

FAMILY NEWSLETTER

Your Faith | Your Values | Your Home

The Auxiliary Fall Tea

Wednesday, November 2

2:00pm to 4:00pm

In the Homeside Lounge

We look forward to having you, your family and friends join us for a delightful afternoon tea!

All funds raised are used toward the purchase of medical equipment and resident comforts

Volunteer Appreciation Event

Tuesday, November 29

5:00pm to 7:00pm

In the Homeside Lounge

This special evening is our way of honouring the many volunteers who give us their time and energy throughout the year. The event will take place in the Homeside Lounge, where volunteers will be served dinner. Following dinner, residents of the Louis Brier & Weinberg are invited to a special concert:

Maya Rade & Sami Ghawi

performing at 7pm



**Rosh Hashanah ~ October (Erev 2) 3 & 4
Yom Kippur ~ (Erev 11) October 12
Sukkot ~ October (Erev 16) 17—25**

The Jewish High Holidays begin the evening of October 2. For those who may not be familiar with the holidays, here is some information that you may find useful.

Rosh Hashanah

October 2 (Erev, *or eve of*), and October 3 - 4

The festival of Rosh Hashanah (the name means 'Head of the Year' or 'New Year'- is observed for two days. It is a time of

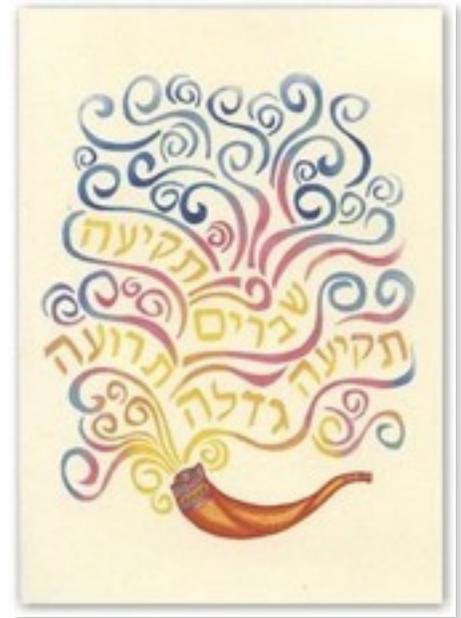
introspection, prayer, gathering with friends and family for festive meals and traditional customs and is celebrated by Jews throughout the world.

The central observance of *Rosh Hashanah* is the sounding of the shofar, the ram's horn, which represents the trumpet blast of a people's coronation of their king. The cry of the *shofar* is also a call to repentance; for *Rosh Hashanah* is also a time when Jews consider ones deeds of the past year and resolve to improve oneself in the coming year.

Yom Kippur

October 11 (Erev) and 12

Yom Kippur, (pronounced *Yawm Kipper*) The Day of Atonement is considered to be the holiest day in the Jewish year. The night before (Erev) Yom Kippur is **Kol Nidre** (*Coal Nee-dray*) which is when many Jewish people attend services in the Synagogue. Yom Kippur begins on Tuesday, October 11 at sundown and ends on Wednesday, October 12 at 7:14 PM. Its central themes are atonement and repentance. Some Jewish people observe this holy day with an approximate 25 hour period of fasting and intensive prayer. During Yom Kippur there are Synagogue services held throughout the day and you are invited to attend some or all of them.



Sukkot

Oct. 16 (Erev) -25

Sukkot, (pronounced *Sue-coat or Sue-cot*) is a holiday with double significance: One is agricultural in nature – "Feast of Ingathering at the year's end" (and marks the end of the harvest time and thus of the agricultural year in Israel. The more elaborate religious significance from the Book of Leviticus that of commemorating the Exodus from Egypt and traversing the Sinai Desert for 40 years. Ever since, the Jewish people remember G-d's kindness and reaffirm their trust in His providence by dwelling in a sukkah, a tent-like structure of temporary construction. The sukkah (*sue-kub*) has a roof covering of branches and for seven days and nights, many Jews eat their meals in the sukkah and otherwise regard it as their temporary home. The Louis Brier's beautiful *sukkah* is located in the Shalom Garden and during the holiday, many recreation and music programs are held there (weather permitting!) and residents are to spend time there and encouraged to eat their meals in the *sukkah*. The *sukkah* will be decorated and open for visitors on **Sunday, October 16**. We hope that you will drop by and spend some time visiting in the *sukkah*.

High Holiday Meals

During the High Holidays, we have included the following traditional foods to our menu:

- Chopped Liver on Lettuce & Shredded Carrots
- Honey Sesame Chicken
- Prune & Carrot Tzimmes
- Israeli Couscous
- Plum Cake
- Beef Tongue



Guest Meal Price Changes

Due to the rising foods costs and the weak Canadian dollar, we have reviewed and adjusted our guest meals prices.

<u>Meal</u>	<u>Previous Cost</u>	<u>Revised cost</u>
Dairy meal	\$7.50	\$8.50
Meat meal	\$10.00	\$11.00
Friday meal	\$12.00	\$12.00 (no change)

Resident Memorial Service

On Tuesday, November 22nd at 10:00AM we will be honouring residents who have passed away during the months of June 2016 – October 2016. Residents, family members and friends of the residents we are honouring will be invited to attend the service as well as Louis Brier and Weinberg staff.

The Resident Memorial Service, which honours the memory of Louis Brier and Weinberg residents, will involve poetry, Kaddish, readings and prayers and is held in the Synagogue. The names of the residents will be recited and remembered and families and loved ones are invited to light a

candle in their memory.



Louis Brier Jewish Aged Foundation

“There is no hope for a satisfied man”

Perhaps this title needs a bit of clarification. If people are satisfied then they may overlook new opportunities that could make their world a better place. Our community can be very proud of the vision of those who founded, maintain and are working to improve the level of care at the Louis Brier Home. Everyone in Vancouver understands the need and essential services that the Louis Brier provides.

The Foundation board and staff recently met with David Keselman, the new CEO of the Louis Brier. David was impressed to hear that the Louis Brier Foundation is funding the Home with over six hundred thousand dollars per annum. David has worked with many care organizations and understands firsthand how donations impact care and well-being. It is heart-warming to receive such strong positive feedback from someone who not only understands the importance of community support but also knows how to make the best use of community funds.

Vancouver has a vibrant and active Jewish community. Like the Jewish religion, our Jewish community finds its core values in the concept of the ideal Jewish home.

Can you dream? Then dream of the Louis Brier as an even better home where you and your family care to go and visit or stay and where you can find meaning and happiness. Everyone in our community can be part of this dream in small ways by commemorating important events with a tribute card or in larger ways by making our home a priority in gift giving and estate planning. Our community cannot afford to be satisfied with the way things are and in so doing overlook a future filled with hopes and dreams!



Did you know?

October is Occupational Therapy month! At Louis Brier, the OTs, Mathilde and Kate are an important part of the resident's care. They assess residents and determine interventions based on medical diagnosis and residents' individual needs and goals. The OT's play a role in wheelchair prescription and safety. They make recommendations for pressure wound prevention and management. Along with the dieticians, the OT's assess and make recommendations for residents' feeding needs to maintain or increase independence in eating. Adaptive equipment, adaptive clothing, restraint reduction, falls prevention, cognition and ADL assessments are all part of their role at Louis Brier. To the families, staff and students, they provide education for the skills important for resident safety, participation, dignity and independence. This month, celebrate our wonderful Occupational Therapists and all they do for us at Louis Brier!