep your mind sharp and resilient throughout your retirement years.
- **Leaves a Legacy** – Doing good deeds and committing your time to something that matters to you is a wonderful way to be remembered. The work you do as a volunteer could leave a legacy for your kids and grandchildren and everyone else throughout your community. You're never too old to inspire others with passion and hard work. If you ever wonder what your legacy might be, the dedication you've given to a particular cause or organization might be the answer.

Louis Brier Home & Hospital welcomes applications from seniors from all walks of life. For more information on our volunteer positions or to obtain an application, please contact Julie Cameron, Volunteer Coordinator at jcameron@louisbrier.com.

Julie Cameron, Volunteer Coordinator

FRONTOTEMPORAL DEMENTIA

The Geriatric Population we mostly admit in Long Term Care Facilities has Dementia Other Than Alzheimer Disease. When we look at our admission majority of our clientele have these form of disease. Learning what the disease is all about care givers will understand more the process how we can relate to our population. We will have the understanding that it is not the person but the disease it self. For a client perspective writer started to do reading from research to understand more how to provide the best – practiced and resident centered – care for our population.

Frontal temporal dementia (FTD) is a less common form of dementia than Alzheimer’s. Sometimes called Pick’s disease or frontal lobe dementia, this condition occurs when brain cells in the frontal or temporal lobes of the brain, or both, become damaged. The frontal lobes of a person’s brain are responsible for problem-solving, planning, emotional control, and behavior.

FTD may also affect the temporal lobes, which can be found on each side of the brain and deal with speech, the meaning of words, and recognition of faces or objects. In addition to difficulties with language, FTD also causes changes in personality and behavior.

For instance, people with FTD may experience mood changes that do not normally characterize them. They may act more impulsively, lose their social inhibitions, feel apathetic, or lose interest in the emotions of other people or in socializing. Although some of these symptoms are similar to other, more common forms of dementia, such as Alzheimer’s disease, FTD is different from Alzheimer’s. Those things we take for granted as the brain processes everything without recourse to our conscious mind; it is only when this connection breaks down that we realize what an amazing organ the brain is and how, when it starts to fail us, what havoc it wreaks and witness the terrifying effect it has on Frontal Lobe affects the executive decision-making part of the brain.

The Frontal Lobe affects the executive decision-making part of the brain. The frontal lobe is responsible for problem solving, personality and common sense. The temporal lobe covers memory, language comprehension and hearing. It is common for individuals with FTD to have extreme changes in behavior and personality, including loss of empathy and interpersonal skills, inappropriate actions, mood swings and some obsessions. They become self-absorbed and eat the same foods over and over existence.

Fast facts on dementia:

- There are an estimated 47.5 million dementia sufferers worldwide
- One new case of dementia is diagnosed every 4 seconds
- Dementia mostly affects older people but is not a normal part of aging
- In an attempt to distinguish FTD from Alzheimer’s disease, researchers from the Brain and Spine Institute and the Pitié-Salpêtrière Hospital (both in Paris, France), set out to examine how FTD affects the “moral emotions” of those living with the condition.
- Marc Teichmann is the first author of the paper, which appears in the Journal of Alzheimer’s Disease. The results of the study could lead to more precise diagnoses for FTD and may enable healthcare professionals to distinguish more accurately between FTD and Alzheimer’s.

Leonora Calingasan

Hospital East, Nursing Department

STAFF WELLNESS GALLERY



SUMMER SAFETY

With summer here, we are asking families and friends to purchase hats and sunglasses for their loved ones. Due to Covid-19 and the Infection Control Practices we are following at LBHH we are not able to have communal hats to share. It is vital the residents at Louis Brier have these things so they don't burn and they also protect their eyes. Thank you for helping improve the lives of our ladies and gentlemen!



Recreation Department

FAMILY COUNCIL / SUNSHINE COMMITTEE

Louis Brier Home & Hospital will soon be bringing back the **Sunshine Committee** which has been on hold for the last couple of years. The Sunshine Committee welcomes new residents on their first or second day to Louis Brier with a small gift bag and a short tour. If any family members would like to help out with this committee, please contact Julie Cameron, Volunteer Coordinator at jcameron@louisbrier.com.

Julie Cameron
Volunteer Coordinator



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 Madeleine Ydenberg
 Jasbir Dhidwal
 Armi Garcia
 Rebecca Siman
 Alieh Mohebbi-Zadeh
 Myla Carpio-Pelayo
 Yolanda Marcelo

LOST & FOUND

Lost an item?

Over the last six months, Reception has received a variety of items that range from watches, gloves, eye glasses to wallets and keys. If you or your family member has lost an item, please provide a description of the item to Human Resources to claim.

*Items not claimed by the 15th of the month will be donated to **Jewish Family Services**.*

Sonia Cinti
Manager, Human Resources



**LOUIS
BRIER
WATER
BOTTLES**
\$9.50 each

Jezreel Kangleon RN

Armanjeet Kaur Care Aide

Sybil Olvido RN

Geesun Kim Care Aide

Guillermo Castillo Gonzalez Food Services

Simriti Minhas Care Aide

Shubhpreet Kaur Care Aide

Mazia Rashdee Care Aide

Linda Yauk Activity Worker

Sam Lerner Social Worker

Kamaldeep Dhaliwal Care Aide

GIFT SHOP (HOURS MAY BE AFFECTED)

SUNDAYS	12-4pm
MONDAYS	12-5pm
TUESDAYS	12-4pm
WEDNESDAYS	12-5pm
THURSDAYS	12-4pm
FRIDAYS	12-4pm
SATURDAYS	Gift Shop is closed (Shabbat/Sabbath)

FOLLOW US ON SOCIAL MEDIA



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Louis Brier
Home and Hospital



@louis_brier

Want to contribute to the newsletter?

Email mgalope@louisbrier.com for details.

ALL STAFF MUST BE SCREENED AT THE BEGINNING OF EACH SHIFT

(COMPANIONS, CONTRACTORS AND VISITORS INCLUDED)

1 Take temperature of each staff prior to entering the Long Term Care Facility

• If **37.9°C** or LESS, proceed to Question #2

▶ If **38.0°C** or ABOVE, send staff wearing a mask to a Covid-19 testing site immediately, or as soon as site opens.

- Provide list of site locations and hours.
- Ensure staff wear a mask when attending a staff testing site.
- Staff to **self-isolate** at home pending results.



2 Ask if staff is experiencing any of the following symptoms:

- Fever
- Cough
- Diarrhea

• If **NO** proceed to Question #3

▶ If **YES** to any of these symptoms, send staff with a mask to attend a staff testing site immediately, or as soon as site opens.

- Provide list of site locations and hours.
- Ensure staff wear a mask when attending a staff testing site.
- Staff to **self-isolate** at home pending results.



3 Ask if staff is experiencing any of the following milder symptoms:

- Runny Nose
- Sore throat
- Headache
- Muscle Ache
- Fatigue
- Other Cold Symptoms (e.g. congestion)

▶ If **NO**: Staff is able to **commence shift**

GO

▶ If **YES**:

- Staff **can work their shift** while wearing a mask. Remind staff to maintain appropriate hand hygiene throughout their shift.
- Staff to attend a testing site after their shift (provide list of site locations and hours).
- Staff may **continue to work wearing a mask** pending test results.

GO

- If screening at the start of subsequent shifts identifies fever, cough or diarrhea, exclude from work and ask staff to **self-isolate** at home pending test results.

