


| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | |
|--------------------------------------|---|---|---|---|--|--|--|
| 1 10:00 Mini Manicures FL | 2 10:00 Morning Music B 2:00 Trivia B 3:00 BINGO DR 3:15 Fold and Sort FL | 3 10:00 Wake Up to Music B 10:30 Short Stories FL 1:30 Google Club B 2:30 Creative Corner B 3:00 Travelling Activity Trolley | 4 9:15 Cup of Conversation B 10:00 Trivia Morning Medley B 10:30 Interfaith Service DR 1:45 Creative Expressions B 2:30 Montessori Mixer H | 5 8:00 Israeli Breakfast B 10:00 Musical Brain Teaser B 1:30 Active Games FL 2:30 Trivia B 3:00 Montessori Mixer FL | 6 10:00 Shabbos Music DR 1:00 Active Games FL 1:30 Poetry Appreciation B 2:30 Montessori Mixer B 4:00 Shalom Aleichem DR Light candles at 5:47 PM | 7 Shabbat Shalom This week's Parsha is Tetzaveh Shabbat ends at 6:44 PM | |
| 8 10:00 Mini Manicures FL | Fast of Esther 9 9:30 Improvisational Dance DR 10:00 Morning Music B 2:15 Reading Reveries with Guest Seemah Berson B 3:00 BINGO DR 3:15 Fold and Sort FL | PURIM 10 9:30 Synagogue Services S 10:15 Megillah Reading S 2:15 The Annual Campus-Wide Purim Party with musical guest 'Tzimmes performing' (on the 1st fl) 3:30 Travelling Cart | 11 9:15 Cup of Conversation B 10:00 Trivia Morning Medley B 10:00 Chinese Painting DR 1:45 Creative Expressions B 2:30 Montessori Mixer H | 12 10:00 Chime Time B 1:30 Active Games FL 2:30 Trivia B 3:00 Montessori Mixer FL | 13 10:00 Shabbos Music DR 1:00 Active Games FL 1:30 Poetry Appreciation B 2:30 Montessori Mixer FL 4:00 Shalom Aleichem DR Light candles at 6:58 PM | 14 Shabbat Shalom This week's Parsha is Ki Tisa Shabbat ends at 6:00 PM | |
| 15 10:00 Mini Manicures FL | 16 10:00 Morning Music B 10:30 Hand Massage H 1:30 Montessori Mixer B 2:30 Weird Science B 3:00 BINGO DR 3:15 Fold and Sort FL | 17 10:00 Wake Up to Music B 1:30 Sharing Love Stories B 2:30 Creative Corner B 3:00 Travelling Activity Trolley | 18 9:15 Cup of Conversation B 10:00 Trivia Morning Medley B 10:30 Interfaith Service DR 1:45 Creative Expressions B 2:30 Montessori Mixer H 5:15 'Soundscapes' with Saul Berson FL | 19 10:00 Musical Brain Teaser B 1:30 Active Games FL 2:30 Trivia B 3:00 Montessori Mixer FL | 20 10:00 Shabbos Music DR 1:00 Active Games FL 1:30 Poetry Appreciation B 2:30 Montessori Mixer B 4:00 Shalom Aleichem DR Light candles at 7:08 PM | 21 Shabbat Shalom This week's Parsha is Vayakhel-Pekudei Blessing of New Month with Cantor Orzech & Kol Simcha Choir Shabbat ends at 8:06 PM | |
| 22 10:00 Mini Manicures FL | 23 9:30 Improvisational Dance DR 10:00 Morning Music B 10:30 Hand Massage H 1:30 Montessori Mixer B 3:00 BINGO DR 3:15 Fold and Sort FL | 24 10:00 Wake Up to Music B 1:30 Google Club B 2:30 Creative Corner B 3:00 Travelling Activity Trolley | 25 9:15 Cup of Conversation B 10:00 Trivia Morning Medley B 10:30 Montessori Mixer FL 1:45 Creative Expressions B 2:15 The Monthly Birthday Celebration with musical guest: 'Stephenson-Thornhill' DR | Rosh Chodesh 26 10:00 Chime Time B 1:30 Active Games FL 2:30 Let's Get Crafty B 3:00 Montessori Mixer FL | 27 10:00 Shabbos Music DR 1:00 Active Games FL 1:30 Poetry Appreciation B 2:30 Montessori Mixer B 4:00 Shalom Aleichem DR Light candles at 7:19 PM | 28 Shabbat Shalom This week's Parsha is Vayikra Shabbat ends at 8:17 PM | |
| 29 10:00 Mini Manicures FL | 30 10:00 Morning Music B 10:30 Hand Massage H 2:00 Fiber Arts B 3:00 BINGO DR | 31 10:00 Wake Up to Music B 1:30 Google Club B 2:30 Creative Corner B |  | | | <div style="border: 1px solid black; padding: 10px; text-align: center;"> <p>Please see the Event Calendar for BOTH FLOORS and refer to the daily schedule for updates</p> <p>2ND FLOOR PROGRAM LOCATIONS:</p> <p>B - Bistro DR—Dining Room FL—Fireplace Lounge H—Hallways</p> </div> | |

