

Spiritual Care Corner



with Chaplain
Hazzan Rob Menes

A Blessing for the New Year

Yesterday was Rosh Chodesh Nisan - the (calendar) New Year in Judaism. It is an appropriate time to remember that there is something bigger than us, and that we are both thankful for what we have, and hopeful that this year will bring us the peace and health we so need.

May it be your will, Creator, that this year will bring us
goodness and blessing and a long life.

A life that is peaceful, a life that is good
a life that is blessed, a life with proper sustenance,
a life with physical vitality,
a life conscious of heaven's demands,
a life free of shame and reproach,
a life of abundance and honor,
a life of study and teaching,
a life in which the worthy desires of our hearts are fulfilled.

Bless this year with life and peace, joy and gladness, deliverance and consolation.

Amen.

"How wonderful it is that nobody need wait a single moment before starting to improve the world."

Anne Frank

Chaplain Rob Menes