MARCH 2020

Rehab Programs at the LBHH

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|--------|---|--|--|--|---|----------|
| 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| | 9:00–11:00 Get up and Go–2nd fl RG 9:30–10:45 1:1 Fine Motor Skills –2nd fl 9:30–10:00 Keep Fit–1st floor HL 11:00–11:45 Pop-up Group 1st floor 11:30–12:30 Restorative Dining Program –B 1:30–2:15 1:1 Walking Program 1st fl 1:30–2:30 Strength Training (DR) 2:30–3:30 Special Care Unit Program 4:30–5:30 Restorative Dining | 9:00-11:00 'Building Better Bodies RG 10:00–11:00 Program in Special Care 11:30–12:30 Restorative Dining Program 2nd fl B 1:30–3:00 Strength & Balance for 1st fl residents RG 1:30–2:30 1:1 Walking Program - 1st floor H 1:30–2:30 Range of Motion–2nd fl H 2:30–3:00 Russian Group CLL 2:30–3:30 Pop-Up Exercises 1st fl 4:30–5:30 Restorative Dining Program B | 9:00–11:00 Get Up & Go 2nd floor RG 9:30–10:00 Keep Fit 1st floor HL 11:30–12:30 Restorative Dining Program B 1:30–2:30 Strength Training 2nd fl DR 2:30–3:30 Range of Motion 2nd fl 4:30–5:30 Restorative Dining Program B | 9:00 Building better bodies 2nd fl RG 9:30–10:00 1:1 Fine Motor Skills 2nd fl B 11:30–12:30 Restorative Dining For 1st floor RG 1:30–2:30 1:1 Walking H 1:30–2:30 1:1 Range of Motion 2nd fl H 2:30–3:30 Pop-Up Exercises 1st floor CL 2:30–3:30 Russian Group CL 4:30–5:30 Restorative Dining Program 2nd fl B | 9:00-11:00 Building Better Bodies 2nd fl RG 9:30–10:00 Keep Fit 1st fl HL 11:15–11:45 Balance Class RG -for 1st fl residents | |
| 8 | 9 | 10 | 11 | 12 | 13 | 14 |
| | 9:00–11:00 Get up and Go–2nd fl RG 9:30–10:45 1:1 Fine Motor Skills –2nd fl 9:30–10:00 Keep Fit–1st floor HL 11:00–11:45 Pop-up Group 1st floor 11:30–12:30 Restorative Dining Program –B 1:30–2:15 1:1 Walking Program 1st fl 1:30–2:30 Strength Training (DR) 2:30–3:30 Special Care Unit Program 4:30–5:30 Restorative Dining Program –B | PURIM 9:00-11:00 'Building Better Bodies RG 10:00–11:00 Program in Special Care 11:30–12:30 Restorative Dining Program 2nd fl B 1:30–3:00 Strength & Balance for 1st fl residents RG 1:30–2:30 1:1 Walking Program - 1st floor H 1:30–2:30 Range of Motion–2nd fl H 2:30–3:00 Russian Group CLL 2:30–3:30 Pop-Up Exercises 1st fl 4:30–5:30 Restorative Dining Program B | 9:00–11:00 Get Up & Go 2nd floor RG 9:30–10:00 Keep Fit 1st floor HL 11:30–12:30 Restorative Dining Program B 1:30–2:30 Strength Training 2nd fl DR 2:30–3:30 Range of Motion 2nd fl 4:30–5:30 Restorative Dining Program B | 9:00 Building better bodies 2nd fl RG 9:30–10:00 1:1 Fine Motor Skills 2nd fl B 11:30–12:30 Restorative Dining For 1st floor RG 1:30–2:30 1:1 Walking H 1:30–2:30 1:1 Range of Motion 2nd fl H 2:30–3:30 Pop-Up Exercises 1st floor CL 2:30–3:30 Russian Group CL 4:30–5:30 Restorative Dining Program 2nd fl B | 9:00-11:00 Building Better Bodies 2nd fl RG 9:30–10:00 Keep Fit 1st fl HL 11:15–11:45 Balance Class RG -for 1st fl residents 11:30–12:30 Restorative Dining Program | |
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